ROSS TAYLOR
An exclusive extract from the cricketing great's new book

DELIA EPHRON
The Hollywood screenwriter on love, loss & living life to the full

NEW ZEALAND LISTENER

AUGUST 20-26 2022

National dilemma

Chris Finlayson on co-governance, education & 'frankly hopeless' politicians

ANIMAL INSTINCT
Why you'll never look at creatures the same way again

SEX IN YOUR SIXTIES
Emma Thompson's hilarious new movie on naked desire

WHAT DIGNITY?
Paul Catmur on how to deal with prostate cancer

NEW ZEALAND LISTENER
Te Kaiwhakarongo Aotearoa

ISSN 2381-9553: Vol 281, No. 4260. August 20-26, 2022

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Pyrrhic victory

The Green Party members who thwarted the immediate re-election of James Shaw as co-leader may see history repeat, writes Tony Kunowski.

The Green Party's ructions over the co-leadership of James Shaw reminds me of my own experience as a former leader of the Values Party.

A minority group of Green Party members seems to feel that, as Minister of Climate Change (outside cabinet), Shaw has not performed as well as expected, and has not advanced climate-change-mitigation policies to their satisfaction. He failed to get 75% support at the last vote over his leadership and will face another vote next month.

Since its inception, I have voted for the Green Party due to my admiration and appreciation of the dedication, integrity and political acumen of my former Values Party colleagues, the late Jeanette Fitzsimons and Rod Donald. I have also wanted to ensure that the natural environment – the stage on which all human activity plays out – remains prominent in the political affairs of the nation.

Donald was a key figure in the push for proportional representation in Parliament, which culminated in the adoption of MMP. If MMP had been in place in 1975, the Values Party would have achieved a parliamentary presence and been subject to the same scenario now facing the Greens.

The typical Values Party member seemed to have huge blind spots. They demanded accountability from their leaders, but did not hold themselves accountable. Green Party members seem to have the same problem.

I doubt the Green Party has established any key-performance indicators for either Shaw or Marama Davidson in their roles as ministers. Without these, debates about their efficacy are reduced to merely trading opinions and are thus highly subjective. What mechanisms, if any, exist to hold individual members accountable for their inaction or counterproductive actions?

Many Green Party members, like their Values Party predecessors, are passionate and generally well informed on environmental issues, both natural and social. But they seem oblivious to Immanuel Kant's categorical imperative – "Act only according to that maxim whereby you can, at the same time, will that it should become a universal law" – and the law of unintended consequences.

As an example, I supported a shift in the Values Party from a national executive, which smacked of centralised control, in favour of a "general delegates" meeting, where the emphasis was on the delegates. But this model depended utterly on the quality of the delegates. They had to be articulate, up with the play in all major areas of policy and strategy, and able to reflect the views of the centre to the periphery and vice versa.

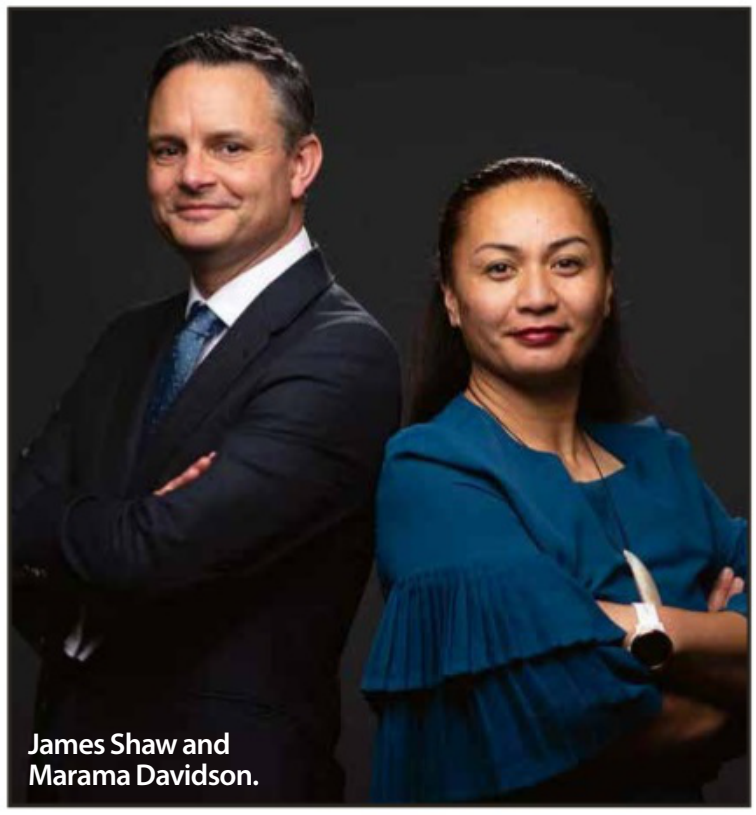
Sadly, many fell short of these criteria, and this meant the whole structure was vulnerable. Worse still, any member could attend such meetings and had automatic speaking rights. As most were held in Wellington, this supposed gem of enlightened democratic practice gave a unique advantage to Wellington-based members. It was the very antithesis of democracy and equal access to decision-making.

In 1979, I staked my leadership on a radical plan to transform the Values Party into a professional and disciplined political force. Deputy leader Margaret Crozier contested the leadership and won, but it was a pyrrhic victory, and the party soon faded into political obscurity.

Because of its self-indulgent members playing the "more greener than thou" game, the Green Party could suffer a rapid decline in public support and fall below the 5% MMP threshold.

By having inside access to the Labour government's cabinet and caucus members – many of whom may be climate-change sceptics – there is an opportunity for the Green Party via Shaw to pursue an educational role and thereby push the policy agenda much further than would otherwise occur.

Instead of their "Statler and Waldorf" tactics, these recalcitrant Green Party members could join Shaw in a "good cop, bad cop" routine, by regularly lobbying the Labour cabinet and caucus with their radical agenda, and help shift the centre of gravity of climate-change policy for Shaw to consummate. ▮



James Shaw and Marama Davidson.

GETTY IMAGES

Recalcitrant Green Party members could join Shaw in a "good cop, bad cop" routine.

Tony Kunowski was leader of the Values Party from 1976 to 1979.

SUBMISSIONS for *Upfront* should be approximately 600 words long and should be sent to listener@aremedia.co.nz. Full contact details must be provided.

Compassionate thinking

I was pleased to read the *Listener*'s feature article ("The ties that bind", August 13) on adoption as I believe there is a lot still to be addressed. As the sister of an adoptee and the mother of an adopted son, adoption has had a big impact on my life.

With current changes to abortion law in the United States, it is clear there is a worldwide movement to turn back the clock on women's rights.

Before the mid-1970s and the advent of the domestic purposes benefit, the attitude towards a young woman who found herself "in trouble" was that she deserved to be punished. Her education was terminated and she was left without support and banished, usually to a Salvation Army home. She bore the child in secret — a secret she was expected to keep for the rest of her life.

Adopting parents were usually infertile and well-meaning, delighted with the chance to form a family, and the child was much loved. But adopting a child to non-biological parents is like grafting a peach branch on to an apple tree. The child may feel very different, as if they don't fit in. And no wonder. They are indeed different and there is nothing a loving adoptive parent can do to change that.

My half-brother found our mother after the files were opened in 1986. She loved meeting her lost son and was proud of him and his family. After recovering from the shock of discovering the secret our mum had been harbouring, my siblings and I were delighted to find we had a brother. What a shame she had to go through such a terrible experience when so young and that it was 50 years before they were reunited.

Let's not lose the compassionate thinking that supports changes to adoption laws in New Zealand.

Lyndsay-Jean Campbell
(Rotorua)

LETTER OF THE WEEK

As a mother of a wonderful adopted son, I am so grateful to his birth mother for giving up the gift of this precious life to another.

What a sacrifice and an

WINNING CAPTION

John Edgar, Christchurch

FINALISTS

***Grant Robertson:* "I don't want a Fitbit, because I need to get more than a bit fit."** – Chris Bossley, Lower Hutt

***Robertson:* "If we herd Brian Tamaki's flock over there, that leaves plenty of room for the Fifa teams."** – Kate Gore, Tauranga

***Robertson:* "When I said 'raising interest rates', I meant in the Women's World Cup."** – Paul Kelly, Palmerston North

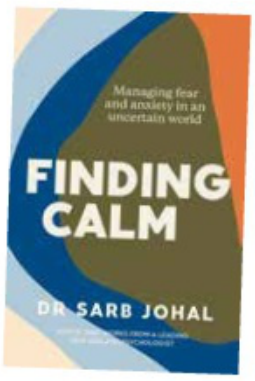
***Andy Foster:* "We were hoping for a Grant or a handout, but didn't expect to get both!"** – Alan Belcher, Christchurch

***Robertson:* "In tai chi, this is 'repel the lioness'."** – Ann Love, Nelson

***Robertson:* "I can see you now, Andy, standing in front of a huge crowd saying, 'Make Wellington great again!'"** – Richard Cole, Waipu

Caption competition
THIS WEEK'S PICTURE

National Party leader Christopher Luxon enjoys a laugh in front of his puppet caricature during its unveiling at Wellington's Backbencher pub.



Caption Competition
{listenercaption@aremedia.co.nz}

TO ENTER Send your captions for the photo at right to listenercaption@aremedia.co.nz, with "Caption Competition No 474" in the subject line. Alternatively, entries can be posted to "Caption Competition No 474", *NZ Listener, PO Box 52122, Kingsland, Auckland 1352.* **Entries must be received by noon, Tuesday, August 23.**

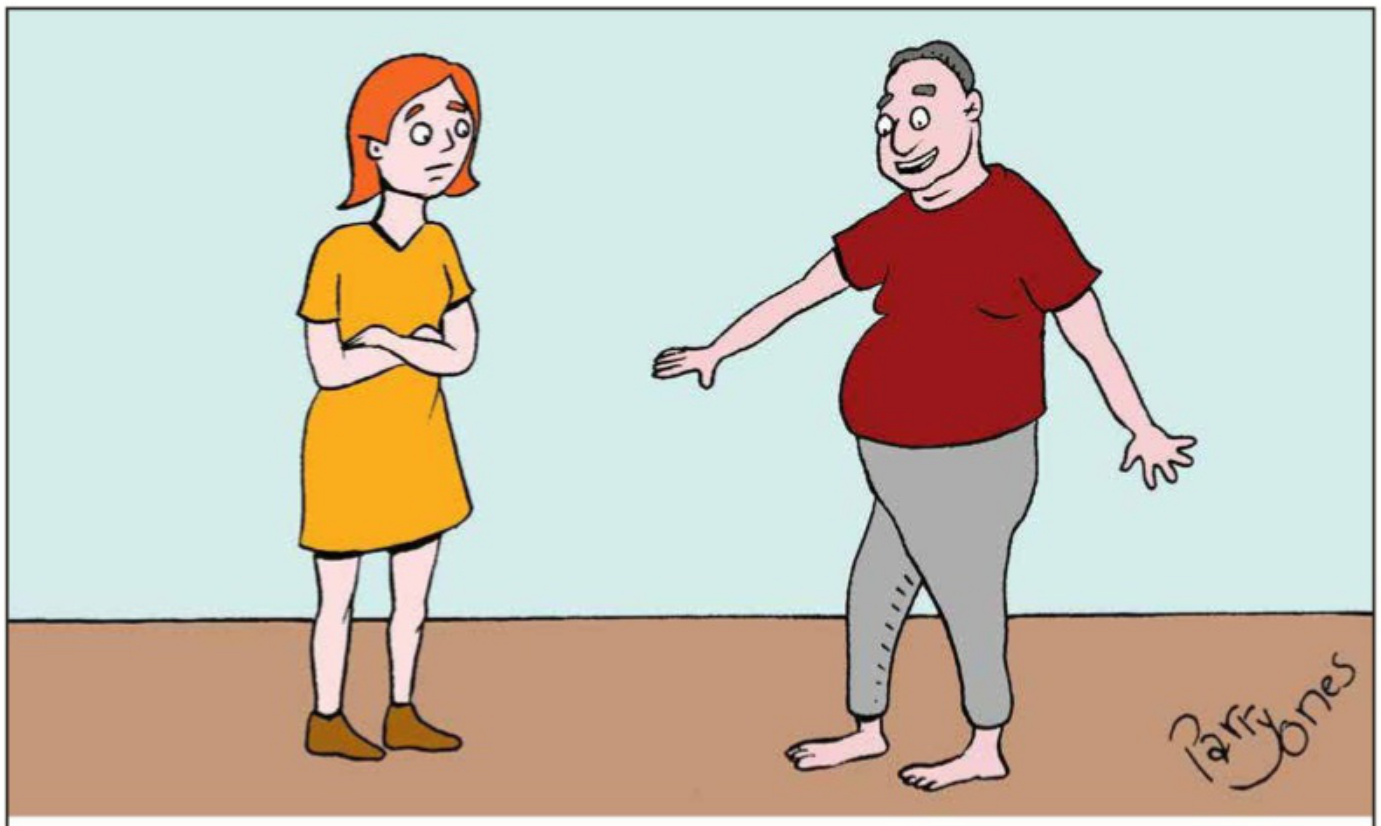
THE PRIZE *Finding Calm* is a helpful guide to help you get through any crisis or change of circumstance with your mental health intact.

emotional turmoil it must have been. To give another the chance to raise a child is a precious gift and one for which I will be eternally thankful.

My son has always known that he was adopted and, at the appropriate age, met his birth mother and blood siblings.

He is now a devoted father to his own blood children, and had it had not been for his birth mother, this family would not have existed.

JR Richards
(Ōmokoroa)



"It's only a test pot, but if I put on heaps of weight, would I still look good in maroon?"

EDUCATION'S SEISMIC SHIFT

As a long-term advocate of mixed-ability co-operative learning strategies, I read "Chosen to Fail" (August 6) with some interest. We are all aware that our education system is failing.

The Ministry of Education has several major issues to address. Student engagement, academic achievement, truancy and bullying are the main areas of concern.

The article appears to imply that if "ability grouping" is abandoned and replaced by "reciprocal learning", all our long-term equity issues will be addressed.

Reciprocal learning will not address the systemic inequity that is prevalent in our education system. It may aid student engagement in certain situations, and is one of many valuable pedagogical tools that competent professional educators include in any effective, balanced system. But it is far from satisfactory as an overarching philosophy for addressing inequity in our education system.

The article is very vague as to why reciprocal learning has been selected as the new solution to our problems.

As has been the case with many Ministry of Education initiatives, apparent solutions are presented by well-trained advisers or consultants who have a product to sell. There is a great deal of emphasis on the positive outcomes but none on the pitfalls to be avoided. There is no room for robust discussion; the product arrives as a done deal. This is what will be done. This process has been used for 30 years and the results are of serious concern.

Jo Rollason
(Nelson)

Academics and consultants continue to confuse "streaming" with grouping. It is not possible to teach effectively in a primary classroom without some form of flexible ability grouping, particularly for subjects such as mathematics and reading. The range of abilities is too vast. Take reading as an example. In a Year 4 class, there may be pre-readers and others who have a reading age equivalent to early teenage level.

Any teacher interacting one-to-one with a pupil, aside from the rest of the class, is "grouping". Groups are a flexible strategy used to maintain interest, provide challenge and/or prevent boredom. "Streaming" usually applies to whole-school situations, especially intermediate schools and secondary schools. It is a totally different organisational structure to "grouping".

Keith Williamson
(Raumati Beach)

Phew, at last there is talk of stopping streaming in schools: hurrah! I experienced this myself in the late 1950s and 60s. I grew up in an upper-middle-class family and went to an all-girls private school where, in the third form (Year 9), I was streamed into the lower class.

At the end of the fourth form (Year 10), I was put into a class that would sit the then School Certificate in four years rather than the usual three. My parents and I were not consulted on this decision, and in my view, it was purely so the school could be seen to have a high pass rate to show that it had a high educational standard.

It has taken a large chunk of my 71 years to realise that I am not dumb or stupid and that I, like everyone, am a unique human being with my own gifts to offer this world. Isn't that what any education system should want to achieve for every student?

Susan Jessie
(Queenstown)

GETTING AT THE TRUTH

Is it just coincidence that the *Listener* published two rather different takes on disinformation in the same issue?

Dr Sanjana Hattotuwa (*Reality Check*, August 6) is concerned that disinformation is creating a more hostile society. He may well be right. The problem, as I see it, is who makes the judgment as to what is disinformation?

No doubt the authorities in Sri Lanka will tell us that it is Dr

Letters to the editor {listenerletters@aremedia.co.nz}

The Editor, NZ Listener, PO Box 52122, Kingsland, Auckland 1352

- Letters must be under **300** words. Preference is given to shorter letters.
- A **writer's full residential address** is required on all letters, including emails. A phone number can be helpful.
- Pen names or letters submitted elsewhere are not acceptable.
- We reserve the right to edit or decline letters without explanation.

PARRY JONES

Quips & Quotes

"Originality is the fine art of remembering what you hear but forgetting where you heard it." – *Laurence J Peter*

"I don't think the Earth is flat but it should be (I'm hiking)." – *Singer Lucy Dacus*

"To advise is not to compel." – *Anton Chekhov*

"And may I remind you, Kansas is a state so bright red it looks like me after 30 seconds on the beach." – *Stephen Colbert on the recent referendum in which Kansas decided to keep rights to abortion in its state constitution*

"So glad I'm not repeating my parents' mistakes. But I am making a whole bunch of new ones." – *Seen on Twitter*

"My memories are inside me. They're not things or a place. I can take them anywhere." – *Olivia Newton-John*

"Simplicity is the ultimate sophistication." – *Leonardo da Vinci*

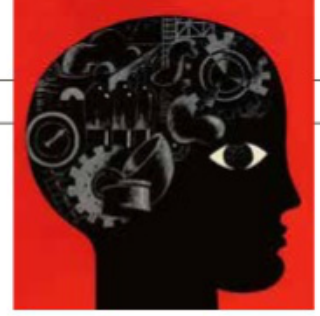
"Science has been quite embattled. It's the most important thing there is. An arts graduate is not going to fix global warming. They may do other valuable things, but they are not going to fix the planet or cure cancer." – *Bill Bryson*

"When your friends begin to flatter you on how young you look, it's a sure sign you're getting old." – *Mark Twain*

"Our fatigue is often caused not by work but by worry, frustration and resentment." – *Dale Carnegie*

10 Quick Questions

by GABE ATKINSON



1. What is the world's all-time highest-selling studio album by a solo female artist?
- ❑ True Blue, *Madonna*
- ❑ Come On Over, *Shania Twain*
- ❑ Music Box, *Maria Carey*
- ❑ Jagged Little Pill, *Alanis Morissette*

2. Which of these is an invention that greatly advanced textile production during the Industrial Revolution?
- ❑ *Braided bull*
- ❑ *Nodding donkey*
- ❑ *Bobbing horse*
- ❑ *Spinning mule*

3. What is the name for the small band of fabric on the back of some men's dress shirts, which can be used to hang them up?
- ❑ *Valet ring*
- ❑ *Service hoop*
- ❑ *Butler band*
- ❑ *Locker loop*

4. The mnemonic expression *"Mary's Virgin Explanation Made Joseph Suspect Upstairs Neighbour"* is a way of remembering what?
- ❑ *Guitar string names*
- ❑ *Steps for resuscitation*
- ❑ *Units of measure*
- ❑ *Order of planets*

5. Which US state is the subject of John Denver's song *Take Me Home, Country Roads*?
- ❑ *North Carolina*
- ❑ *Georgia*
- ❑ *West Virginia*
- ❑ *Tennessee*

6. Who wrote the fairy tale *The Little Mermaid*, which the later Disney film was based on?
- ❑ *Enid Blyton*
- ❑ *Hans Christian Andersen*
- ❑ *Beatrix Potter*
- ❑ *The Brothers Grimm*

7. Which of these 80s films provided breakthrough roles for both Andie MacDowell and James Spader?
- ❑ St. Elmo's Fire
- ❑ Pretty in Pink
- ❑ Sex, Lies, and Videotape
- ❑ Mannequin

8. True or false? Nuclear waste generally comes in the form of glowing green ooze.
- ❑ *True*
- ❑ *False*

9. The Shweeb, an attraction in Rotorua, is the only one of its kind in the world. What is it?
- ❑ *Pedal-powered monorail*
- ❑ *Maze made from privet*
- ❑ *Treehouse public toilet*
- ❑ *Museum of sausages*

10. Which 20th-century pope reigned for just 33 days in 1978?
- ❑ *Pius X*
- ❑ *John Paul I*
- ❑ *Paul VI*
- ❑ *Benedict XV*

Answers on page 58.

Hattotuwa who is spreading disinformation, not the other way around. Do we trust the big social media companies to make the decision as to who is right?

Certainly, there are many governments throughout the world that cannot be trusted.

By contrast, Peter Singer ("Living with Meaning", August 6) is quoted as saying that "unless we are prepared to hear contrarians, there is no other way to be sure we are getting at the truth". I can see how hard this can be in dealing with the situations Dr Hattotuwa describes, but I believe that is the truth.

Jeanette Dowling
(Ashburton)

SWEARING ALLEGIANCE

It is odd that, in order to become New Zealand citizens, other nationalities must take an oath of allegiance to a monarch and successors who are not themselves citizens of this country.

Moreover, to become a member of Parliament, candidates must be citizens of New Zealand. This requirement of our lawmakers presumably reflects expectations of a good knowledge of this country, an understanding of its society and culture, and a willingness to actively promote its interests.

Yet when they take office, MPs are also expected to swear an oath of allegiance to "be faithful and bear true allegiance" to a leader who is not a citizen of this country. Members of the armed forces even have to add they will "loyally observe and obey all orders of Her Majesty, Her heirs and successors".

These anomalies can be rectified simply by converting the position of governor-general to the head of state.

A transference of the monarch's remaining powers should have little effect on our cordial, if insubstantial, relationship with the royal family. As Peter Hamilton observed (*Upfront*, July 30), such a step is long overdue.

Although we do not lack patriotic pride, we New Zealanders seem to be quite apathetic about legal perceptions of our international standing.

Our constitutional status will match the independence in actions and outlook of our proud Pacific nation only when those who take the oaths of allegiance can swear to serve the people of New Zealand and the citizen who is the head of state of this parliamentary democracy.

Michael Chilton, QSO
(Wellington)

TROUBLED WATERS

It was disappointing to see the *Listener* publish an argument that opposition to the Three Waters reforms is simply

based on a "racial divide" that the government is said to have been "naive" in underestimating (*Upfront,* August 6).

If we are to promote less of the division and misrepresentation that the writer bemoans, it might be more productive to have a debate that is based on the well-reasoned, well-articulated and constructive criticisms of Three Waters that focus on the disadvantages of centralisation, loss of community control and lack of accountability to the owners of the assets in question.

Jack Vowles
(Wellington)

DEVIL IN THE DETAIL

Rod Carr (*Upfront*, July 23) raised some interesting ideas but, typical of "climate change speak", it is short on details. Apparently, a "smart, well-designed pricing policy" – a tax by another name – will be severe enough to generate the required reduction in emissions. This raises the questions of where the tax goes and what it is to be spent on?

It has a distinct feel of similarity to dog-registration fees. Once, when questioned on what the fee money was being spent on, our local council representative blithely replied: " To catch the dogs that are not registered."

It seems a shame, if not plainly wrong, that the Climate Change Commission has simply overridden all the efforts of He Waka Eke Noa, the primary sector climate action partnership. In particular, the question of sequestration of carbon by on-farm vegetation is being dismissed because this "would be expensive, complex, inequitable and difficult to audit and enforce".

Accounting for on-farm vegetation sequestration is a sensible, fair and logical scenario. Given that every cattle beast in NZ is meant to be registered with the National Animal Identification and Tracing programme, registering every patch of bush and eligible vegetation should be a breeze. The technology for appropriate mapping has been around for years.

Lastly, the statement that "many farmers and non-farmers and thousands of hectares of 'eligible' vegetation are already covered by the ETS" needs urgent clarification as to how this works. I am sure there will be many, like me, who are unaware such a situation exists.

Norm Wagener
(Kaitaia)

INDIGENOUS RIGHTS

Jane Clifton's line "But we still have feelings for Taiwan" (*Politics*, August 13) means more than a regretful wave at the past. None of us should forget the parallels between Taiwan and Aotearoa.

We have blood ties with Taiwan themselves. Its indigenous peoples were ancestors of the Austronesian diaspora across the entire Pacific, traceable to Māori by DNA and language. Until quite recently, some of those tribes had lived there independently for 7000 years.

Just as Aotearoa was a collection of independent rohe before William Hobson, so was Taiwan before the 17th century. Mainland influence was negligible and sometimes forbidden until the late 1500s, when Dutch traders also arrived. They built Fort Zeelandia, and from then until the late 1600s, Dutch, Chinese and indigenous Taiwanese fought each other to control constantly changing regions of the island.

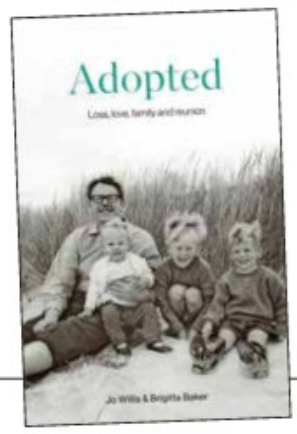
Chinese influence flowed and ebbed through the next two centuries, but never subdued the whole country or all of its indigenous peoples.

Then the Japanese invaded in 1895 and, through ruthlessness and engineering, drove their domination across the interior to end tribal autonomy and bring the same sorts of mixed blessings that Pākehā did in New Zealand. Following Japanese defeat in 1945, civil war tore China itself apart, until Chiang Kai-shek invaded Taiwan with the remains of his Kuomintang army in 1949 and imposed martial law until 1987.

In 1991, the first fully democratic National Assembly was elected and elections since then have seen free Taiwanese elect Taiwanese.

For China to pretend it has a moral basis to grab an independent nation and own its population of 23 million is to deny the existence of free will, history and indigenous rights.

Robert Lawrence
(Tauranga)



Letter of the week prize

Adopted, by Jo Willis and Brigitta Baker, is the powerful and honest account of two of the thousands of children affected by closed adoption in Aotearoa New Zealand from 1950 to the mid-1970s.

BEST NZ BOOKS FOR YOUNG READERS 2022

FINALISTS IN BOOKSTORES NOW

NEW ZEALAND BOOK AWARDS FOR CHILDREN & YOUNG ADULTS

BERNARD LAGAN

Year of the great wet

My daughter has a male friend who appears when it rains. Gordon, a furry huntsman spider the size of her 18-year-old palm, rests above her bed during the wet.

Sydney's sodden weather of the past eight or nine months has meant that Gordon is a semi-permanent guest seeking shelter. A few months ago, smaller but more dangerous redbacks moved into the dry spaces beneath the ranch-slider doors in our lounge.

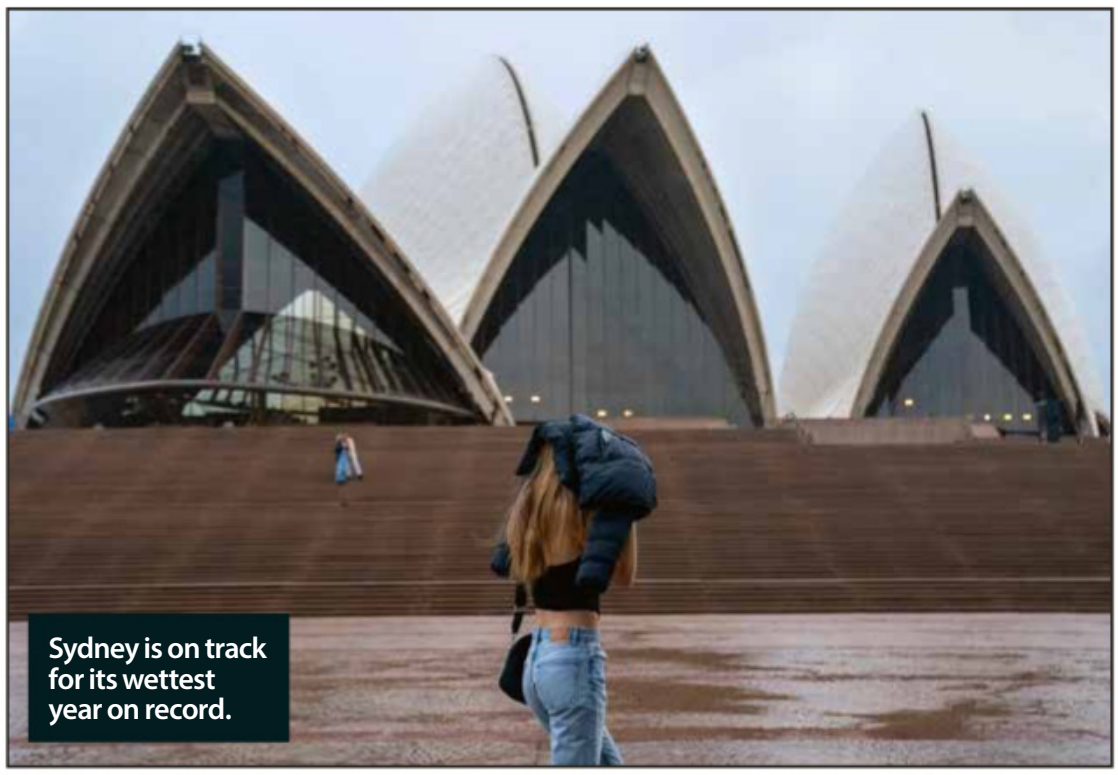
The city is on track to have its wettest year since rainfall statistics began in 1859. A record-breaking 1547.4mm fell between January and June. The July rainfall record was broken just halfway through the month.

The city has since recorded its wettest July ever – and the great wet is not over.

Above-average rainfalls for August, September and October are forecast. Sydney's annual rainfall record is 2194mm; as at the end of July, this year's total rainfall was at 1951mm.

Footpaths and pavers have turned a slippery green. Homes are mould-affected by the constant damp. Water drips from our kitchen ceiling during the heaviest falls. And through a light in the bathroom. When a relative broke her hip in a tumble on slimy pavers, doctors told her their Sydney wards were filling with more fall victims.

The local roofer, Paul, an affable Kiwi, scoffs in the manner an emergency department nurse might dismiss a cut finger; we are far down his triaging system for the leakiest homes.



Sydney is on track for its wettest year on record.

GETTY IMAGES

Footpaths and pavers have turned a slippery green. Homes are mould-affected by the constant damp.

Sydney is now a wetland. The large white ibis birds, the waders with their long, curved beaks that colonised the city's back lanes in the late 1970s, feeding on garbage, have reverted to parks and reserves. Known as the "bin chicken", "tip turkey" or "picnic pirate", the unloved birds are now massing across Sydney's ovals and open spaces where the intense rains have pushed worms to the surface. Once again, the birds are feeding on wetlands as they did decades ago.

Usually less active in winter, snakes have had a rude awakening from their sleep in the rains and have been on the move, seeking shelter and warmth closer to outer suburban homes.

The unrelenting wet has triggered a leech invasion. The blood-sucking creatures have been attracted into urban areas, where excessive rainfalls and humidity are providing ideal conditions to feed.

Dodging potholes is a new sport for Sydney's drivers. Almost 10,000 found themselves stranded with a damaged wheel or tyre in July after widespread rain caused more than A$1.5 billion worth of damage to roads. Potholes have increased by 74% over the past year.

Sydney is one of the world's most tree-covered cities, according to Treepedia, a site with interactive maps that show the density of greenery in major cities around the world.

Water is displacing the air in soil; oxygen is being lost for soil dwellers such as tree roots. Larger roots may begin to die off, making trees less stable.

Coming so soon after Australia's 2019-20 Black Summer fires, which tore through an area almost equal to the UK's land mass, is our great wetland also driven by climate change?

The scientific consensus is uncertain. Perhaps, some say. After two wet summers caused by the La Niña weather system, the Bureau of Meteorology in June declared La Niña was "over" – only for Sydney to be hit by more flooding in early July.

"Over eastern Australia, there really is not a clear climate-change signal in rainfall yet," Kimberley Reid, an atmospheric scientist at Melbourne's Monash University, told the *Australian Financial Review*.

Until Gordon moves out, I'm keeping an open mind. ▮

New Zealander Bernard Lagan is the Australian correspondent for the Times, *London.*

AROHA AWARAU

Pattern of prejudice

Recently, there have been media stories about Māori customers who have complained about being racially profiled when visiting local businesses. This has made them feel extremely uncomfortable and angry.

One example was last month when Taranaki woman Te Waka McLeod went into Spotlight, an arts and crafts store in New Plymouth, to buy patterns to make her own clothes. She made her way around the shop carrying the patterns with her to help decide what material to buy. She was told by one of the workers that she wasn't allowed to walk around with the patterns and was asked to write down everything she needed on a piece of paper.

McLeod accused the shop assistant of racism and took to her Facebook page to express her anger and frustration.

"It's either my skin colour, my taonga, my shoes, my untucked white shirt or my moko or all of the above," McLeod wrote on a Facebook post. "Do I look like a f—ing criminal? And if I was a criminal, would I go to Spotlight and steal patterns? NO!"

During the summer, a similar incident made national news when 15-year-old Aiomai Nuku-Tarawhiti and her cousin were doing some Christmas shopping at a Farmers store in Tauranga. While looking around the store, they were approached by a staff member who told Nuku-Tarawhiti she looked "undesirable" and asked her to leave.

When these incidents hit the media, both businesses were adamant the behaviour from their staff members was not racially motivated and apologised to McLeod and Nuku-Tarawhiti.

I can relate to these types of stories and I'm sure many other people also have similar stories to tell. Even with a face that others have described as "honest", I have been accused of stealing a jacket at a bar on Ponsonby Rd and, just last month, I was refused service at an Auckland cafe after the Pākehā patrons in front of me in the line had their orders taken.

By the time I reached the counter, I was told the kitchen was closed and no more orders were being taken. I left the cafe feeling aggrieved and wrote to the managers to complain.

I told them I felt that the decision not to serve me was racially motivated. That was an easy assumption to make as patrons before me, who did not look like me, were happily being served.

Just like the responses given by Spotlight and Farmers, the cafe denied that its decision to not serve me was racially motivated, saying outlets in their franchise hire lots of Māori and the Pākehā person who served me has Māori whānau members.

When customers speak out about being racially profiled, they are often met with blanket denials.

Taz Mukorombindo, chief executive and founder of the New Zealand Business Association, says his organisation is always sympathetic towards customers who feel like they have been racially profiled and targeted. In fact, he has set up a free legal-advice clinic.

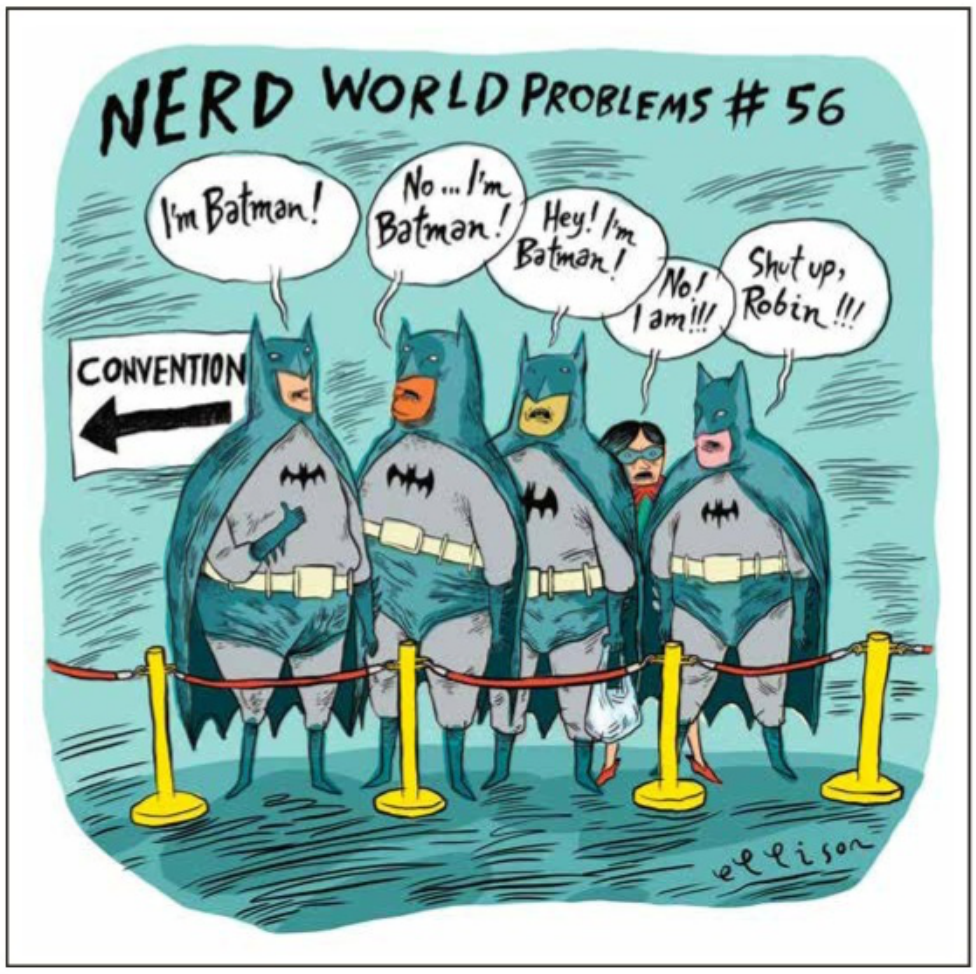
He says the clinic can be used by anyone who experiences discrimination and needs support and advice. "We can also work together on cross-cultural competency training to the public on this as well."

There seems to be a pattern of behaviour when customers speak out about being racially profiled. They are often met with blanket denials from businesses.

Yes, there are two sides to every story. But nothing will get solved if the person who claims to have been racially profiled and aggrieved is made to feel like it was all in their head. Admitting racist behaviour is a hard pill to swallow, but to deny it doesn't address the important issue.

In a perfect world, it would be nice if businesses could fully own such grievances and assure affected customers that they will do better and learn from it. Maybe only then, media stories and incidents of customers being racially profiled in stores will cease. ▮

Aroha Awarau is an Auckland journalist and playwright.



ANTHONY ELLISON

BILL RALSTON

Having a Mary old time

There seems to be a morbid sense of darkness encroaching on the New Zealand soul. No, I'm not talking about the depressing loser status of the All Blacks as the cause of the gloom, but that's not helping. In fact, the condition of the All Blacks and the state of the nation aren't that much different.

In the same way as a rugby lover might look back a decade or more to the golden era of Graham Henry and Steve Hansen and stifle a nostalgic sob, so you might hark back to the happier times of Helen Clark and John Key.

More than two years of all the horrors of Covid-19 haven't helped: lockdowns, those cursed masks, the business failures that followed the pandemic, that bizarre protest at Parliament that ended in flames and arrests. We are now staring at a recession and inflation, which is steadily eroding our incomes. The rundown health system is creaking under the strain, and education is not much better. No wonder there is an increasing stampede for the departure lounge to Australia and beyond.

An MYOB consumer survey, published last month, suggests more than a million people are actively considering leaving the country, with 200,000 having already made plans. One million folk looking to go overseas is more than just frustrated Millennials wanting to go on their OE, or people wanting a relaxing holiday in the sun.

NZIER's quarterly survey of business opinion found that 62% of firms were expecting tougher times ahead – the weakest business-confidence figure since March 2020.

Westpac's consumer confidence survey for the June quarter showed it was at its lowest level among New Zealand households since the survey began in 1988.

Both National and Act are feasting on those kinds of bad figures. In its happy place, the government largely ignores them with a smile and wave. People like me simply get gloomier. Yet we should not despair about the state of the nation, just as we shouldn't rend our garments and weep over the poor performance of the All Blacks. If you look back over the past 50 years, the state of both the country and that damned rugby team are cyclical. Their fortunes rise and fall and then rise again. There is usually no miracle cure to the down phase.

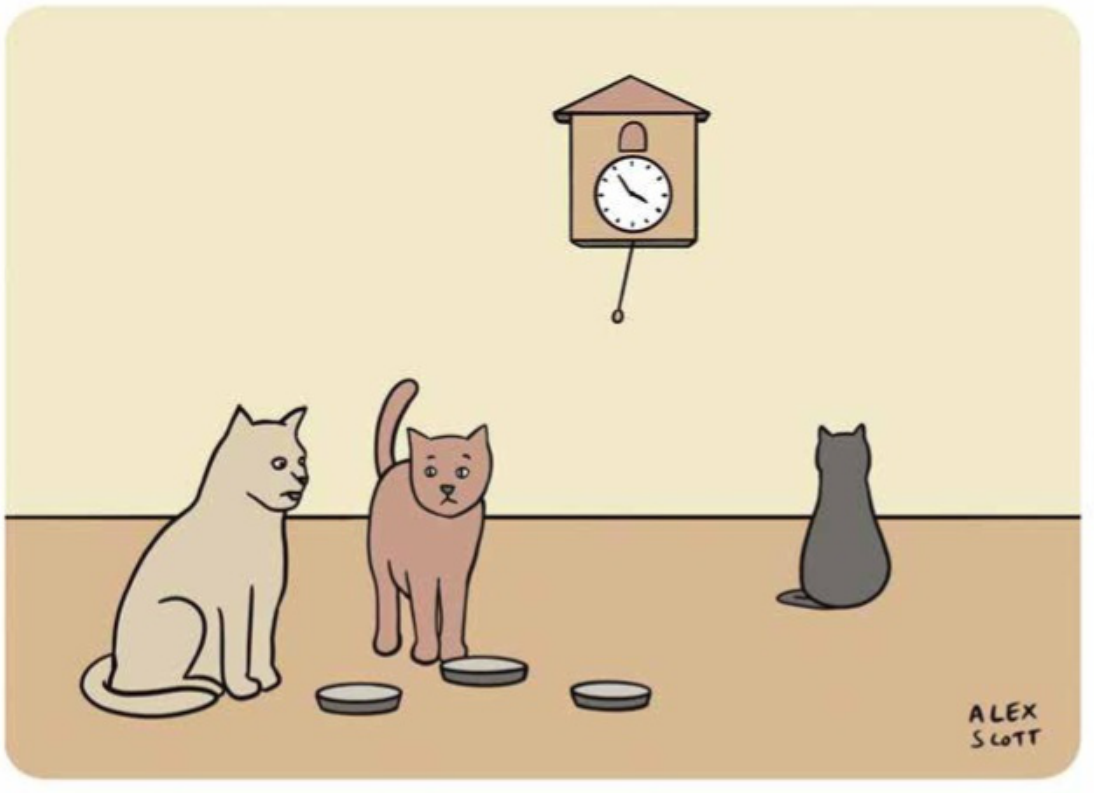
When times get tough, leaders need to buckle down, analyse what is going wrong and work hard to remedy those faults.

In American football, there is a thing called the "Hail Mary pass" – a long, desperate throw of the ball in the hope of miraculously achieving a touchdown. You're hearing that now in New Zealand rugby, with a chorus of critics demanding Crusaders coach Scott Robertson replace All Blacks coach Ian Foster. In much the same way, National and Act are presenting themselves as a Hail Mary option for government in 2023. In both cases, the risk is that the disruption and turnover in leadership at the top is likely to cause more damage than not.

When times get tough, leaders need to buckle down, analyse what is going wrong, work hard to remedy those faults and slowly rebuild.

Finance Minister Grant Robertson's attempt at a Hail Mary pass, on the cost-of-living crisis, had the unfortunate side effect of a small number of foreign residents (and the dead) getting a surprise boost to their bank accounts. In government, as in footy, there are few quick and easy solutions.

My advice is for everyone to take several deep breaths, concentrate on teamwork and avoid panic moves. In the words of Joan Baez, "We shall overcome, someday." ▮



"Should we be concerned? He just sits there all day watching tick-tock."

ALEX SCOTT

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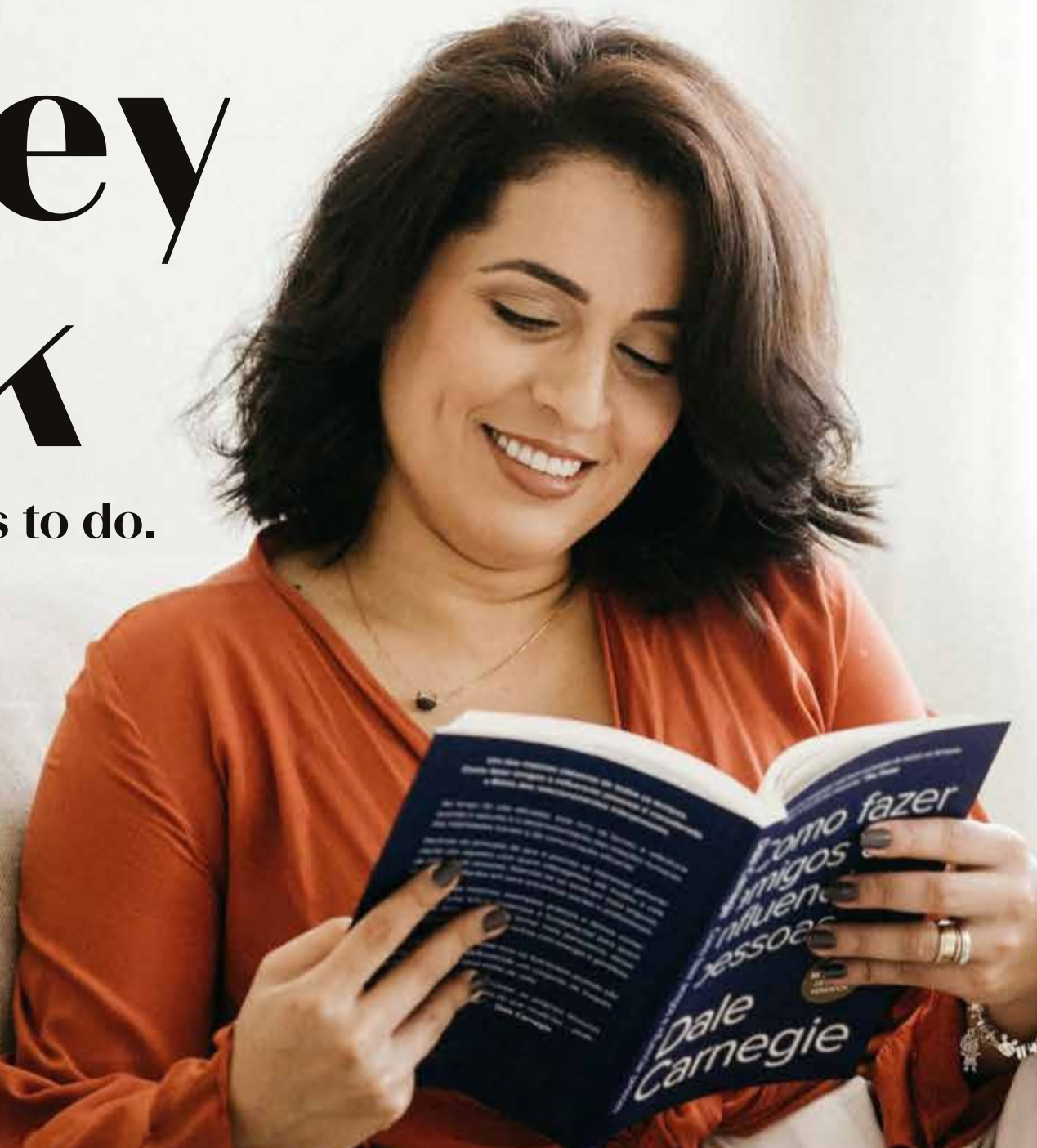

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STEPHEN DAVIS

A fraction too much fiction?

I have been thinking about who should play me in the movie of my book.

Given the story covers three decades, it needs to be someone who can be me, or a reasonable version of me, from my early thirties to pensioner, as I investigate a long and complicated government scandal.

My book *Operation Trojan Horse*, which I will be discussing at the Auckland Writers Festival on August 26, has been optioned as a drama. A five-part series is in development by a company that is part of BBC productions.

This is, supposedly, every writer's dream. It is certainly every publisher's. A movie or drama series will drive up sales of even relatively obscure books like mine. But the truth is, the whole thing makes me nervous, even more so when I think of the casting of actors to play people such as courageous New Zealanders Daphne and Henry Halkyard.

On August 2, 1990, the couple took a flight from London to Kuala Lumpur, but on a stopover in Kuwait became hostages of Saddam Hussein, along with 383 passengers and crew on board British Airways flight 149.

I really don't want to see a fictional version of myself on screen. But more importantly, with this drama, am I just contributing to the blurring of lines between fake and real, the very thing I am campaigning against?

Movies and dramas based on true stories – such as the "true-crime" genre – are immensely popular. But their connection to the real stories they are based on can be tenuous, giving viewers a distorted version of history in a world in which there is already too much fakery.

Under the Banner of Heaven: getting creative with the truth.

With this drama, am I just contributing to the blurring of lines between fake and real, the very thing I am campaigning against?

The connections to the truth are described in various ways. "This is a true story," seems clear enough. Then we have "Based on a true story," which allows the screenwriter to take numerous liberties, and finally, "Inspired by a true story," meaning they made most of it up.

Earlier this year, I watched a fascinating panel of writers at a Los Angeles conference, assembled by *Variety* magazine, who talked about some of the issues of dealing with historical material. Some talked about using composite characters based on extensive research, or using dramatisation to get to the "essential truth" of the story.

"There's a little bit of a tightrope-walk in a true story that you don't necessarily have to walk in fiction," said Dustin Lance Black, the writer-producer behind FX's *Under the Banner of Heaven*. He noted that the series, about the 1984 murder of a woman and her infant daughter in Salt Lake City, deals with three intertwined stories, one of which is fictional. "That one, to me, I had a slightly easier time with. If I hit a dramatic wall and needed a complication, I was able to make it up. That's lovely," he said.

Drew Crevello, co-creator of Apple TV+'s *WeCrashed*, said writers adapting true stories have to take some narrative liberties, to keep the plot moving and the audience engaged.

"We're all painting paintings. These aren't photographs," he said. But there's a larger truth to strive for that is important in the storytelling, he added. "I did feel a responsibility to find the truth, even in the things we were inventing between the reported facts."

I clearly would never have made it as a Hollywood scriptwriter, because I think all of that is wrong. Finding the truth by inventing things is straight out of the *Pravda* playbook.

The remarkable people who were used as human shields during the Gulf War, and trusted me with their harrowing stories of captivity, are very supportive of the drama project. Their drama needs no embellishment. They see it as a chance to bring the story to even wider public attention, after their ordeal was shamefully ignored for so long, and as another tool to bring pressure on the UK government to finally admit the truth about why the plane was allowed to land in Kuwait.

But I still worry that, as I approach my 50th year as a journalist, I am crossing a line that should not be crossed. ▮

Stephen Davis is a Dunedin-based investigative journalist, educator and author.

JANE CLIFTON

Picking holes

National's candidate-selection system is again under fire as another of its MPs fails to measure up.

Politics is one long conga-line of double standards.

A man who, as an adult, boasted of groping women's bodies, and conspicuously declined to repent, went on to become president of the United States. A Tauranga man who, at 16, was asked to leave his school for beating up a 13-year-old may lose his right to be a mere backbencher.

The inquiry into the past deeds of new National MP Sam Uffindell may or may not end his political career, but his predicament illustrates the considerable grey area around public figures with ugliness in their pasts.

At the time of writing, allegations of further bad behaviour as a university student had also made it into the public domain. At least Uffindell is contrite, to some extent at least.

Donald Trump, in contrast, is past 70 and utterly unabashed about his boorish behaviour, which has brought him under investigation for fiddling his taxes, inciting a violent invasion of the US Capitol and trying to falsify an election result.

Redemption is granted on a decidedly pick 'n' mix basis in public life. The politician behaving badly is an archetype people can't get enough of, and may even perversely reward, if, like outgoing British leader Boris Johnson, their roguishness comes with an element of wit and charm.

Never mind skeletons in the closet, the competition for present-day misbehaviour gets steeper all the time. Unhappily for National, it has in recent years received four MPs' resignations for unlovely behaviour in office: obscene texting, leaking private medical data, serial intimidation of women, and bullying electorate staff.

Should we make a distinction between lower-decile ram-raiders and private school dorm raiders?

You have to wonder why these sort of people seek public office in the first place. But in fairness, New Zealand MPs generally lack the hide or the guile to be world-class scoundrels.

While former housing minister Phil Heatley tearfully resigned as a minister over an allegation he'd illicitly expensed two bottles of wine — he was later cleared of any intentional wrongdoing and reinstated — British MPs were still resigning and retiring by the dozen after an inquiry found massed false expenses claims, most notoriously for a palatial floating duck house.

Sam Uffindell

ETERNAL PURGATORY

But there's often another side to such scandals. One British Tory has had to resign this year after twice being caught trawling porn sites at Parliament, despite his widely believed excuse that, being a keen farmer, he'd been looking up tractors.

Ask the alarming Urban Dictionary online site about any word, including "tractor", and there's certain to be something astonishingly filthy listed there.

Another Tory, recently convicted of fleeing the scene of a car crash he'd caused, offered the excuse that his clothes – heels, tights and a short skirt – made him feel vulnerable. Those who mocked were obliged to recant. It turns out the poor chap had been raped just months earlier.

The circumstances of MPs' misdemeanours often deserve more consideration and compassion than they receive, simply because public opinion assumes them to be significantly more self-seeking than the rest of society.

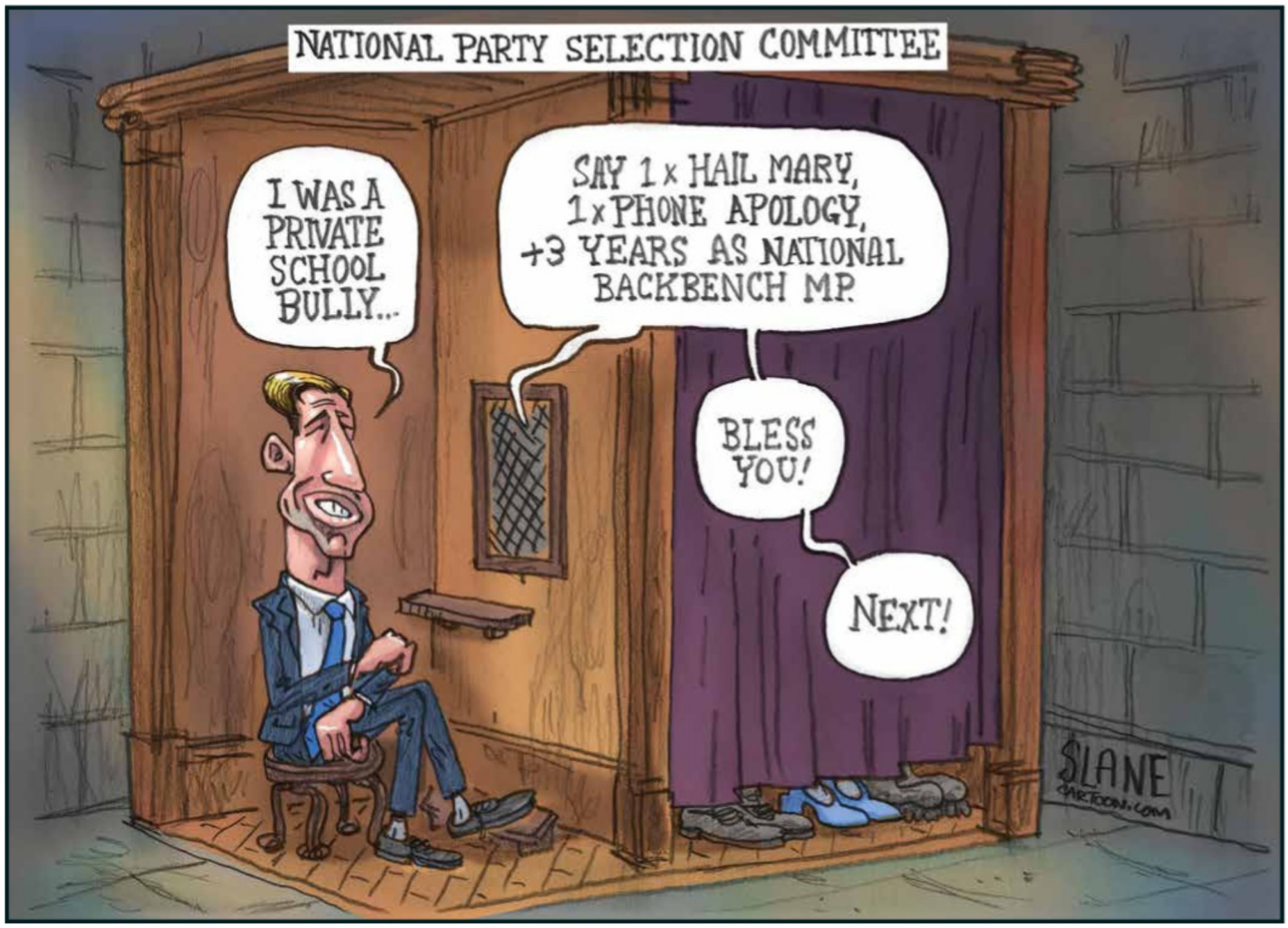
Uffindell's situation makes for uncomfortable contemplation on a number of counts. That he confessed to National's selection panel, but not to voters, that he had been forced to leave his school for violent bullying is one conundrum. Society sends mixed signals. Admittedly, the clearest one – understood but often ignored by 16-year-olds – is "don't be a dick".

Many young teens do stupid and dangerous things, but while the law often addresses under-age law-breaking with leniency and privacy, social media traps anyone recorded doing something iffy in eternal purgatory.

Meanwhile, science tells us the judgment-governing area of the brain doesn't fully mature until about the age of 25.

Should seeking public office later in life mandate a higher degree of retrospective accountability? What if some of the junior tearaways ram-raiding shops grow up to decide upon a life of public service?

Uffindell junior and his mates certainly didn't stop to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SAY 1 x HAIL MARY, 1 x PHONE APOLOGY, +3 YEARS AS NATIONAL BACKBENCH MP.
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think, before they stormed the third-form dorm, "What if we want to seek elected office in 20 years' time?"

The ram-raiders are overwhelmingly from lower-decile families, while the dorm raiders were at an expensive private school. Should that make a difference decades later?

And what's an adequate benchmark for being considered redeemed? As former Green Party co-leader Metiria Turei found when she confessed to benefit fraud, it often depends how you tell it. She cast herself as the victim of an unsupportive governmental benefit system. Public opinion didn't buy it. Had she said she was deeply ashamed of her actions, public opinion would likely have assigned her victim status. Contrition is non-negotiable.

It also depends when you tell it. Uffindell's victim apparently accepted a personal apology from him last year, but was less impressed once he realised his nemesis was planning to run for public office.

TRUST ISSUES

It's acutely embarrassing for National that its candidate-selection system has repeatedly favoured youngish males who have subsequently failed to measure up on issues of probity or character. Four MPs and one candidate overboard, and another pending judgment, constitutes quite a heffalump pit.

Perhaps it will eventually dawn on aspiring candidates that they need to be able to withstand this sort of public scrutiny. You would hope that political parties are also learning that their reference-checking needs to be a cut above that of those involved in hiring breakfast TV hosts. And that a no-surprises policy might also be handy within their own ranks.

For all that, this untidiness is unlikely to damage National's election chances. People don't vote according to the quality of a party's procedural processes, but on its policies and senior MPs' perceived abilities.

Uffindell may be the first MP to bring a *Lord of the Flies* backstory to National's ranks.

Although the affair did manage to take the shine off a harmonious party conference at the weekend, it usefully distracted voters from the intra-caucus shemozzle the previous week over whether National would, wouldn't or should promise tax cuts during a period of high inflation.

It did, however, provide yet another showcase for leader Christopher Luxon's propensity for hapless remarks. Along with calling New Zealand businesses "soft" and appearing to call the poor "bottom-feeders", he will doubtless rue saying that the Tauranga banker and agribusinessman Uffindell brought "diversity" to the caucus.

There have been bankers and business people before, but, technically, this may indeed be the first MP to bring a *Lord of the Flies* backstory to National's ranks. ▮

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An eye for the long term as inflation bites

Recovering from Covid was never going to be easy for New Zealand's economy and it's time to consider investments.

New Zealand households have a rough ride ahead for the next year. Inflation and rising interest rates hurt. However, if there is one thing we know from history, it's that difficult cycles end eventually, says Harbour Asset Management's Hamish Pepper.

Inflation has hit a 30-year high, mortgage interest rates are still rising, and at the same time, property and investment prices have fallen.

To dampen down inflation, the Reserve Bank of New Zealand (RBNZ) has had to raise interest rates multiple times in the past year.

It's a balance. "Rising interest rates may help to repair the economy and slow inflation," says Pepper.

Hamish Pepper

ALMOST HALF of outstanding mortgages are due to refix in the next 12 months. For some, that means a rate increase from 3% to 6% for a 25-year mortgage, representing a 36% higher monthly payment, says Pepper.

It may not feel like it, but there have been some positives over the past couple of years, such as the wage subsidy scheme, which helped buffer New Zealanders' finances through lockdowns.

"Average household wealth increased by $276,000 over 2020 and 2021" says Pepper.

Homeowners and other borrowers also had very low interest rates when they were needed in the first two years of the pandemic.

Inflation is not going to stay at 7%. Next year, it may be more like 3% or 4% if all goes well, says Pepper, which will help household budgets. As inflation drops, lower interest rates will make mortgages easier to qualify for and repayments lower.

Further rises in interest rates later in 2022 may cause house prices to fall further, which could benefit first-home buyers, although it will hurt homeowners who bought last year at the height of the market.

Inflation is not going to stay at 7%. Next year, it may be more like 3% or 4% if all goes well, says Pepper.

"AROUND 60% of household income is now needed to service a mortgage on a median-priced house, with a deposit of 20% at the average standard two-year mortgage rate. But if interest rates drop next year, it could return closer to the 40% of household income that it was two years ago," says Pepper.

KiwiSaver and other investments, such as shares, bonds, and funds, have nearly all fallen in price this year, which is never easy to stomach. History shows, however, that investments recover after a downturn and grow again.

In the meantime, people who can afford to keep contributing to KiwiSaver, shares, bonds, and funds and have a time horizon of at least 5-10 years are buying their investments at a lower price. For investors who need income, the fall in price of bonds has seen their yields rise.

ANOTHER FLIPSIDE for investors is that downturns help improve financial literacy. "Use this experience to ask yourself, what is my provider doing for me?" says Pepper.

"Are they doing a good job? Do I have alternatives? Do I want to look more into what they might be?"

It was never going to be easy for the country to recover after Covid-19. If the RBNZ's medicine works, however, life will start to return to a more normal cycle.

Harbour provides a range of local and international funds for investors. This article does not constitute advice to any person, and past performance is not indicative of future results.

Key witness

Another new book on the John Key years raises concerns about the perils of complacency in politics. **by JANE CLIFTON**

photograph by NICOLA EDMONDS

When former cabinet minister Christopher Finlayson recently offered to start a new National Party branch in Khandallah, there was a bit of umming and ah-ing. The man Sir John Key once warmly hailed as "my legal beagle" was eventually offered the role of party planner instead. "The message came back that I was a bit hot to handle, and would I like to be a 'functions co-ordinator'?"

The Wellington barrister beams mischievously at the memory. Having offered excoriating criticism of many National MPs after his retirement from politics, he understood the tactful counter-offer. After trying to organise a function or two, he decided there were still too many "nincompoops" in the party, and says he has since "moved on" – but not before delivering a more considered critique of where his beloved party is erring.

His memoir, *Yes, Minister,* is out this week. It's subtitled *"An insider's account of the John Key years"* and, as you would expect, there is plenty of gushing about his former boss. He has some nice things to say about other politicians, too – not all of them on the same side of the House.

He clearly has a soft spot for rebels with a cause (former Labour MP Louisa Wall and former Te Pāti Māori co-leader Tariana Turia receive effusive praise, for example). But perhaps the reason there are fewer barbs than might be expected about his former colleagues is that they have already been published in a rather different book about National's recent past – Andrea Vance's *Blue Blood,* which gazumped his own version of events last month.

"All that empathy stuff … Who cares? I couldn't do that. I would never subscribe to identity politics."

IDENTITY POLITICS

Like most memoirs, *Yes, Minister* still attempts to settle a few scores. Other legal beagles will lap up its lawyerly dissertations on jurisprudence. But Finlayson is also unafraid to tackle some deeply contentious issues that still trouble many New Zealanders, such as co-governance and education.

It goes without saying that wading into deeply contentious issues never seems to have frightened the former attorney-general. The week of our interview, which preceded the Sam Uffindell revelations, a soundbite from one of his recent appearances on RNZ's *The Panel* is still being used on air. It's the one where he suggests the Māori name for Hamilton should be translated as "Dullsville". Any Paul Henry fans still listening to RNZ were surely delighted.

Reflecting on his own career, Finlayson's gravest charge against his colleagues is unabashedly borrowed from a diagnosis Margaret Thatcher once made, of too many politicians wanting to be judged by who they were, rather than what they'd

Christopher Finlayson: despises the "showmanship element" of politics.

achieved. Identity politics is, to him, nothing short of a pestilence.

This is particularly piquant, since he, of all MPs, could have knocked that one out of the park, given his own (resolutely unused) social media banners: "Lawyer, Catholic, gay, conservative, intellectual ..." The only private glimpses he allows the world in his book are his love of the arts, especially classical music, and golf.

He archly reflects on how with "sharper elbows", he, too, might have featured in women's magazine puff pieces. He could have been photographed at the beach, gazing out to sea, reminiscing about his family heritage, his feelings and "his" God.

"But who gives a stuff?" The scenario makes him visibly bilious. "All that empathy stuff ... Who cares? I couldn't do that. I would never subscribe to identity politics. It's just so shallow."

Though Finlayson gives many of his colleagues in the Key and English administrations generous appraisals, he also paints

Christopher Finlayson on ...

HIS REGRETS: "I have made many mistakes in my life, but way up there among the worst was my decision not to support Steven Joyce over Simon Bridges for the leadership in 2018."

WELLINGTON: "As one who has lived in Wellington all his life, I sympathise with the proposition that the Wellington City Council is incapable of doing anything well."

LAW REFORM: "One can reform legislation as much as one likes, but if those administering it are incompetent, then little good can be achieved."

NICOLA WILLIS: "She is a formidable intellect and will make a significant contribution in the years to come."

KIM DOTCOM: "When his name was first mentioned, John Key's first question was, 'Is he Korean?'"

TIM GROSER CAMPAIGNING FOR NEW LYNN: "He was often worried that he might win the seat."

A LABOUR PARTY POLICY: "It was incoherent and unprincipled, which is perhaps why the Green Party so strongly supported it."

POLITICAL LEGACIES: "I cannot speak highly enough of John Key. I know he will go down in history as one of this country's great prime ministers, alongside Peter Fraser, Richard Seddon, Keith Holyoake, Helen Clark and Jim Bolger."

TARIANA TURIA: "I have always said that Tariana Turia is my favourite politician. It takes a lot of courage to stand up to one's opponents, but it takes even more courage to stand up to one's friends."

LOUISA WALL: "In my time in politics, there has never been such a successful member of Parliament."

a picture of an almost zombified political system, which he blames on complacency.

"When times were good, you were selected as a candidate, you'd have your face on a car, and 'Joe Blogs, Working for You'; fly into Wellington and all the work would be done for you by [senior Ministers]."

Some MPs, he says, were not team players. "They were there, but were they working? Too many of them didn't give a stuff about the party, and had had no experience of it and no loyalty to anyone but themselves."

He was especially disgusted at the number of times MPs, including senior ministers, did not read, understand or even seem to care about the policies and laws they were enacting.

"Some of my colleagues made no attempt to understand the issues, and thought making slogans was good enough."

This wasn't just a National Party problem, he adds. Parties have increasingly tended to select careerist candidates without expecting most of them to think and act as serious legislators, he says.

He allows that much of the heavy lifting is done by a kitchen cabinet of the most competent MPs, and acknowledges that not every MP can be a polymath dynamo. But he maintains that most MPs are "journeymen" or "frankly hopeless" and contribute very little.

Some colleagues allege that he tried to sneak things past them, particularly when he was the minister in charge of Treaty negotiations. It was Finlayson, for example, who ensured the Whanganui River was given the status of legal personhood, and he proposed to do something similar for Mt Taranaki.

"That will have been colleagues who simply didn't read their papers," he retorts. "It was all there, I wasn't trying to hide anything. They were too lazy to read."

Or perhaps, he adds, they were simply too limited in their ability to understand. "Some of my colleagues made no attempt to understand the issues and thought making slogans was good enough."

CHURCH AND STATE

It's obvious in the book that former deputy leader Paula Bennett was his chief bête noire. He recalls with distaste her vow, on becoming minister of local government, to have "a bonfire of regulations".

"And nothing happened. You get your headline and move on."

On the river "personification", he says: "Paula said to me, 'This doesn't play well out west where I come from. What kind of person will it be – will it be a Visa person or a Mastercard person?'"

Finlayson worries that too few MPs have actual goals – ideas they pursue to improve people's lives.

"The apotheosis of all this is Boris Johnson, who brought down three prime ministers, including himself ... who wasn't necessarily in favour of Brexit, but changed his position in order to get rid of [David] Cameron, and has condemned his country, if not to penury, to years of financial struggle. I know people like the showmanship element of politics, but I despise it."

Having said that, Finlayson is not anti-populism per se. He expresses unqualified respect and admiration for both Key and English. He also puts in many good words for former Canterbury Reconstruction Minister Gerry Brownlee.

He says Brownlee laid the foundations for what is now New Zealand's most beautiful city, and the public never saw how hard he toiled over post-quake decision-making. He also notes that Brownlee refused to move out of his own severely damaged house, in solidarity with his constituents.

"He was personally traumatised by the deaths ... To call him a bulldozer was quite ridiculous. All the feelings in the world weren't going to get that city rebuilt."

Political trainspotters will have fun working out which significant players in the Beehive pointedly do not get a mention, or are hurriedly glossed over. "I generally took the view that if I couldn't say something nice, I said nothing. But there were ... exceptions."

He is unsparing, however, in his critiques of his other tribes: the Catholic Church and the legal fraternity. Of the former, he never speaks personally, but only as it impinges on politics. He finds it cringeworthy when other politicians discuss their faith publicly and advised one new MP, whom he doesn't name, "not to talk about Jesus" in his maiden speech. "He did." Sigh. "It's not New Zealand, is it? I just think it jars in this country. Often it doesn't seem authentic."

He notes Labour MPs Damien O'Connor and Greg O'Connor were Marist-educated, like himself. "We've ended up in different parties, and that's good."

"One of this country's great prime ministers": Finlayson with John Key.

Finlayson has vigorously chided church leaders who try to intervene in politics. He was appalled when the Archbishop of Wellington, Cardinal John Dew, invited him to a picnic on Parliament's lawn to demonstrate through the sharing of food that "collectively we have sufficient resources to ensure all New Zealanders a moderate standard of living".

Finlayson declined in writing, saying the picnic was almost as "gimmicky" as the antics of the Anglican leadership, and deploring Catholic teaching being used "as a cover for extreme left-wing redistributionist views". He also quoted the cardinal a Thatcher *Bible* favourite: St Paul's warning that people who didn't provide for their own families were disowning their faith.

Key later said he'd had complaints from some bishops that Finlayson had been rude to them. "I didn't think I'd been rude; rather, I was attempting to tell them how to do their jobs."

TREATY CHAMPION

Now back practising law, this time as a Queen's Counsel, Finlayson deplores the glacial pace of the legal system. The best most people can hope for, if they believe they've been wronged, is the Disputes Tribunal, he says.

His book rejoices in the judicial lions of his earlier career, who would hear a case and frequently give a judgment right away. "Mercantilisation" of the profession has incentivised everyone, from the bench downward, to draw things out as long as possible, he says. "We once had a very good system. We seem to have lost it."

While he gives many plaudits to past opponents, notably Andrew Little, Annette King and Helen Clark, he worries the present government is losing valuable purchase on public tolerance for Māori advancement. Too much confusion has been left to simmer, readily exploited by mischievous elements to needlessly scare people.

"Co-governance is not the same as co-govern-*ment,*" he says. "The government needs to get out and explain that. The creation of a Māori health authority, for instance, is an initiative to see if we can address some long-standing health problems within the Māori community. And if you address those matters successfully, who benefits? Everybody! The whole economy benefits."

He says the He Puapua report on co-governance "could on the face of it scare the living daylights out of people, but what was it? A think piece by an academic. So what?"

One of his proudest achievements – though it has yet to be introduced to Parliament – was proposed legislation tackling the eternally tricky issue of Māori land reform. He was frequently told it couldn't be done, but the scale of the injustice and wastage spurred him on.

One egregious impediment was Māori property being effectively landlocked, with surrounding landholders refusing owners reasonable access, often for no reason other than seeming bloody-mindedness. He undertook what may have been unprecedented consultations on the reform – "there were three exposure drafts!" – only to have the Ardern government shelve it.

His customary acerbity vanishes on this topic. He seems genuinely mystified and disappointed. Land that can't presently be used could be worth billions to the Māori economy, he says. "The legislation was designed to turn the Māori Land Court into a 21st-century institution, and ... to stop a property being blocked by a small number of people. It would enable decisions to be made by a majority of engaged owners."

"I'm quite a jolly sort of a soul, but I suppose I traded on [the prickly reputation] a bit."

At the very least, Finlayson will be remembered as the all-time Treaty of Waitangi settlement champion, concluding 70-odd deals with iwi. For someone who came to politics with a reputation for being prickly – and, some allege, even misanthropic – that's an immense history of hui and testament to a temperament capable of marathon socialising and listening.

Finlayson seems unsure whether to be proud of, or miffed by, his "doesn't suffer fools" reputation. "I'm quite a jolly sort of a soul, but I suppose I traded on [the prickly reputation] a bit."

An early 10-page grammar memo to his staff – no Oxford commas, no jargon such as "heads up", and woe betide the splitter of an infinitive – didn't exactly help. Over time, however, he displayed, publicly and privately, a warmth and wit to leaven the waspishness, accruing admirers on all sides of the House.

He remains a sought-after commentator on public affairs.

But it would be a brave and foolish inquiry that sought anything more personal than his golf handicap, and that makes him an especial rarity among ex-politicians. ▮

NZME

CHRIS FINLAYSON

No place for propaganda

In this extract from his new book, CHRISTOPHER FINLAYSON examines the current controversy over co-governance, and how New Zealand history should be taught in schools.

The issue of co-governance is now becoming very topical, and the current government appears to be applying the principle of co-governance to areas other than natural resources in Treaty settlements. There is a concern in the community, most recently expressed by the ACT leader, David Seymour, that there are too many co-governance arrangements and that race-based advantage is wrong.

Personally, I think there is an opportunity for a principled debate on co-governance and whether the guidelines Rodney Hide and I negotiated could or should be applied to other areas. For example, should it be appropriate for Crown Research Institutes, as a matter of principle, to have co-governance arrangements such that 50% of all directors are Māori? Should the principle extend to SOEs [state-owned enterprises] and other Crown bodies? Or should appointments to these bodies be made on the basis of who has the best qualifications, regardless of ethnicity?

While I hope it will be possible to have such a debate, I don't think that demanding a referendum on the subject is a wise thing to do. That will simply encourage argument by epithet and produce more heat than light. It will also encourage groups like New Zealand First to enter the fray and turn the debate into something of a farce. There are legitimate questions that can be the subject of discussion, provided that discussion is principled and civil.

In 2019, after I had ceased to be a minister, the Cabinet Office published a circular entitled "Te Tiriti o Waitangi / Treaty of Waitangi guidance". This sets out guidelines agreed by Cabinet for policymakers to consider the Treaty of Waitangi in policy development and implementation. There are a number of questions to guide policymakers, some of which are very helpful: How does the proposal/policy affect all New Zealanders? What is the effect on Māori (if different, how and why)? How does the proposal demonstrate good government within the context of the Treaty? What are the Treaty/Māori interests in the issue? How does the proposal demonstrate that policymakers are meeting the good faith obligations of the Crown? To what extent have policymakers anticipated Treaty arguments that might be made?

I think these are good questions to ask at any stage of policy development. Importantly, the paper goes on to say that the Treaty may justify different treatment of Māori interests or involvement of Māori in an issue, but it does not confer greater rights on Māori than the government owes to all New Zealanders. It is unfortunate that so often the arguments raised by those concerned about some policy developments focus on the alleged favouritism shown to Māori. Characterising these changes in that way is misleading and unfair. There may be particular interests of Māori that need to be taken into account in developing a policy or making a decision, but that does not mean that Māori necessarily have greater rights.

In my experience, there will be particular issues where the Māori interest is distinct from the general interest, such as in the management of natural resources. But the distinction will be less apparent (if apparent at all) in many areas of government administration. For example, it is difficult to discern a particular Māori or Treaty interest in the areas of national security, foreign affairs and defence.

As this debate continues in New Zealand, I hope that people concentrate instead on substantive points. It cannot be in the public interest for a debate on these sensitive matters to be diminished by hyperbole, half-truths and nastiness. I also think it is important that any extensions to the co-governance principle are challenged.

THE OTHER ISSUE I WANT to refer to concerns the new education curriculum, which when introduced in 2023 will place much greater emphasis on the teaching of New Zealand history. When I was studying history in my last few years of secondary school, we focused on the United States between the wars and the Stuart kings in the 17th century, including the English Civil War. I found both areas interesting, but wonder whether learning about Warren Harding, Calvin Coolidge and Herbert Hoover was more important than learning about, for example, the New Zealand Wars. Teaching more New Zealand history can only be a good thing.

When I was minister for Treaty of Waitangi negotiations, I was always apologising for wrongs that had been committed by the Crown since February 6, 1840. Every deed of settlement contains an acknowledgements section that sets out the history of the interaction between the Crown and the settling iwi. It also includes a formal apology by the Crown for actions that are said to breach the Treaty of Waitangi and its principles. It is very important to note that these sections of settlements are not pro forma and nor are they rushed. They are the subject of very careful analysis by highly qualified iwi and Crown historians, and their contents are the subject of intense debate and negotiation. As a matter of principle, it is extremely important that the

Crown apologises for real, not imagined, breaches.

ONE OF THE THINGS THAT struck me in my time as a minister is that many historical matters seem to have been either suppressed or ignored in this country. This was especially the case in Taranaki.

The Parihaka negotiations in 2014-17 in particular revealed some very disturbing facts that even now I think are generally unknown in New Zealand. The raid on Parihaka in 1881 was probably the worst incident in our post-1840 history, yet for many years the truth was suppressed or ignored. It is as though the general community knew that wrongs had happened, but preferred to sweep these under the carpet. The negotiations over the Parihaka apology were probably the most intense in which I was involved, and it was the first time that the Crown actually apologised for rape. I was distressed after the ceremony when I received a number of most unpleasant emails and letters complaining that I had no right to apologise for rape and demanding evidence that it had happened.

Another example is the 2014 Ngāi Tūhoe settlement, including the disestablishment of Urewera National Park and the recognition of Te Urewera as a legal identity. Very few people knew the facts and simply assumed that Māori protesting in the national park were being disagreeable and criminal. They did not realise that Premier Richard Seddon's government entered into an arrangement with Tūhoe in 1896 that gave Tūhoe limited autonomy over Te Urewera, with a majority Tūhoe commission set up to make decisions about land sales. The legislation relating to the commission was then undermined over the next two or three decades and unilaterally repealed in 1923 without the consent of Tūhoe. Adding insult to injury, a national park was then created in 1954, again with no consultation with Tūhoe. That is why there was such a need for a just and durable settlement in Te Urewera.

THE EVENTS THAT OCCURRED at Parihaka and in Te Urewera are facts. They are not made up and all New Zealanders need to have a good understanding of what happened. That is why changing the curriculum so that these matters can be taught in schools is very important. In the 21st century, teaching New Zealand history must take precedence over teaching European or American history, but historical fact needs to be taught, not propaganda.

Teaching history requires an objective analysis of everything that has happened, both good and bad. My fear is that those designing the history curriculum in this country are essentially propagandists who will overlook the good that has occurred and concentrate instead on the bad. Take, for example, the very good work of Christian missionaries since 1840, such as Mother Mary Aubert who founded Our Lady's Home of Compassion and ran a large mission at Jerusalem on the Whanganui River. There were many other positive interactions between Pākehā and Māori, and some early Pākehā settlers expressed real concerns over the way Māori were being treated.

Māori rights under the Treaty of Waitangi are not about "race-based advantage".

Hopefully, the Ministry of Education will do a good job in supporting the teaching of New Zealand history in the years to come. However, I have serious misgivings about its ability to do the right thing and worry that what, in my opinion, is a one-sided propagandist approach will be counterproductive. ▮

Extracted from Yes, Minister: An insider's account of the John Key years, *by Christopher Finlayson (Allen & Unwin NZ, $36.99). Out on August 16.*

GETTY IMAGES

Dignity be damned

If you're a bloke, you probably don't talk much about prostate cancer. So this is what you need to know, writes PAUL CATMUR. illustration by ANTHONY ELLISON

I have prostate cancer. At the time of writing this, I am awaiting surgery, but by the time you read it, it will be over. Hopefully, it was caught early enough to be taken care of. However, during diagnosis and treatment, I've come across some views that are potentially dangerous. This is not good.

Let me begin by telling you about Clive.

Clive was an old friend of mine back in the UK from my university days, before I headed down to New Zealand. He was generally very fit and healthy but had been to see his doctor with a stubborn pain in his back. A blood test revealed a high PSA reading (prostate-specific antigen – a protein produced in the prostate, rising levels of which may indicate cancer). A biopsy confirmed that he did, in fact, have prostate cancer, which had spread to the bones in his back.

A couple of months after his diagnosis, I visited the UK during the northern hemisphere summer and caught up with Clive and his family. He was in great spirits, his treatment was going well and he was cycling long distances to keep fit.

He was dead before Christmas.

I know several other men who have had the disease, most of whom have recovered well. I mention Clive's story because it worries me that a touch of complacency has set in about prostate cancer. In an effort to be masculine and brush it off as a minor inconvenience, we're in danger of trivialising it. Several of those whom I've talked to seemed to consider it almost as if it were just a cold. "More men die with it than from it," is a common refrain. "Have the operation and in a couple of weeks you'll be fine."

Although the survival rate is high, about one in 10 New Zealand men will get prostate cancer at some time in their lives, and it still kills about 650 a year. For each man who dies, many others will experience unsettling side effects from the treatment.

Most people will know someone who has had the disease. But whatever you may hear, be careful before using that as an example, because everybody's story is different.

In an effort to be masculine and brush it off as a minor inconvenience, we're in danger of trivialising it.

This is mine. Around 2007, I was on a flight back to Auckland from Hong Kong. Relieved that the illuminated toilet sign was finally off, I made my way up to the front of the aircraft. This would be the fifth time I had been to empty my bladder in an eight-hour flight. Unless I'd been trying to match Australian cricketer David Boon's infamous in-flight drinking efforts, this was not normal.

When I next saw my doctor, I mentioned my issues with frequent urination. "Okay. Yes. Well, you know what I have to do, don't you?" he asked. I nodded.

I was in my late forties and the dreaded DRE (digital rectal exam) felt like a rite of passage into middle age, along with buying

clothes based purely on comfort, and a general redistribution of hair. Some men can get rather squeamish about a simple procedure that could save their life. But being brave is about facing your fears, not avoiding them.

"Okay, trousers down, lie sideways on the couch," the doctor instructed. I complied, facing the wall. Shouldn't be too bad, I told myself. Some people do this for pleasure.

"Yeow!" I nearly hit the roof. The finger itself wasn't too bad, but I don't know why he had to keep the Vaseline in a fridge.

"Well done," he said as I climbed down from the ceiling. "I know how embarrassing it is for you. It's almost as bad for me." I didn't believe that. He must have had his finger up hundreds of men's bottoms. Surely it was like riding a bike.

He reported that, although slightly enlarged, my prostate was not something to worry about. Yet.

BEYOND EMBARRASSMENT

For many years after this initial prod, I continued with several nightly treks to the bathroom. Then, 16 years later, an annual blood test revealed that my PSA levels were rising. I was packed off to see a specialist urologist who asked me several questions, did a flow test (in my case, more of a dribble), then sent me for an MRI (magnetic resonance imaging) scan.

Although the higher PSA level is an indication that you might have cancer, the MRI test scans the area concerned to see exactly what's going on.

The MRI machine is a large metal tube the length of your body. You lie on a platform that slides inside like a London Tube train into a tunnel, though without the fast-food wrappers and the rats. The top is an inch from your nose, which is not great if, like me, you're claustrophobic. I clamped my eyes tightly shut and was just dozing off when someone started hitting the tube with a sledgehammer. After a while, they switched to a pneumatic drill. Then both together. This went on for 20 minutes and is about as much fun as it sounds. Eventually, they took pity on me and slid me out at Piccadilly Circus.

A few days later, the results came through and I spoke to the urologist.

"Well," he said brightly, "your PSA level is down." Great, I thought, I'm all clear. "However, the scan suggests there may be a couple of areas of cancer." That's all right then, just a couple.

"One area shows a 50% chance of cancer, the other is 75%. We really need a biopsy to see exactly what we're dealing with."

I knew very little about cancer, but after five years working in a casino, I knew quite a lot about odds. If they were cumulative odds, then my chance of cancer was 75%. If separate, then it was 87.5%. This felt like an important distinction, although I thought it best not to challenge someone who would shortly be poking around my downstairs with a scalpel.

The dreaded digital rectal exam felt like a rite of passage into middle age, along with buying clothes based purely on comfort.

Two weeks later, a nurse led me into the room where the biopsy was to take place. I was naked apart from a hospital gown. A chilly draft reminded me that it was open at the back. The room was lit up like Eden Park for a night game, and six or seven masked individuals scurried about, declining to catch my eye. I was led to the bed in the middle of the room and asked to lie down while they gave me a general anaesthetic.

It's an unnerving experience to find yourself half naked and knocked out by drugs while somebody pokes around in your bottom in front of several onlookers. "I wouldn't worry," said a friend when I recounted my experience, "sounds just like an average day in advertising."

I've found that one of the most noticeable side effects of prostate cancer is a profound loss of dignity, which it's best to accept with cheerful disdain.

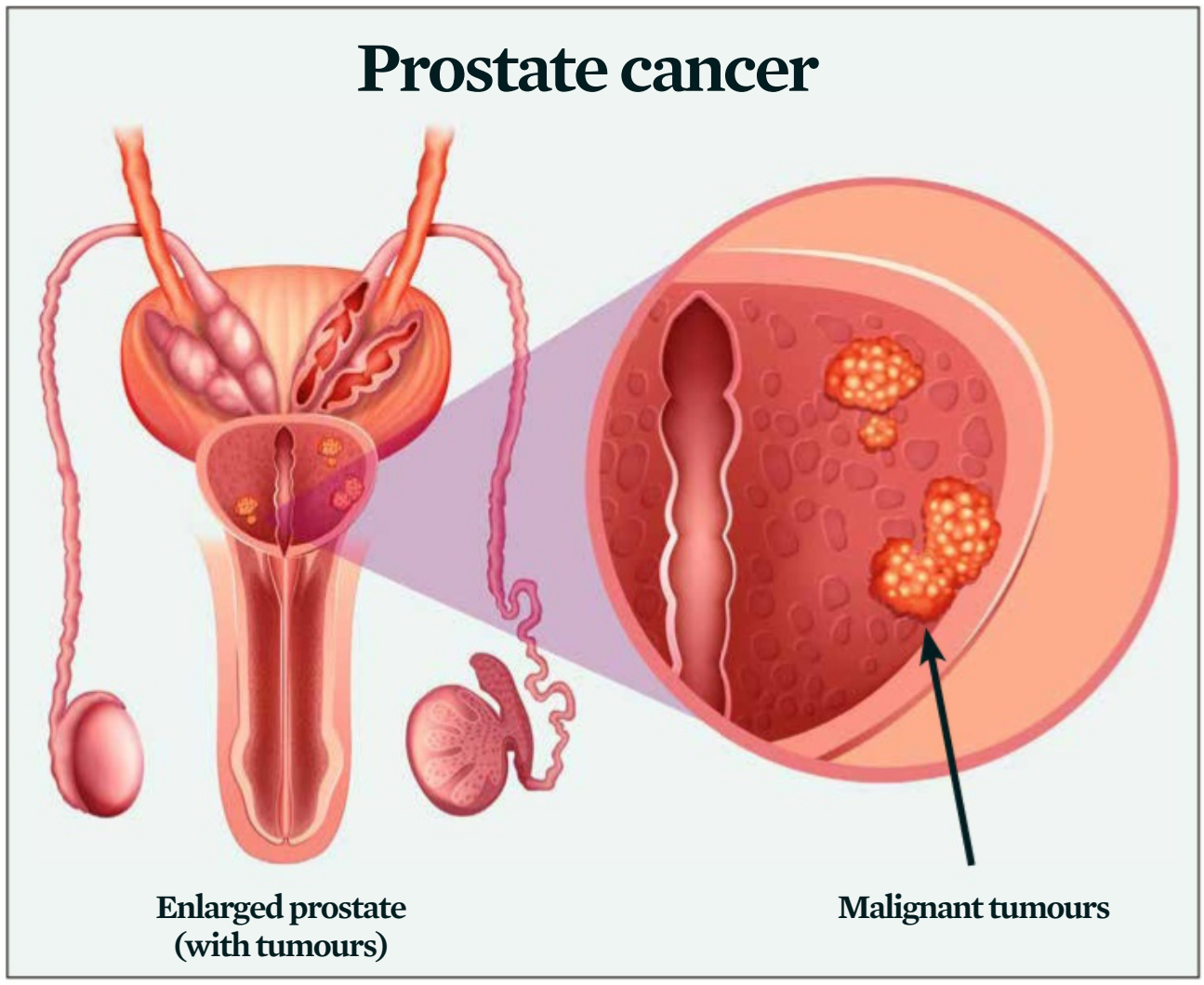
Recovery from the biopsy took a couple of days and was fine apart from the slightly unnerving discovery that I could now ejaculate blood. There's always something new to experience on a cancer journey.

INSTANT BUCKET LIST

A couple of weeks later, I went to see my urologist for the biopsy results. He'd called me in early, which I had deduced was either because there was good news, which he wanted to get out of the way, or bad news and it was all a bit urgent. I was half right.

"Well," he said, "you have one patch of cancer, which is as expected, but the other looks rather aggressive. Five on the scale." Five is the worst.

Although the urologist kept talking, I didn't hear a word. My brain fixated on the words "aggressive" and "cancer" and ignored everything else that he was saying, preferring to concentrate on what I should do in the few remaining months



GETTY IMAGES

Paul Catmur (above): get proper medical advice, and don't just listen to your mates.

I had to live. I didn't even notice when he'd stopped talking.

"Ahem. Do you have any questions?"

I had many. Fly-fishing in Cuba? A trip to the Super Bowl? Or maybe riding around India on motorbikes? "No, no questions," I said. After all, he was a urologist, not a travel agent.

He sent me off for a PET-CT scan to see whether the cancer had spread outside the prostate. The note had "urgent" scrawled on it. As soon as I got home, I rang up the scan people, who booked me in for the first available appointment. It was in two weeks' time. I guess we had different definitions of the word "urgent".

One of the most noticeable side effects of prostate cancer is a profound loss of dignity which it's best to accept with cheerful disdain.

The scan was more relaxing than the MRI. No enema required; no jackhammers let off. Just a couple of hours of stress and mild discomfort.

It's quite common for people to forget things in the drama of cancer diagnoses, so when a day later I was summoned to get the results from my urologist, I took along a friend. He wasn't a medic, but he worked with the health service and certainly knew more than me about this sort of thing. Sadly, this didn't stretch to knowing the difference between 303 Lincoln Rd and 305 Lincoln Rd, so after an unscheduled trip around the wrong hospital, we scampered to make it in time.

Finally, a good meeting. Or to be more accurate, a non-bad meeting. The scan results indicated that the cancer hadn't spread, which meant my prognosis was way better. On the other hand, I still had an aggressive cancer that needed to be dealt with. Now I had a decision to make.

The aggressive nature of my cancer meant I didn't really have to worry about whether I should have treatment or not, I just needed to get on with it.

There are currently three suggested options for dealing with aggressive prostate cancer in New Zealand. One is the prostate can be surgically removed (radical prostatectomy). The second is that you can have external beam radio therapy, with daily radiation treatment for several weeks. Or the third option is prostate brachytherapy, by which radioactive beads are surgically inserted around the prostate.

The main downsides of surgery, apart from the disruption and recovery time, are the likelihood of diminished sexual abilities and incontinence, both of which would hopefully improve over time. The other options have similar downsides, but I felt that the prostatectomy was the least-worst option for me.

The prostate makes one question whether the designer of the male body really had that strong a grasp of form and function.

THE WAITING GAME

I had to wait a month before the operation. Apparently, Kegel exercises to strengthen your pelvic floor give you the best chance of minimising the inevitable urinary leakage. I fastidiously performed them as though there was an Olympic medal in it. I also used the time to collect two enema syringes that were required, along with a selection of urinary pads ready for recovery. I've had more enjoyable shopping trips.

The radical prostatectomy is the surgical solution for having a troublesome and not particularly useful part of your body removed. The prostate is a sort of toilet-region appendix, which is liable to go a bit rogue as you get older. It makes one question whether the designer of the male body really had that strong a grasp of form and function.

I was asked to turn up on the required date, clean and presentable but without deodorant. This wasn't too much of an issue as, like Prince Andrew, I don't sweat very much. (I should also point out that that is all we have in common — apart from both having visited the Falkland Islands and Pizza Express in Woking).

In conclusion, I think it's important to do more than rely on tales from your mates for medical advice. Talk to your doctor, take the finger if required, and have a read from reputable sources online. Catch prostate cancer early and you've a very good chance of surviving; miss it and it can kill you. Everyone's experience is different, so make yours as good as it can be. ▮

JANE USSHER

Love & miracles

New York author and Hollywood screenwriter Delia Ephron's own life story isn't short of big emotions, memorable lines and a stunning, 11th-hour plot twist. by MICHELE HEWITSON

Delia Ephron, the screenwriter, novelist and wit, was in her apartment in Greenwich Village in New York City when I phoned. She was disappointed we weren't doing the interview via video. "That's too bad. I look fabulous."

She is appearing, virtually, at this month's Auckland Writers Festival. She will look fabulous. Count on it.

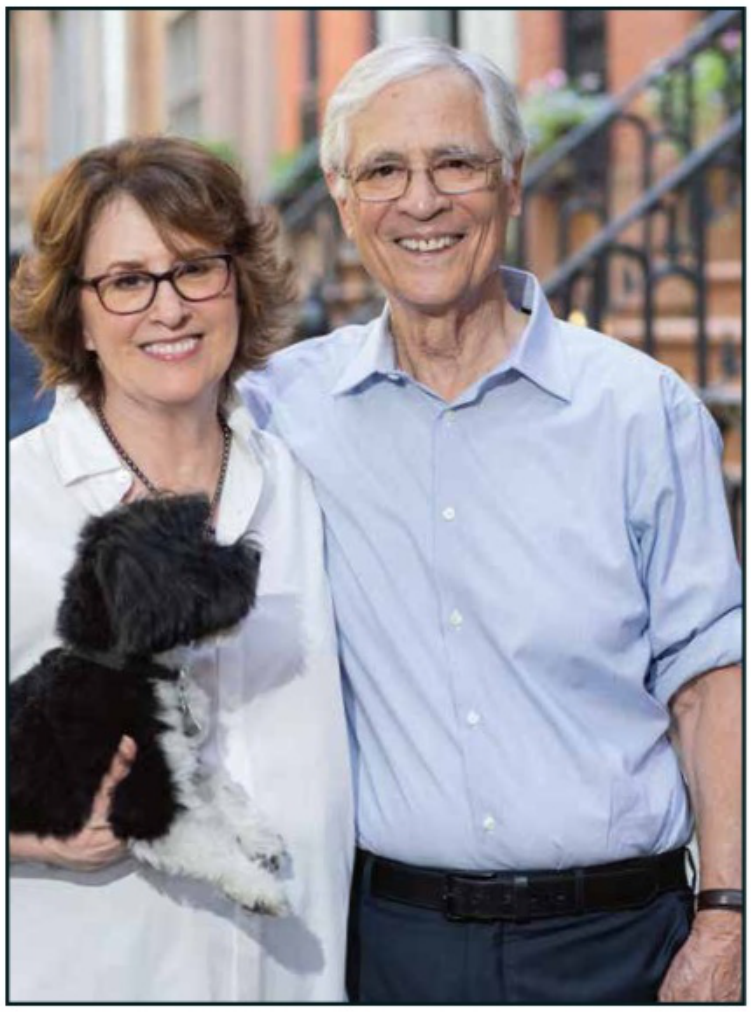
She has lived for decades in her apartment, initially with her late second husband, Jerome Kass, and now her third, Peter Rutter. (Of the first husband the less said the better. When she told him she wanted to be a writer, he said: "Suppose you become famous? I don't want you to become famous.") The apartment, and the village, are as much characters in her memoir, *Left on Tenth: A Second Chance at Life*, as Jerry and Peter and the author and her many girlfriends and a horrible doctor or two and some borderline stalker-type men. I said I felt I had already visited her at home. She said: "That's a compliment. Thank you."

The title comes from the instruction she gives to visitors: to turn "left on Tenth" St, which is a very New York sort of direction.

She adores Tenth St, which she says is "as charming a street as there is". She adores her apartment building. "It's a modest place ... built in 1928 for working middle-class New Yorkers. The spirit of Greenwich Village is alive and well here. There were three births announced at my first annual board meeting, one to a lesbian couple, one to a gay male couple and one to a man-and-woman couple ... No one who wants glamour lives here. No stars, no snobs."

There are, however, dogs – about 20 of them, currently: "They are all nice." She adores all dogs, so of course they are all nice – even the poodles which would leap at her when the elevator doors opened. They were "just rambunctious".

She adored Jerry and now she adores Peter, and she adores her girlfriends. "I practically don't leave the house without consulting my girlfriends first." She adored Honey, who was the dog before the current dog, Charlotte, a Havanese,



All "adorable": Delia Ephron with husband Peter Rutter and dog Charlotte.

ELENA SEIBERT

as Honey was. She adores Havanese dogs because "they are funny. I can't actually explain how, but it's true," she writes in her memoir. I had to Google them, and they are insanely funny.

The breeder said she could change Charlotte's name, but she loved it because one of her favourite children's books is *Charlotte's Web*. The Charlotte of the book aspires to be "a true friend and a good writer", which is all Ephron has ever aspired to be and which she would like included in her obituary. Her other talent is adoring things. You might have gathered that by now.

The Ephrons are writing royalty. Her parents, Phoebe and Henry, were screenwriters and dedicated drinkers. Her father also suffered from bipolar disorder. Her mother died of cirrhosis in her 50s. "They were very difficult people."

As screenwriters, they were successful. They wrote *Desk Set* starring Katharine Hepburn, *Daddy Long Legs* starring Fred Astaire, and *No Business Like Show Business*, starring Marilyn Monroe.

"It was the 1950s. There were no other mothers who worked then, in the world we lived in, and it was my mother's identity. So, anything to do with love or marriage and feeling pretty as a young girl, that was not her thing. In terms of marriage, the only thing I remember her saying to me was: 'elope'. So, imagine, she didn't even want to be at our weddings."

They had – God knows why – four daughters: Nora, Delia, Amy and Hallie. When Delia was eight, her mother told her she was "pretty enough for all normal purposes".

"Yes! How about that? She said it to all of us. I mean, who says that to their daughters?"

She sounds awful. "Yes, she does, doesn't she? I don't think you'd want to have dinner with her. But here's the thing: I'm so grateful to her because she had expectations that we would be something. It was

From left, Delia and big sister Nora as kids; their parents, Phoebe and Henry Ephron; a still from *You've Got Mail*; and Nora, left, and Delia.

rare. You know, in the 50s, you wanted to get married, you wanted to have a white picket fence, you wanted to have children. She just said the opposite. The unstated thing was: you will become a writer."

All four sisters became writers. Nora is most famous for *When Harry Met Sally* – and for that scene in which Meg Ryan fakes an orgasm in a diner and a fellow diner says: "I'll have what she's having." She and Delia co-wrote *You've Got Mail*.

Delia's other screenplays include *The Sisterhood of the Traveling Pants*, *Hanging Up* (based on her novel of the same name) and *Michael*. Her other novels include *The Lion is In* and *Siracusa*, and, for teenagers, *Frannie in Pieces* and *The Girl with the Mermaid Hair*. She also wrote a funny book: *How to Eat Like a Child*.

The subtitle of her memoir, *A second chance at life*, is a literal description of what has happened in her life. Here are the deaths of Jerry, the death of Nora, the death of Honey, all felled by cancer. Ephron was diagnosed with the same leukaemia that killed her beloved sister. After treatment came a remission. Then it came back, more aggressively. Her only chance of survival was a bone marrow transplant. Her chances of surviving this last-chance treatment were 20%. She went back to her apartment building in a state of utter panic. In the lobby she accosted a woman she was merely on nodding terms with but who she knew to be a psychotherapist. "I knew I needed her if I was taking this trip and I absolutely grabbed her in the lobby and said: 'You have to come up to my apartment right now.'"

She has little memory about what was happening in her life at this time, so when she began the book, she went back to people and interviewed them. The accosted psychotherapist, the almost total stranger, told Ephron that what she had said to her was: 'You know, it's very important that you love me.' What an insane thing to say to this poor woman who had just been corralled to be my therapist. I have no memory of that. I said: 'I said that?' I said: 'That shocks me!' She said: 'It shocked me, too.'"

My mother had expectations that we would be something. The unstated thing was: you will become a writer.

It might not shock anyone who has met her. She is a large character, and if she is going to go to the bother of having an emotion, it will be a large one. She is a big laugher and a big crier. She does mad things. She and Jerry took up tap dancing. She and Peter, on a whim, bought a ping-pong table and set it up in their dining room. They like to see it as a metaphor for their life together. They also like it because playing makes them feel "so fabulous". Who is the better ping-pong player? "Oh. Ha. That's a tricky one. I think he's better because he can slice more. We can both beat each other."

Ping-pong as a metaphor for their relationship seems about right.

She was 72 when they met. Jerry had died a year before. She most certainly wasn't looking for love again. This is how they met: she had written an op-ed piece for the *New York Times* about her experience of trying to get Jerry's landline disconnected. This involved four hours on the phone, being disconnected three times. She scared her dog with the screaming. She wondered whether, if she had a gun, she would shoot her telephone. "I started thinking about hate and rage and how important it is to keep guns out of the hands of Verizon users."

She got hundreds of responses from people with similar rage-filled experiences. An email arrived from one Peter Rutter. They knew, or had known, each other, he wrote. When they were both 18, they had gone on a few dates. She had no recollection of these dates. These days, he is a psychiatrist and Jungian

EPHRON FAMILY COLLECTION

psychoanalyst. "Jungians," she says, "believe in confluence and alchemy, which is really when two people meet and there's a chemistry. The impossible becomes possible, and I think that's what happened with me."

He had got in contact again after having had an almost identical phone-cancelling experience after the death of his wife. How's that for confluence? They continued emailing – all of their emails, which reveal the unfolding of a love affair, are in the memoir. Peter flew to New York from Northern California. "I was having a romance and I couldn't believe it. It was just the way it had been when I was young, in my 30s. It was fantastic."

The next day, she phoned one of the girlfriends she doesn't leave the house without consulting and said: "I can't have this relationship. He has a backpack." This seems an extreme reaction. It also seems extremely Ephron. Her friend Jessie reminded her that every guy in California has a backpack. Of course, she didn't really have a violent objection to backpacks; she was panicking. "I mean, look, if you fall in love at 72, death is so close you can reach out and touch it."

Her bone marrow transplant took her within a fingertip of death. She wanted to reach out for it. She was begging her doctors to help her on her way. She spent 100 days in the hospital and a week in the intensive care unit, although she would swear that she had never been in an ICU in her life. She went quite mad and was telling everyone to f— off, which, again, she doesn't remember. "And by the way, it's not my nature to do that. I don't go around swearing like that. So I was stunned to hear it. But I was actually a little bit excited by it because, you know, the thing about being a patient is that you're powerless.

"Look, if you fall in love at 72, death is so close you can reach out and touch it."

You're the centre of attention, but you're powerless. So it was like I was glad to know that I had exerted some rage."

She and Peter married in the hospital chapel. I forgot to ask if he took his backpack to the ceremony.

I asked who she thought her book was for and she said: "Oh, well, of course I think my book is for anyone who is interested in a truly wonderful love story. And I think it's a lot about friendship and the importance of friendship in our life and all the major things that can happen to you in life. I had enormous loss. I had love again. I got terribly ill. Very much by almost a miracle I didn't die and got cured again. It's about big feelings and passionate feelings. But it's also very funny! It's also sad. It's going to make you cry. I think it gives you a good feeling about life." It is, in the end, a triumphant read. "Yeah. That's what I think it is."

I tell her the bit that made me cry was the chapter about the death of her dog, whose full name was: Honey Pansy Cornflower Bernice Mambo Kass. Ephron was in San Francisco, newly in remission and feeling very tender and "in a state of terror".

Honey was in New York. The vet gave her maybe a day to live. Ephron was too frightened to get on a plane. "I have no explanation for it and no excuse."

She said her goodbyes to Honey on FaceTime as she was put to sleep. She sang to her, the "ridiculous" songs she had been making up for her since she was a puppy.

I am not, she says, the first person to have told her that Honey's death was the real tear-jerker. It was, she says, "the toughest part of the book to write ... the guilt was terrible. So I'm actually glad you said that. Do you love dogs as much as I do?" I'm more of a cat girl. "Oh. And I got you, anyway! Okay. Oh wow. That makes me very happy."

It is a nice thing to have made her happy. Because, guess what? She is adorable. ▮

Delia Ephron appears, virtually, at the Auckland Writers Festival Salon on Friday, August 26, from 9.30 to 10.30am.

GETTY IMAGES

Black & white

In an extract from his autobiography, written with *Listener* writer Paul Thomas, cricketing great Ross Taylor recounts growing up in Masterton and the struggles his family endured.

My full name is Luteru Ross Poutoa Lote Taylor. My mother, Naoupu – also known as Ann – is Samoan. She had 13 brothers and sisters and, when she was 15, her widowed and slightly overwhelmed mother sent her down here to live with one of her brothers. My father, Neil, is a Pākehā New Zealander. I'm half-and-half: black and white. I grew up equally comfortable with both parts of my identity, equally at home in both cultures.

My sisters, Rebecca, Elianna and Maria, also have multiple names and Mum made sure we understood the significance of all of them. In my case, Luteru – the Samoan equivalent of Luther – was the name of the minister at the Samoan church in Wainuiomata. Ross is my paternal grandmother's maiden name; her family came from Scotland. Poutoa refers to our connection to the old Samoan royal family and Lote is a diminutive of my maternal grandfather's name.

At home, I was called Luteru or "Kelu", the familiar variation. Mum and my grandmother went with me on my first day of school. The principal struggled to pronounce Luteru – this was 1989 when there probably weren't many Pacific Islanders in Masterton – so Grandma Sylvia said, "Just call him Ross." I'd never been called Ross, but I've been Ross ever since. Sports writer Dylan Cleaver once wrote on ESPNcricinfo: "Ross Taylor. Three clipped syllables. So very Anglo. So very middle New Zealand, but that's not who Taylor is. That person is a figment."

The principal struggled to pronounce Luteru – so Grandma Sylvia said, "Just call him Ross."

Mum reckons I could've been called "Wainui". There wasn't a Samoan church in Masterton, so we often went down to Wellington, where some of Mum's brothers and sisters lived, to attend services. Mum went to Wainuiomata for a weekend and I arrived early. I was scheduled for April but was instead born in Lower Hutt on March 8, 1984. The umbilical cord got wrapped around my neck three times but, luckily, there was an experienced nurse on duty.

Dad's a true-blue Masterton/Wairarapa man: to this day, he gets annoyed whenever a journalist or commentator mentions that I was born in Lower Hutt.

We often spoke Samoan at home. Mum wanted us to speak and understand the language so that we remained connected to our Samoan heritage and identity. Every time a Samoan made the All Blacks, Mum would come up with a family connection, no matter how tenuous. It was like she was trying to prove the proposition that all Samoans are related. Whenever it happened, we'd ask, "So, how are we related to this guy, Mum?" It never failed to crack us up.

However, Mum and Eroni Clarke actually are cousins. When Eroni – in just his first year in the All Blacks – played against Ireland at Athletic Park in 1992, Mum's sister, Aunty Tu – short for Tualupetu – asked him for tickets to the game, but he'd already given his allocation away. He managed to get a couple of tickets off Michael Jones and Aunty Tu suggested to Mum and Dad that they should send me down to Wellington for the game. So, eight-year-old me caught the train from Masterton to Wellington by myself. It was a journey I'd made many times and Mum and Dad knew the conductor, who kept an eye on me. But how times have changed: nowadays, most parents – and Victoria and I are in this category – wouldn't let their eight-year-olds go to the dairy by themselves.

WAIRARAPA TIMES-AGE

End of a long innings: Ross Taylor with his family after playing in his final test match, against Bangladesh at Hagley Oval, in January. Left, Taylor with his first batting trophy.

GETTY IMAGES

I watched my first All Blacks test sitting next to Zinzan Brooke, who was very nice. His brother, Robin, played his first game for the All Blacks that day. It was the last test with four-point tries, but that didn't stop the All Blacks rattling up 59 points to Ireland's six. Those were the days when the All Blacks simply didn't lose to Ireland.

Dad was a factory worker while Mum worked at the New Zealand Housing Corporation. When she was made redundant, things started to change. Money had always been an issue, but after that it got really tight. Mum's second job was cleaning the Work and Income premises. I'd go there after school to help her by cleaning toilets and sinks and getting rid of rubbish. I used to clean 10 or 15 toilets a day. As I got older, I came to understand what Mum and Dad had to do to make ends meet and the sacrifices they were making for their children. Later, whenever cricket wasn't much fun, I always tried to put things in perspective by thinking back to those days.

Mum was the disciplinarian; if Dad got involved, it meant you'd done something pretty bad. His parenting rules were: no drugs, no motorbikes and take your time when batting. He had a cousin who was left paralysed after falling off a motorbike, which affected Dad profoundly.

Mum says I was "a real boy", by which I think she means a real handful. She tells a story about looking for the belt when I'd been naughty and me saying, "It died so I buried it." They found it when they dug up the potato garden. Maria, on the other hand, reckons I was a "Mama's boy" and got away with stuff my sisters wouldn't have dreamed of trying.

I had three hugely influential relatives on Dad's side: his mum, Grandma Sylvia, her husband, Grandad Jack, and my great-aunty, who we called Aunty Mary. They were our babysitters when Mum and Dad were at work – there was always shortbread in their

cupboards – and they funded a lot of the trips to hockey and cricket tournaments that my parents couldn't afford. I was really close to Grandma Sylvia, who was a very special person and a big part of my life. She died when I was on the fateful tour of Sri Lanka in 2012, making it a doubly devastating blow. Aunty Mary died during the equally grim West Indies tour earlier that year.

Grandad Jack hadn't been much of a sportsman – my uncles reckoned he scored one try in his life and that was only because his teammates pushed him on to the ball in goal. Grandma Sylvia, though, had an impressive sporting pedigree: her father, my great-grandfather, played rugby league for Australia. He was a Canterbury farmer and a good enough rugby player to actually represent the union. He later went to North Queensland on a working holiday. The family knew he'd played league for Queensland, but had no idea that he'd played one game for Australia – against New Zealand Māori – until a rugby league historian discovered it.

The story broke in the *Sydney Morning Herald* when we were playing a test at the Sydney Cricket Ground. My Uncle John was at the game and there wasn't anyone at the SCG more surprised than him. I walked past Nathan Lyon when he was batting. "I always knew you were a good bugger, Ross," he said. "Now it all makes sense – you're one of us." Talking to Dad and my uncles, I still find it amazing that their grandfather never told them he played for Australia. Whether he was being humble or just didn't think it was a big deal, no one knows.

I don't know whether I would have played cricket if Dad hadn't been keen on it. He was a decent cricketer, good enough to be picked in a North Island junior school team with future internationals Bruce Edgar and Ian Smith. I loved watching him play for the Lansdowne club.

I can remember being five or six and counting down the hours till my first game of cricket. I'd been to practice and turned up keen as mustard on the Saturday, only to find the rest of the team were no-shows. Tears were shed. I ended up playing with older kids, as often happens in small towns and rural areas. In terms of my development, I firmly believe that playing as much as I did against kids who were older and better than me was a massive help. Dad claims to remember the very first ball I bowled. Apparently, I came off the long run thinking I was Richard Hadlee and rattled the stumps.

The problem was my sisters weren't that interested in cricket. The solution was a

Local support: Taylor at the Wairarapa-Bush v Romania rugby match at Masterton in 1991.

hockey ball in a hockey sock on a string suspended from a branch of the kōwhai tree in front of our house. As an 11- or 12-year-old, I would hit that ball for three or four hours a day. One night I was still hitting at 9.30; the guy across the road, fortunately a good mate of Dad's, yelled, "That's enough, Ross – go to bed." Without knowing it, I was teaching myself how to bat.

I was in the changing room when someone started squawking that their wallet was missing. Every pair of eyes swivelled to me.

I also played kilikiti in inter-church games in Newtown with my cousins and uncle. English missionaries introduced cricket to Samoa in the early 19th century and kilikiti evolved into Samoa's distinctive take on the game. There's no limit to the size of teams – basically, whoever turns up, regardless of age or gender, plays – and the rules are pretty flexible. Supposedly, the only hard and fast rule is that the host team forfeits the game if they can't provide enough food.

In the Newtown games, they lobbed under-arms to the little kids. I stood right in front of the wickets and smashed it, which caused mutterings among the elders. My cousins had to tell them, "He plays palagi cricket." They stopped lobbing it to me and started bowling fast, but I blocked it, which was also frowned upon. The core principle of kilikiti is that you try to slog everything; my attitude was that, if the ball wasn't in my hitting area, I'd block it. I also made a nuisance of myself with the ball, to the point where someone asked the minister of Mum's church, "Why did you bring that little boy?"

The Lansdowne club had several third-grade teams. When I was nine, I was drafted in to play for one of them, when they were short-handed, against Dad's team. The batting order was literally a lucky dip – you stuck your hand in a bag and pulled out a number. I picked two, so I opened the batting. I was given 'out, caught behind' when I was on not many – I didn't get anywhere near it – but they let me have another go. I ended up getting 40. They definitely went easy on me, but you've still got to get them. As they say, look in the book. There it was in black and white – Taylor, R: 40.

Being a mixed-race family in the heartland almost four decades ago meant we had to put up with a certain amount of what's now called casual racism – and some not so casual. When Mum was at the Housing Corporation, a woman asked her, "How did you get this job?" Mum just laughed and said, "My father sent me to school."

A lot of the time, I was the only non-white in my cricket and hockey teams. Before one rep hockey game, I was in the changing room with the other players and some parents when someone started squawking that their wallet was missing. Every pair of eyes swivelled to me. Maybe it wasn't solely about race; Mum and Dad's financial circumstances might have been a factor in their automatic assumption. Whatever, it wasn't a great feeling. But what do you do? Back then you had no choice but to suck it up. You learnt to deal with it; you did what you had to do to get by. Don't get me wrong, I loved playing in those teams, but casual racism was part and parcel of it. Was it prevalent? No. But I'd be kidding myself if I said I wasn't subjected to it. And I'd be lying to you if I said it didn't leave its mark on me.

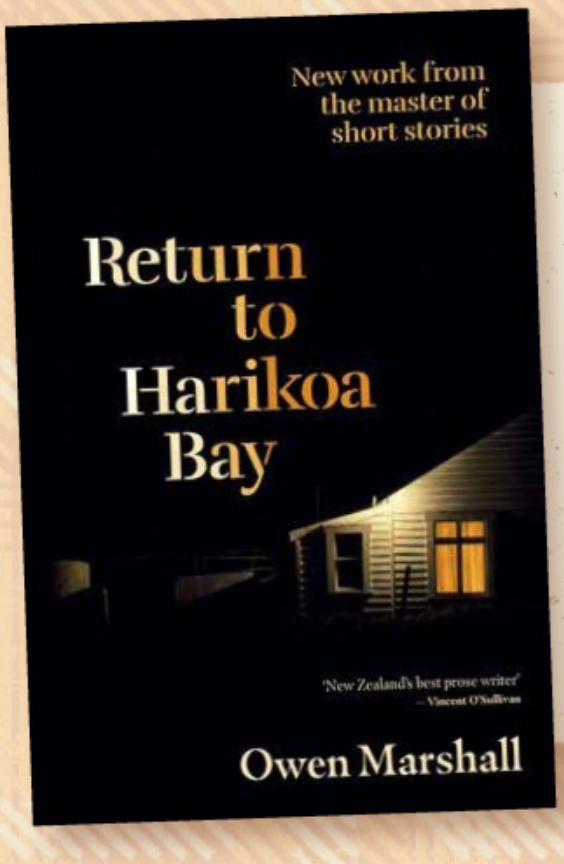
It turned out the wallet wasn't missing at all – the guy had left it at the motel. There was no apology, not even a "Ha-ha, just having you on." ▮

Ross Taylor: Black & White, *with Paul Thomas (Upstart Press, $49.99 hb).*

WAIRARAPA TIMES-AGE

THIS FATHER'S DAY

PICK A PENGUIN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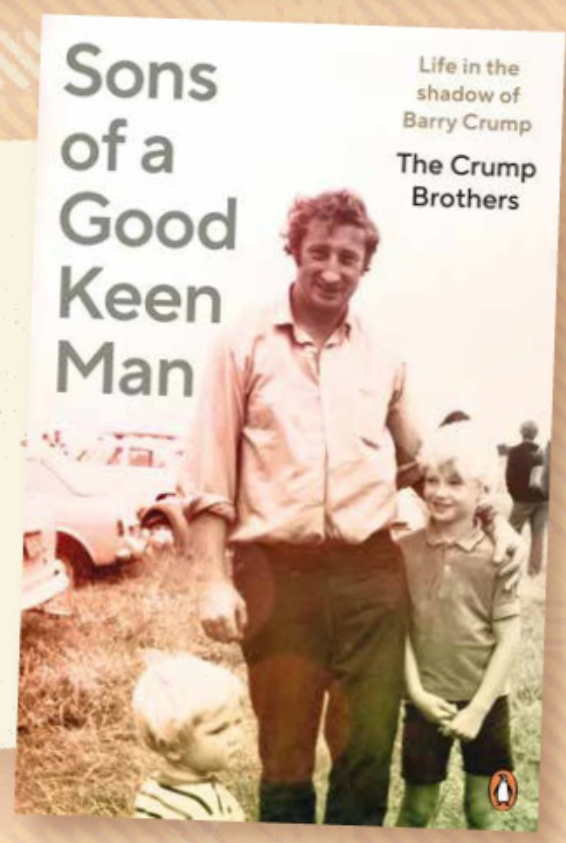

HEALTH

by Nicky Pellegrino

Young & forgetful

Dementia symptoms can start as early as your thirties or forties, but a healthy lifestyle can do a lot to reduce your chances of developing the disease.

Dementia is more common as people grow older, but it can develop at a younger age – in some cases as early as your thirties or forties. According to recent research from Australia, younger sufferers experience faster progression and need different support to their elderly counterparts.

Since they are more likely to have atypical symptoms and less likely to report memory loss, even getting a diagnosis can be more challenging for younger people, says Monica Cations, a clinical psychologist and researcher at Flinders University in Adelaide.

"They may experience changes to their personality or behaviour, such as suddenly becoming more irritable," she says. "Language changes are not uncommon – difficulty finding words or knowing the names of things. And problems with executive function can be early signs: trouble planning or making decisions, and thinking through the consequences of things."

"Most people who have a dementia that is directly caused by alcohol are quite young."

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Dementia expert Monica Cations.

There are limited tools for early dementia detection and, with younger sufferers, it can often be put down to other factors such as depression or work stress. "But then they will change their work environment and it won't go away," says Cations.

Younger people may have less-understood types of the condition, which can make it even harder to identify what's going on. And, once they do get a diagnosis, they face different challenges. For instance, they may still be at a life stage where they have young children at home, are supporting a household with a mortgage and have elderly parents to care for.

"Every patient has a different symptom profile and comes to their dementia with a unique life, so what is needed to stay independent and keep functioning will vary from person to person," says Cations.

"But there are things everyone can

do to live well after a diagnosis, such as staying socially engaged, exercising, having good nutrition and doing occupational therapy."

Young-onset dementia is defined as symptoms in people under the age of 65, and about 5% of sufferers fall into this category. Cations is now looking at how services can better meet the needs of these patients so they can remain independent for as long as possible. She aims to develop and test some programmes.

"People with mild to moderate impairment can live at home doing quite well," she says. "But they need a scaffolding of support around them, so they can access services when they require them, and that doesn't really exist currently. We're interested to see if we can provide the kind of scaffolding that will help people be the guiders of their own care."

A recent study of 5400 people with young-onset dementia by the Australian Institute of Health and Welfare found 58% required permanent residential aged care, with a quarter aged under 65 at the time of entry to care.

"Most young people with dementia don't want to live in a facility surrounded by people who are much older than them, so it's a challenge to find the right kind of housing," says Cations.

"Most young people with dementia don't want to live in a facility surrounded by people who are much older than them."

She has been working in the dementia field for 15 years and says the most common question she is asked is how to tell whether something is a natural part of getting older or the sign of a problem.

"What I usually say is that people with dementia experience quite significant impairments, things that are unusual and out of character for them, such as getting lost on a route they have taken many times before. Also, these changes get worse over time."

Cations also stresses that a healthy lifestyle can do a lot to reduce the chances of developing dementia. "Managing alcohol intake is a huge one," she says. "Most people who have a dementia that is directly caused by alcohol are quite young and developed those changes in their forties and fifties."

There is evidence that not smoking, looking after heart health, avoiding both head injury and hearing loss, and staying mentally engaged and connected can lower the risk. Exercising and eating a Mediterranean diet can help delay its onset, probably because both reduce inflammation. Conversely, there is science to suggest that chronic stress can lead to neurodegeneration.

"There is a lot of attention on genetics, but in most cases, potentially modifiable factors can have more of an impact on our risk than genes do. That's true for younger and older people with dementia." ▮

HEALTH BRIEFS

FOURTH SHOT LOWERS RISK

Having a fourth dose of Pfizer's Covid vaccine helped prevent infection, according to a study of nearly 30,000 health workers in Israel. The research from Hadassah Hebrew University Medical Centre found that the rate of breakthrough infection was 7% in those who received four doses, compared with 20% in the group who had had only three doses.

HEART ATTACKS AND HEAT

Heat exposure can trigger the onset of heart attacks, so global warming temperature increases could worsen the effects of cardiovascular disease. Yale School of Public Health researchers analysed data from almost 2500 heart-attack patients, and compared this with their medication intake and daily weather information. They found that the risk of non-fatal heat-related heart attacks may be increased among patients who use anti-platelet medication and beta-blockers, particularly those aged 25 to 59. Previous epidemiological studies have shown that the burden of heat-related heart attacks will probably increase with 2-3°C of global warming.

BRAINS AGAINST BACK PAIN

A programme that retrains the brains of back-pain sufferers has shown promising results, with significant improvements in intensity at 18 weeks, compared with sham procedures, according to research published in *JAMA*. The Australian study involved pain education and help for people to retrain their brains to process sensory information from their backs differently. At the same time, they had movement training and did home exercises that started with simple spinal movements and moved to more complex exercises, such as squatting, lungeing and lifting.

GETTY IMAGES

NUTRITION
by Jennifer Bowden

Weighing the odds

Contrary to popular belief, body weight is not an accurate indicator of whether someone follows a healthy lifestyle.

Question:
I see many articles in the media about obesity, most of which suggest strategies such as diet and exercise to reduce body weight. I'm 74, and I've eaten prodigious quantities of food and imbibed significant amounts of beer daily, yet I'm 180cm tall and weigh just 66kg, placing me in the lowest BMI category. There are lots of people like me. Have researchers studied the fundamental differences between people like me and the obese? Such findings could be practically useful.

Answer:

The irony that some people can eat whatever they like and remain thin whereas others gain weight on a very low-energy diet is lost on many people in society. Some people still characterise overweight people as lazy or lacking in willpower. Yet if body size was an indicator of willpower and exemplary eating and exercise habits, why do most of us know a person who eats an unhealthy diet, never exercises and yet is thin? Something else is going on.

Unhealthy food environments have significantly driven unplanned weight gain in Western society, but each individual's response to this varies considerably. Some gain weight whereas others remain stubbornly thin.

Researchers have investigated the factors behind these varying individual responses, and their findings are thought-provoking. For starters, thinner people do not exercise more than normal-weight people, according to a new study published last month in the journal *Cell Metabolism*. Indeed, the researchers in China found that thinner adults were 23% less active and ate 12% less food than normal-weight adults.

Clearly, thinner people are not thin because they exercise more and eat less than average, heavier people.

Researchers found thinner adults were 23% less active and ate 12% less food than normal-weight adults.

GETTY IMAGES

Dr Inês Barroso

Instead, this study suggests thin people likely eat less food because they are not as hungry.

The reality is that an individual's genetic profile significantly affects their body weight and how their body responds to living in an unhealthy environment that promotes overconsumption and underactivity.

Researchers have used studies of twins to identify genes linked to body weight. Numerous studies investigating the genetic profile of overweight people have also identified hundreds of genes that increase the chance of a person being overweight. Some of those genes have such an effect that they can cause severe obesity from childhood.

Those genetic alterations affect the individual in different ways. For example, some altered genes may cause an individual to always feel hungry. In other cases, different genetic alterations may affect how the body uses energy from food, and altered genes may cause the body to more readily store excess calories as fat.

If you inherit all of the above genetic alterations, your chances of being overweight are significantly higher. Indeed, a 2019 study published in *PLOS Genetics* confirmed this by comparing the frequency of these genetic alterations for body weight in thin people compared with others.

An individual's genetic profile significantly affects how their body responds to living in an unhealthy environment.

Researchers analysed the DNA of some 14,000 adults that were a mixture of underweight, average weight and overweight to determine the degree to which genetic variants might play a role in thinness versus being overweight. Then, the contribution of different genetic variants was added up to work out a genetic risk score for weight gain. They found that overweight people had a far higher genetic risk score than average people, contributing to their chances of being overweight. "The genetic dice are loaded against them," says Dr Inês Barroso, whose research team at the Wellcome Sanger Institute in Cambridge, England, contributed to the study.

Conversely, they found thinner people had a much lower genetic risk score; that is, thinner people had fewer genetic variants that increase the chances of an individual being overweight.

Ultimately, the genetic architecture of thin people vastly differs from that of overweight people. So, although some thin people can eat and drink whatever they like without gaining a single gram, many overweight people can have a far healthier diet and be more physically active, yet weigh more.

As the adage goes, never judge a book by its cover, which is undoubtedly true regarding weight. Contrary to popular belief, body weight is not an accurate measure of one's commitment or adherence to a healthy lifestyle. ▮

Email your nutrition questions to listenerlife@aremedia.co.nz

NUTRITION BITES

KIDS WITH HYPERTENSION

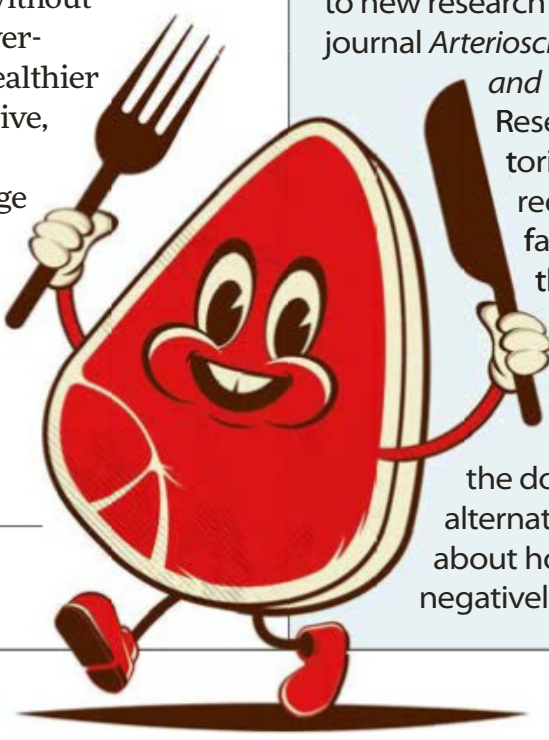
Inactivity, diets high in sugar and salt, and excess weight account for nine out of 10 cases of high blood pressure in children and adolescents, according to a consensus paper published recently in the *European Heart Journal*. Childhood hypertension is becoming more common, with 2 to 15% of children experiencing it. Co-author Professor Giovanni de Simone says, "The rise in childhood hypertension is of great concern as it is associated with persistence of hypertension and other cardiovascular problems during adulthood."

BLOOD PRESSURE AID

Supplements containing flavanols from cocoa reduced high blood pressure and arterial stiffness in a world-first clinical trial published in the journal *Frontiers in Nutrition*. Eleven healthy participants were given flavanol supplements or a sugar placebo each day, and their blood pressure and arterial stiffness were measured regularly throughout the day. Researchers found the flavanol supplement could reduce blood pressure only if it was elevated. This is excellent news, as it lowers the risk of blood pressure being reduced when it is not raised in a real-world setting.

RED MEAT & RISK

Chemicals produced in the digestive tract by gut microbes after eating red meat may help explain part of the higher risk of cardiovascular disease associated with red-meat consumption, according to new research published in the journal *Arteriosclerosis, Thrombosis, and Vascular Biology*. Researchers have historically focused on red meat's saturated-fat content and how this affects cholesterol levels and health. However, this new observational study opens the door to investigating alternative hypotheses about how red meat may negatively affect health.



GETTY IMAGES

Everyday exotic

British-Iranian chef SABRINA GHAYOUR adds a Persian twist to this selection of familiar favourites.

KRIS KIRKHAM

From left, halloumi, bacon, date & apple salad; harissa & lemon-roasted chicken thighs; za'atar, leek, potato & gruyère frittata. Opposite, Sabrina Ghayour.

Devils on horseback were a 1970s party staple of prunes wrapped in bacon, and as a kid I absolutely loved them. This was also the source of my long-standing love for all things salty and sweet combined. Here, I've added halloumi into the equation and changed the prunes to dates for a fresh twist on the classic bite, which feels more like a meal than just a salad.

HALLOUMI, BACON, DATE & APPLE SALAD

250g block of halloumi cheese
8 smoked streaky bacon rashers
4 large medjool dates, pitted and halved
SALAD
2 tbsp olive oil
1 tbsp red wine vinegar
1 tbsp clear honey
1 tsp ground cinnamon
1 tsp water
handful of mixed salad leaves
1 apple, cored and sliced

Preheat the oven to its highest setting 15-20 minutes before you start cooking. Line a large baking tray with baking paper.

While the oven is heating up, cut the block of halloumi in half lengthways, so you have two long rectangular pieces, then cut each piece into 4 equal fingers.

Lay a rasher of bacon on your work surface and place a finger of halloumi across it at one end. Sit half a date on top of the halloumi. Roll the halloumi and date tightly in the bacon until you have a neat bundle. Repeat with the remaining ingredients, then place the bundles on the lined tray.

Roast the bundles for 10-12 minutes, until the bacon is crisp all over.

Meanwhile, for the salad, put the olive oil, vinegar, honey, cinnamon and water in a small bowl, then mix until well combined. Put the mixed leaves in a serving dish, drizzle with the dressing, then scatter over the apple slices.

Remove the bundles from the oven and serve with the salad leaves.

Serves 4.

THIS IS SUCH a simple recipe that I confess I have been making it for years and never thought to put it in one of my books. It's so handy and versatile, as it can be sliced and stuffed into pita bread or wraps and sandwiches for lunch boxes, shredded and added to salads, or used in stir-fries or rice-noodle dishes. But it also pairs perfectly with steamed rice or naan in the same way tandoori chicken does. You can also marinate the chicken up to 48 hours in advance, or freeze the marinated raw chicken for use at a later date or for batch cooking.

HARISSA & LEMON-ROASTED CHICKEN THIGHS

1kg boneless, skinless chicken thighs
2 heaped tbsp rose harissa
150g greek yogurt
finely grated zest and juice of 1 unwaxed lemon
Maldon sea-salt flakes and freshly ground black pepper
TO SERVE (OPTIONAL)
flatbreads
greek yogurt
coriander leaves
thinly sliced spring onions
lemon wedges

Preheat the oven to 240°C. Line a baking tray with baking paper.

Put the chicken thighs into a mixing bowl, add the other ingredients with a generous amount of salt and pepper and turn the chicken to coat well in the mixture, preferably using your hands.

Lay the thighs on the lined tray,

KRIS KIRKHAM

then roast for 40 minutes or until sticky and charred around the edges and cooked through.

To serve, slice the chicken and serve in warmed flatbreads with greek yogurt, coriander leaves and sliced spring onions and alongside lemon wedges for squeezing over.

Serves 4-6.

ALTHOUGH I HAVE called this a frittata, the addition of double cream makes it seem more like a quiche. Leek and potatoes are a classic combination, and I've added a little gruyère because cheese and potatoes are a match made in heaven. But it's the fragrant addition of za'atar that makes this unique and totally delicious. Hot or cold, it's a real winner.

ZA'ATAR, LEEK, POTATO & GRUYÈRE FRITTATA

olive oil
400g potatoes, peeled and cut into small cubes (less than 1cm)
400g leeks, cut into 5mm-thick slices, tough ends trimmed and discarded
1 heaped tsp garlic granules
2 tbsp za'atar
Maldon sea-salt flakes and freshly ground black pepper
100g gruyère cheese, coarsely grated
150ml double cream
8 eggs, beaten

Preheat the oven to 220°C. Place a large ovenproof, non-stick frying pan over a medium-high heat.

Once hot, pour in enough olive oil to coat the base. Add the potato cubes, then cook until they begin to soften and brown. Add the leeks, then cook for 10 minutes, or until soft and cooked through.

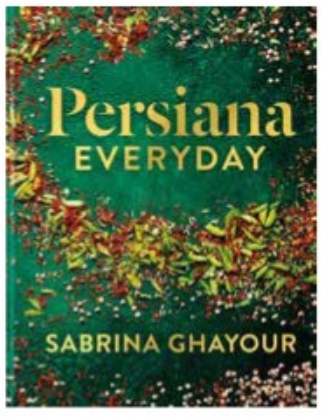
Add the garlic granules and za'atar and stir well, then season the mixture very generously with salt and pepper, bearing in mind that you are also seasoning the eggs to come. Stir thoroughly, then reduce the heat to medium.

Add the gruyère and cream to the eggs and mix together with a fork, then pour over the potatoes and leeks. Mix briefly until evenly combined, then cook gently for 6-8 minutes.

Transfer the pan to the oven and cook for 8-10 minutes, or until the tip of a butter knife inserted into the centre comes out clean. Remove from the oven and leave to cool slightly before serving.

Serves 4-6. ▮

Recipes extracted from PERSIANA EVERYDAY, by Sabrina Ghayour (Octopus, $49.99).



KRIS KIRKHAM

WINE
by Michael Cooper

Sweet sensations

This country produces an enticing array of opulent, sweet white wines, often called dessert wines or "stickies".

Served by themselves as a tasty treat at the end of a meal, or as an irresistible accompaniment to dessert, the best of our sweet white wines (the Aussies call them "stickies") can be ravishingly beautiful.

The most luscious are made from grapes that have been shrivelled and dehydrated on the vines by "noble rot", the dry form of the *Botrytis cinerea* mould. Misty mornings, followed by clear, fine days, with light winds and low humidity, are ideal conditions for the spread of noble rot, although in New Zealand, this favourable interplay of weather factors occurs irregularly.

Dancing Petrel Paewhenua Island Northland Late Harvest Viognier 2021 ★★★★★
Looking for something completely different? This arresting wine was estate-grown in the Far North. Pink/orange, it is sturdy, with a flood of peachy, strawberryish, spicy flavours, seductive sweetness and a real wow factor. (14% alc/vol, 375ml) $35

Framingham F-Series Marlborough Riesling Auslese 2021 ★★★★★
This lovely, very complete wine is richly scented, with notable depth and poise. Already delicious, it has intense, delicate, peachy flavours, a hint of apricot, gentle honeyed notes, balanced acidity and a sweet, trailing finish. (8.5% alc/vol, 375ml) $70

Johanneshof Noble Late Harvest Marlborough Riesling 2018 ★★★★★
This striking, amber-hued wine was harvested with a soaring natural sugar level in the grapes. It has intense apricot and honey aromas and flavours, fresh acidity, abundant sweetness and a rich, oily texture. Hugely concentrated, it's a drink-now or cellaring proposition. (11.5% alc/vol, 375ml) $36

Pegasus Bay Finale Noble Barrique-Matured Sauvignon Blanc/Sémillon 2019 ★★★★★
Light gold, this honey-sweet North Canterbury wine was made in the classic style of Sauternes, including two years of maturation in French oak barrels. Fragrant, with an invitingly honeyed bouquet, it is mouthfilling, with concentrated stonefruit and honey flavours, a slightly oily texture and great richness and harmony. (13.5% alc/vol, 375ml) $42

Waiparore Matthias Tutukaka Coast Pinot Gris Strohwein 2021 ★★★★★
This gorgeous Northland wine was made from grapes dried on beds of straw to concentrate their juice. Golden in colour, it is lush and richly honeyed, with deep peach and apricot flavours, abundant sweetness, balanced acidity and unusually low alcohol. Delicious in its youth. (6% alc/vol, 375ml) $68 ▮

WINE OF THE WEEK

Sugar Loaf Marlborough Noble Riesling 2018 ★★★★★
This outstanding wine was made from botrytis-affected grapes that were hand-harvested and fermented in seasoned French oak barrels. Golden and richly scented, it has lovely depth and balance, with concentrated honey and apricot flavours, vigorous, sweet and oily. (12.5% alc/vol, 375ml) $28

PSYCHOLOGY
by Marc Wilson

Down the rabbit hole

A link can be drawn between anxiety and insecurity in infancy and an attraction to conspiracy theories in adulthood.

What's the link between conspiracy theories and the nature and quality of our adult relationships? The answer starts with "attachment" – the close, enduring bond between infant and caregiver that lays the foundation for our relationships later in life.

Every psych student reads about the classic research by Mary Ainsworth who, in the 1960s, developed a "strange situation" test to look at infants' responses to brief separation from their mothers. Yes, mothers – this was the 60s, after all. Most infants are upset if Mum leaves, but settle down when reunited. Ainsworth and colleagues characterised these young 'uns – about two-thirds of the babies in her research – as "securely" attached.

But some nippers aren't secure in their attachment to their caregivers. The remaining third or so are anxious – they worry about Mum going away or not coming back. Ainsworth labelled the minority of babies who ignore their mother when she comes back in the room as "anxious/avoidant", and those who continue to appear distressed or angry after reunion as "anxious/ambivalent".

Endorsing conspiracies on your Twitter profile makes you much less likely to get a date.

In the half century since Ainsworth popularised the "strange situation", thousands of infant research participants have been studied. We know, for instance, that the main influence on infant-attachment style is how nurturing and sensitive the primary caregiver is in response to their child's needs. If a caregiver doesn't respond or does so inconsistently, then baby learns not to rely on their being around, or overreacts to get a response.

While the way that caregivers themselves respond to their babies often reflects their own internal models of relationships – their own attachment style – it's important to acknowledge that this is also affected by external factors. Factors such as poverty, life stress, and lack of social or institutional support make it hard for caregivers to respond effectively to their wee ones. I'll let you think on that a bit.

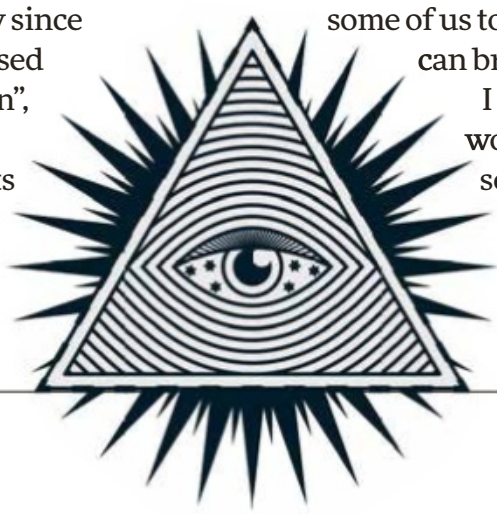
It took about 20 years for people to start looking at adult attachment. While the target of our primary attachments change as we grow, from our parents to our peers during adolescence, and later to our romantic partners, the patterns laid down when we're young persist.

If you're interested in finding out more about your own attachment "style", there are online versions of the Experiences in Close Relationships Scale that you can use as a measure. The scale has been used a lot in New Zealand studies as well, and we're lucky enough to have a bunch of world authorities on it and on attachment in general in this country.

But what I hadn't thought about until the recent International Society of Political Psychology annual conference, which I attended last month, is how our approach to relationships might be part of the reason some of us head down the conspiracy rabbit hole. At the event, Ricky Green, from the University of Kent in the UK, talked about how anxious attachment predicts endorsement of conspiracy theories. He also mentioned, incidentally, that endorsing conspiracies on your Twitter profile makes you much less likely to get a date.

If anxious attachment is a product of inconsistent or insensitive parenting when we're small, it kind of makes sense that we might grow up worrying about whether we'll get that support when we're adults, and not just from our romantic partners. In other words, insecure children often grow into insecure adults, but the kind of security adults worry about isn't whether Mum or Dad is going to change this nappy soon. According to Green and others, the psychological quest for certainty and security when times are deeply unsettling – such as during a pandemic – leads some of us to cast about for anything that can bring structure to t he world.

I imagine that Mary Ainsworth wouldn't have been surprised to see how this idea of attachment manifests in a conspiracy-riddled world, but she'd probably be too busy shaking her head at the actual conspiracies themselves. ▮



GETTY IMAGES

TECHNOLOGY
by Peter Griffin

Forget your password

Fingerprint scanning and facial recognition are set to solve one of the biggest weaknesses in digital security.

As an online scam, it was as ingenious as it was lucrative.

California man Argishti Khudaverdyan, the owner of a T-Mobile store in Los Angeles, was last month found guilty of fraud and hacking charges after raking in about US$25 million in ill-gotten gains by accessing T-Mobile's IT systems to unlock customers' mobile phones.

You see, in the US, if you buy a phone from a carrier such as T-Mobile, Sprint or AT&T, use of the phone is typically "locked" to one network. New Zealand carriers, thankfully, don't do this. For a fee, Khudaverdyan offered an unlock service via his website, unlocks247.com.

The key to the scam was gaining high-level access to T-Mobile's user database. To do so, Khudaverdyan conducted email "phishing" attacks aimed at T-Mobile employees, stealing their passwords and login credentials in the process. Between 2014 and 2019, the money rolled in as Khudaverdyan worked within T-Mobile's systems, unlocking thousands of phones, before his activity was uncovered. He will be sentenced for his crimes in October. But every day, lucrative scams are under way and they all rely on exploiting the biggest weakness in digital security – our flaky use of passwords.

As the trendsetter in user design, Apple has the power to cement password-less login as the default setting for hundreds of millions of people.

Passwords can be cracked through automated "brute force" attacks if they are too weak, or stolen in hacking attacks. Millions of people have been simply duped into disclosing their passwords in response to genuine-looking email requests. The answer is to do away with the password entirely.

Microsoft, Google and Apple are among a group of tech companies collaborating through the Fido (Fast Identity Online) Alliance to do just that. When Apple's latest operating systems for the iPhone, iPad and Mac computers (iOS16, iPadOS 16 and macOS Ventura) debut in a few weeks' time, they will include passkeys, which will let users authenticate themselves across their Apple devices using the Face ID or Touch ID features of their iPhone.

Apple device users have a version of this already, using the iCloud Keychain system. But passkeys will go a step further, using encrypted keys that are stored on an Apple device and can only be accessed when you scan your fingerprint or use the facial-recognition feature to authenticate that it is really you. That should eliminate phishing attacks, because you'll never be using a password, at least in the Apple environment.

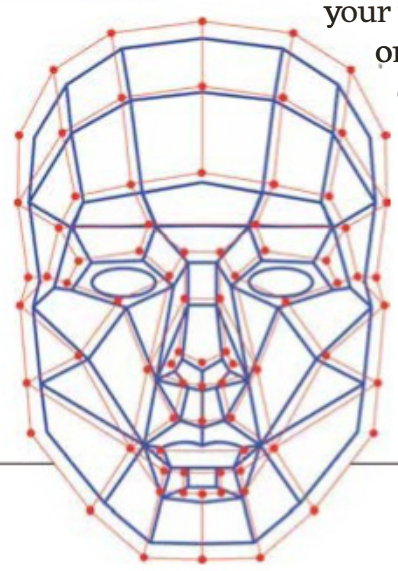
Apple is also working with app makers to include its passkey system so that, eventually, it will be available on a wide range of commonly used apps. If you are trying to use your Apple ID to log into a non-Apple device, such as a Windows computer or TV set-top box, you'll be able to scan a QR code using your iPhone to verify that it's you.

Microsoft made password-less sign-in generally available for its commercial users last March, with a system relying on the phone-based Microsoft Authenticator app to authenticate logins on a user's various devices. Like Apple, Google will also use public-key encryption for a system, allowing its users to open their phones to authenticate online logins.

But as the trendsetter in user design, Apple has the power to cement password-less login as the default setting for hundreds of millions of people. It also cements the iPhone at the heart of the Apple ecosystem, as the go-to device to use biometrics to authenticate your online activity.

Although there has been a backlash against the use of facial recognition to identify shoppers in retail outlets, or by law enforcement agencies trying to pick suspects out of a crowd, the technology certainly has its place. As a means of authenticating your identity via your phone's camera or fingerprint sensor, it is incredibly effective and secure. With Apple and others keeping your biometric data encrypted on the device itself, it isn't being sent to a web server that is vulnerable to hacking.

It means, within a couple of years, we should finally be free from the hassle of selecting and remembering complicated passwords. ▮



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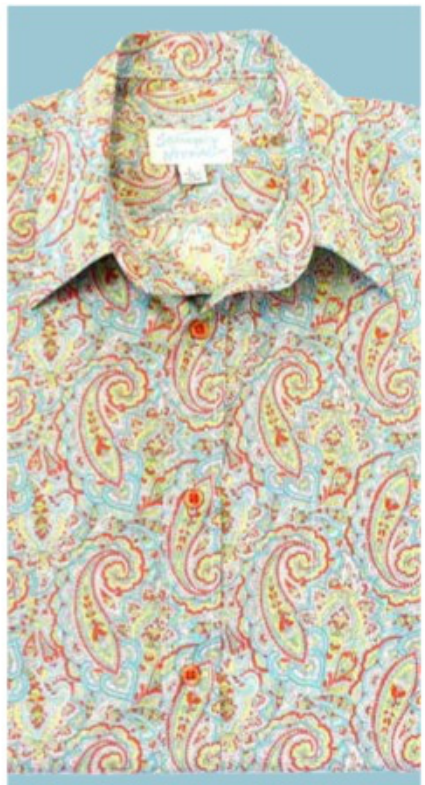

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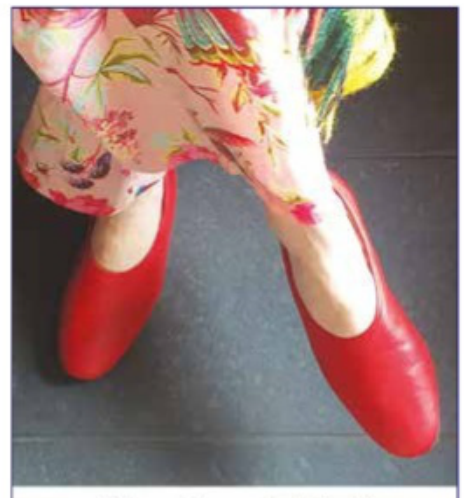

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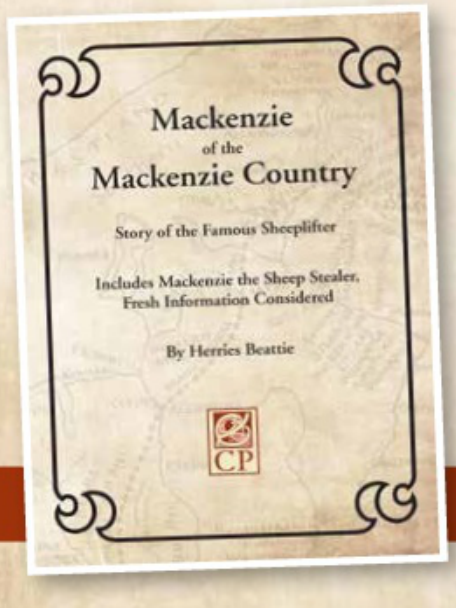

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Sensory overload

A prize-winning science writer explores how animals use their otherworldly senses to interact with each other and the planet.

by VERONIKA MEDUNA

AN IMMENSE WORLD, *by Ed Yong (Bodley Head, $60 hb, paperback out November)*

Heat-seeking vampire bats, scallops with dozens of eyes, crickets with ears on their knees and catfish with taste buds all over their skin. These are just some of the animals that take centre stage in Pulitzer Prize-winning science writer Ed Yong's new book about animal perception.

Of course, there are also dogs and cats and horses, but it's no exaggeration to say that you're unlikely to ever look at the animals around you in the same way again after reading this book. There's a good chance you'll also be observing their behaviour more closely and marvelling at the knowledge that they can detect environmental signals humans can't perceive, and sometimes don't even know exist.

Take houseflies. As they buzz around your house, their jerky zigzags are not random movements but a finely tuned flight path along a temperature gradient, thanks to antennae that act as stereo thermometers and can between them detect differences of less than 0.1°C. Thermotaxis, this ability to sense tiny temperature fluctuations, is common throughout the animal kingdom and helps creatures big and small track warmth and avoid places that are outside their optimal range.

Take the humble mallard duck, whose eyesight outdoes ours in its panoramic perspective. While flying, it sees the world simultaneously moving towards it and away from it. Or baby zebrafish, which have at least three kinds of vision, allowing them to look up in black and white to spot silhouettes of potential predators, see straight ahead to detect ultraviolet light suggesting tasty plankton, and scan below in more colours than humans can distinguish.

Even the term "ultrasound" is an anthropomorphic interpretation of the spectrum of soundwaves, writes Yong, a British writer based in the US, simply because human hearing works up to only about 20 kilohertz, well below what most animals can hear. Then there are all those animal senses humans simply don't have: the touch-at-a-distance lateral line of fish that allows them to perceive the tiniest turbulences in the water they are swimming through, the electric organs some fish use to stun their prey, the high-pitched sound-rebound echolocation of bats and dolphins, and the almost unfathomable ability of migrating birds and some reptiles to navigate by the Earth's magnetic field.

Ed Yong: builds on more than a century of research. Right, most jellyfish bioluminescence is used to deter predators.

URSZULA SOLTYS

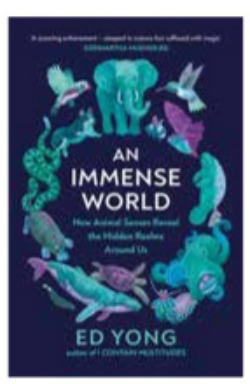
But despite such feats, no animal, including humans, can use all senses equally well, which means we're all interpreting our world from within sensory bubbles, unique to each species and sometimes even to individuals. Even though Earth pulses with sensory signals, "every animal can only tap into a small fraction of reality's fullness", Yong writes.

His book builds on more than a century of research. Initially, some researchers studied animal perception to reverse-engineer their senses to create new technologies – in the way the ears of parasitic flies have influenced hearing aids and military sonar has been refined by research on dolphin echolocation. But Yong stresses his exploration of the sensory worlds of animals is purely about understanding their world better, and perhaps to spur a sense of humility in us.

An Immense World is a delightful, uplifting and truly mind-opening read, not least because of Yong's Attenborough-esque generosity and sense of awe about the wondrously strange world of animals. But Yong doesn't stop at describing animal behaviour. He goes on to explain how their various senses work, down to the chemical receptors and neural pathways, and he excels in writing about such head-scratchingly complex subjects without oversimplifying. For this, he often relies on metaphors, such as describing a scallop's eye-brain connection as a security guard monitoring dozens of motion-sensitive cameras.

Each chapter is dedicated to a particular sense, from vision to magnetoreception. But in two chapters, Yong goes beyond sensory perception. Writing about pain, he debunks the long-held but out-of-date view that fish and insects can't feel it.

And in the final chapter, he reminds us how our own limited sensory bubble has allowed us, unthinkingly or uncaringly, to pollute the world with bright lights and loud noises – a sensory overload that forces animals to adapt or retreat. Yet, unlike other kinds of planetary changes we are causing, he says sensory pollution "can be immediately and effectively addressed". ▮



GETTY IMAGES

Romance, friendship and Gothic ghosts star in the latest young adult fiction. **by ANN PACKER**

Worlds of possibilities

ANATOMY: A Love Story *by Dana Schwartz (Piatkus, $28)*
What a stunner of a cover. What appears to be a human heart is actually a redhead swathed in a sinuous carmine gown. Seen from above, the image perfectly encapsulates all the elements of this Gothic romance: blood, beauty, emotional intensity, sensuality, death.

Macabre though it seems, a good number of us would not be alive today without the resurrectionists – those ragged men and women who exhumed bodies, still fresh enough to be dissected, in order to supply medical schools with cadavers for anatomy students. Male students only, that is – and thereby hangs the romance at the centre of this tale, set in Edinburgh in 1817. At a time when "Roman fever" (malaria) was in the air, it was, as grave-robber Jack Currer knew, "amazingly easy to die in Edinburgh. People did it every day."

Herbalist Hazel Sinnett, 17 and betrothed to a viscount's son, desperately wants to be a surgeon, and will risk almost anything to realise her dream – but the world is not yet ready for such an upheaval of the social norm, though a plethora of other possibilities seem within reach, from anatomical transplants to immortality. Not for the squeamish.

FARAWAY GIRL *by Fleur Beale (Penguin, $24)*
Fleur Beale, who knows teenagers inside out, is equally at home in historical dress as contemporary. In this cleverly plotted time-slip tale, which echoes many of the feminist issues of *Anatomy*, it is friendship rather than romance that drives the plot.

Herbalist Hazel Sinnett, 17, desperately wants to be a surgeon, and will risk almost anything to realise her dream.

It's modern-day Wellington: 17-year-old Etta and her family are gathered around younger brother, Jamie, afflicted by a strange illness, when Constance – from 1869 England and about to be betrothed – materialises in their kitchen. Unusually, all present can see each out-of-time teen – not always the case in dual timeline stories – but Beale remains in control of an expanded cast of characters and the mystery that ultimately links them. Some will find Etta's strong language challenging, but it's certainly authentic.

FRIENDS LIKE THESE *by Meg Rosoff (Bloomsbury, $19)*
A coming-of-age story reminiscent of both *Catcher in the Rye* and *The Great Gatsby*, and not just for the New York setting. It's 1983 and Beth (Junior Investigative Reporter of the Year) and Edie (Grandma's a photographer, parents met on the *Tribune*, Dad has a column in *Forbes*) are interns at a newspaper publishing house, though poles apart class-wise. Fellow interns Oliver and Dan seem to have more in common. When Beth's digs turn out to be intolerable, Edie invites her to join her at her folks' place – they're away in the Hamptons, where else? – and the characters start to unravel as they reveal more of themselves. As the title implies, with friends like these, who needs enemies?

Rosoff is brilliant at peeling apart the layers that make up public personae, exposing the class and political structure that underlies the American dream, as she indeed writes "about adolescents rather than for them" – little wonder that half her UK readers are adult rather than YA.

SELA SHILONI; GETTY IMAGES; JUSTINE BERNHAUT

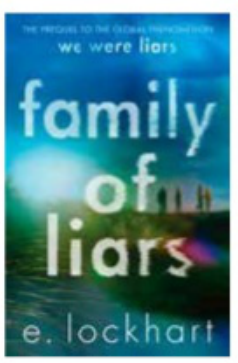
From left, Dana Schwartz, Meg Rosoff, Ellie Marney.

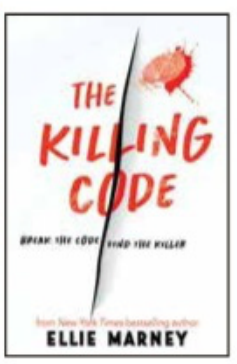
THE KILLING CODE *by Ellie Marney (A&U, $25)*

It's 1943. This, too, starts with girls living together – this time in a boarding school in Washington DC – but morphs into a murder mystery after Arlington Hall is requisitioned for the US Signals Intelligence. We already know that Kit, our heroine, is hiding her real identity, but there are others in the team of young women codebreakers and their male co-workers who have things to conceal, including their sexual preferences. An interesting counterpart to the more familiar British Bletchley Hall exposés we've seen on screen, and another cracking good read, from an internationally bestselling Australian writer and teacher, exploring the issues that divide American society.

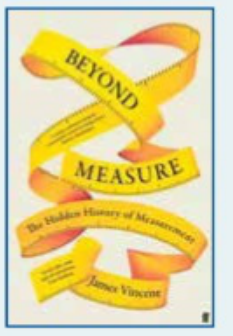
FAMILY OF LIARS *by E Lockhart (A&U, $28)*

Loaded with Gothic themes underpinning the glamorous lifestyle of the rich and famous Sinclair teens and their friends and lovers, this is a prequel rather to *We Were Liars* (2014), which has seen a phenomenal resurgence thanks to TikTok. The National Book Award finalist says she wrote this second book partly because she felt young people during the pandemic had been "hungering for drama, for cathartic emotional experiences". And guess what? Though history certainly repeats itself in this precedent, the twists make for a tantalising unravelling, all the better for having read the first book. ▮

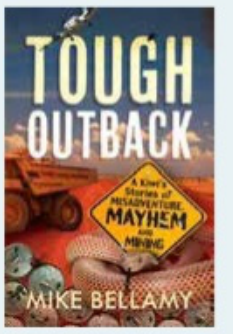




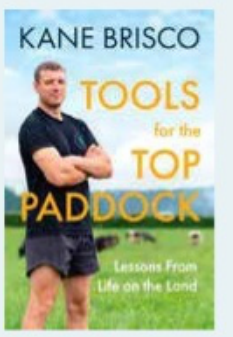
Short cuts



Measurement is not an intrinsic feature of the world but a practice invented and imposed by humanity, notes UK journalist James Vincent. Bones that acted as tally sticks suggest we began imposing it at least 33,000 years ago. **BEYOND MEASURE** (Faber) is a cracking read about a seemingly dry subject in which Vincent takes us from ancient Egypt through the Enlightenment and the savants of the French Revolution, and on to our current digitally enhanced obsessive self-measurement. He argues that employing accurate and consistent values of measurement has underpinned all notions of progress, from property, taxation and agriculture, to state building, nationalism and colonial expansion.



Looking for a gift for that largely unreconstructed relative? Mike Bellamy's latest excursion into a land where men are rough, tough and ready for anything – this time providing it makes a lot of noise and dust – is **TOUGH OUTBACK** (HarperCollins). Bellamy, whose previous book was about loggers and bushmen in our own hinterland, distils memories from three decades working on the Western Australian mining fields in a collection of stories about "dongas, dozers and diggers". Whether the last is human or mechanical is for the reader to discover in this robust story about blokes and their large toys carving through the desert lands of the Never Never.



The problem of your relative's gift might also be solved by Kane Brisco's guide for mental health in rural New Zealand, **TOOLS FOR THE TOP PADDOCK** (HarperCollins). The Taranaki dairy farmer and founder of FarmFit advocates a hands-on approach to dealing with the mental and physical strains of life on the land. At the core of his approach is the philosophy that physical health is vital for mental wellbeing. Through his fitness bootcamps using farming equipment (don't try this in the suburbs) and his social-media platforms, Brisco takes an appropriately no-nonsense approach to the personal issues confronting many members of the rural community. ▮

All in the family

A feisty grandmother looms large in a based-on-truth saga full of tragedy – and humour.

by HELENA WIŚNIEWSKA BROW

FIGHT NIGHT, *by Miriam Toews (Faber, $32.99)*

Suffering, when paired with a shadow of hope, can be "horrifyingly beautiful", says Canadian writer Miriam Toews.

Both are combined to brilliant effect in the award-winning author's seventh novel, the latest to revisit the impasse of her dark family history. If the past can't be forgotten, Toews asks, how can it be endured? For *Fight Night*'s trio of plucky heroines, the solution lies in the joy of the struggle.

Leading the charge is nine-year-old Swiv, the novel's precocious narrator, who is writing to her absent father with household news. "Dear Dad," she begins, "how are you? I was expelled." Mooshie, Swiv's actress mother, is pregnant "in her third trimester. She's cracking up. Gord is trapped inside her." Grandma Elvira, meanwhile, has moved in. She has "one foot in the grave" but "is not afraid of anything". She is also to blame for Swiv's expulsion. "She's told me that sometimes people have to be punched in the face to get the message to leave you alone," Swiv writes. "You have to defend yourself."

Swiv might be a fighter, but she's clearly alarmed by her circumstances. No one knows where her father is. What happens, she wonders, if everyone in her family is insane?

It's a fictional scenario, to a point. *Fight Night*'s Grandma Elvira is a former member of Canada's Manitoban Mennonite community, a rural religious sect with similarities to the Amish. Elvira rages about the injustices suffered in the community: "God was the farthest thing from their minds, those scavengers, those thieves, those heretics!" But it's the subsequent suicides of both her husband and her older daughter – Mooshie's father and sister – that have become the family's most painful legacy.

In these tragedies, the worlds of Toews' life and art overlap. Grandma Elvira shares the same name and history as the author's own mother, who is also a former Mennonite, as is Toews herself. Toews' father died by suicide in 1998, a death that led her to write a memoir in her father's voice, *Swing Low: A Life*. Then, in 2010, her older sister Marjorie also killed herself – a loss that inspired *All My Puny Sorrows*, about a writer wrestling with her sister's decision to end her own life. More recently, the "ghost rape" crimes committed in a remote Mennonite community in Bolivia are the focus of Toews' *Women Talking*, her 2018 international bestseller.

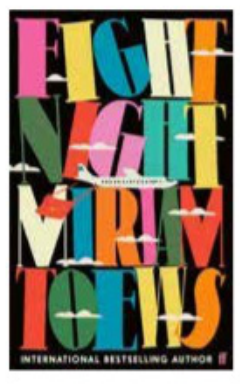
"People like to separate Shakespeare's plays into tragedies and comedies. Aren't they all one and the same?"

The beauty of *Fight Night* is that, even for newcomers to Toews' personal story, everything hits the mark. Swiv's child's-eye point of view is a perfect mix of cleverness and innocence, propelling a narrative that is simple but deceptively taut. As Grandma's health deteriorates and the arrival of baby Gord looms, both Mooshie and Swiv – already on edge – teeter. Then Grandma arranges some last-ditch travel with Swiv, a journey requiring the unlikely pair to somehow keep each other afloat, pushing the small family to its inevitable tipping point.

For the reader, *Fight Night* is a compelling experience, lurching between moments of true despair and laugh-out-loud comedy. All a bit like life – or like Shakespeare, as Grandma Elvira explains to Swiv. "People like to separate his plays into tragedies and comedies," Elvira says. "Well, jeepers creepers! Aren't they all one and the same?"

It's not surprising, then, that Toews has said the novel was written for her four grandchildren, whom she would like to "embolden" with the message of resilience it contains. Chances are it's the same call to arms that Swiv hears from her mother and records for her father, or possibly just for herself: "She said we're all fighters, our whole family. Even the dead ones. They fought the hardest." ▮

Miriam Toews: even for newcomers to her personal story, everything hits the mark.



GETTY IMAGES

Sunny side up

A surreal love story sees an otherworldly egg try to lift a man's tormented spirits.

Bobby Palmer: a debut that is rich and vivid, refreshingly funny and constantly surprising.

by CATRIONA FERGUSON

ISAAC AND THE EGG, *by Bobby Palmer (Hachette, $37.99)*

British writer Bobby Palmer's debut novel is a modern fable that explores grieving and loss in a story that is strange, surreal and frequently funny.

When we first meet the eponymous Isaac, he's standing on a remote bridge early one frosty morning. He's uncertain how and why he got there and what he might do next. His mind is befuddled by alcohol and exhaustion; he is extremely sad about something. In a fit of despair, he screams into the ether, only to be startled by an unexpected response: someone screams back. There's something about the cry that Isaac recognises, and he heads into the forest at the end of the bridge to investigate further.

Struggling through the damp undergrowth and sodden leaves, Isaac stumbles upon the unlikely source of the scream: a two-foot-tall pearly white egg, "glittering like a Fabergé" in the middle of the forest. The eye-popping sight shakes Isaac out of his despair and, for the first time in weeks, he feels something resembling curiosity. Within minutes, he is responding to a "prehistoric mothering instinct" and stumbling back to his car carrying the cumbersome egg, buckling it into the back seat and speeding away, his head "scrambled".

Once home, Isaac smuggles the egg through his front door, just in time to avoid the twitching curtains of his still-sleeping neighbours. Over the coming days and weeks, the egg reveals more of itself to Isaac, opening its big black eyes, wobbling around his home, chomping through an array of festering food and emitting startling screams in an attempt to communicate.

Palmer weaves the developing relationship between Isaac and the egg into the unfolding story of Isaac's grief. His wife, Mary, has recently died unexpectedly, and the heartbroken Isaac has closeted himself away in his cold, stagnating home. The otherworldly egg determinedly pushes its way into Isaac's life, and even if they co-exist more in discord than in harmony (food fights break out, communication is fraught), the pair eventually reach an accommodation, and the egg becomes Egg.

The egg wobbles around his home, chomping through an array of food and emitting startling screams.

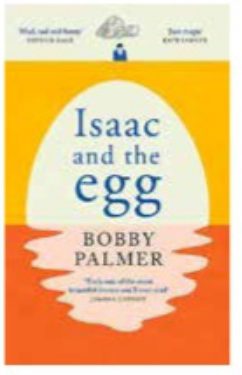
Throughout the novel, Egg acts as a comedic foil to Isaac's heartbreak, providing moments of levity and distraction that force Isaac to look beyond his grief. However, as things progress, it becomes clear that some of Egg's daftness is surface-level, and when the narrative perspective flips and we see Isaac through Egg's eyes, the canny Egg spots that there is another layer to Isaac's torment.

Palmer's writing is rich and vivid, pulling us into Isaac's world without burying us in his messiness. The novel is filled with sharp observations about love, friendship, trauma and loss and there are artful references to the films and music that connect us to those we love, even after they've gone. (ET was a childhood favourite for Isaac, and it's no coincidence that he met his own non-human friend in the forest.)

Thematically, *Isaac and the Egg* is reminiscent of Max Porter's astonishing *Grief Is the Thing with Feathers*: in each novel, a man lost in sadness is visited by something that embodies that sadness. But *Isaac and the Egg* is a much wilder and madcap novel. Palmer takes things to their illogical conclusion as he pits a fantastical external force against the human survival instinct.

There are surprises in the book's design, too: a doorbell's "ding dong" is rendered in a huge font to reflect the enormous significance of an unwanted guest; one especially anguished scream is in a font so vastly oversized that the word runs over four pages.

Isaac and the Egg's account of a familiar theme is refreshingly funny and constantly surprising. It's surreal and silly and often unsettling. But most of all, it's a love story – one that burrows into the mind's dark spaces and finds the possibility of hope in the most unexpected of places. ▮



Parental guidance

An atmospheric journey through the fears and desires of parenthood.

by WENDY PARKINS

ARMS AND LEGS, *by Chloe Lane (Te Herenga Waka University Press, $30)*

Chloe Lane's second novel, *Arms and Legs*, begins with teeth. Georgie's two-year-old son Finn has fallen and chipped his front ones, prompting Georgie and her husband, Dan, to rush him for emergency treatment.

It's a fitting opening to a novel that explores how everyday family life conceals deeper, more disturbing currents – fears, desires, doubts, resentments – that can surface unexpectedly to interrupt all the mundane stuff that occupies our time and energy.

Arms and Legs takes place in Florida, a setting that might at first lead readers to expect something nasty involving alligators, and while there is a grisly discovery in a forest early on, Lane's story is unsettling in an altogether different and more profound way.

Moving from New Zealand to Florida had initially made Georgie feel like she was "living a bold life", facing unfamiliar fears (like insects and snakes), as well as proving that she and Dan are willing to break away from all that is familiar and not settle for the ordinary. After Finn's birth, though, the couple's life no longer seems so exotic. Numbed by routine and exhaustion, Georgie feels the weight of the eight years she and Dan have spent together, lamenting that there seems no way to "just be two people with bodies wanting each other".

If this seems a familiar theme, along with the equally familiar estrangement that can occur between couples after the birth of a child, Lane more than rewards another look.

She masterfully plays off setting against character and incident, to take us deep into how relationships can pull us apart or put us back together. "Arms and legs", we learn, is an allusion to a short story, where an unfaithful protagonist regrets betraying their spouse for a sexual encounter that was "just arms and legs, not worth a damn".

VICTORIA PALOMBIT

Chloe Lane: marvellous on the messy physicality of parenting.

Numbed by routine and exhaustion, Georgie feels the weight of the eight years she and Dan have spent together.

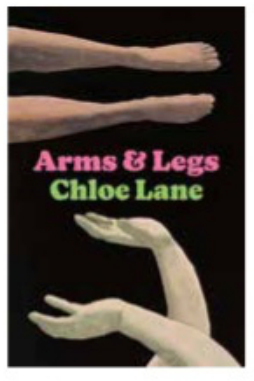
Haunted equally by the body of a university student she has stumbled upon in the forest and by her entanglement with Jason, a children's librarian, Georgie struggles to evaluate her own life in relation to the bodies of others.

Can she ever, for instance, safeguard the future of her small son, so vulnerable and mortal yet undeniably material – a creature of flesh and drool and poo? Lane is marvellous on the messy physicality of parenting and how it co-exists with a fierce love that is almost unbearable.

But it is where Dan fits into her future that emerges as Georgie's chief challenge. He has become almost invisible to her, predictable and polite, barely a body at all. After her affair, beginning to rediscover Dan as a person in his own right is conveyed through a series of mundane, sometimes comic scenes, such as dealing with a sick raccoon that briefly appears in their yard.

Deciding if something is an emergency or just a quirky episode along the way is not always easy, Georgie finds. There are "so many ways to hurt a person, so many ways to mess up". That such observations never seem trite is testament to the assured touch Lane brings to her material.

For all the brooding unease of the evocatively captured southern US setting, it is the risk that we pose, sometimes unwittingly, to ourselves and those closest to us that lingers in this accomplished and absorbing novel. ▮



Pulling no punches

Difficult choices propel an unflinching novel set in Auckland's shadowlands.

by SAM FINNEMORE

POOR PEOPLE WITH MONEY, *by Dominic Hoey (Penguin, $37)*

Dominic Hoey's acknowledgements for *Poor People with Money* describe a tough time getting publishers on the hook. That's surprising for what feels like the right novel at the right time, although, admittedly, there isn't much compromise in its vision of life on the bottom rung of the social ladder. It's a world with few choices and little room for error, where the most tempting ways to get ahead only lead further down. No heroes or rescue, notes the novel's protagonist, Monday Wooldridge. "There's just a whole world of danger outside the front door. That's why I learned to fight."

We should be grateful that Hoey had at least some of Monday's persistence. We'd have missed something special. Monday is an immediately compelling character: sympathetic, a good person with every bit of nice ground off by contact with reality, a fighter "with a face like a broken dinner plate" who works the hospitality trenches at a posh bar in Kingsland and trains in Muay Thai kickboxing in between shifts. She's talented in the ring – an uncertain inheritance from her hard-drinking boxing-champion dad – but is pushing her luck with repeated fights, and a run of injuries, to earn enough to keep her mother in nursing care. Something has to give.

By the time Monday takes a chance to break the cycle, we're firmly in her corner for the remainder of the book, for better or worse. Hoey maps the path to disaster with a horribly precise and compassionate understanding. The really fateful choices are only apparent once the moment has passed and the offramps are vanishing behind. In the abstract, the warning signs are present, but in the heat of the moment they're as irrelevant for the reader as they are for Monday as she steers towards survival by the day or the hour. It's a brilliant integration of perspective, character and plot, nailing a familiar aspect of human experience in an unforgiving situation.

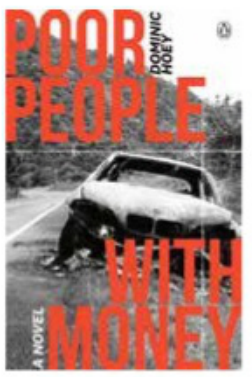
Hoey has an equally sharp vision of the wider world Monday moves in, including a rough-edged slice of the hospitality sector populated with braying drunks and other assorted annoyances and predators. There's a sense of parallel worlds of decline and gentrification in the novel's Auckland isthmus settings, before Monday and flatmate JJ's flight to "the village so small it's not on most maps", a gritty rural bolthole with hints of the unexplained at its edges. In a touch of dark humour, it gets its own hand-drawn map inside the novel's covers, a shack-and-caravan Lothlórien where $200 for a car battery makes you rich.

Hoey's writing is spare and direct, with bang-on dialogue that speaks off the page. The narration is divided up into stand-alone paragraphs, sitting inside short sections that carry their own titles, like songs or poems. It's an unusual approach, but feels tailor-made for the viewpoint of the novel, with Monday's own thinking and reflections happening in self-contained moments. In its informality, it also offsets the ratcheting tension and foreboding as Monday's options narrow and threats crystallise around her. The novel's three parts bracket the action like a stage play, bringing Hoey's background as a playwright and actor quickly to mind, as well as writer, slam poet and MC.

The novel doesn't preach or report back from the wrong side of the tracks for the benefit of the comfortable.

Poor People with Money doesn't wallow, preach or report back from the wrong side of the tracks for the benefit of the comfortable. In a sense, the pace is the message: the novel rips along, charged with concentrated doses of very particular kinds of real-world experience – loss and grief not least. Monday's younger brother, Eddy, disappeared at age 15, and her entire narrative is addressed to him from the first line onwards. That conversation with silence, both sustaining and agonising, comes into view as the emotional core of the story, even as life and events hurtle remorselessly forward. Storytelling doesn't get much truer, or tougher, than that. ▮

Dominic Hoey: spare and direct writing, with bang-on dialogue.



Cracking the case

A journalist digs into hidden truths in Val McDermid's 1980s thriller.

Val McDermid: still killing it 35 years on.

by CRAIG SISTERSON

1989, by Val McDermid (Little, Brown, $36.99)

In this absorbing sequel to last year's excellent *1979*, Scottish journalist Allie Burns is now living in Manchester with her girlfriend Rona, tapping out stories and managing freelancers as the head of northern news for a tabloid owned by the notorious Ace Lockhart. Aids is rampant, the world is mourning Lockerbie victims, and the Iron Curtain and Iron Lady are still standing strong. For now. Meanwhile, Allie's big boss is in a media war with Rupert Murdoch, and her investigations into why Aids patients are migrating south are getting warped and rewritten into sensationalist trash that fuels hysteria. As Allie digs into truths that powerful people want hidden, she journeys behind an Iron Curtain that's beginning to crack. *1989* shows that 35 years into her own publishing career, McDermid is still among the best players on the field.

Gabino Iglesias: packs punch in terrific prose.

THE DEVIL TAKES YOU HOME, *by Gabino Iglesias (Headline, $37.99)*

Early in this gut-punch tale a character makes a comment that could aptly sum up the storytelling of Texas writer and academic Gabino Iglesias: "You can wrap a shotgun in

The other face of Crump

The sons of the iconic "Kiwi bloke" lift the lid on what their dad was really like.

by CHRIS MOORE

SONS OF A GOOD KEEN MAN: Life in the shadow of Barry Crump, *by the Crump brothers (Penguin, $38)*

Barry Crump – bushman, author and all-round Kiwi bloke – was once held up as the man many New Zealand men aspired to be – resilient, plain-spoken, laconic, practical, pragmatic.

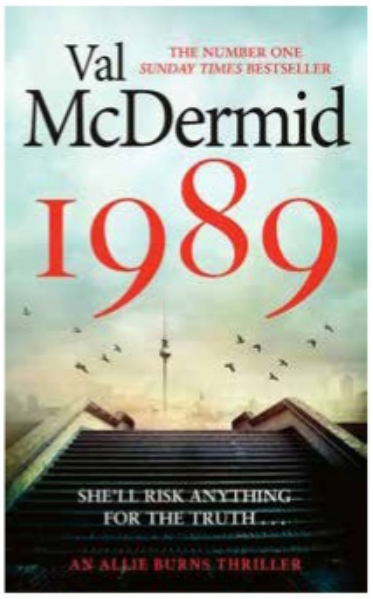
A quarter of a century after Crump's death, his six sons present a vastly different image to the one of an engaging rough-diamond storyteller assiduously cultivated during his lifetime by the advertising industry, publishers and the media. Seen through their eyes and experiences, it was all a carefully constructed myth. The Barry Crump they experienced was an abusive, violent man, a largely absent father whose presence – or lack of it – profoundly affected their lives and those of their mothers, families and friends. Ivan, Martin, Stephen, Harry, Erik and Lyall's collective memory is of a dangerous, unpredictable personality who could erupt into drug- or alcohol-fuelled violence with little or no provocation. At best, he was a distant, detached individual.

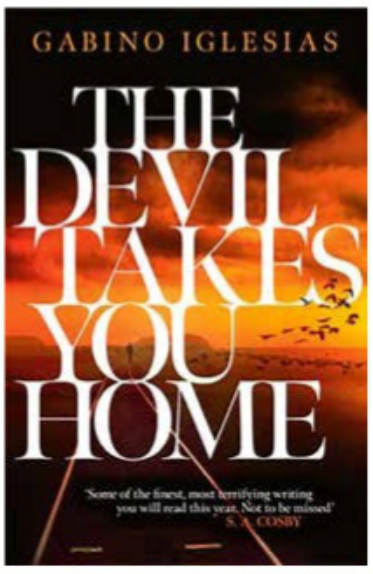
This is a rough-edged book with few pretensions to literary polish but one imbued with the raw pain of a group of men whose lives were irrevocably and

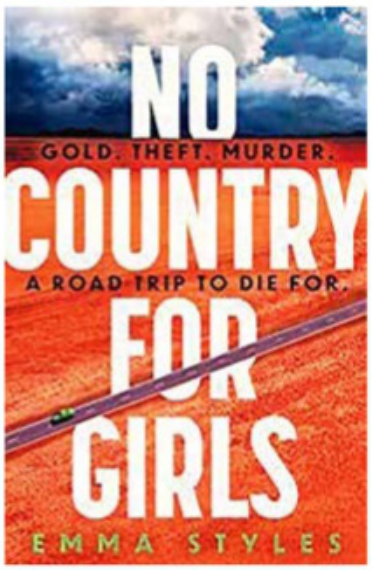
flowers, but that doesn't make the blast less lethal." There's lots of lethality in *The Devil Takes You Home*, as Iglesias wraps harrowing events in some wonderful prose.

Mario is an office worker in a spin following his beloved daughter's cancer diagnosis. Strangled by a profiteering US healthcare system, Mario takes desperate measures: money at the point of a gun. Initially reluctant, Mario begins to enjoy the violence he inflicts on bad men, but is he purging his rage or stoking it? Then a life-changing offer – if it's not life-ending: hijack a cartel's cash shipment.

Iglesias deftly straddles crime and horror in a page-chewing tale of a desperate man on a nightmarish journey. It's a confronting novel, just as much for the racism, poverty and injustice of modern America as the nasty events Iglesias depicts. Unforgettable characters, entwined in despair, revenge and extreme religiosity, are haunted by monsters both real and imagined. Superb.




GABINO IGLESIAS
THE DEVIL TAKES YOU HOME
"Some of the finest, most terrifying writing you will read this year. Not to be missed"
S. A. COSBY

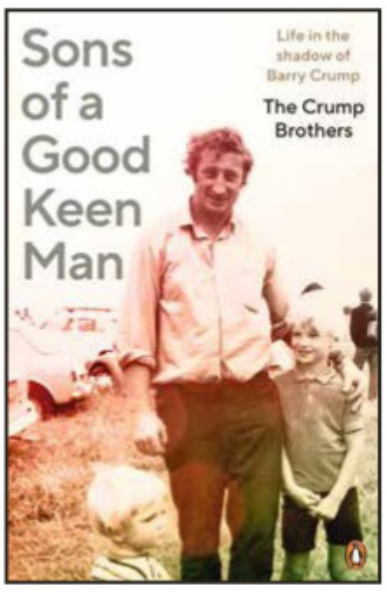


NO COUNTRY FOR GIRLS, by Emma Styles (Sphere, $37.99)
Debut crime writer Emma Styles also delivers carnage among desert landscapes, but in *No Country for Girls* it's the vast expanses of Western Australia that provide the backdrop for an exciting tale of two young women from messy family situations unexpectedly thrust together. Shades of *Thelma & Louise*, but with Aboriginal law student Nao and quick-fisted high-schooler Charlie at the wheel of a dead man's twin-cab ute. And with a bag of stolen gold bars stashed under the passenger seat.

Styles does a great job of dropping us straight into the action as Nao and Charlie go from complete strangers to unwitting accomplices on the run, then ratcheting up the tension as we ride through vivid settings with two strong personalities who don't trust each other. Perhaps wisely, given they're both keeping secrets that might get them killed. An intense, fascinating, female-centred read. It's easy to see why the legendary Val McDermid showcased Styles (alongside Māori storyteller Michael Bennett and South Carolina author Stacy Willingham) at the recent Theakston Old Peculier Crime Writing Festival as a brilliant new crime voice. ▮

individually damaged by a man with two very different faces. Their account delivers something worse than hate. Ultimately, they pity someone whose life was a lie.

While Ivan can reflect that: "It might have been better if you were dead my whole life, for my sake", there are nevertheless small fragments of understanding. "Barry was never a father to me but he did become a friend," Martin writes. There's an acknowledgment of Crump's own brutalised childhood at the hands of a violently abusive father. Martin's account of Crump's death in 1996 at the age of 61 is bitterly poignant.



The release of those years of dark, punishing memories is unquestionably a cathartic experience for the six men. This is dark stuff with few glimmers of light except the authors' stubborn determination to survive life with or without the celebrity father who became a vengeful ghost who refused to be exorcised. ▮

Godzone country

A Kiwi farmer paints an elegiac portrait of working the land.

by CHRIS MOORE

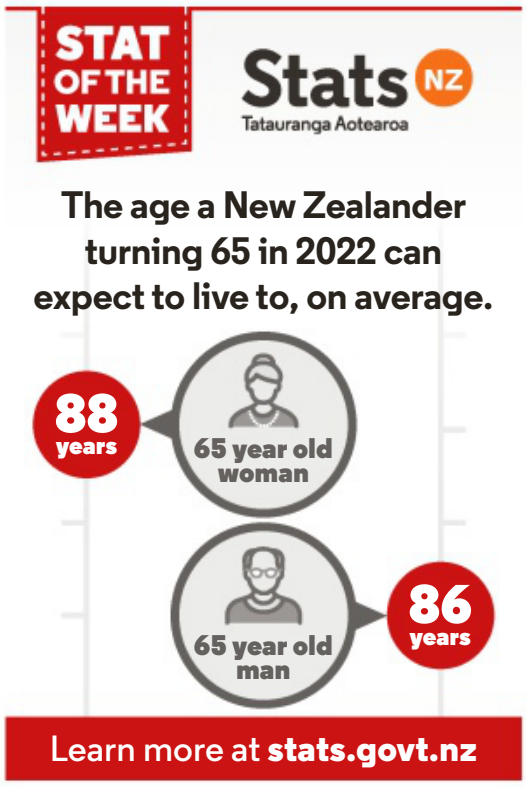
UNDER A BIG SKY: Facing the elements on a New Zealand farm, *by Tim Saunders (A&U, $34.99)*
Tim Saunders' roots plough deep into the Manawatu earth. The five generations of his family who have lived and worked on the 290ha of farmland bordered by the Oroua River for 115 years are still a palpable presence.

"Echoes haunt these paddocks. Sometimes it pays to listen. Let them know we are still there," Saunders advises in a book which distils the essence of what it means to farm the land.

In the court of public opinion, farmers are usually not given to outpourings of eloquence, but Saunders, also an author and poet, is an exception to this stereotype. His elegiac portrait of working the land in the time of Covid, climate change and increasing urbanisation is both pertinent and perceptive.

Change hovers over the farm like Kahu the hawk, whose image opens this evocative journey through changing farming practices and environmental and financial pressures. Saunders anchors the book on the relationship between people and the land, one that hasn't changed since his great-great-grandfather bought the property in 1906.

Farming practice might have irrevocably altered, but the emotional bonds remain. Throughout the book, the author's father remains a reassuringly solid, stoic figure: a plain-spoken, pragmatic man with a fierce attachment to the farm and his family. Depicted with affection and respect, he emerges as the presiding spirit of both the place and the lives it shelters and sustains. ▮


STAT OF THE WEEK
Stats NZ
Tatauranga Aotearoa
The age a New Zealander turning 65 in 2022 can expect to live to, on average.
88 years
65 year old woman
65 year old man
86 years
Learn more at stats.govt.nz

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NZ MC NEW ZEALAND MEDIA COUNCIL

BRIDGE by David Bird

NORTH
♠ 10 5 2
♥ A J 8 7 6
♦ K 8 6
♣ J 6

WEST
♠ K Q J 9 8 6 3
♥ 3
♦ 10 4 3 2
♣ 4

EAST
♠ 4
♥ 2
♦ J 7 5
♣ K Q 9 8 7 5 3 2

SOUTH
♠ A 7
♥ K Q 10 9 5 4
♦ A Q 9
♣ A 10

Love all, dealer South

West	North	East	South
—	—	—	1H
3S	4H	Pass	4NT
Pass	5D	Pass	6H
All Pass			

When North has four-card or longer heart support, he may bid 4H here on quite moderate values. Nevertheless, it was reasonable for South, with his four-loser hand, to advance to a slam. West leads the four of clubs against 6H, East playing the queen. How will you play the contract? At first glance, it seems that you have a loser in each black suit. The only chance of making the contract is to force an opponent to give you a ruff-and-discard. West may well have led a singleton club. It will not help you to draw trumps, play the three diamond winners and exit with ace and another spade. West will be able to win and exit safely with a high spade, leaving you with a club loser. No, the only chance is to end-play East with a second round of clubs. You win the opening lead with the club ace and draw trumps. You then cash three top diamonds and the spade ace. When you exit with a club, East wins with the king and has only clubs left in his hand. On the enforced club return, you discard a spade from the South hand and ruff in the dummy. The slam is yours.

BIDDING QUIZ

WEST
♠ 2
♥ J
♦ A Q 10 7 6
♣ A Q 8 6 5 4

West	North	East	South
—	—	1H	4S
?			

What will you say on this West hand?
(Answer on page 58.)

TAKE 5 by Simon Shuker

	1	2	3	4	5	3
3			6			7
8		4	7	2		5
5	8	7		9	2	3
3		9	5	4		1
7			2			7
8	6	5	4	7	10	

No.1426

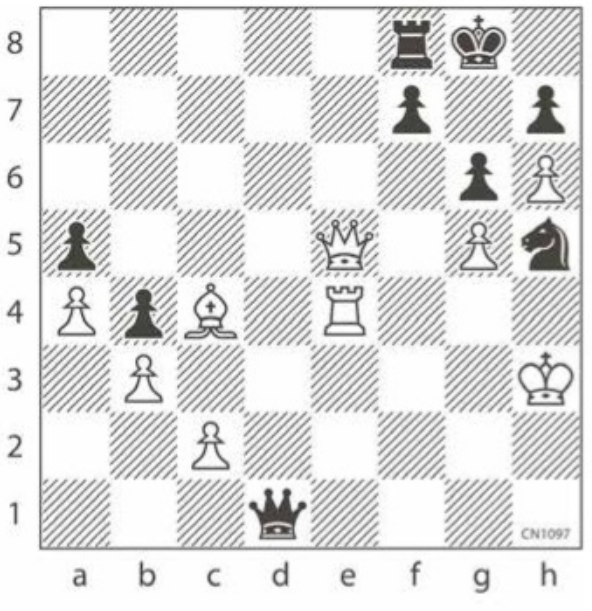
Enter the letter given, then solve.

3 = P

Solution 1425

L			R	O	O	T
O	G	R	E		B	
O			A		O	
T	A	L	L	I	E	S
	L		I			O
	S		S	O	L	O
B	O	O	T			T

BARDEN'S CHESS PROBLEMS



Orkhan Abdulov v Mahammad Muradli, Azerbaijan, 2017
Both kings look in danger, and in such situations moving first is a serious advantage. How did White (to play) finish off his opponent in style?
(Answer on page 58.)

QUIZWORD by Alan Shuker

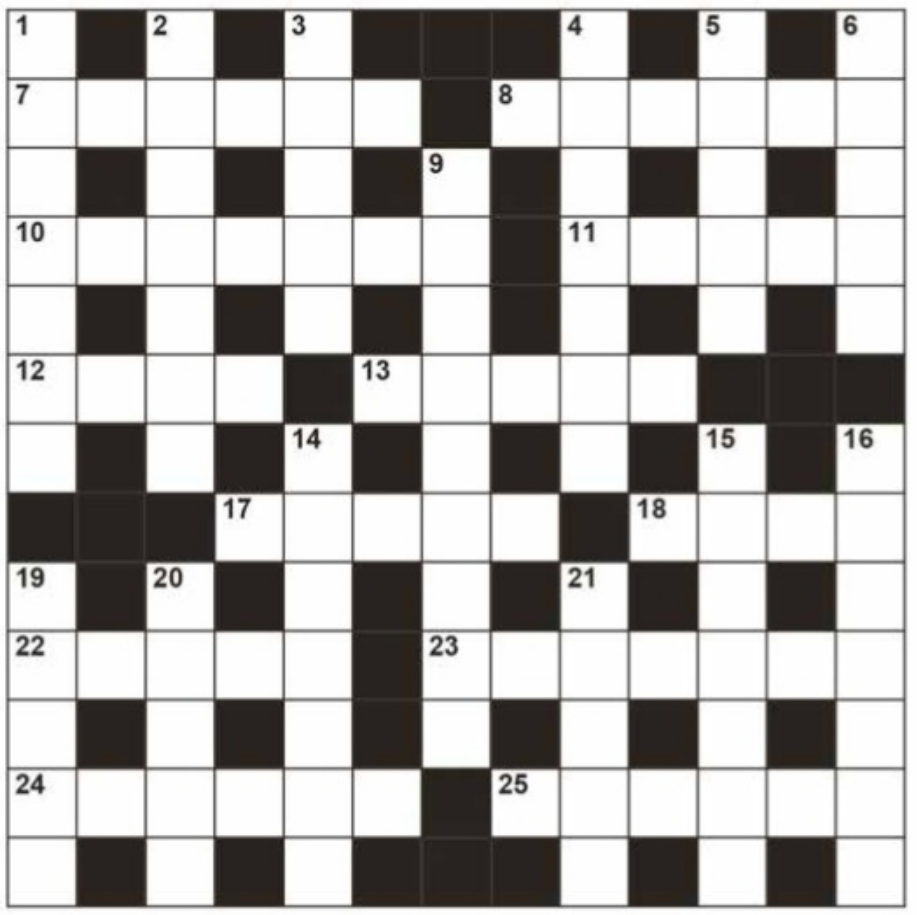
Puzzle No 1662

Clues across

7. What is the smallest two-digit prime number? (6)
8. In a rowing eight, what name is given to the rower closest to the stern, near the cox? (6)
10. What small Italian dumplings are most commonly made with potatoes? (7)
11. What is the revolving arm of the distributor of an internal-combustion engine? (5)
12. What is a subdivision of a larger military formation? (4)
13. What willow tree is a source of long flexible shoots used in basketwork? (5)
17/18. In 2017, which American singer was recognised as the first male artist to achieve three 10-million-selling singles? (5,4)
22. Which American airline was the first to introduce radio communications, in 1928? (3,2)
23. Which country is the world's top exporter of bananas? (7)
24. Which piano-playing Winifred began recording a string of hits in the 1950s? (6)
25. Bulbs of what were found in the tomb of Tutankhamun? (6)

Clues down

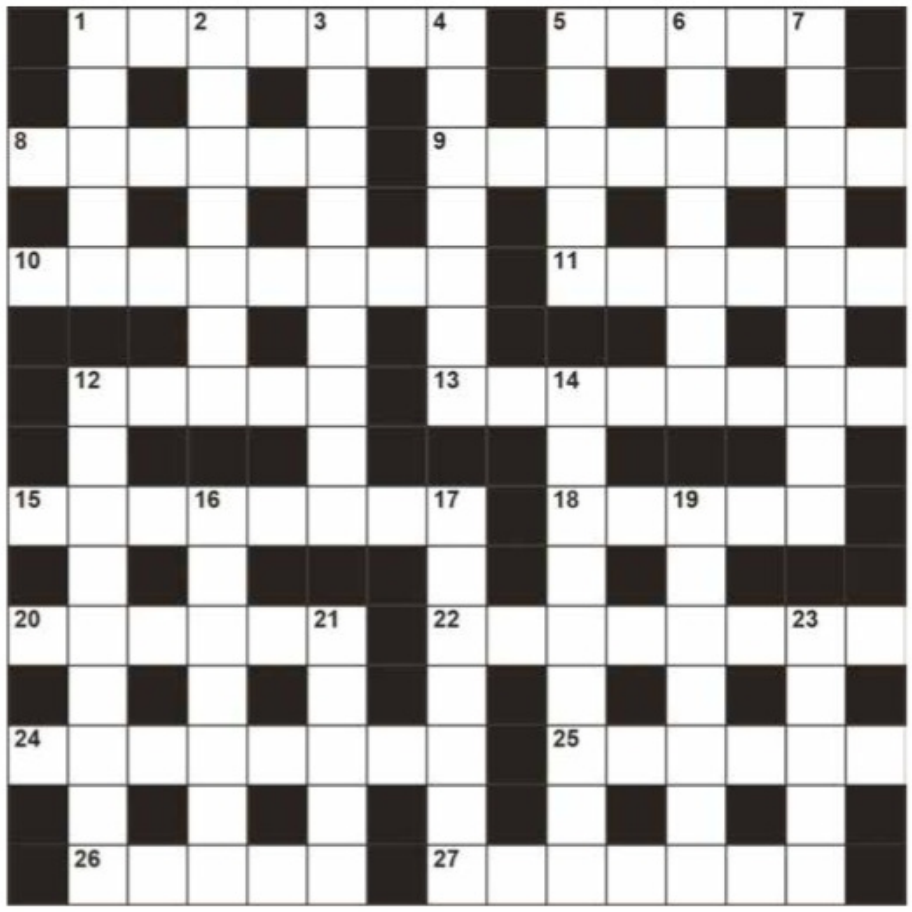
1. Which country was the birthplace of the Smurfs, originally known as *Les Schtroumpfs*? (7)
2. Which Andrés, Spanish guitarist and composer, made classical guitar a concert instrument? (7)
3. What city is considered by Muslims to be the holiest city of Islam? (5)
4. Which small Toyota car was produced from 1973 to 1999? (7)
5. Ghana has one of the world's largest artificially created lakes. What's its name? (5)
6/9. Le Duc Tho and who else were awarded the 1973 Nobel Peace Prize? (5,9)
14. What type of dessert containing stewed fruit is topped with a rubbed mixture of flour, butter and sugar? (7)
15. What film role was turned down by Sean Connery and Patrick Stewart? (7)
16. The feathers of what bird feature on Welsh rugby jerseys? (7)
19. What is a small decorative bouquet of flowers and foliage? (5)
20. Who is Tintin's dog? (5)
21. Considered "the Mozart of chess", what nationality was world champion José Raúl Capablanca? (5)



Solution 1661 **Across:** 6 Avalon, 7/10 *Mull of Kintyre*, 11 Elbow, 12 Iron, 13 Boron, 16 Nappy, 17 GATT, 20 Acorn, 21 Glasgow, 22 Stubbs, 23 Napier. **Down:** 1 Jack Nicklaus, 2 Rainbow, 3 Tokyo, 4 Jukebox, 5 Glebe, 8 *Fawlty Towers*, 9 Découpage, 14 *Wannabe*, 15 Sangria, 18 Horus, 19 La Paz.

CROSSWORD by David Tossman

Puzzle No 1294



Clues across

1. I catnap at sea – between watches on the bridge presumably (7)
5. Advance from head of class to member (5)
8. Insect pest absorbs atmosphere within reason (6)
9. Prepare and greet day in confusion (3,5)
10. Distinguished oneself, being portly, eating nothing before party (5,3)
11. Caged bird eats lid off (4,2)
12. A minor issue in the news programme (5)
13. Some hotel event held at an hour that's almost too late (8)
15. Bugged revolutionary raged in place of love (8)
18. A number of shops with the same owner provide tea at home (5)
20. Dwarfs in showy performances (6)
22. The least refined word for bottom incurs damage outside (8)
24. Lazy boy perhaps with odd charm and manner (8)
25. Unit in the tax department is decreased? (6)
26. Adorn each evenly with keen beginner's shoddy stuff (5)
27. Tired of the bull perhaps, he turns to drama (7)

Clues down

1. Talk idly about new opening for song (5)
2. A terrible uproar having fifty squashed inside the living room (7)
3. From now on, a synthetic yarn is being put together with genetic engineering by raw beginner (3,6)
4. Sleepwear, almost neckwear (7)
5. The hidden failing in the most eligible bachelor (5)
6. Police force arranged to have illicit crop removed in a floating sheet (3,4)
7. Nasty herb applied for sport (9)
12. Dissipated act deters stranger (9)
14. Execute initial turn with cleaning lady first in religious service (9)
16. Chocolate cake filling could make a change (7)
17. Tricky code – rather odd – for propriety in manners and conduct (7)
19. Seamen dupe head of department to escape (7)
21. Drowned drinking whisky with ostentation (5)
23. Asparagus, not much, with mushy peas, right? (5)

Solution No 1293

■	A	U	G	U	S	T	■	S	C	A	M	P	I	■
■	L	■	R	■	I	■	■	O	■	I	■	N	■	■
C	L	I	E	N	T	S	■	E	M	U	L	A	T	E
■	U	■	C	■	U	■	P	■	F	■	K	■	H	■
■	P	R	I	M	A	R	I	L	Y	■	B	L	E	W
■	■	■	A	■	T	■	L	■	■	■	A	■	K	■
■	T	A	N	G	I	■	F	I	G	U	R	I	N	E
■	R	■	■	■	O	■	E	■	R	■	■	■	O	■
A	I	R	L	I	N	E	R	■	E	N	D	O	W	■
■	C	■	O	■	■	■	A	■	A	■	R	■	■	■
S	K	I	N	■	S	I	G	H	T	R	E	A	D	■
■	S	■	G	■	C	■	E	■	A	■	D	■	U	■
S	T	A	R	D	O	M	■	B	U	G	G	I	N	G
■	E	■	U	■	W	■	■	■	N	■	E	■	N	■
■	R	A	N	K	L	E	■	S	T	O	D	G	Y	■

su | do | ku

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.

	4	6	8			5		
				1				
	9				3		1	8
6		8	5					
					2	6		7
9	1		3				2	
				5				
		2			9	7	3	

839 MEDIUM

	6	5					2	
		8	4		1			
3	1							
7		6	9					
			3		5			
					8	6		9
							4	7
			7		9	8		
	4					2	1	

650 HARD

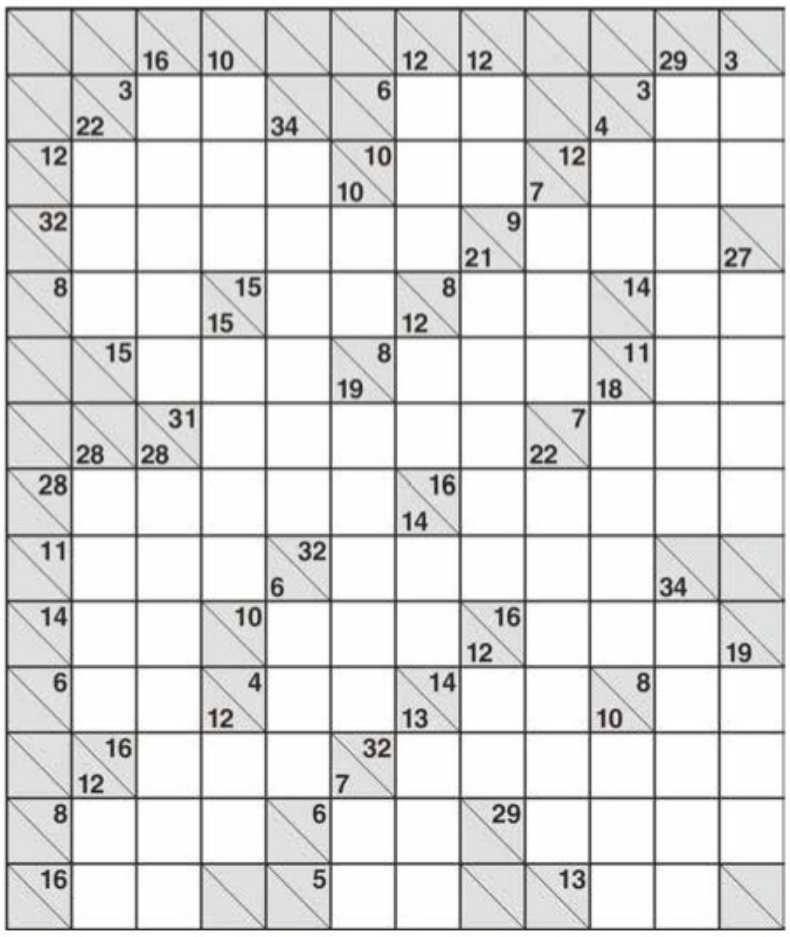
LAST WEEK'S SOLUTION

5	8	2	9	7	3	4	6	1
6	9	4	8	5	1	7	3	2
7	1	3	2	4	6	8	9	5
4	6	9	1	3	2	5	7	8
1	3	5	7	9	8	2	4	6
8	2	7	4	6	5	9	1	3
3	7	8	6	2	4	1	5	9
2	4	6	5	1	9	3	8	7
9	5	1	3	8	7	6	2	4

LAST WEEK'S SOLUTION

2	5	1	7	9	3	8	6	4
6	9	7	4	5	8	1	2	3
3	8	4	1	6	2	5	7	9
1	2	6	3	4	5	7	9	8
7	4	5	6	8	9	2	3	1
9	3	8	2	7	1	6	4	5
4	1	2	8	3	6	9	5	7
5	6	3	9	1	7	4	8	2
8	7	9	5	2	4	3	1	6

KAKURO 813



1. Place a number from 1 to 9 in each empty box.
2. The sum of each vertical or horizontal block equals the number at the top or on the left of that block.
3. Numbers may be used only once in each block.

LAST WEEK'S SOLUTION

7	2	4		8	7	5	9		9	7
9	5	6		3	1	2	5		8	4
3	1		8	9	3	1			3	1
8	4	9	7		8	4			6	2
		1	3		9	6	8	7	5	3
4	7	8	6			8	9	6		
5	9		4	2		3	5		5	3
		4	9	8			4	8	1	2
4	8	1	5	3	2		2	6		
2	6			5	1		6	9	1	7
3	7			9	8	5	7		7	9
6	9		6	7	4	1		3	4	6
1	4		8	6	9	3		7	9	8

BRIDGE BIDDING QUIZ SOLUTION

South's pre-emptive overcall has made life awkward for you. Most tournament players use 4NT in this auction, to ask partner to choose a minor suit. They reckon that this usage will occur more frequently than a hand that is suitable for an immediate Blackwood enquiry. Of course, you would need to discuss this with your partner before springing it on them.

Awards: 4NT (minors) – 10, 5C – 6, Dble – 4.

CHESS SOLUTION

1 Bxf7+! Rxf7 2 Qh8+! Kxh8 3 Re8+ and mates.

10 QUICK QUESTIONS ANSWERS

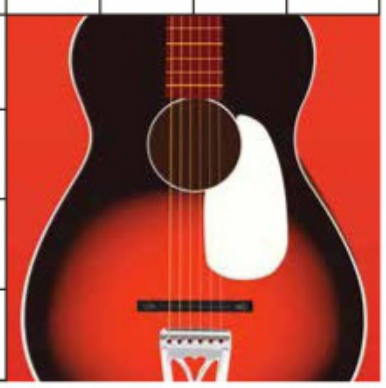
1. Shania Twain's *Come On Over* has sold more than 40 million copies worldwide.
2. Spinning mule.
3. Locker loop.
4. Order of planets (Pluto is now considered a dwarf planet).
5. West Virginia.
6. Hans Christian Andersen.
7. *Sex, Lies, and Videotape*.
8. False. Nuclear waste comes in various forms but does not look like the stereotypical green ooze.
9. Pedal-powered monorail.
10. John Paul I.

LOGIC PUZZLE FACE THE MUSIC

Four students each play a musical instrument in front of the class at a different time:

1. The person who plays at 10.00 is either Brad or the guitar player.
2. Yvonne plays five minutes before Val.
3. The saxophone solo occurs five minutes before the violin solo.
4. Regarding the performance at 10.10 and Yvonne's solo, neither involved a saxophone or a guitar.

Using these clues and the grid below, can you work out which student plays which instrument and when?

		STUDENT				INSTRUMENT			
		Brad	Lee	Val	Yvonne	Guitar	Saxophone	Trumpet	Violin
TIME	10.00								
	10.05								
	10.10								
	10.15								
INSTRUMENT	Guitar								
	Saxophone								
	Trumpet								
	Violin								

You may write your answers in this grid:

STUDENT	INSTRUMENT	TIME
Brad		
Lee		
Val		
Yvonne		

CLUELESS CROSSWORD

Each letter of the alphabet is represented by a different number from 1 to 26. Use your knowledge of English to solve the crossword. Some clue letters are given.

6	■	F	■	23	12	10	5	12	14	7	9	6
24	12	3	3	7	■	7	■	■	16	■	7	■
16	■	16	■	13	16	14	15	19	14	10	7	13
13	16	26	3	12	■	M	■	■	12	■	Z	■
26	■	25	■	14	19	12	■	18	14	16	19	6
12	■	16	■	■	12	14	5	7	■	6	■	8
14	12	24	16	3	3	■	12	10	11	15	7	14
12	■	2	■	12	3	6	12	■	■	12	■	1
10	7	6	12	10	■	16	10	6	■	14	■	12
■	26	■	4	■	■	3	■	26	14	7	17	19
3	11	4	8	11	10	11	21	12	■	11	■	11
■	8	■	16	■	■	22	■	3	16	10	12	22
11	13	26	3	12	13	12	22	15	■	6	■	5

1	2	3	4	5	6	7	8	9	10	11	12	13
												M

14	15	16	17	18	19	20	21	22	23	24	25	26
						F	Z					

A B C D E F G H I J K L M
N O P Q R S T U V W X Y Z

SCATTERWORD

Your aim is to create words of four letters or more using the given letters once only but always including the middle letter. Do not use proper names or plural/verb forms which add only "s".

See if you can find the nine-letter word using up all the letters.

18 GOOD

22 VERY GOOD

25+ EXCELLENT

PERMUTATE TEMPERATE

Your aim is to change the top word one letter at a time, each time rearranging the letters to create a new word. Perform one such permutation for each blank line below until you arrive at the last word. There is usually more than one correct solution. See how many you can find in 15 mins.

M U S I C

___ ___ ___ ___ ___

___ ___ ___ ___ ___

___ ___ ___ ___ ___

___ ___ ___ ___ ___

T A N G O

Last week's solutions. Logic Puzzle: Fred cycled 130km on the forest trail, Harry cycled 140km on the inland road, Pete cycled 110km on the mountain track and Sam cycled 120km on the ocean road. **Scatterword:** DASHBOARD, aboard, abroad, adsorb, abash, board, broad, abhor, brash, hoard, shoad, shard, dorsa, dada, bard, brad, drab, bash, boar, bora, dado, hard, dash, shad, road, soda, sard, hoar, rash, rosa, soar. 31 words. **Permutate:** BIKES BIKER BRIDE BORED DRONE ROUND **Clueless crossword:**

1	2	3	4	5	6	7	8	9	10	11	12	13
B	L	J	H	U	Q	E	D	I	W	K	S	C

14	15	16	17	18	19	20	21	22	23	24	25	26
V	M	X	R	O	Y	A	Z	F	P	N	G	T

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Hire education

Aussie director Sophie Hyde talks to RUSSELL BAILLIE about making a very British kind of movie exploring an older woman's sexual liberation.

In the film *Good Luck to You, Leo Grande*, Emma Thompson plays Nancy, a widow and retired religious-education teacher who hires sex worker Leo. "I want to play at being young again," she tells him. In a series of hotel rendezvous, Nancy asks that they work through a list of things she never tried with her husband.

But the twenty-something Leo isn't just a gigolo – he's empathetic, warm, friendly and very good at this job, but with his own professional boundaries. As their encounters progress, their commercial relationship becomes something more personal. Until, that is, their outside lives intrude.

The drama two-hander, which is mainly confined to one hotel room, has been critically acclaimed for the performances of both Thompson and Irish actor Daryl McCormack as Leo.

The 63-year-old Thompson, no stranger to sex scenes early in her career, has come in for particular praise for her bravery in baring all in a role that was especially written for her by British comedian Katy Brand.

With Thompson playing the initially uptight Nancy, the buoyant, sex-positive drama

Daryl McCormack is a gigolo and Emma Thompson a retired school teacher on a sexual mission in *Good Luck to You, Leo Grande*.

might still seem a very English sort of film.

But it's the third feature by rising Australian director Sophie Hyde. The Adelaide-based film-maker made her debut in 2013, directing the Sundance prize-winner *52 Tuesdays* about a teenager dealing with the transitioning of a transgender parent.

She followed that with 2019's *Animals*, a comedy-drama about two hard-partying Dublin women friends, based on the novel by Emma Jane Unsworth of the same name. Its reception in the UK suggested to the producers and star of *Leo Grande* that Hyde could be the right woman to direct their film.

***Leo Grande*, *52 Tuesdays*, *Animals* and other projects you've produced have all dealt with sex and sexuality. Why has this become a speciality for you?**
I think everything I've made is probably interested in sex and sexuality and gender and identity. I guess because it's fundamental to who we are, not the labelling of those things, but the untangling of those things or the freeing up of those things.

I think we hold a lot of shame in our lives about our bodies and our desires. I am really drawn to and interested in people who help to unshackle those sorts of ideas of shame and want to see characters who are tackling that, who are not just sort of accepting the status quo but are trying to challenge and provoke something.

"I think we hold a lot of shame in our lives about our bodies and our desires."

In this movie, you're doing that in a mainstream film with English acting royalty. That must have presented its own challenges.
Yes, but Emma's just really smart and talented and invested in the ideas, and cares about the right things. So once I was actually working with her, it felt really normal.

But what someone like Emma does – as well as being a great collaborator – is she draws attention to this movie. We could have made the same movie and it would have been different but just as good. But it wouldn't have got the same kind of attention. So that's really exciting to be part of a cultural conversation about ideas that have sat on the fringes a lot of the time.

I think the ideas that I have are sometimes a bit at the fringes, but they are less so now.

Was the thought of directing Emma Thompson, fairly early in your career and in a movie like this, intimidating?
Yeah, but part of that is you never know what you're going to get with an actor. Especially someone as powerful as Emma. You never know if what they show you at the beginning, or what they seem to be, is how they're going to be. So yes, there's a nervousness. But also, you just get on with your job and you just get stuck in and do what you have to do. That nervousness went away quite quickly for me with Emma, because she was very trusting. So it was dispelled very fast.

Sophie Hyde: outsider perspective.

Many of the headlines or chat-show discussions about the film have been about her bravery at doing nude scenes. Was she brave?
Emma Thompson is brave and so was Daryl … but the idea that Emma is brave because she takes her clothes off and has an untreated body on screen at a certain age is almost offensive, isn't it? Because it's just a body, right? We wouldn't call it brave if it was a 20-year-old who had what we would consider the perfect body.

So, it kind of speaks to what is important about a story. Actually, for the character of Nancy, how her body looks is not the most important thing. Emma made a really distinct choice in a film like this to kind of not be part of that any more, and to reject that idea. That's why she's brave.

The film's take on being a male sex worker is very positive. But is Leo too good to be true?
I think there's truth to it. And certainly from the people I spoke to for this, it's really varied. We kind of put on sex work an idea that it's transactional. But all work is transactional. My thinking of sex work is that as a job it can be really boring, it can be horrible if you come up against the wrong person. It can be really satisfying. It can be vocational. It can be just a way to make money.

GETTY IMAGES

Thompson: "a great collaborator".

As an Australian, did you bring an outsider's point of view?
I don't think it hurt to have an outsider's perspective because when I came into it, it felt very British – Emma's character, Nancy, in particular, is.

When I was trying to cast Leo, I kept feeling a little bit uncomfortable with actors from England and I couldn't work out why. Part of it is because I'm not quite au fait with the British class system. So I never felt entirely sure, like what a particular accent said. So, I kept looking at people that were Australian and Irish and Welsh.

And you cast Daryl McCormack, who's Irish but not white. Race doesn't figure in the characters' conversations but is the film saying something about it?
I think everyone watching it has kind of different layers that they bring to their viewing and I certainly think Nancy and Leo, as characters, have different perspectives on that. When Daryl and I discussed it, it was about Leo walking into the room as a mixed-race guy, always with a question in his mind about why he has been chosen by Nancy.

I think that the film is all about power shifts and dynamics, and those are about age and physicality and experience – all of these things kind of dancing around each other. Race is there. It's not the primary thing and we don't delve into it explicitly, but it's certainly present.

How did shooting in the UK during pandemic restrictions affect the film?
It was a beautiful experience, actually.

Everyone was tested all the time, but for the inner circle on set, it was really delightful because we formed a little bubble.

The crew and I were all in masks but Emma and Daryl weren't and we just felt like we were really in this very tiny little bubble of intimacy.

So the feelings of the film were really present and strong and there was no distraction. We couldn't go and do anything else. It was really good for us. ▮

Good Luck to You, Leo Grande *is in cinemas now*.

FILM

Portrait of an era

A doco about Princess Diana is also a vivid and engaging slice of history.

THE PRINCESS
directed by Ed Perkins

One of the most striking realisations from watching this latest revival of the "Tragedy of Princess Diana" is just how different social attitudes were back in the 1980s. When the royal engagement was announced, everyone from skinheads to Joe Ordinary celebrated in their own way, from getting commemorative tattoos and haircuts to hosting bunting-strewn cul-de-sac parties.

This was an era when the first pregnancy of a future queen would be announced over the supermarket tannoy, eliciting applause and genuine delight from the hoi polloi. A time when it wasn't at all outrageous for the public to be reassured that Lady Di's older male family members had "vouched for her virginity".

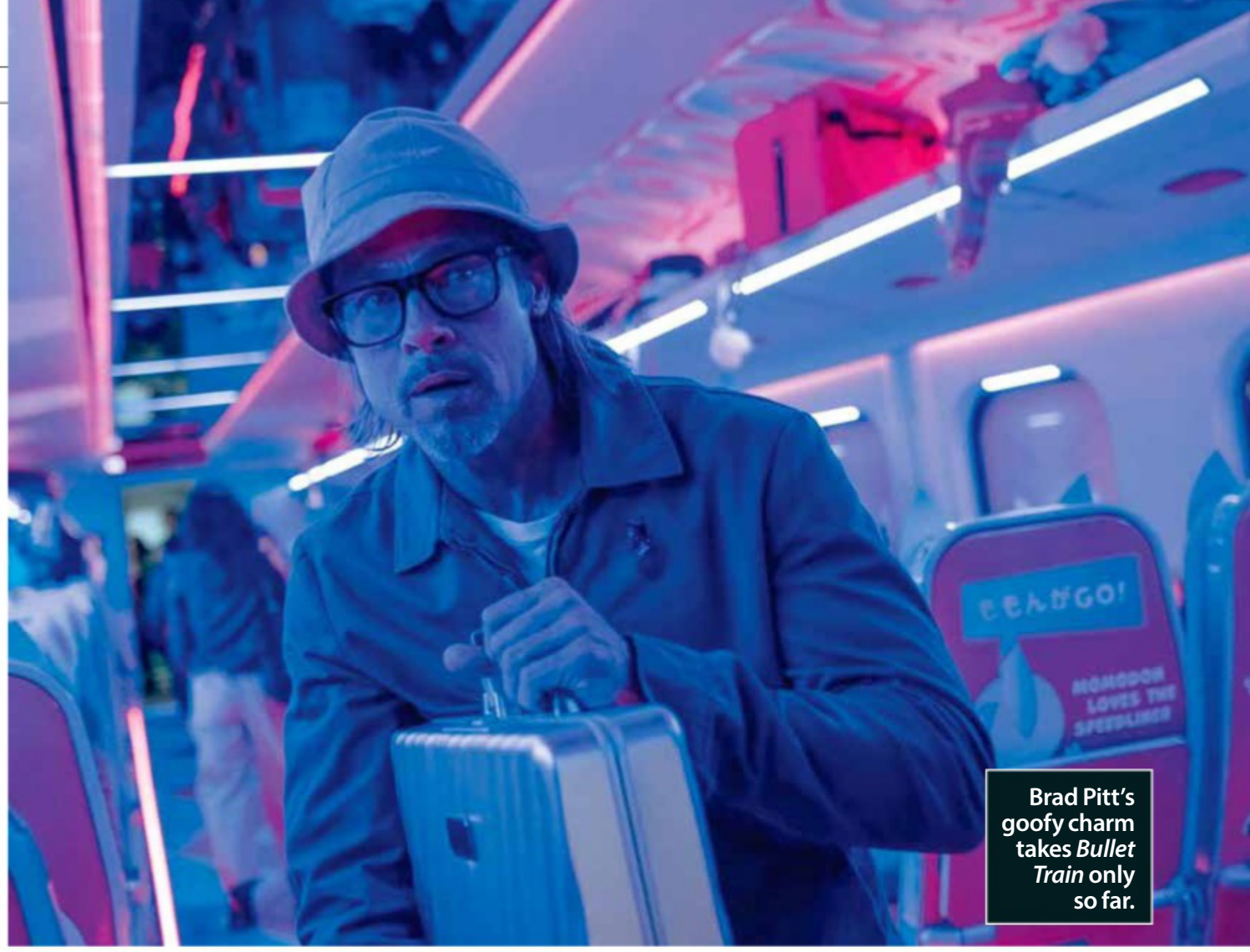
Told entirely through well-edited archive footage, with no voiceover, redundant chapter headings or retrospective talking-head interviews, the documentary about Diana's 17 years in the public eye is utterly enthralling in its immediacy. You may think you've heard it all before, but you haven't.

Book-ended with great restraint by the car crash (a horror which is told from perspectives never seen before), the film is an amazing juxtaposition of anti-Thatcher riots, IRA fear, tabloid fever and pundits making predictions about this most public of couples.

One espouses that Princess Diana's life will get easier once they marry, when "all this telephoto lens business will stop". How galling when we know just how wrong that prophecy would prove to be.

Ed Perkins' version of events feels more like a legitimate snapshot of a social phenomenon than a polemic against the

The Princess is an immediate and gripping record of a social phenomenon.



Brad Pitt's goofy charm takes *Bullet Train* only so far.

Windsors, the tabloid media or 1990s Britain. The doco may also provide a welcome antidote for those who objected to the recent flight of fancy that was the film *Spencer*, which took so much licence with Diana's character, or how she continues to be portrayed in *The Crown*.

The Princess makes a gripping watch even for anti-monarchists.

Like Asif Kapadia before him, whose brilliant portraits of Ayrton Senna and Amy Winehouse utilised only pre-existing footage, Perkins presents the most famous woman in the world in an ostensibly objective light.

But what's most startling is that the film isn't just for aficionados. As a historical record, *The Princess* makes a gripping watch, even for anti-monarchists who know little and thought they cared less.

★★★★★

IN CINEMAS NOW

Sarah Watt

High-speed splatter

Brad Pitt's usual knack for elevating a genre flick goes off the rails.

BULLET TRAIN
directed by David Leitch

When Brad Pitt makes a genre movie, it's usually a promise of something decent. When he has battled zombies (*World War Z*), gone into space (*Ad Astra*), fought Nazis (*Fury*, *Inglourious Basterds*), or played cowboys (*The Assassination of Jesse James by the Coward Robert Ford*), he has shown a knack for being in films that rise above their familiar territory.

But on *Bullet Train*, a cartoonishly violent action comedy set, yes, aboard a Shinkansen trip between Tokyo and Kyoto, Pitt's genre flick quality control seems on the blink.

It's not for a lack of trying on his part. It would be a worse movie without Pitt's easy-going star turn. He's a hitman code-named Ladybug who is on an assignment to grab a briefcase from Brit hench-brothers Tangerine (Aaron Taylor-Johnson) and Lemon (Brian Tyree Henry), who are escorting the son of a major mobster they've just freed from a kidnapping.

But they aren't the only killers aboard, and soon everyone's various missions are pinballing off each other in between occasional station stops and other sidetracks.

It's based on a best-selling thriller by Japanese mystery writer Kotaro Isaka, who is reportedly fine with the cast whitewashing by director David Leitch, a former stuntman who once doubled for Pitt before directing the likes of *Deadpool 2* and *Atomic Blonde*.

On screen, *Bullet Train* is a whirl of inventive slapstick-splatter involving guns, swords, snakes, costumed mascots and carry-on baggage. It does employ a *Thomas the Tank Engine* running gag because, well, trains, and another about high-tech Japanese toilets because quirky foreign plumbing apparently never gets old.

The main characters get lengthy flashbacks to show their supposed motivations. But while they give us a break from the carriage confines, they just add to the feeling that *Bullet Train* is something of a Tarantino tribute act, albeit with a guy who's actually been in a couple of Tarantino movies singing lead.

Pitt's goofy charm – Ladybug is working on his mindfulness after a bad run – only goes so far in being a distraction against *Bullet Train*'s failure to clip the comedy ticket. It offers many creatively choreographed fights and bloody deaths upon a fast-moving vehicle, but two hours of that can soon make you wish you'd booked a sleeper.

★★½

IN CINEMAS NOW

Russell Baillie

Films are rated out of 5:
★ (abysmal) to ★★★★★ (amazing)

MUSIC

GRAHAM REID

Neil, left, and Tim Finn: *Finn* is a quiet showcase of their collective musicianship.

GETTY IMAGES

It's a Finn-Finn situation

The demo recordings of the Finn brothers' first co-written songs help turn a reissue of their debut album as a duo into a great double LP.

FINN, *by The Finn Brothers (Lester)*

Had it not been for Chris Bourke's thorough 1997 biography of Crowded House, *Something So Strong*, most people would have been unaware of the fraught background to the band's 1991 third album, *Woodface*.

Early rejection of Neil Finn's material by their American record company resulted in anger and arguments and ultimatums.

At the same time, however, Neil was writing with older brother Tim, whose solo career hadn't been as successful as he deserved.

Neil, living in Los Angeles, found solace in Tim's new studio at his home in Melbourne and they polished up a bunch of songs, including *Weather With You*, *It's Only Natural*, *There Goes God*, *Four Seasons in One Day* and *Chocolate Cake*.

Over time, it was decided these could be transported to the Crowdies album and, as a consequence, Tim joined the band for a brief period.

When Crowded House finished touring their subsequent *Together Alone* album, and Neil returned to New Zealand, the brothers came together for writing and recording sessions where the pressure was off.

The result was the *Finn* album in 1995, originally attributed to just "Finn", but changed to The Finn Brothers when threatened with a lawsuit by a British band with a prior claim on "Finn".

A quiet showcase of their collective musicianship – all instruments played by them aside from bass by Dave Dobbyn on *Kiss the Road of Rarotonga* – the *Finn* album bore little relation to anything either brother was working on at the time.

There's an ease about many of the songs, which don't strain to produce archetypal Neil melodies (although glorious passages come through) or have the anxiety that often infected Tim's work.

Echoes of late-period Split Enz cropped up in the stabbing pop of *Eyes of the World* and *Suffer Never* has a weightless, psychedelic quality.

The *Times*' Caitlin Moran said "the album is bizarrely fractured [with] *Astral Weeks*-like drifts, underwater lullabies and melodies nicked from the Walkmans of the gods".

The craft is also in the details: the rippling piano in *Where is My Soul*; Tim hammering the drums on the punkishly reductive rock of *Kiss the Road of Rarotonga*; the unforced elegance of the simple McCartney-like piano part on *Last Day of June*.

Neil had previously extended his sonic palette as the producer on Dobbyn's 1994 album *Twist*, and some of those grinds and sounds sneak in by happy osmosis.

More than a quarter of a century on, *Finn* stands a rediscovery – and it has been reissued on vinyl with an extra record of demos of *Woodface*'s *Weather With You*, *Four Seasons in One Day*, *There Goes God* and *It's Only Natural*, as well as a previously unreleased *Four Stepping in ¾ Time*.

Radiohead's Ed O'Brien writes the eloquent liner notes about "the record I most needed at the time I most needed to hear it", noting Quincy Jones

says writing is about leaving space for God to walk through the room: "I can hear that on *Finn*. You might not want to acknowledge it for fear that it'll go as soon as it's arrived. But it's there."

The extra record, with those *Woodface* demos, also comes with *In Love with It All* and *Strangeness and Charm*, which were revisited for Tim's post-Crowded House 1993 solo album *Before & After*.

You are eavesdropping on a moment when inspiration arrives like a mysterious whisper in the room.

It's a collection of unpolished gems. It opens with the demo of *Catherine Wheels* (on Crowded House's fourth, *Together Alone*) and *Prodigal Son* (which became the B-side of *Suffer Never* in the UK).

Beneath the brothers' harmonies, there is a discernible drone-pop undercurrent to *Prodigal Son* and the unusual *Four Stepping in ¾ Time*.

Beatles comparisons have always followed Neil Finn, but this double set is, at times, located somewhere between the confident experimentation of *Revolver* and the casual atmosphere of *The White Album* demo sessions.

With Tim's vocals, the diverse shapes of these songs and how extraordinary their writing was as it appeared on *Woodface*, you are eavesdropping on a moment when inspiration arrives like a mysterious whisper in the room. ▮

The Finn Brothers' double album edition of Finn *is available now.*

Sonic journeys

Two dark and otherworldly local albums explore mysterious territory.

Motte (Anita Clark): works with loops, electronica passages, discreet taonga pūoro and floating vocals.

In the dark waters west of atmospheric ambient music, where avant-garde impressionism appears on the horizon, are sounds of no fixed genre.

Here be melodies, ethereal voices, cinematic sweeps of synthesisers and strings, strange creaks, crackles and a sense of anxiety.

This is the soundscape investigated by artists on international labels such as Mute (Nick Cave and Warren Ellis), Erased Tapes (A Winged Victory for the Sullen, Kiasmos) and 4AD (Efterklang, cellist/singer Lucinda Chua), alongside sound designers for films such as Jóhann Jóhannsson (*Blade Runner 2049*) and cellist/composer Hildur Guðnadóttir (*Chernobyl*).

This country also has explorers and experimenters in this arena, notably the enigmatic rotor (sometimes styled as rotor+) whose self-described "black trilogy" of *Aileron* (2000), *Map Key Window* (2004) and *Dust* (2013) brought together elegant electronica minimalism, surface noise and Cage-like silences, allowing the listener to focus on their own aural environment.

This is also where we find Christchurch's Motte (Anita Clark), a violinist and string arranger who has appeared under her own name on albums by Don McGlashan, Luke Buda and Tami Neilson.

Her Motte debut in 2015 was the appropriately titled *Strange Dreams*, and for her new album, *Cold + Liquid*, she works with loops, electronica passages, discreet taonga pūoro and floating vocals.

Her melodic violin lines often have a visceral scrape in this deliberately disconcerting context, much like Hisako Yamash'ta in Stomu Yamash'ta's innovative East Wind group of the early 70s.

Cold + Liquid was originally conceived as an instrumental album because Motte suffered from paralysis of her vocal cords, so there's a considered rigour to her musical palette, which often seems stateless and untethered.

Motte is on a mesmerising journey with *Cold + Liquid*, but she's not a lone explorer. Here, too, are Wellington composers Peter Liley and Jack Woodbury with their debut album *Unfathomed Waters*.

This quasi-ambient collection of eight instrumentals was inspired by HP Lovecraft's 1920s "found manuscript" U-boat mystery story *The Temple*.

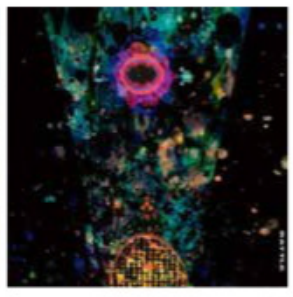
This theme helps explain the searing and unnerving *The Coming Deprivation of Light*, where electronic sounds and angry percussion emerge from the depths like a menacing leviathan.

There's a hallucinatory aspect to these soundscapes, which draw on saxophone, electro-acoustic instruments and voice. And, because Woodbury writes for art installations, the album evokes strong visual images, notably in the troubling second half, as befits Lovecraft's tale of hallucination and madness in the ocean's depths.

There's a discernible arc from the heavenly, disembodied voices on the opener, *There Came a Third Impression*, through the weightless *Almost Without Plans*, to the increasing prominence of electrostatic glitches, then resolution in the closing two-part title track.

Unfathomed Waters is in that similarly distant territory *Cold + Liquid* also explores, dark and often beautifully disorientating. ▮

Cold + Liquid *and* Unfathomed Waters *are available digitally;* Unfathomed Waters *is also on CD and* Cold + Liquid *on limited-edition vinyl.*



DAVID DUNHAM

Tickling the dragon's tale

Can *House of the Dragon* spark another fantasy drama phenomenon like its predecessor *Game of Thrones*? by RUSSELL BAILLIE

HOUSE OF THE DRAGON, *from Monday, August 22, Sky SoHo, 1.00pm and 8.30pm; and Neon.*

Game of Thrones, the television series based on the books of George RR Martin, ran for eight seasons while winning 59 Emmys along the way. Its viewership ballooned after its 2011 debut, with some estimates of as many as 100 million viewers in 200 countries watching its final series in 2019.

It proved to be the biggest show of the 21st century, one that left its mark on pop culture and changed the landscape for television drama – and one that was frequently criticised for its depictions of sexual violence and treatment of its female characters.

For maker HBO, the end of *GoT* brought questions such as: one-off or spin-off? And having successfully wrestled a series of doorstop fantasy novels into a TV series for grown-ups, were there more shows it could make from Martin's grim fairy tales? Absolutely, which is why Martin got an eight-figure sum for a five-year deal from HBO last year.

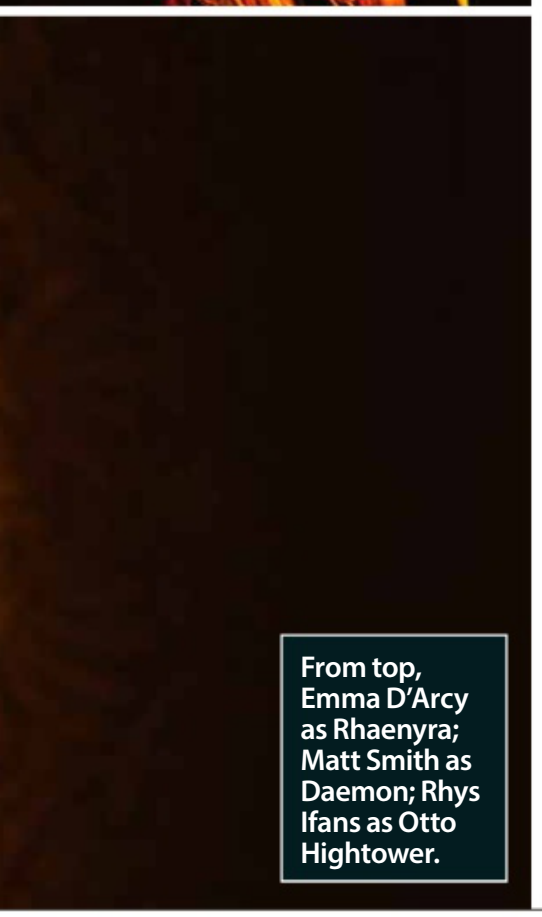
But it has been a rocky beginning to the franchise-building. In 2019, HBO canned *Bloodmoon*, a show set thousands of years in the past, after paying a reported US$30 million-plus for a pilot episode starring Naomi Watts.

The first to stake a claim as the television heir to *Thrones* is *House of the Dragon*, a prequel set nearly 200 years earlier. It's based on chapters in the second half of Martin's *Fire & Blood*, the first of a planned two-volume history of the Targaryen kings, told as if it had been written by a Westeros scholar sifting through the fallen dynasty's past, centuries later.

Released in 2018, the book received mixed reviews for its dry, textbook-like approach. Martin himself dubbed it "the GRRMarillion", a reference of JRR Tolkien's *The Silmarillion*, the posthumously published collection of mythopoeic stories about Middle-earth. When *House of the Dragon* was announced, one headline asked: "Why is HBO making a *Game of Thrones* spin-off from George RR Martin's worst book?"

It's possibly because the source material offered a world familiar to the original show's fanbase – many of the characters are ancestors of *GoT*'s dragon-riding warrior princess Daenerys Targaryen – but plenty of creative room for the producers and writers.

"One of the many things that worked incredibly well about the original show was the tone and the way it was presented," says *House of the Dragon* co-showrunner Ryan Condal. "It was this very real and tactile



From top, Emma D'Arcy as Rhaenyra; Matt Smith as Daemon; Rhys Ifans as Otto Hightower.

and violent and funny and dark and sexy and vulgar world. We're trying to, if not replicate it, then certainly honour that. Yet because our show takes place 200 years before, you also want it to feel of a different time and place – but still feel familiar."

The show focuses on *Fire & Blood* chapters "The Dance of the Dragons", about the eventual civil war sparked by conflict between Rhaenyra Targaryen (Emma D'Arcy), her half-brother Aegon, cruel uncle Daemon and others after she is anointed the heir to the Iron Throne by King Viserys.

The cast features a mix of hot young newcomers and familiar British faces.

Like the early seasons of *GoT*, the cast features a mix of hot young newcomers and familiar British faces, including Paddy Considine (see story at right); former Doctor Who and former Prince Phillip, Matt Smith, as Daemon; and Rhys Ifans as Otto Hightower, the scheming Hand of the King. He's also the father of Alicent Hightower (Olivia Cooke) who, in the book, goes from being Rhaenyra's childhood friend to her stepmother.

That it is a 10-part series on the internecine conflicts of one royal family suggests it will be narrower in scope than its multi-kingdom predecessor. But it has many more dragons – a dozen or more, all bonded to various noble riders – and many more Targaryens.

As we remember from the final episodes of *GoT*, it took just one crazed dragon-piloting Targaryen to leave the place an awful mess. Imagine what a whole bunch might do. ▮

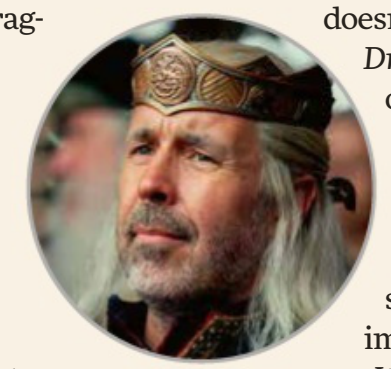
At the sharp end of the kingdom

For veteran English actor Paddy Considine, it's good to be the king.

In *House of the Dragon*, Considine plays King Viserys, the ruler of Westeros who, as a monarch, is diplomatic and peace-loving, which hasn't always been a Targaryen family trait.

Considine had a chance to be in *Game of Thrones* but when his agent called, he told him, "It's about dragons." "I went, 'No thanks.' I didn't even read it."

He had no regrets when he finally saw and liked the show. Now, having sat that first series out, he has got a pivotal role in the spin-off – which has even more dragons.



Paddy Considine plays King Viserys Targaryen.

It's Viserys' decision to name his eldest daughter, Princess Rhaenyra, as his eventual heir that causes a split in his family ranks and leads to a civil war, known as "the Dance of the Dragons".

As the show begins, Viserys is trying to maintain the peace within his court and throughout the kingdom. Just as uneasy is the head that wears the crown, anxious is the backside that perches itself upon the Iron Throne, which, after all, is made of swords.

"It takes its toll on him. Trying to be king in that kingdom is not an easy job."

Considine couldn't help but be excited by finding himself on the famous furniture.

"The first time I saw the Iron Throne and went and sat on it, there was a bit of a buzz. 'It's the Iron Throne in the throne room!' Ultimately, it's a very human drama about a family ... all you can do is be true to the story. Even with all that scale, it just boils down to the characters. But there are moments where you look around at some of the grandeur and you go, 'Shit, I've never seen anything like this in my life.'"

But millions have seen something like it in a certain previous series. Considine doesn't see *House of the Dragon* as a *Thrones* offshoot, however.

"I think this is very true to the original series. It's not a spin-off and that's important to say. It certainly didn't feel like that to me. It's the same world and you'll get that from the first episodes. The things that are going on – the skulduggery, the violence and the drama – are all well within that world."

It's likely that playing Viserys is going to make the actor-musician and occasional director a better-known face than two decades of being a stalwart of British independent cinema. That's fine with him. It's a role he thinks has come along at the right time.

"I was really ready to play a part like this. I was just relieved when I got the scripts for this and read Viserys. I thought, 'There's a character there, there are scenes and there's something for me to do. This guy's complex and he's tragic and he's a myriad different things.'

"So I was a bit flattered that they'd come to me and had faith in me to bring this guy to life." ▮

The Great Kiwi Bake Off, Thursday.

TELEVISION

Our picks of the week

SATURDAY AUGUST 20

EXPLORING NORTHERN IRELAND WITH SIOBHÁN MCSWEENEY

The thinking woman's travelogue

Screening: *Living, 7.30pm*

Yes, it's another celebrity travelogue, but Siobhán McSweeney (best-known as Sister Michael in *Derry Girls*, but actually born across the border in County Cork) brings a bit of an edge to this one. Propelled by both her trusty e-bike Thunderclap and a sense of curiosity about Irish identity, she's game for a succession of tourist pursuits, and Belfast gets a look-in in the first episode (she scales the towering port crane that overlooks the *Game of Thrones* sets). But the series' real resonance is to be found in the ruins of old churches and the stories they have to tell.

MONDAY AUGUST 22

HOUSE OF THE DRAGON

Rekindling the fire

Screening: *SoHo, 1.00pm and 8.30pm*

Streaming: *Neon*

The prequel to *Game of Thrones*, based on George RR Martin's book *Fire & Blood*.

See story on page 66.

TUESDAY AUGUST 23

THE KING

Intense prison drama

Streaming: *TVNZ+*

Luca Zingaretti is best known for his role as the sympathetic, even jolly, titular character in the Italian police procedural *Inspector Montalbano*. He's in very different territory here as Bruno Testori, the cocaine-snorting "supreme ruler" of the fictional San Michele penitentiary, a man whose world is beginning to crumble, with uncertain consequences for everyone around him.

Zingaretti, who co-created the Italian-language drama for Sky Italia, told the *Radio Times* he chose a prison setting as a place where "conflicts are heightened. It's a bit like a reality show where people are all locked in one place and explode."

WEDNESDAY AUGUST 24

GEORGE CLARKE'S FLIPPING FAST

What could possibly go wrong?

Screening: *TVNZ 1, 8.30pm*

Streaming: *TVNZ+*

George Clarke has made his TV career out of oohing and aahing about the beauty of the build. This new series is more about the money. Competing teams, all novices, are advanced £100,000 to buy, refurbish and resell as many residential properties as they can in a year. They all keep their profits and the team that makes the most profit wins and gets to keep the £100,000 as a prize. It's unclear who pays any capital gains tax.

THURSDAY AUGUST 25

THE GREAT KIWI BAKE OFF

Screening: *TVNZ 1, 7.30pm*

Streaming: *TVNZ 1*

Bake Off is back – but the recipe has changed. The 10 hopefuls who line up for the new season of *The Great Kiwi Bake Off* will be seeking favour with two new judges, decorated chef Peter Gordon and Instagram glam baker Jordan Rondel. There's also a changing of the guard among the show hosts, with Pax Assadi coming in to team up with Hayley Sproull.

Wait, you say, isn't Gordon a restaurant chef rather than a baker? Actually, he's a man of many parts and he co-founded the artisan doughnut maker Crosstown Doughnuts in the UK in 2014. Rondel also has an international career. In 2010, she leveraged her popular baking blog into a business, The Caker, opened a shopfront on Auckland's Karangahape Rd and extended the brand to Los Angeles in 2019.

Comedian Assadi readily admits to not being a regular baker, or even knowing how to bake. This makes him the show's "voice of the people", he says. "Also, I love to eat the baking."

Rams, Saturday.

TV Films

by RUSSELL BAILLIE

The big movies on TV this week

SATURDAY AUGUST 20

TROLLS WORLD TOUR

Battle of the hair bands

TVNZ 2, 7.00pm

An even more trippy, gleefully twee sequel to the first animated comedy musical based on those dolls with the crazy tresses. Anna Kendrick and Justin Timberlake return as the voices of Poppy and Branch, as they try to stop the warring between Troll music-genre tribes. That means cameos from the likes of George Clinton, Mary J Blige and Ozzy Osbourne as well as Jamie Dornan as Chaz the smooth jazz troll who can paralyse with his music. (2020) ★★★

DOWNSIZING

Thinking small

Three, 8.25pm

Quirky sci-fi comedy from director Alexander Payne that doesn't quite hit the mark with its eco-crisis-capitalism satire in which financially struggling Matt Damon signs up to be physically shrunken to about 15cm tall, so he can join an experimental miniature community offering a life of luxury. (2017). ★★★

RAMS

Daggy duo pass muster

Eden, 8.30pm

Sam Neill and Michael Caton are in their element as grizzled rival sibling sheep farmers who haven't spoken in years, despite living within shouting distance of each other. A mostly light-hearted Aussie remake of the Icelandic film *Hrútar*, it's an enjoyably woolly family saga. (2020) ★★★★

LANSKY

Organised crime's organiser

Rialto, 8.30pm

No stranger to gangster films, Harvey Keitel plays the notorious mafia money guy Meyer Lansky in his dying days as he tells all to a writer (Sam Worthington) while the FBI keep watch. Keitel is fine, but it's an underwhelming mob flick, especially in its flashbacks to Lansky's criminal heyday. (2021) ★★★

WHAT HAPPENS IN VEGAS

Two of a kind

TVNZ 2, 8.45pm

The one where strangers Cameron Diaz and Ashton Kutcher wake up married after a big night out in Vegas and must stay hitched – despite loathing each other – for six months to keep a joint gambling windfall. The pair have fun being mean to each other, but it's a charmless romcom (2008). ★★

SUNDAY AUGUST 21

EDGE OF TOMORROW

Looping him in

Three, 8.00pm

Futuristic alien invasion war film in which Tom Cruise dies

HARD QUIZ

***Mastermind* with one-liners**

Screening: *TVNZ 1, 9.00pm*

Streaming: *TVNZ+*

This panel show has become hugely popular across the Tasman since it launched in 2016. It earned laconic host Tom Gleeson a Gold Logie Award as Australia's most popular TV personality in 2019. (Gleeson duly honoured a pledge to carry on and "un-cancel" the show if he won a Logie.) Each week, four panellists front to answer questions on their specialist subjects and try to burgle points by answering their competitors' questions, too. It would be fair to say that not all players arrive impeccably prepared.

MIKE

Eight rounds with Tyson

Streaming: *Disney+*

This eight-part biopic from the creators of *I, Tonya* arrives with plenty of controversy in tow. In a series of social-media posts, its subject, Mike Tyson, has denounced it as "a slave master take-over story about my life", emphasising more than once that Hulu, which commissioned the series in the US, "stole my story and didn't pay me". Executive producer Steven Roberts told journalists that in fact "we actually couldn't talk to him because his life rights were already taken". So it's an unauthorised biography, one which, according to showrunner Karen Gist (*Our Kind of People*, *Girlfriends*), aims to challenge perceptions of Tyson, adding that "redemption was never really the goal of the series". Trevante Rhodes (*The United States vs. Billie Holiday*) plays Tyson and Harvey Keitel turns up as his legendary coach, Cus D'Amato. Series directors include Director X, music video creator for hip-hop royalty. ▮

over and over again, adapted from a Japanese graphic novel about a reluctant warrior who must learn from his mistakes and live to fight another day. Cruise's army pen-pusher gets Emily Blunt's super soldier as company in this terrific action outing. (2014) ★★★★

DEN OF THIEVES

Cops and robbers

TVNZ 2, 8.30pm

Long-winded heist thriller that owes much to the likes of *Heat*, with Gerard Butler as the head of a Los Angeles County Sheriff squad on the trail of a gang of former marines preparing to hit a federal reserve. (2018) ★★★

A BUMP ALONG THE WAY

In the family way

Whakaata Māori, 8.30pm

Enjoyable bittersweet Irish pregnancy comedy set in Derry, where 44-year-old single mother Pamela (Bronagh Gallagher) finds she's expecting after a one-night stand, much to the embarrassment of her teenage daughter, Ally (Lola Petticrew). (2019) ★★★

THE FOUNDER

An empire's beginnings

Eden, 8.30pm

Intriguing business biopic with Michael Keaton well cast as Ray Kroc, the scheming salesman who took a small San Bernardino burger joint run by Richard and Maurice McDonald (Nick Offerman and John Carroll Lynch) and franchised it to the world, leaving the two brothers in the lurch. (2016) ★★★½

MONDAY AUGUST 22

THE JUDGMENT

Dutch true crime

Rialto, 8.30pm

A solid drama treatment of the Netherlands' notorious Deventer murder case, which follows the investigations of journalist Bas Haan into what he found was a miscarriage of justice, despite a man being twice convicted for the 1999 killing. (2021) ★★★½

VENOM: LET THERE BE CARNAGE

Battle of the odd couples

Sky Movies Premiere, 8.30pm; Neon

Tom Hardy returns for another supervillain Jekyll and Hyde session as journalist Eddie Brock and his alien symbiote, Venom, with the pair taking on another deadly duo in the form of Woody Harrelson's serial killer and his own evil alien parasite, Carnage. An improvement on the first one. (2021) ★★★

FRIDAY AUGUST 26

MISSION: IMPOSSIBLE II

Sophomore slump

Three, 7.30pm

It's the one that started with Tom Cruise being an actual cliff-hanger and director John Woo helping make the action scenes in Cruise's second outing as Ethan Hunt look impressive. But it's a bit of a mess storywise and it's the least liked in the franchise for good reason. (2000) ★★★

BELFAST

That's my boy

Sky Movies Premiere, 8.30pm; Neon, Amazon Prime from August 20

Director Kenneth Branagh's charming semi-autobiographical film about nine-year-old Buddy and his loving extended family as the Northern Ireland capital is rocked by sectarian violence in the 1960s. A feel-good memoir set against troubled times. (2022) ★★★★

The Founder, Sunday.

Films are rated out of 5: ★ (abysmal) to ★★★★★ (amazing)

Talkback

SPEAKING THEIR MINDS

When did so many of us become so verbally lazy? We have had comms – short for communications – for a long time. However, now we have to endure (on many radio stations) Comm Games. What gives? Laziness or abbreviating for the sake of saving two syllables and two seconds?

Trish Bishop
(Hamilton)

Will radio announcers please properly pronounce the country's name? Aotearoa should not sound like "rower", but rather like "rawer". The first lesson in te reo Māori is the vowels and their pronunciation.

Ren Kempthorne
(Nelson)

I wonder if I am alone in my bemusement at the way the word "Ireland" is pronounced on mainstream radio and especially television news? It's as if all the news presenters had kissed a version of the Blarney Stone, which instead of giving them the gift of the gab, ensures they pronounce "Ireland" as if they had some bogus Irish accent, viz: aye-er-loond!

I lived in Ireland for a decade and I still don't pronounce it with a fake Irish accent: Ire-lend is just fine.

C Johnstone
(Grey Lynn, Auckland)

HOLBY HOLD-UP

In the UK, the programme *Holby City* has ended. In New Zealand, on BBC UKTV, we appear to be viewing an old series. When, if at all, will we be able to see the last episode here?

Clive Wilson
(Hillsborough, Christchurch)

Talkback responds: *The BBC announced in 2021 that* Holby City *would conclude with its 23rd season because it wanted to make more regional drama. The final episode screened there in March this year, but BBC UKTV here is currently screening season 21 and says that it will screen seasons 22 and 23, but cannot confirm screening dates yet.*

FOUL WEATHER

For the past year, or perhaps two years, when watching the Newshub weather, I was intrigued to see that there were separate weather forecasts for both Tauranga and Mt Maunganui, a distance of only 6.2km. Whereas, the Kāpiti Coast, which runs from Ōtaki to Paekākāriki, is as long as 34km. Newshub must, without delay, provide just one weather forecast for Tauranga and remove the one for Mt Maunganui. Moreover, in fairness to those on the Kāpiti Coast, it should provide separate weather forecasts for the towns of Ōtaki, Waikanae, Paraparaumu and Paekākāriki. That would be far more equitable to all of Newshub's weather watchers.

Brian Collins
(Petone)

SWEET WORDS

Bravo to Whakaata Māori. It consistently shows quality movies from many nations and cultures, entertaining as well as educating us. And when we have to endure the commercial breaks, it doesn't insult our intelligence with gormless people dancing around junk food. Long may it continue.

Justin Topzand
(Kerikeri)

Please send comments, queries or complaints about radio or television to: listenerletters@aremedia.co.nz with "Talkback" in the subject line, or Talkback, NZ Listener, PO Box 52122, Kingsland, Auckland 1352

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Te Karere** (R)
6.30 **Country Calendar** (G, R, **HD**, **C**, **AD**)
7.00 **Fishing and Adventure** (PG, R, **HD**, **C**)
7.30 **Infomercials**
8.30 **Religious Programming**
9.00 **Extreme Cake Makers** (G, R, **HD**, **C**)
9.30 **Tagata Pasifika** (**HD**)
10.00 ■ **Paul Goes to Hollywood** (G, R, **HD**, **C**)
11.00 **Winning Combination** (G, R, **HD**, **C**, **AD**) Omid Djalili presents a UK quiz show.
Noon ■ **Under the Vines** (PG, R, **HD**, **C**, **AD**) s1ep6
1.00 ■ **Sarah Beeny's Renovate Don't Relocate** (G, **HD**, **C**)
2.00 ■ **The Great Kiwi Bake Off** (G, R, **HD**, **C**, **AD**) s3ep9
3.30 **Clean It, Fix It** (G, **HD**, **C**) A team of cleaners and DIY experts have just one day to help a household reclaim their space.
4.30 **Every Bite Takes You Home** (G, **C**) Kylie Kwong explores the culture and food of refugees and migrants in Australia.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Tipping Point Lucky Stars** (G, **HD**, **C**) Ben Shephard hosts a celebrity version of the UK quiz show, with Sara Pascoe, Lucy Pargeter and Joe Marler. s8ep9
8.00 **Lotto**
8.05 **Heathrow: Britain's Busiest Airport** (G, **HD**, **C**, **AD**) The airport may not be as busy as usual during the pandemic, but the aviation police are as busy as ever.
8.35 **Grand Designs UK** (G, R, **HD**, **C**) On a Scottish country estate, architect Iain and his wife Jenny are building an enormous black, square building inside a beautiful old walled garden.
9.35 ■ **Screw** (16, **HD**, **C**, **AD**) UK drama series. Tonight, as detectives arrive on the wing to investigate the murder, the case quickly becomes national news and the police feel the pressure to make an arrest. s1ep6
10.35 ■ **Pact of Silence** (M, **HD**, **C**, **AD**) UK drama series. Tonight, As the police net tightens, Cat and Tish are drawn closer, and Max is torn between his work and Anna. s1ep6
11.50 ■ **The Deceived** (M, **HD**, **C**, **AD**) UK drama series about a student who begins an affair with a lecturer.
1.35am **Nashville** (M, **C**) s5ep19
3.05 **Infomercials**
5.30 – 6.00 **Religious Programming**

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Ready, Steady, Wiggle!** (G, R, **HD**, **C**, **AD**)
6.10 **Postman Pat** (G, **HD**, **C**, **AD**)
6.25 ■ **Apollo's Tall Tales** (G, R, **HD**, **C**)
6.35 **PJ Masks** (G, R, **HD**, **C**)
7.00 ■ **Love Monster** (G, R, **HD**, **C**)
7.10 **Madagascar: A Little Wild** (G, **HD**, **C**)
7.30 **SpongeBob SquarePants** (G, R, **HD**, **C**)
7.55 **Moomin Valley** (G, **HD**, **C**)
8.15 **The Croods: Family Tree** (G, **HD**, **C**)
8.40 **Dragons: Riders of Berk** (G, R, **HD**, **C**)
9.05 **Hardball** (G, R, **HD**, **C**)
9.30 **Mystic** (G, R, **HD**, **C**, **AD**) s1ep2
10.00 **Fresh** (PG, **C**) An Island Block Party with Wayno, Jordan Tavita blesses your soul in My World, and Palagi Boyfriend.
10.30 **The Simpsons** (G, R, **HD**, **C**, **AD**) s11ep22
11.00 **Have You Been Paying Attention?** (PG, R, **C**)
Noon **Glastonbury: 2022 Highlights** (M, **HD**, **C**, **AD**)
1.10 **The Courtship** (PG, **HD**, **C**) s1ep8
2.05 **The Good Witch** (G, **HD**, **C**)
3.00 **Junior Bake Off** (G, **HD**, **C**)
4.00 **Fantastic Friends** (G, **HD**, **C**, **AD**) s1ep3
5.05 **Superman & Lois** (PG, **HD**, **C**)
6.00 **The Cube** (G, **HD**, **C**) Phillip Schofield presents a UK game show in which contestants undertake challenges in a giant clear cube.
7.00 ■ **Trolls World Tour** (2020, G, **HD**, **C**, **AD**) Poppy and Branch discover several more troll tribes, but trouble arises when the Queen of the Rock tribe plans to overthrow the other music genres. Voices of Anna Kendrick, Justin Timberlake, James Corden, Mary J Blige, George Clinton. **TV Films, page 69**
8.45 ■ **What Happens in Vegas** (2008, PG, R, **HD**, **C**, **AD**) A couple who had a wild night in Vegas and married after a big win are refused a quick divorce. Cameron Diaz, Ashton Kutcher. **TV Films, page 69**
10.40 ■ **Saw V** (2008, 18, **HD**, **C**) Tobin Bell, Costas Mandylor.
12.20am ■ **War Dogs** (2016, 16, R, **HD**, **C**, **AD**) Jonah Hill, Miles Teller, Ana de Armas.
2.15 **The Great Kiwi Bake Off** (G, R, **HD**, **C**, **AD**)
3.30 **The Mum Who Got Tourettes** (16, R, **HD**)
4.15 ■ **God Shave the Queens** (16, **HD**, **C**)
4.35 **Fresh** (PG, R, **C**)
5.00 **Infomercials**
5.30 – 6.00 **Religious Programming**

THREE FREEVIEW 3 SKY 003

6.00 **Charles Stanley**
6.30 **Infomercials**
9.30 **Newshub Nation** With Simon Shepherd and Oriini Kaipara.
10.30 **Celebrity Family Feud** (PG, R, **C**) s4ep4
11.30 **Grand Designs NZ** (PG, R, **C**)
12.30 **The Block NZ: Redemption Marathon** (PG, R, **C**)
4.00 **The Masked Singer NZ** (PG, R, **C**)
5.00 **Lego Masters USA** (G, R, **C**) s2ep11
6.00 **Newshub Live**
7.00 **Building the Kiwi Dream** (PG, **C**) The Watsons go camping to take a break from the build, but a family fishing day provides even more drama. s1ep4
7.30 **Crikey! It's the Irwins** (PG, **C**) Robert follows in Steve's footsteps wrangling a venomous king cobra in Utah, and a vet from the zoo's hospital visits Tandora to treat wild koalas. s1ep4
8.25 ■ **Downsizing** (2017, M, **C**) A suburban couple decide to go through the scientific procedure of shrinking themselves and relocating to a miniature city to live a life of luxury. Matt Damon, Kristen Wiig, Hong Chau. **TV Films, page 69**
10.55 ■ **Blackhat** (2015, 16, R, **C**) A convicted hacker is released from prison to help hunt down a cybercrime network. Chris Hemsworth, Tang Wei.
1.20am **Infomercials**
5.00 **Leading the Way**
5.30 – 6.00 **Charles Stanley**

PRIME FREEVIEW 10 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.55 **SmackDown** (PG, R)
10.55 **Once a Warrior with Monty Betham** (G)
11.30 **Farah Palmer Cup Live** Wellington v Bay of Plenty, live from Porirua Park.
1.30 **The Ditch** (G, R)
2.00 **Once a Warrior with Monty Betham** (G)
2.30 **Heartland Championship Live** South Canterbury v Thames Valley, live from Temuka Domain.
4.30 **Addicted to Fishing** (PG, R, **C**)
5.00 **The Loggers** (PG, R, **C**)
5.30 **Prime News**
6.00 **Which Car** (PG, R)
6.30 **Laurie O'Reilly Cup Live** (**C**) Black Ferns v Wallaroos, live from Orangetheory Stadium, Christchurch.
9.25 **NRL Premiership** (G) Parramatta Eels v Canterbury-Bankstown Bulldogs.
11.30 **NXT** (PG)
12.30am – 6.00 **Infomercials**

Film: VAN GOGH: OF WHEAT FIELDS AND CLOUDED SKIES

An Italian documentary that focuses less on Vincent Van Gogh's life and more on his paintings, based on those held in a collection amassed by Helene Kröller-Müller. The museum she founded in Otterlo in the Netherlands holds the second-largest collection of paintings by Van Gogh, as well as other significant works of modern art. She was one of the first to recognise Van Gogh's genius and amassed more than 90 paintings and 185 drawings. There are a number of Van Gogh experts in the doco, who examine how his work changed from conventional to extraordinary.

SKY ARTS, 8.30pm

Sport: LAURIE O'REILLY CUP LIVE

The Black Ferns have won all 17 fixtures of the Laurie O'Reilly Cup, but have been in a rebuilding phase after a poor northern campaign in 2021. The two tests against Australia (today and the 27th) are the last internationals before the World Cup in October.

PRIME and SKY SPORT 1, 6.30pm

GETTY IMAGES

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
9.30 **Ōpaki** (G, R)
10.30 **Ako** (G, R)
11.00 **Haka Ngahau ā-Rohe** (G, R)
Noon **Haka at Home** (G, R)
1.00 **Whakataukī** (G, R)
2.00 **Karanga: The First Voice** (G, R)
2.00 **Whaikōrero** (PG, R)
2.30 **Home, Land and Sea** (G, R)
3.00 **Intrepid Journeys** (PG, R)
4.00 **Marae**
5.00 **Moosemeat and Marmalade** (G, R)
5.30 **Waka Man** (G, R)
6.00 **Piri's Tiki Tour** (PG, R) Piri Weepu meets divers, farmers and hunters.
6.30 **He Aha to Say?** (G, R) A series of interviews with the people of Ngāti Porou.
7.00 ■ **Bon Voyage, Charlie Brown (and Don't Come Back!!)** (1980, PG, R) Charlie Brown and his friends travel to Europe as exchange students. Voices of Arrin Skelley, Daniel Anderson, Patricia Patts.
8.30 ■ **Raging Bull** (1980, 16, R) Based on the story of boxer Jake LaMotta, who became a middleweight champion, but self-destructed. Robert De Niro, Joe Pesci, Cathy Moriarty.
10.40 – 11.40 **Tāringa** (G, R) A bilingual podcast.

Film: BOYZ N THE HOOD

In 1992, John Singleton became the youngest person and the first African-American to be nominated for a best director Academy Award. His debut feature has had lasting impact, even though he says that "as the movie was going along, I was learning how to direct".
SKY MOVIES CLASSICS, 6.40pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Million Dollar Listing: NY** (PG, R)
11.55 **Catfish** (PG, R)
12.45 **Southern Charm** (PG, R)
2.30 **Tiny House Nation** (PG, R)
3.30 **Love It or List It** (PG, R)
4.30 **Ghost Hunters** (PG, R)
5.30 **Love It or List It: Vancouver** (PG, R)
6.35 **Catfish** (PG, R)
7.30 **Southern Charm** (M) Austen gets emotional when he learns his parents are selling his childhood home.
8.30 **The Real Housewives of Dubai** (M)
9.30 **Embarrassing Bodies** (M, R, **C**) The doctors catch up with cases concerning the skin, from oozing, smelly underarms to a bottom wound that would not heal.
10.30 **Exhumed: Killer Revealed** (16, R)
11.30 **Snapped** (M, R)
12.20am Infomercials **5.00 – 6.00** Top Chef (PG, R)

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Trisha's Southern Kitchen**
8.00 **Bobby Flay's Barbecue Addiction** (G, R)
9.05 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Building the Dream** (G)
Noon **Celebrity IOU** (PG, R)
1.00 **Strictly Come Dancing** (R)
2.00 **The Chase USA** (PG, R)
3.00 **Animal Cribs** (PG, PG)
4.00 **The Best Thing I Ever Ate**
5.00 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
7.00 **My Lottery Dream Home** (G)
7.30 **Who Wants to Be a Millionaire? UK** (G)
8.30 ■ **Rams** (2020, PG) Two brothers must set aside their differences when their sheep are threatened. Sam Neill, Michael Caton. **TV Films, page 69**
10.55 **Forged in Fire** (PG)
11.50 **Flea Market Flip** (G)
12.20am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Wheelers Dealers** (PG, R)
6.50 **Overhaulin'** (PG, R)
8.30 **Head Rush** (G, R)
9.20 **Tanked Marathon** (PG, R)
1.30 **Inside West Coast Customs** (PG, R)
2.20 **Treehouse Masters** (PG, R)
3.10 **Ed Stafford: Left for Dead** (PG, R)
4.00 **Alaska: Battle on the Bay** (PG, R)
4.50 **Turbo Pickers** (PG, R)
5.45 **Overhaulin'** (PG)
6.40 **Man vs Wild** (PG, R)
7.30 **Treasure Quest: Snake Island** (M) The team pushes deeper into Snake Island, and make a discovery that will change their lives.
8.25 **Bering Sea Gold** (M)
9.20 **Gem Hunt** (PG) Ron LeBlanc and his team navigate the Cambodian Killing Fields on a quest for sapphires.
10.15 **Cops UK: Bodycam Squad** (PG)
11.10 **Overhaulin'** (PG, R)
12.00am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
7.00 **DUKEbox Music**
12.05 **Extreme E: Electric Odyssey**
12.35 **Superstore Marathon** (PG, R, **HD**, **C**, **AD**) s4ep3-6
2.10 **Motorway Patrol** (PG, R, **C**)
3.00 **River Monsters** (PG, R, **C**)
3.55 **Xploration: Awesome Planet** (G, R, **HD**)
4.15 **Impossible Engineering** (G, R, **HD**, **C**)
5.10 **The Big Bang Theory** (G, R, **HD**, **C**, **AD**) s4ep2&3
6.00 **MythBusters: There's Your Problem!** (PG, R, **HD**)
6.30 **Ultimate Rides** (G, **HD**) s2ep15
7.00 **Family Guy** (PG, R, **HD**, **C**, **AD**)
7.30 **The Simpsons** (G, R, **HD**, **C**) s14ep13&14
8.30 **8 Out of 10 Cats Does Countdown** (16, R, **HD**, **C**)
9.30 ■ **The Lost Boys** (1987, 16, R, **HD**, **C**, **AD**) When a mum and her two sons move to a small town in California, the boys are sucked into a dangerous world. Kiefer Sutherland, Corey Feldman.
11.20 – 12.50am ■ **The Apparition** (2012, M, R, **HD**, **C**) Ashley Greene, Sebastian Stan.

SKY PREMIERE SKY 030

7.20 **The Courier** (2020, M) Benedict Cumberbatch
9.10 **Moonshot** (2022, M) Cole Sprouse, Zach Braff
10.55 **Halloween Kills** (2021, 16) Jamie Lee Curtis, Nick Castle
12.40 **Monster Hunter** (2020, M) Milla Jovovich
2.25 **12 Mighty Orphans** (2021, M) Luke Wilson, Martin Sheen
4.25 **Death on the Nile** (2022, M) Kenneth Branagh, Gal Gadot
6.33 **Scream** (2022, 16) Twenty-five years after the first murders, a new killer dons the Ghostface mask. Melissa Barrera, Neve Campbell, Courtney Cox
8.30 **Those Who Wish Me Dead** (2021, 16) A survival expert and a teenage murder witness are pursued through the wilderness by two killers. Angelina Jolie, Finn Little, Nicholas Hoult
10.15 **Military Wives** (2019, M) Kristin Scott Thomas, Sharon Horgan
12.05am A Quiet Place Part II (2020, M) **1.40** Flesh and Blood (2018, 16) **3.15** Summerland (2020, PG) **4.55** Spiral: From the Book of Saw (2021, 18)

MOVIES CLASSICS SKY 034

6.00 **... and Justice for All** (1979, M) Al Pacino, Jack Warden
8.00 **The Princess Bride** (1987, PG) Robin Wright, Cary Elwes
9.40 **Natural Born Killers** (1994, 18) Woody Harrelson
11.40 **Bull Durham** (1988, M) Kevin Costner, Susan Sarandon
1.30 **Murder in the First** (1994, 18) Kevin Bacon, Christian Slater
3.30 **Beetlejuice** (1988, PG) Michael Keaton, Winona Ryder
5.00 **Buck and the Preacher** (1972, M) Sidney Poitier, Harry Belafonte
6.40 **Boyz N the Hood** (1991, M) Three African-American boys grow into men in South Central LA. Cuba Gooding Jr, Laurence Fishburne
8.30 **Bonnie and Clyde** (1967, M) Based on the story of a couple who embarked on a crime spree during the Great Depression. Warren Beatty, Faye Dunaway
10.20 **Fail Safe** (1964, PG) Henry Fonda, Walter Matthau
12.10am The Last Detail (1973, 18)
1.55 After Dark, My Sweet (1990, 16)
3.45 Goodfellas (1990, 16)

RIALTO SKY 039

7.15 **Minari** (2020, PG) Steven Yeun, Will Patton
9.10 **Catwalk: From Glada Hudik to New York** (2020, M) Swedish documentary.
10.50 **Ride the Eagle** (2021, M) Jake Johnson, Susan Sarandon
12.20 **Finding You** (2021, PG) Rose Reid
2.20 **Totally Under Control** (2020, M) US documentary.
4.20 **The Food Club** (2020, M) Stina Ekblad
6.00 **The Girl on the Bridge** (2020, M) NZ documentary.
7.30 **Ridley Road** (M) s1ep2
8.30 **Rialto Selection: Lansky** (2021, 16) Retired gangster Meyer Lansky talks to a writer about his life as the boss of the national crime syndicate. Harvey Keitel **TV Films, page 69**
10.30 **Another Round** (2020, M) Four high school teachers consume alcohol daily to see how it affects their jobs and lives. Mads Mikkelsen
12.25am Boys from County Hell (2020, 16) **1.55** Lapsis (2020, PG) **3.40** Totally Under Control (2020, M) **5.40** The Food Club (2020, M)

SKY CHANNELS

Vibe SKY 006

6.00 Private Eyes (M) s4ep2 **7.00** Jamestown (16) s2ep3 **7.55** Parenthood Omnibus (M) **12.05** Medici: The Magnificent (16) s1ep2 **1.10** The Drowning (M) s1ep4 **2.00** Judge Judy Omnibus (PG) **4.30** Private Eyes (M) s4ep2 **5.30** Family Finders (M) s2ep2&3 **6.30** The Sounds (M) In the bush, Maggie calls Tom on his lies and betrayals. s1ep6 **7.30** ■ Hemingway & Gellhorn (2012, 16) Based on the relationship between author Ernest Hemingway and war correspondent Martha Gellhorn. Clive Owen, Nicole Kidman. **10.05** Harlots (16) Margaret is delighted when Howard offers to be Lucy's keeper, and Lydia wants revenge. s1ep6 **10.55** The Closer Omnibus (M) **2.40am** Programmes continue

BBC UKTV SKY 007

6.00 The Jonathan Ross Show: Special Guests (M) s1ep6 **6.25** QI Marathon (M) **8.00** Would I Lie to You? Marathon (PG) **9.40** The Bill Marathon (M) **1.50** Casualty (PG) s36ep46 **2.40** Holby City (M) s21ep17 **3.45** Call the Midwife (PG) s7ep7 **4.50** A Touch of Frost (M) s1ep3 **6.50** Father Brown (PG) When Father Brown visits Chummy's holiday camp, it doesn't take long for someone to die-de-die. s9ep7 **7.40** Casualty (PG) s36ep47 **8.30** Midsomer Murders (M) When an international cycling competition comes to Midsomer, the race leader is murdered. s18ep3 **10.15** All Round to Mrs Brown's (M) With Caitlyn Jenner, John Barrowman, and Danny O'Donoghue and the Script. s4ep1 **11.00** Who Do You Think You Are? (PG) Ruby Wax learns about the plight of her parents, who fled the Nazis and went to America. **12.00am** Programmes continue

SoHo SKY 010

6.10 A Million Little Things Marathon (M) s2ep2-19 **7.30** City on a Hill (16) Caysen believes Officer Russ Wallace may have been executed by another member of the Strike Force. s3ep2 **8.30** Allen v. Farrow (18) Documentary series in which Mia Farrow recounts her relationship with Woody Allen. s1ep1 **9.30** Animal Kingdom (16) As J gets to know the new attorney, Craig scouts a potential new job, and in 1992, Baz visits Andrew's church. s6ep4 **10.30** Westworld (18) s4ep8 **11.30** Irma Vep (16) s1ep6 **12.20am** Programmes continue

Living SKY 017

6.15 Selling Houses Australia **7.05** Cake Wars (PG) **7.55** Buddy vs. Duff (PG) **8.45** Salvage Hunters Marathon (PG) **12.10** Grand Designs New Zealand (PG) **1.05** Every Family Has a Secret (PG) **2.00** Guy's Grocery Games (PG) **2.55** Tournament of Champions (PG) **4.20** Mystery Diners (PG) **4.45** Restaurant: Impossible (PG) **5.40** George Clarke's Shed of the Year (PG) **7.30** Exploring Northern Ireland with Siobhán McSweeney (PG) Derry Girls' Siobhán McSweeney explores Northern Ireland on her e-bike. Tonight, Siobhán is in County Down and follows the paths of pilgrims along Saint Patrick's Way. **8.30** The Great British Dig (PG) Hugh Dennis and a team of archaeologists excavate back gardens around Britain. **9.40** Garden Rescue (PG) Charlie Dimmock the Rich brothers compete to create fabulous gardens for homeowners around the UK. **10.40** Escape to the Chateau (PG) **11.30** Guy's Grocery Games (PG) **12.20am** Programmes continue

Investigation Discovery SKY 018

6.05 Obsession: Dark Desires (M) **6.55** Married with Secrets (M) **7.45** Predator at Large (M) **8.35** Still a Mystery (M) **9.25** Nightmare Next Door (M) **10.20** Grave Secrets (M) **11.15** The Perfect Murder (M) **12.10** Bad Henry (M) **2.00** Crime Scene Confidential (M) **2.55** American Monster (M) **3.50** Your Worst Nightmare Marathon (M) **8.30** The Co-Ed Killer: Mind of a Monster (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.25 ■ Raphael: The Young Prodigy (2021, G) **7.45** The Decisive Moment **8.00** ■ Deep Purple: Live at Montreux 2011 (2011, G) **9.40** Immersive World **10.10** Anthems: New Zealand's Iconic Hits (M) **11.00** Put Some Colour in Your Life **Noon** Sounds of the Alhambra **12.45** Classic Literature and Cinema **1.30** Morozov Brothers: The Story of a Collection **2.25** ■ Raphael: The Young Prodigy (2021, G) **3.45** The Decisive Moment **4.00** Philly D.A. **6.00** Salman Rushdie: Death on a Trail **7.00** Parklife **8.30** ■ Van Gogh: Of Wheat Fields and Clouded Skies (2018, G) Documentary about Van Gogh through the largest private collector of his art, Helene Kröller-Müller, who bought nearly 300 of his works. **10.00** ■ Exhibition on Screen: Leonardo: The Works (2019, G) **11.45** The Decisive Moment **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Heavy Tow Truckers Down Under (M) **7.45** Aussie Lobster Men Marathon (PG) **12.10** Aussie Salvage Squad (PG) **1.05** Heavy Tow Truckers Down Under (M) **2.00** Gold Rush: White Water (M) **2.55** Aussie Gold Hunters (PG) **3.50** Mystery at Blind Frog Ranch Marathon (M) **6.35** Ed Stafford: First Man Out (PG) **7.30** Building Off the Grid (PG) **8.30** Railroad Alaska (PG) **9.30** Moonshiners (M) **10.30** Blowing Up History (PG) **11.25** NASA's Unexplained Files (PG) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** Drain the Oceans (PG) **8.30** Dutch Caribbean Coastguard (PG) **9.30** Primal Survivor: Mighty Mekong (PG) **10.30** First Alaskans (PG) **11.30** Running Wild with Bear Grylls: The Challenge (PG) **12.30** Explorer: The Deepest Cave (PG) **1.30** When Sharks Attack (M) **2.30** Shark Attack Files (M) **3.30** Air Crash Investigation: Special Report (M) **4.30** Air Crash Investigation (M) **5.30** Buried Secrets of WWII (PG) **6.30** The Lost Tomb of Alexander the Great (PG) **7.30** Food Factory Marathon (PG) **10.30** Drain the Oceans Best ofs (PG) **11.30** Dutch Caribbean Coastguard (PG) **12.30am** Programmes continue

History SKY 073

6.30 Europe's Last Warrior Kings (M) **7.30** Secrets of Britain (PG) **8.30** Time Team **9.30** Lost Treasures of the Ancient World **10.30** Time Team **11.30** WWII: Witness to War (PG) **12.30** Charles I: Killing a King (PG) **1.30** Europe's Last Warrior Kings (M) **2.30** Secrets of Britain (PG) **3.30** Myth Hunters (PG) **4.30** Abandoned Engineering (M) **5.30** The Civil War by Ken Burns **6.30** Secrets of Chatsworth (PG) **7.30** Great British History Hunters (PG) The British Museum's conservators get to work on a once-in-a-lifetime discovery, and a club dig in Buckinghamshire uncovers an Anglo-Saxon burial that redraws the map of ancient Britain. **8.30** The Plantagenets (M) **9.30** The Rise of the Clans (M) **10.30** Invasion! (PG) **11.30** How the Silk Road Made the World (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Life Below Zero Marathon (M) **8.30** 24 Hours in A&E (PG) **10.10** Building to the Sky (PG) **11.05** Building to the Sky (M) **Noon** Wild France (PG) **1.55** Walking the Himalayas (M) **2.45** The Bear Family & Me (PG) **3.40** Waterhole: Africa's Animal Oasis (PG) **4.45** Steve Backshall vs the Vertical Mile (PG) **5.45** The Dog Rescuers (PG) **6.35** Animal Impossible (PG) **7.35** Walking the Himalayas (M) **8.30** Cheetah Family & Me (PG) **9.30** Life Below Zero (M) **10.25** The Great Intelligence Test (PG) Dr Hannah Fry and Michael Mosley put the British public to the test. **11.30** Steve Backshall vs the Vertical Mile (PG) **12.25am** Programmes continue

Vibe: Hemingway & Gellhorn, 7.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 West Indies v Black Caps, 2nd ODI, from Kensington Oval, Bridgetown, **live** **2.00** National Provincial Championship, Wellington v Northland, from Porirua Park, Wellington, **live** **4.00** Farah Palmer Cup, Wellington v Bay of Plenty **4.30** Farah Palmer Cup, Canterbury v Manawatu, from Orangetheory Stadium, Christchurch, **live** **6.30** Laurie O'Reilly Cup, Black Ferns v Australia, from Orangetheory Stadium, Christchurch, **live** **9.30** SailGP, Denmark, day 1, highlights **10.00** NPC, Taranaki v Canterbury **10.20** Farah Palmer Cup, Canterbury v Manawatu **10.50** Farah Palmer Cup, Waikato v Auckland **11.20** Premier League, Tottenham Hotspur v Wolverhampton, **live** **1.30am** SailGP, Denmark, day 2, **live** **3.00** Under the Hull **4.00** NPC, Taranaki v Canterbury **4.20** Premier League, AFC Bournemouth v Arsenal, **live**

Sky Sport 2 SKY 052

9.00 World Series of Darts, New South Wales Masters, **live** **12.30** 1st XV Rugby, final, **live** **2.00** Farah Palmer Cup, Tasman v Hawke's Bay, from Trafalgar Park, Nelson, **live** **4.00** SailGP, Denmark, day 1 **4.30** National Provincial Championship, North Harbour v Tasman, from North Harbour Stadium, Auckland, **live** **6.30** ATP Masters 1000 Cincinnati, day 5, match of the day **8.00** ATP Masters 1000 Cincinnati, day 5, highlights **9.00** World Series of Darts, New South Wales Masters, day 2, from WIN Entertainment Centre, Wollongong, **live** **1.00am** Farah Palmer Cup, North Harbour v Otago **1.30** NPC, Wellington v Northland **1.50** Premier League, Crystal Palace v Aston Villa, **live** **4.00** NPC, North Harbour v Tasman **4.15** NPC, Taranaki v Canterbury **4.30** NRL Premiership, North Queensland Cowboys v NZ Warriors **5.00** Premier League, Tottenham Hotspur v Wolverhampton, replay

Sky Sport 3 SKY 053

6.00 Cycling, Tour of Poland, stage 1, replay **8.00** Cycling, Tour of Denmark, stage 4, replay **10.00** UFC on Sky **10.30** The Late Show with Matty Johns **11.30** Farah Palmer Cup, Taranaki v Northland, from Gully Ground, New Plymouth, **live** **1.30** National Provincial Championship, Counties Manukau v Waikato **1.45** NPC, Otago v Hawke's Bay **2.00** Farah Palmer Cup, North Harbour v Otago, **live** **4.00** Farah Palmer Cup, Taranaki v Northland **4.30** Farah Palmer Cup, Waikato v Auckland, **live** **6.30** Under the Hull **7.30** West Indies v Black Caps, 2nd ODI **8.30** SailGP, Denmark, day 1, replay **10.00** West Indies v Black Caps, 2nd ODI **11.00** Cycling, Tour of Denmark, stage 5, **live** **1.00am** Laurie O'Reilly Cup, Black Ferns v Australia **1.30** NPC, Taranaki v Canterbury **1.50** Premier League, Fulham v Brentford, **live** **4.00** Laurie O'Reilly Cup, Black Ferns v Australia, replay

Drama: KLEO

For viewers who enjoyed *Killing Eve*, *Atomic Blonde* and the East-West German series *Deutschland 83*. Darkly comic German series *Kleo* claims that "This is a true story – some of it actually happened". Well, perhaps there were Stasi assassins, but did they go on a rampage of revenge after the fall of the Berlin Wall? Unclear. Jella Haase plays Kleo, a master of disguise and psychopath who was happy to do her duty for the glory of East Germany, until she is imprisoned and left to rot. When the Wall falls, she is released and decides to find her betrayers. However, she is pursued by West Berlin police officer Sven (Dimitrij Schaad).
NETFLIX

Music: VAN MORRISON LIVE AT EDEN SESSION

The spectacular Eden biomes in Cornwall are the backdrop for this 2017 concert by Belfast-born legend Van Morrison. It's a short concert of 14 songs, including the hits *Here Comes the Night*, *Moondance* and *Brown Eyed Girl*.
SKY ARTS, 8.00pm

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Attitude** (G, R, **C**, **AD**)
6.25 **Paddington Station** (PG, R, **HD**, **C**)
7.15 **Tagata Pasifika** (R, **HD**)
7.40 **Praise Be** (G, R, **HD**, **C**) .
8.10 **Susan Calman's Grand Day Out** (G, R, **HD**, **C**, **AD**)
9.00 **Q+A with Jack Tame** (**HD**, **C**) Political interviews and discussions.
10.00 **Waka Huia** (G) Māori stories and histories for all New Zealanders.
10.30 **Marae** (**HD**)
11.00 **The Great British Sewing Bee** (G, R, **HD**, **C**, **AD**) s6ep4
Noon **Attitude** (PG, **C**, **AD**) Danielle Aitchison was born with cerebral palsy and as a child, struggled to walk, but her family encouraged her to chase her dreams and now at 21, she is one of New Zealand's rising Paralympic stars.
12.30 **Fair Go** (R, **C**) Pippa Wetzell and Hadyn Jones present consumer affairs.
1.00 **Sunday** (R, **C**) Miriama Kamo presents current affairs.
2.00 ■ **Space Invaders** (G, R, **C**, **AD**)
3.00 ■ **The Check Up** (PG, R, **HD**, **C**, **AD**) Local factual series that investigates health claims, myths and misconceptions.
3.30 ■ **Susan Calman's Grand Week by the Sea** (G, **C**, **AD**) A stop in Blackpool sees Susan playing bingo and taking to the dance floor. s1ep5
4.30 ■ **Fishing and Adventure** (PG, **HD**, **C**) In Raglan, the challenge is to land a trophy fish.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Country Calendar** (PG, **C**, **AD**) Three generations of a farming family spend a week with their staff in a musterers' hut at the back of one of the country's largest privately-owned high country stations.
7.30 **Sunday** (**C**) Miriama Kamo presents current affairs.
8.30 **The Brokenwood Mysteries** (M, **HD**, **C**, **AD**) In the remote community of baches at Pateke Point, a local is bludgeoned to death with a blunt object and locked inside a house. s8ep3
10.35 ■ **Line of Duty** (16, **HD**, **C**, **AD**) Sergeant Danny Waldron and his armed response team shoot dead a hardened criminal, but cracks soon appear in their story. s3ep1
11.45 **The Commons** (M, **HD**, **C**, **AD**) s1ep5
12.45am – 6.00 Infomercials

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Peppa Pig** (G, R, **HD**, **C**)
6.10 **Kangaroo Beach** (G, R, **HD**, **C**)
6.20 **Bluey** (G, **C**)
6.50 **Care Bears: Unlock the Magic** (G, R, **HD**, **C**)
7.10 **Trollstopia** (G, R, **HD**, **C**)
7.35 **Ben 10** (G, R, **HD**)
7.45 **Bunnicula** (G, R, **HD**, **C**)
8.05 **Spongebob Squarepants** (G, R, **HD**, **C**)
8.30 **What Now?** (G, **C**) Local kids' show featuring, games, interviews, fun and gunge.
9.30 **Home and Away Omnibus** (PG, R, **HD**, **C**)
11.25 **Shortland Street Omnibus** (PG, R, **HD**, **C**, **AD**)
2.00 **United States of Al** (PG, **HD**, **C**, **AD**) s2ep14
2.25 **B Positive** (PG, **HD**, **C**) s2ep7
2.55 **Call Me Kat** (PG, **HD**, **C**, **AD**) s2ep10
3.25 **The Middle** (G, R, **HD**, **C**) s1ep10
3.55 **Mr. Bean** (G, R, **HD**, **C**, **AD**) Mr Bean goes to the funfair and is surprised to discover that he has become a babysitter.
4.25 ■ **Stuart Little 2** (2002, G, R, **HD**, **C**, **AD**) Stuart and Snowbell set out across town to rescue their new friend, a canary called Margalo. Voices of Michael J Fox, Melanie Griffith, Nathan Lane.
6.00 **Wipeout** (PG, **HD**, **C**) John Cena and Nicole Byer host a US series in which thrillseekers compete in the world's largest extreme obstacle course.
7.00 **MasterChef Australia: Fans & Favourites** (G, **HD**, **C**, another episode screens tomorrow) Seven contestants cook to avoid elimination using ingredients selected by guest chef Hugh Allen.
8.30 ■ **Den of Thieves** (2018, 16, R, **HD**, **C**, **AD**) An elite unit in the LA Sheriff's Department work to stop a group of former marines planning to rob the Federal Reserve. Gerard Butler, Curtis Jackson, Pablo Schreiber.
TV Films, page 69
11.05 ■ **Four Weddings and a Funeral** (M, **HD**, **C**) A year after Maya and Ainsley's blowup, the fractured friend group hopes that a wedding may be the perfect occasion for a reunion. s1ep10
12.10am Death Row Doctors (M, **HD**, **C**)
1.00 **License to Kill** (PG, **HD**, **C**) s2ep4
1.45 **In Ice Cold Blood** (16, **HD**, **C**) s2ep7
2.35 ■ **Critters Attack!** (2019, M, R, **HD**, **C**) Ava Preston.
4.05 **Infomercials**
4.30 **Religious Programming**
5.00 – 6.00 Infomercials

THREE FREEVIEW 3 SKY 003

6.00 **Life TV**
6.30 **Leading the Way**
7.00 **Charles Stanley**
8.00 **Life TV**
8.30 **Turning Point**
9.00 **Extreme Couponing** (PG, **C**) s2ep11
9.25 **The Hui** (R, **C**) With Mihingarangi Forbes.
9.55 **Newshub Nation** (R, **C**) With Simon Shepherd and Oriini Kaipara.
10.55 **Nature's Strangest Mysteries: Solved** (PG, R, **C**)
11.20 **What Could Possibly Go Wrong?** (PG, R, **C**)
Noon **American Loggers** (PG, **C**)
1.00 **D1NZ** Round 6, Tauranga.
2.00 **Motorsport: Speedway GP** Round 1, Croatia.
3.00 **Motorsport: Australian Top Fuel Championship** Round 4, Sydney.
4.00 **Motorsport: NZ Rally Championship** Round 4, Hawke's Bay 4WD.
5.00 **Bondi Lifeguard World Adventures** (PG, R, **C**) s1ep12
5.30 **Piri's Tiki Tour** (G, **C**) s5ep6
6.00 **Newshub Live**
7.00 **The Masked Singer NZ** (PG, **C**)
8.00 ■ **Edge of Tomorrow** (2014, M, R, **C**) A PR officer sent into combat against alien invaders experiences a time loop. Tom Cruise, Emily Blunt. TV Films, page 69
10.00 **9-1-1** (M, R, **C**)
11.00 ■ **Cocaine Trade Exposed: The Invisibles** (M, R, **C**) s1ep1
11.55 **Infomercials**
5.30am – 6.00 AM Early With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **Kids' Programmes** (**C**)
7.00 **Religious Programming** (G)
10.00 **LPGA Highlights** (G) ISPS Handa World Invitational.
11.05 **NXT** (PG, R)
Noon **UFC 276 Prelims Live**
2.00 **Sky Grass Roots Rugby** (G)
3.00 **Tauihi Basketball Aotearoa Live** Whai v Hoiho, live from Tauranga.
5.00 **Storage Wars** (PG, R, **C**)
5.30 **Prime News**
6.00 **American Pickers** (PG, R)
7.00 **Storage Wars** (PG, R)
7.30 **Rescue: River Deep Mountain High** (PG, R, **C**)
8.00 **Kalgoorlie Cops** (M, **C**)
8.35 **The Equalizer** (M, **C**) A diplomat's daughter seeks McCall's help to find her missing brother.
9.35 **Game of Thrones** (18, R, **C**) Jon impresses Tyrion at Castle Black, and Daenerys finds herself at odds with Viserys.
12.00am SmackDown (PG)
1.00 **Fear the Walking Dead** (18, **C**)
2.00 – 6.00 Infomercials

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

Film: THE BODYGUARD

Imagine this film with Steve McQueen and Diana Ross, who were writer Lawrence Kasdan's first pick. Blame Kevin Costner for the soundtrack: he suggested *I Will Always Love You*, because *What Becomes of the Brokenhearted* was already taken.
SKY MOVIES CLASSICS, 10.10pm

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Whānau Bake-Off** (G, R)
9.30 **Easy Eats** (G, R)
10.00 **Kai with Anne Thorp** (G, R)
10.30 **Moon Tide Fishing** (G, R)
11.00 **Te Ao Mārama**
11.30 **Te Ao with Moana** (G, R)
Noon **Te Ao Tapatahi**
12.30 **Tagata Pasifika**
1.00 **5 Minutes of Fame** (G, R)
2.00 ■ **Bon Voyage, Charlie Brown (and Don't Come Back!!)** (1980, PG, R) Voice of Arrin Skelley.
3.30 **Lucky Dip** (G, R)
4.00 **Waka Huia** (G, R)
4.30 **The Hui** (R)
5.00 **Matangireia** (G, R)
5.30 **Te Ao Toa**
6.30 **Heritage Rescue** (G, R) Brigid Gallagher visits heritage sites in need of help.
7.30 **Tribal Scent** (G, R) Documentary about Indigenous Australians who have been using sandalwood in many ways for millennia.
8.30 ■ **A Bump Along the Way** (2019, M) A boozy 44-year-old single mother becomes pregnant from a one-night stand, much to the shame of her buttoned-up teenaged daughter. Bronagh Gallagher, Lola Petticrew **TV Films, page 69**
10.10 – 11.10 Tāringa (G, R) A bilingual podcast.

BRAVO FREEVIEW 4 SKY 012

6.00 **Top Chef** (PG, R)
9.10 **Hoarders** (PG, R) s1ep3-4
10.50 **Love It or List It: Vancouver** (PG, R)
11.40 **Love It or List It** (PG, R)
1.30 **Dog Rescuers** (PG, R)
2.30 **Rich Kids Go Skint** (PG, R)
3.30 **Million Dollar Listing: NY** (PG, R)
6.30 **Tiny House Nation** (PG)
7.30 ■ **Blue Crush** (2002, PG, R, **C**) A former surfer working as a hotel maid after an injury is encouraged to sign up for a surfing competition. Kate Bosworth, Michelle Rodriguez, Matthew Davis, Sanoe Lake.
9.45 ■ **How Do You Know** (2010, M, R, **C**) A softball player feeling a bit past her prime finds herself in the middle of a love triangle. Reese Witherspoon, Paul Rudd, Owen Wilson, Jack Nicholson.
12.00am Embarrassing Bodies (M, R, **C**) **12.55 – 6.00** Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **Key of David**
6.30 **Through the Bible**
7.00 **Leading the Way**
7.30 **Animal Cribs** (PG, R)
8.15 **Baked in Vermont** (G)
8.40 **The Best Thing I Ever Ate** (G, R)
9.30 **Museum Mysteries** (PG, R)
10.15 **American Pickers** (PG, R)
11.00 **Building the Dream** (G)
Noon **Craft Wars** (PG)
1.00 **Best in Food** (G)
1.30 **Who Wants to Be a Millionaire? UK** (G, R)
2.30 **My Lottery Dream Home** (R)
3.00 **Amanda to the Rescue** (PG)
4.00 **Alex vs America** (G)
5.00 **Museum Mysteries** (PG)
6.00 **American Pickers** (PG)
6.55 **Everything but the House**
7.30 **Martin Clunes: Islands of America** (PG)
8.30 ■ **The Founder** (2016, M) Michael Keaton. **TV Films, page 69**
10.50 **Forged in Fire** (PG)
11.45 **Flea Market Flip** (G)
12.15am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Tanked** (PG, R)
7.40 **Turbo Pickers** (PG, R)
8.30 **Alaska: Battle on the Bay** (PG, R)
9.20 **Treehouse Masters** (PG, R)
10.10 **Ed Stafford: Left for Dead** (PG, R)
11.00 **Inside West Coast Customs** (PG, R)
11.50 **Overhaulin' Marathon** (PG, R)
1.30 **Wheeler Dealers** (PG, R)
5.45 **Garage Squad** (PG)
6.40 **Head Rush** (G)
7.30 **Turbo Pickers** (PG)
8.25 **Iron Resurrection** (PG) When a customer brings in a 1950 Mercury Coupe, Joe wants to do a high-risk custom refit.
9.20 **Texas Metal** (PG) A customer wants his 1965 Ford Falcon Club Wagon turned into a family cruiser.
10.10 **Last American Cowboy** (M)
11.05 **Garage Squad** (PG, R)
11.55 **Head Rush** (G, R)
12.40am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
7.00 **DUKEbox Music**
12.15 **Superstore Marathon** (PG, R, **HD**, **C**, **AD**) s4ep7-10
2.15 **Motorway Patrol** (PG, R, **C**)
3.05 **River Monsters** (PG, R, **C**)
4.00 **Xploration: Awesome Planet** (G, R)
4.20 **Impossible Engineering** (G, R, **HD**, **C**)
5.15 **The Big Bang Theory** (PG, R, **HD**, **C**, **AD**) s4ep4&5
6.00 **MythBusters: There's Your Problem!** (PG, R, **HD**)
6.30 **Ultimate Rides** (G, **HD**) s2ep15
7.00 **Family Guy** (PG, R, **HD**, **C**, **AD**)
7.30 **The Simpsons** (PG, R, **HD**, **C**) s14ep15&16
8.30 **Great Escapes with Morgan Freeman** (PG, R, **HD**, **C**, **AD**) The escape from Pittsburgh State Penitentiary by tunnelling. s1ep4
9.25 **Top Gear America** (PG, **HD**) Dax, Rob and Jethro build a new Top Gear America home track.
10.00 **Wheelburn** (PG, **HD**) Nitro circus stars put their bike skills to the test, but in cars.
10.30 **Fast Justice** (M, R, **HD**, **C**)
11.30 – 1.15am 12 Monkeys (16, **HD**)

SKY PREMIERE SKY 030

6.30 **Castle Falls** (2021, 16) Dolph Lundgren, Scott Adkins
8.00 **Nobody** (2021, 16) Bob Odenkirk, Connie Nielsen
9.35 **Survive the Night** (2019, 16) Bruce Willis
11.07 **West Side Story** (2021, M) Ansel Elgort
1.50 **Penguin Bloom** (2020, M) Naomi Watts
3.25 **The Fallout** (2021, 16) Jenna Ortega, Maddie Ziegler
5.00 **Don't Breathe 2** (2021, 16) Stephen Lang
6.40 **The Conjuring 3: The Devil Made Me Do It** (2021, 16) Patrick Wilson, Vera Farmiga
8.30 **Venom: Let There Be Carnage** (2021, M) When a killer also becomes host to an alien symbiote, Eddie Brock and Venom must put aside their differences to stop him. Tom Hardy, Woody Harrelson **TV Films, page 69**
10.10 **Kill Chain** (2019, 16) Nicolas Cage, Anabelle Acosta
11.40 **Words on Bathroom Walls** (2020, M) Charlie Plummer, Taylor Russell
1.30am Promising Young Woman (2020, 18) **3.25** Fatale (2020, 16)
5.10 Unpregnant (2020, M)

MOVIES CLASSICS SKY 034

6.10 **McLintock!** (1963, PG) John Wayne, Maureen O'Hara
8.15 **Bonnie and Clyde** (1967, M) Warren Beatty, Faye Dunaway
10.08 **Wyatt Earp** (1994, M) Kevin Costner, Dennis Quaid
1.15 **Philadelphia** (1993, PG) Tom Hanks, Denzel Washington
3.20 **The Shining** (1980, 16) Jack Nicholson, Shelley Duvall
5.40 **Heat** (1995, 16) An LAPD detective pursues a career thief who is planning one last big robbery. Al Pacino, Robert De Niro, Diane Venora
8.30 **Dirty Dancing** (1987, PG) In the summer of 1963, a 17-year-old falls for her dance teacher at a resort. Patrick Swayze, Jennifer Grey, Jerry Orbach, Cynthia Rhodes
10.10 **The Bodyguard** (1992, M) After a pop singer is threatened, a former secret service agent becomes her bodyguard. Kevin Costner, Whitney Houston
12.20am The Last Picture Show (1971, M) **2.25** The House That Dripped Blood (1971, M) **4.05** The Shining (1980, 16)

RIALTO SKY 039

7.20 **The Girl on the Bridge** (2020, M) NZ documentary.
8.50 **Ridley Road** (M) s1ep2
9.50 **Lansky** (2021, 16) Harvey Keitel
11.50 **Possessions Marathon** (M) s1ep1-6
4.55 **The United Way** (2021, PG) UK documentary.
6.30 **First Cow** (2019, PG) In the 1820s, two travellers team up to steal milk from a wealthy landowner's prized Jersey cow. John Magaro, Toby Jones
8.30 **Rialto British: Ridley Road** (M) The fascists plan a deadly attack, and the 62 Group do everything they can to stop them. s1ep3
9.30 **Blithe Spirit** (2020, PG) A married writer consults a medium who accidentally evokes the spirit of his first wife while performing a seance. Dan Stevens, Isla Fisher, Judi Dench, Leslie Mann
11.10 **Angel Baby** (1995, 16) John Lynch, Jacqueline McKenzie
12.55am The Crimson Rivers: Day of the Ashes (2018, M) **2.30** Possessions Marathon (M) s1ep1-5

SKY CHANNELS

Vibe SKY 006

6.25 Family Finders (M) s2ep2&3 **7.25** The Sounds (M) s1ep6 **8.10** Judge Judy Omnibus (PG) **9.50** The Closer Omnibus (M) **1.35** Harlots (16) s1ep6 **2.25** ■ Hemingway & Gellhorn (2012, 16) Nicole Kidman. **4.55** Why Are We Fat? (G) s1ep3 **5.45** Murder, Mystery and My Family: Case Closed (M) s1ep3 **6.30** Dream Home Rescue (PG) s1ep5&6 **7.30** The Cotswolds with Pam Ayres (PG) In Oxfordshire, Pam goes behind the scenes at the Cotswold Wildlife Park, and takes a literary tour through Bath to see the landmarks that inspired Jane Austin. s1ep4 **8.30** Victoria (M) After another attempt on her life, Victoria and Albert escape to the Scottish Highlands and revel in the opportunity to be a normal husband and wife. s2ep7 **9.30** Agatha Christie's Marple (M) The cryptic final words of a dying man lead Miss Marple and two young adventurers to a dysfunctional family. s4ep4 **11.15** Why Are We Fat? (G) s1ep3 **12.15am** Programmes continue

BBC UKTV SKY 007

6.00 Mallorca Files (PG) s1ep2&3 **7.30** Fawlty Towers (PG) s1ep6 **8.05** Holby City (M) s21ep17 **9.05** EastEnders Marathon (PG) **11.05** The Jonathan Ross Show (PG) s17ep7 **11.55** The Graham Norton Show (M) s29ep6 **12.50** 8 Out of 10 Cats Does Countdown (M) **1.40** Midsomer Murders (M) s18ep3 **3.25** The Trial of Christine Keeler (M) s1ep3 **4.30** Death in Paradise (PG) s10ep4 **5.35** Heartbeat (PG) s18ep8 **6.30** Death in Paradise (PG) s10ep2 **7.35** Doc Martin (M) Doc Martins parents make a surprise visit to Cornwall. s2ep6 **8.30** Who Do You Think You Are? (PG) Canadian comedian Katherine Ryan's investigation of her family history leads her to a Methodist minister and his family. **9.35** Call the Midwife (M) Peggy's brother Frank is diagnosed with cancer. s1ep5 **10.40** Call the Midwife (M) s1ep6 **11.45** Casualty (PG) s36ep47 **12.30am** Programmes continue

SoHo SKY 010

6.40 A Million Little Things Marathon (M) s2ep6-19 **4.55** Animal Kingdom (16) s6ep4 **5.40** Irma Vep (16) s1ep6 **6.30** Baptiste (16) s2ep6 **7.30** The Lazarus Project (16) The Lazarus Project is rocked by an event they can't control over, and amidst the chaos, George is given an opportunity to fix his past mistakes. s1ep9 **8.30** The White Lotus (16) A cautiously optimistic Belinda walks a fine line with Tanya, while Armond brainstorms ways to deal with Shane. s1ep2 **9.30** The Midwich Cuckoos (16) Emboldened by her overnight encounter, Susannah rushes back to spread the word. s1ep7 **10.35** Real Time with Bill Maher (M) s20ep24 **11.35** The Rehearsal (16) s1ep2 **12.05am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** Love Your Garden (PG) **8.00** Garden Rescue (PG) **8.50** Grow Your Own at Home with Alan Titchmarsh (PG) **9.20** Martha Knows Best (PG) **9.50** Inside the Factory (PG) **10.50** Salvage Hunters: The Restorers (PG) **11.45** Exploring Northern Ireland with Siobhán McSweeney (PG) **12.40** Rachael Ray's Week in a Day (PG) **1.35** Girl Meets Farm (PG) **2.00** Cake Wars (PG) **2.55** Buddy vs. Duff (PG) **3.50** Bakers vs. Fakers (PG) **4.45** Spring Baking Championship (PG) **5.40** Escape to the Country (PG) **7.30** Our Simple Life (PG) **8.30** Shed and Buried (PG) **9.00** Salvage Hunters: Design Classics (PG) **9.30** Paramedics on Scene (PG) **10.30** Cake Wars (PG) **11.20** Buddy vs. Duff (PG) **12.10am** Programmes continue

Investigation Discovery SKY 018

6.05 I'd Kill for You (M) **7.45** Dead Reckoning (M) **8.35** Crime Scene Confidential (M) **9.25** Nightmare Next Door (M) **10.20** Broken Trust (M) **11.15** The Perfect Murder (M) **12.10** Reasonable Doubt (M) **1.05** Secrets, Lies and Private Eyes (M) **2.00** Onision: In Real Life Marathon (M) **5.40** Gamestop: The Wall Street Hijack (M) **6.35** The Co-Ed Killer: Mind of a Monster (M) **8.30** Predator at Large (M) **9.30** Dark Waters: Murder in the Deep (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.00 ■ Exhibition on Screen: Leonardo: The Works (2019, G) **7.45** The Decisive Moment **8.00** Der Freischutz (G) Opera by by Carl Maria von Weber. **10.15** Salman Rushdie: Death on a Trail **11.15** Parklife **12.45** ■ Van Gogh: Of Wheat Fields and Clouded Skies (2018, G) **2.15** ■ Exhibition on Screen: Leonardo: The Works (2019, G) **4.00** Gala from Berlin 2019 (G) Kirill Petrenko Conducts the Berliner Philharmoniker's traditional New Year's Eve concert. **5.45** Art of Architecture Specials **7.10** Other Voices **8.00** Van Morrison Live at Eden Session **9.00** ■ Billy Joel Live at Yankee Stadium (1990, G) **10.30** Rock Legends: INXS **11.15** Rock Legends: Black Eyed Peas **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Strange Evidence (M) **7.45** Contact (PG) **8.35** Heavy Tow Truckers Down Under (M) **9.25** Aussie Salvage Squad (PG) **10.20** Strange Evidence (M) **11.15** Gold Rush: White Water (M) **12.10** Aussie Gold Hunters (PG) **1.05** Heavy Tow Truckers Down Under (M) **2.00** Naked and Afraid: Alone Marathon (M) **7.30** Aussie Gold Hunters (PG) **8.30** Naked and Afraid (M) **9.30** Ed Stafford: First Man Out (PG) **10.30** Dual Survival (M) **11.25** Strange Evidence (M) **12.15am** Programmes continue

National Geographic SKY 072

6.30 Superstructures: Engineering Marvels (PG) **7.30** Air Crash Investigation: Special Report (PG) **9.30** Undercover History (PG) **10.30** Wicked Tuna (PG) **11.30** Dutch Caribbean Coastguard (PG) **12.30** First Alaskans (PG) **1.30** Hitler's Death Army: Das Reich (M) **3.30** Lost Treasures of Egypt (PG) **5.30** Running Wild with Bear Grylls: The Challenge (PG) **6.30** Air Crash Investigation: Special Report (M) **7.30** César Millan: Better Human, Better Dog (PG) **8.30** Secrets of the Lost Gold **9.30** Drain the Oceans Best ofs (PG) **10.30** Running Wild with Bear Grylls: The Challenge (PG) **11.30** Aussie Snake Wranglers (PG) **12.30am** Programmes continue

History SKY 073

6.30 The Rise of the Clans (M) **7.30** Invasion! (PG) **8.30** Time Team **9.30** Great British History Hunters (PG) **10.30** The Plantagenets (M) **11.30** The Rise of the Clans (M) **12.30** Invasion! (PG) **1.30** How the Silk Road Made the World (PG) **2.30** First Emperor: The Man Who Made China (M) **4.30** Walking Britain's Roman Roads (PG) **5.30** Combat Ships (PG) **6.30** Abandoned Engineering (PG) **7.30** Around the World by Train with Tony Robinson (PG) Tony Robinson rides the El Chepe train from the west coast of Mexico through to the Copper Canyon. **8.30** Besieged Fortresses, Legendary Battles (PG) **9.30** The Normans (PG) **10.30** Blood of the Clans (M) **11.30** Penelope Keith's Hidden Coastal Villages **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Life Below Zero **6.50** Life in the Air (PG) **7.45** Louis Theroux: Altered States (M) **8.50** Trust Me, I'm a Doctor (PG) **9.40** Africa Marathon (PG) **12.20** Africa: The Making of (PG) **12.30** The Dog Rescuers with Alan Davies (PG) **2.10** 24 Hours in A&E (PG) **3.50** Universe (PG) **4.50** Blue Planet (PG) **5.50** Walking the Himalayas (M) **6.45** Life Below Zero (M) **7.40** The Dog Rescuers With Alan Davies (PG) **8.30** Chris Packham's Animal Einsteins (PG) Chris explores how nature's masterminds compare to human brainpower. **9.35** Universe (PG) Brian Cox explores our own galaxy, the Milky Way, **10.35** Trust Me, I'm a Doctor (PG) **11.30** Africa (PG) **1.15am** Programmes continue

SoHo: The White Lotus, 8.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.30 Laurie O'Reilly Cup, Black Ferns v Australia, replay **8.30** National Provincial Championship, Wellington v Northland **8.45** NPC, Counties Manukau v Waikato **9.00** Premier League, Everton v Nottingham Forest, replay **11.00** Premier League, AFC Bournemouth v Arsenal, replay **1.00** NPC, Counties Manukau v Waikato **1.15** NPC, Taranaki v Canterbury **1.30** NPC, Wellington v Northland **1.45** NPC, North Harbour v Tasman **2.00** National Provincial Championship, Auckland v Bay of Plenty, **live 4.00** Laurie O'Reilly Cup, Black Ferns v Australia **4.30** National Provincial Championship, Manawatu v Hawke's Bay, **live 6.30** Heartland Championship, Wairarapa Bush v North Otago, **live 8.30** Premier League, AFC Bournemouth v Arsenal **10.30** The Breakdown **11.30** Rugby Nation **12.00am** Laurie O'Reilly Cup, Black Ferns v Australia **12.30** Premier League, Everton v Nottingham Forest **12.50** Premier League, West Ham v Brighton Hove Albion, **live 3.00** ATP Masters 1000 Cincinnati, day 6, semi-final 2, replay **4.30** Laurie O'Reilly Cup, Black Ferns v Australia **5.00** The Breakdown

Sky Sport 2 SKY 052

7.00 ATP Masters 1000 Cincinnati Open, day 6, **live 9.00** Laurie O'Reilly Cup, Black Ferns v Australia **9.30** NPC, North Harbour v Tasman **9.45** NPC, Taranaki v Canterbury **10.00** ATP Masters 1000 Cincinnati Open, day 6, **live Noon** Premier League, Leicester City v Southampton **2.00** National Provincial Championship, Southland v Otago, **live 4.00** 1st XV Rugby, final **4.30** ATP Masters 1000 Cincinnati, day 6 **5.30** Premier League, Crystal Palace v Aston Villa, replay **7.30** The Breakdown **8.30** Rugby Nation **9.00** Premier League, Tottenham Hotspur v Wolverhampton **10.55** Premier League, Fulham v Brentford **12.50am** Premier League, Leeds United v Chelsea, **live 3.00** ATP Masters 1000 Cincinnati, day 6 **4.00** ATP Masters 1000 Cincinnati Open, day 7, doubles final, **live**

Sky Sport 3 SKY 053

6.00 Laurie O'Reilly Cup, Black Ferns v Australia **6.30** 2021 Caribbean Premier League, final **7.00** West Indies v Black Caps, 2nd ODI, replay **3.00** Tauihi Basketball Aotearoa, Mid-North Whai v Southern Hoiho, **live 5.00** Tauihi Basketball Aotearoa, Northern Kahu v Mainland Pouakai, **live 7.00** Premier League, Everton v Nottingham Forest **9.00** World Series of Darts, New South Wales Masters, day 2, **live 12.30am** 2021 Caribbean Premier League: semi-final 1; 1.00 Semi-final 2; 1.30 Final **2.00** Commonwealth Games, cricket, bronze medal game; 2.30 Gold medal game **3.00** West Indies v Black Caps: 2nd T20; 3.25 3rd T20; 3.45 1st ODI 4.45 2nd ODI **5.45** West Indies v Black Caps, 3rd ODI, from Kensington Oval, Bridgetown, **live**

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**) Adil Ray hosts a UK quiz show.
10.00 **Tipping Point** (G, R, **HD**, **C**)
11.00 **The Chase** (G, R, **HD**, **C**)
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **HD**, **C**, **AD**) Marlon and Rhona's wedding day arrives, Priya keeps her pact, and Faith has an emotional moment.
1.30 **Country Calendar** (PG, R, **C**, **AD**) Three generations of a farming family and their staff spend a week in a musterers' hut at the back of one of the country's largest privately-owned high country stations.
2.00 **Ready Steady Cook** (G, **HD**, **C**) UK series in which chefs race the clock to create appetising recipes from mystery ingredients.
3.00 **Tipping Point** (G, **HD**, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Neighbours** (G, **HD**, **C**) Change is in the air for Ramsay Street, Chloe has a secret, and a beloved Neighbour returns.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 **Fair Go** (**C**) Pippa Wetzell and Hadyn Jones present consumer affairs and investigations.
8.00 ■ **Joanna Lumley's Great Cities of the World** (G, **HD**, **C**, **AD**) In Berlin, Joanna meets Holocaust survivor Frau Friedlander and a famous photographer who documented life in Soviet-controlled East Berlin.
9.00 ■ **The World's Most Luxurious Holidays** (G, **HD**, **C**, **AD**) The £18,000 per night Royal Suite at the Burgenstock Hotel & Alpine Spa on Lake Lucerne, Switzerland.
10.00 ■ **Border Patrol** (G, R, **HD**, **C**) An American woman attempts to smuggle a live cat across the border.
10.30 **1 News** (**HD**, **C**)
11.00 **Shortland Street** (PG, R, **C**, **AD**)
11.30 **Keeping Australia Safe** (PG, **HD**, **C**, **AD**) s1ep4
12.40am **Q+A with Jack Tame** (R, **HD**, **C**)
1.40 **Te Karere** (R)
2.05 **Infomercials**
5.30 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.45 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.55 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, R, **HD**, **C**)
7.30 **My Little Pony: Pony Life** (G, R, **HD**, **C**)
7.50 **Lego Monkie Kid** (G, R, **HD**, **C**, **AD**)
8.15 **The Adventures of Paddington** (G, R, **HD**, **C**)
8.35 **Sesame Street** (G, R, **HD**, **C**)
9.05 **Bluey** (G, R, **HD**, **C**)
9.10 **Infomercials**
9.40 **Les Mills BodyBalance** (G, R, **HD**, **C**)
10.05 **Home and Away** (PG, R, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **Charmed** (PG, **HD**, **C**)
Noon ■ **A Love Yarn** (2021, G, R, **HD**, **C**, **AD**) Anna Hutchison.
1.45 **The Drew Barrymore Show** (PG, **HD**, **C**)
2.40 **Sabrina the Teenage Witch** (G, **HD**, **C**)
3.30 **The Feed** (PG, **HD**, **C**)
5.00 **The Simpsons** (G, R, **HD**, **C**, **AD**) s30ep21
5.30 **Friends** (G, R, **HD**, **C**) s9ep23
6.05 **Ghosts** (PG, **HD**, **C**, **AD**) On Halloween, the ghosts try to help Sam and Jay protect their home from the neighbourhood kids. s1ep5
6.30 **Home and Away** (**C**) Lyrik bans band romance, and Roo's tutoring plans hit a wall.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Desi discovers a conspiracy, and Dawn keeps a foot in two camps.
7.30 **MasterChef Australia: Fans & Favourites** (G, **HD**, **C**, another episode screens tomorrow) Contestants cook from a rainbow mystery box that includes painted crayfish, scampi caviar, coloured corn and rainbow chard.
8.35 **Snackmasters Australia** (M, **HD**, **C**, **AD**) Chefs compete to create a choc mint ice cream.
9.55 **Russell Howard Stands Up to the World** (16, R, **HD**, **C**, **AD**) The British comedian performs in Aotearoa and Australia.
10.55 **Two and a Half Men** (PG, R, **HD**, **C**) s8ep2
11.55 **2 Broke Girls** (PG, R, **HD**, **C**) s2ep1
12.20am **Counterpart** (16, **HD**, **C**) s1ep2
1.20 **Emmerdale** (PG, R, **HD**, **C**, **AD**)
2.10 **Infomercials**
3.05 **Police Code Zero** (16, R, **HD**, **C**)
3.50 **Heroes** (M, R, **HD**, **C**) s2ep5
4.35 **Neighbours** (PG, R, **HD**, **C**)
5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **Killer Cover Up** (2020, M, **C**) Cece Kelly, Rene Ashton.
2.55 **Outrageous Acts of Science** (PG, **C**)
4.00 **Bath Crashers** (G, **C**)
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**)
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **The Block NZ: Redemption** (PG, **C**, another episode screens tomorrow) Tensions run high when final scores are revealed for the living rooms, and then it's onto master bedrooms and ensuites.
8.40 **9-1-1** (M, **C**) After a mysterious death, Hen and Chimney suspect that someone is playing God to make themselves look like a hero. s5ep17
9.35 **9-1-1: Lone Star** (M, **C**) A man falls into a trash compactor, a frantic mum tries to rescue her kids in a runaway car, and two team members disagree on keeping their romance a secret. s3ep17
10.35 **Newshub Late**
11.05 **Head High** (M, R, **C**)
12.05am **Infomercials**
5.30 – 6.00 AM Early With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.05 **Jeopardy** (G, R)
9.30 **Addicted to Fishing** (PG, R, **C**)
10.00 **The Brokenwood Mysteries** (M, R, **C**)
Noon **Parenthood** (M)
1.00 **House** (M, **C**)
2.00 **The Late Show with Stephen Colbert** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
5.00 **Tagata Pasifika** (G)
5.30 **Prime News**
6.00 **Rugby Nation** (G)
6.30 **Storage Wars** (PG, R, **C**)
7.00 **Pawn Stars** (PG, R)
7.30 **American Pickers** (PG, R)
8.30 **The Crowd Goes Wild Live**
9.30 **Super Pumped: The Battle for Uber** (16, **C**) Uber engineers develop new technology to help skirt their legal problems.
10.35 **The Late Show with Stephen Colbert** (PG)
11.30 **Ballers** (16)
12.30am – 6.00 **Infomercials**

Art: MARY BEARD'S SHOCK OF THE NUDE

Classicist Mary Beard riffs off Robert Hughes' 1980 series *The Shock of the New* to take a fresh look at the nude in Western art and our changing attitudes towards it. The two-parter is an examination, as Beard puts it, of "how for so long men got away with it". She begins with the first full-size nude sculpture in Western art, an Aphrodite by Praxiteles, and one of the first reclining nudes, Titian's *Venus of Urbino*, travelling to Florence, Paris, Bavaria and, ah, Manchester, to provide a female perspective on an artform controlled by male artists for so long.
SKY ARTS, 9.00pm

Documentary: JOAN OF ARC: GOD'S WARRIOR

The story of the Maid of Orleans is an extraordinary one, and Helen Castor finds no need to embellish it in this documentary. She explains how a 17-year-old peasant was able to lead an army and also explores Joan's trial through the actual transcripts.
HISTORY, 8.30pm

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Oranga Ngākau** (G)
9.00 **Easy Eats** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **Hāngi Pit Masters** (G, R)
10.30 **Toi Te Ora** (G, R)
11.00 **Tribal Scent** (G, R)
Noon **Te Ao Tapatahi**
12.30 **Celebrity Playlist** (G, R)
1.00 **Heritage Rescue** (G, R)
2.00 **Tōku Reo** (G, R)
2.30 **Ako** (G, R)
3.05 **Kids' Programmes**
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R) Te Hui Ahurei o Ngā Uri a Atuamatua, from Rotorua.
6.30 **Te Ao Mārama**
7.00 **Marae** Current affairs.
7.30 **Chatham Islanders** (G, R) The Moriori people rebuild their cultural traditions, language, identity and whakapapa.
8.00 **Te Ao with Moana** (G) With Moana Maniapoto.
8.30 **Poi E** (2016, G, R) Documentary about the creation of Poi E and how Dalvanius Prime used it to save his community.
10.10 **Indigenous 100** (G, R) Julian Wilcox meets Reikura Kahi and Kawariki Morgan.
10.40 **Ki Tua** (G, R)
11.10 – 11.40 **Te Ao Mārama** (R)

Film: I USED TO GO HERE

How time flies – Millennial ennui is now a thing, and explored in this low-budget feature by Kris Rey. Smart writing and an excellent work by star Gillian Jacobs push past the cliches, as Jacobs' writer returns to her alma mater and confronts her old self – and her old teacher, played by Jemaine Clement. **RIALTO, 5.20pm**

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Love It or List It** (PG, R)
10.50 **Love It or List It: Vancouver** (PG, R)
11.40 **Million Dollar Listing: NY** (PG, R)
12.35 **Tattoo Fixers** (M, R)
1.35 **Below Deck** (M, R)
2.30 **Love It or List It** (PG, R)
3.30 **Top Chef** (PG)
4.25 **Shark Tank** (PG, R)
5.25 **Million Dollar Listing: NY** (PG, R)
6.40 **Love It or List It: Vancouver** (PG)
7.40 **Snapped** (M)
8.40 **New York Homicide** (16) A woman who left Ohio at 17 to follow her dream of dancing on Broadway was killed three years later.
9.35 **Exhumed: Killer Revealed** (16) Detectives to take a closer look at the death of a rancher in South Dakota.
10.30 **Killer Siblings** (16, R)
11.30 **Family Massacre** (16, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **Amanda to the Rescue** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Trisha's Southern Kitchen**
8.00 **Alex vs America** (G, R)
9.00 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
10.55 **Salvage Dawgs** (G)
11.25 **Flea Market Flip** (G, R)
Noon **Location Location** (G)
1.00 **Daryl's Restoration Overhall**
1.30 **Everything but the House** (G, R)
2.05 **Islands of America** (PG, R)
3.05 **My Cat from Hell** (PG)
4.05 **Jamie's Super Food** (G)
5.05 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
7.00 **Incredible Journeys with Simon Reeve** (PG)
8.00 **Newshub Live**
8.30 **Alone at Home** (PG)
9.30 **Ugly House to Lovely House** (PG)
10.30 **Incredible Journeys** (PG, R)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Turbo Pickers** (PG, R)
9.20 **Iron Resurrection** (PG, R)
10.10 **Texas Metal** (PG, R)
11.00 **Alaskan Bush People** (PG, R)
11.50 **Tanked** (PG, R)
12.40 **Treehouse Masters** (PG, R)
1.30 **Homestead Rescue** (PG, R)
2.20 **Building Alaska** (G, R)
3.10 **Wheeler Dealers** (PG, R)
4.00 **Turbo Pickers** (PG, R)
4.50 **Alaskan Bush People** (PG, R)
5.40 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Ed Stafford: Left for Dead** (PG) Ed is dropped in the remote Altai Mountains.
8.25 **Man vs. Wild** (PG) Bear Grylls tackles the Sahara desert.
9.20 **Naked and Afraid** (M) Survivalists take on the peaks of Udhampur, India.
10.15 **Alaskan Bush People** (PG)
11.10 **Tanked** (PG, R)
12.00am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music** (M)
12.15 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep3
12.40 **Everybody Hates Chris** (M, R, **HD**, **C**) s4ep22
1.05 **River Monsters** (PG, R, **C**)
2.00 **Star Trek Discovery** (M, **HD**, **C**) s1ep6
2.45 **Hunting Aotearoa** (PG, R, **HD**)
3.10 **Heavy Rescue 401** (PG, R, **HD**)
4.00 **The Chase Aus** (G, R, **HD**, **C**)
4.50 **ABC World News** (PG)
5.15 **Abandoned Engineering** (PG, R, **HD**, **C**)
6.10 **30 Rock** (PG, R, **HD**, **C**) s5ep10
6.35 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep4
7.00 **Everybody Hates Chris** (PG, R, **HD**, **C**) s1ep1
7.30 **The Simpsons** (G, R, **HD**, **C**)
8.30 **Family Guy** (PG, R, **HD**, **C**, **AD**)
8.55 **The Office** (M, **HD**, **C**, **AD**)
9.35 **Ten Year Old Tom** (M, **HD**, **C**) s1ep2
10.10 **Robot Chicken** (M, **HD**)
11.00 **Aqua Teen Hunger Force** (M, **HD**)
11.25 **The Eric Andre Show** (M, R, **HD**)
11.35 **Caprica** (M, **HD**)
12.30am – 12.55 ABC World News (PG, R)

SKY PREMIERE SKY 030

6.55 **Music** (2021, M) Kate Hudson, Maddie Ziegler
8.40 **The Last Son** (2021, 16) Sam Worthington, Heather Graham
10.15 **2 Hearts** (2020, M) Jacob Elordi, Tiera Skovbye
11.55 **Kimi** (2022, 16) Zoe Kravitz, Rita Wilson
1.25 **Charm City Kings** (2020, 16) Jahi Di'Allo Winston, Meek Mill
3.25 **No Sudden Move** (2021, 16) Don Cheadle
5.20 **The War Below** (2021, M) Tom Goodman-Hill, Sam Hazeldine
6.55 **Candyman** (2021, 16) An artist begins to explore the macabre history of Candyman. Yahya Abdul-Mateen II, Teyonah Parris
8.30 **Voyagers** (2020, 16) A multi-generational group embarks on an expedition to colonise a distant planet. Tye Sheridan, Colin Farrell
10.20 **Snake Eyes: G.I. Joe Origins** (2021, M) Henry Golding
12.20am Crisis (2020, 16) **2.20** The Mistletoe Secret (2019, PG) **3.45** The Call (2020, 16) **5.20** Superintelligence (2020, PG)

MOVIES CLASSICS SKY 034

6.25 **The Harder They Come** (1972, M) Jimmy Cliff
8.05 **The Battle of Britain** (1969, PG) Michael Caine, Laurence Olivier
10.15 **The Long Goodbye** (1973, M) Elliott Gould, Sterling Hayden
12.05 **Waterloo** (1970, G) Rod Steiger, Christopher Plummer
2.15 **The Victors** (1963, M) George Hamilton, George Peppard
4.45 **The Fan** (1996, 16) Robert De Niro, Wesley Snipes
6.40 **Tucker: The Man and His Dream** (1988, PG) Based on the story of maverick car designer Preston Tucker. Jeff Bridges, Joan Allen
8.30 **The Client** (1994, M) When a youngster witnesses the suicide of a mafia lawyer, the District Attorney tries to use him to take down a mob family. Susan Sarandon, Tommy Lee Jones, Mary-Louise Parker
10.30 **The King of Comedy** (1983, PG) Robert De Niro
12.20am The Enforcer (1976, 16) **1.55** Sudden Impact (1983, 16) **3.50** Forever Young (1992, PG) **5.35** The Shootist (1976, PG)

RIALTO SKY 039

6.45 **Possessions** (16) s1ep6
7.35 **The United Way** (2021, PG) UK documentary.
9.10 **First Cow** (2019, PG) John Magaro, Toby Jones
11.10 **Blithe Spirit** (2020, PG) Dan Stevens, Isla Fisher
12.50 **Brassic** (16) s2ep1&2
2.20 **Daughter of Mine** (2018, M) Valeria Golino
3.55 **Become Who You Are** (2020, M) US documentary.
5.20 **I Used to Go Here** (2020, M) Gillian Jacobs
6.50 **Wild Mountain Thyme** (2020, PG) A pair of star-crossed lovers in Ireland are caught in their family's land dispute. Emily Blunt, Jamie Dornan
8.30 **Rialto World: The Judgement** (2021, M) Based on the story of a murder in the Dutch city of Deventer in 1999. Fedja van Huet, Yorick van Wageningen
10.45 **The Promise** (M) s1ep4
11.45 **North Hollywood** (2021, 16) Ryder McLaughlin, Vince Vaughn
1.20am Instinto (18) s1ep1 **2.55** Daughter of Mine (2018, M) **4.35** I Used to Go Here (2020, M)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s5ep8 **6.50** Judge Judy (PG) **7.15** The Closer (M) s5ep1 **8.05** The Mysteries of Laura (M) s1ep final **8.50** The Good Wife (M) s1ep19 **9.40** Covert Affairs (M) s2ep8 **10.30** Judge Judy (PG) **11.15** Agatha Christie's Marple (M) s4ep final **1.00** Why Are We Fat? (G) s1ep final **2.00** The Closer (M) s5ep1 **2.50** The Mysteries of Laura (M) s1ep22 **3.40** The Good Wife (M) s1ep19 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s5ep8 **6.30** Covert Affairs (M) s2ep8 **7.30** The Supervet: Specials (PG) **8.30** Ambulance (16) The team in Control coach a couple through the birth of their child. s7ep2 **9.30** Inside the Operating Theatre (M) s1ep15 **10.30** The Good Wife (M) s1ep19 **11.20** Judge Judy (PG) **11.50** The Supervet: Specials (PG) **12.50am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.35** QI (M) **7.05** Richard Osman's House of Games Night (PG) s1ep6 **7.40** The Bill (M) **8.30** A Touch of Frost (M) s12ep2 **10.10** Father Brown (M) s3ep1 **11.00** Doc Martin (M) s2ep2 **11.50** Midsomer Murders (M) s1ep3 **1.35** The Bill (M) **2.25** New Tricks (M) s6ep8 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Jonathan Ross Show (M) s17ep5 **5.15** Who Do You Think You Are? (PG) **6.20** QI (PG) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** Death in Paradise (M) A celebrated concert pianist is murdered at night in his studio. s10ep5 **9.40** The Trial of Christine Keeler (M) s1ep4 **10.45** Keeping Faith (M) s1ep4 **11.50** Midsomer Murders (M) s1ep3 **1.35am** Programmes continue

SoHo SKY 010

6.00 Rap Sh!t (16) s1ep4 **6.30** Baptiste (16) s2ep6 **7.30** The Lazarus Project (16) s1ep9 **8.20** The White Lotus (16) s1ep2 **9.20** The Midwich Cuckoos (16) s1ep7 **10.30** Real Time with Bill Maher (M) s20ep24 **11.30** Rap Sh!t (16) s1ep4 **Noon** Baptiste (16) s2ep6 **1.00** House of the Dragon (18) s1ep1 **2.30** The Midwich Cuckoos (16) s1ep7 **3.35** The Rehearsal (16) s1ep2 **4.15** Shameless (18) s10ep6 **5.15** Mayans M.C. (16) s2ep1 **6.10** I Hate Suzie (M) s1ep5 **6.50** Black Monday (16) s2ep6 **7.20** Last Week Tonight with John Oliver (M) s9ep21 **8.00** What We Do in the Shadows (16) The vampires return from their world travels to find their mansion on the verge of collapse. s4ep1 **8.30** House of the Dragon (18) s1ep1 **9.40** City on a Hill (16) s3ep3 **10.40** Chelsea Handler: Evolution (16) Comedy special. **11.45** Get Shorty (16) s3ep2 **12.45am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** Long Lost Family US (PG) **10.00** Every Family Has a Secret (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** Location Location Location Australia (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Every Family Has a Secret (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It UK (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Selling Houses Australia (PG) **9.30** The Great Hotel Escape (PG) **10.30** Grand Designs New Zealand (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Your Worst Nightmare (M) **6.55** American Monster (M) **7.45** Crime Scene Confidential (M) **8.35** Reasonable Doubt (M) **9.25** Nightmare Next Door (M) **10.20** Broken Trust (M) **11.15** The Perfect Murder (M) **12.10** Your Worst Nightmare (M) **1.05** Married with Secrets (M) **2.00** I'd Kill for You (M) **2.55** Deadly Recall (M) **3.50** Blood Relatives (M) **4.45** Your Worst Nightmare (M) **5.40** The Co-Ed Killer: Mind of a Monster (M) **7.30** Evil Lives Here (M) **8.30** American Monster (M) **9.30** Evil Lives Here (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.30 Rock Legends: INXS **7.15** Rock Legends: Black Eyed Peas **8.00** Gala from Berlin 2019 **9.45** Art of Architecture Specials **11.10** Other Voices **Noon** Van Morrison Live at Eden Session **1.00** ■ Billy Joel Live at Yankee Stadium (1990, G) **2.30** Rock Legends: INXS **3.15** Rock Legends: Black Eyed Peas **4.00** ■ Shakespeare: The Truth Behind the Name (2021, G) **5.30** The Directors: Sam Pekinpah **6.15** The Directors: Frank Capra **7.00** The Great Pottery Throw Down **8.00** Off Camera **9.00** Mary Beard's Shock of the Nude (PG) **10.00** Secrets of the Museum **11.00** Put Some Colour in Your Life **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** Gold Rush: White Water (M) **9.25** Aussie Gold Hunters (PG) **10.20** Gold Rush: Dave Turin's Lost Mine (PG) **11.15** Heavy Tow Truckers Down Under (M) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** The Alaska Triangle (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush (M) **4.45** Alaska: The Last Frontier (M) **5.40** Aussie Mega Mechanics (PG) **6.35** Aussie Gold Hunters (PG) **7.30** Demolition Down Under (PG) **8.30** Heavy Tow Truckers Down Under (M) **9.30** Last Outpost (PG) **10.30** Railroad Alaska (PG) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Aussie Snake Wranglers (PG) **6.30** Drain the Oceans Best ofs (PG) **7.30** When Sharks Attack (M) **8.30** Shark Attack Files (M) **9.30** Air Crash Investigation: Special Report (M) **10.30** Air Crash Investigation (M) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (M) **1.30** Megastructures **2.30** Colossal Machines (PG) **3.30** Hitler Youth (PG) **4.30** Hitler's Last Stand (M) **6.30** César Millan: Better Human, Better Dog (PG) **7.30** First Alaskans (PG) **8.30** Running Wild with Bear Grylls: The Challenge (PG) **9.30** Primal Survivor: Mighty Mekong (PG) **10.30** Drain the Oceans Best ofs (PG) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 The Normans (PG) **7.30** Blood of the Clans (M) **8.30** Time Team **9.30** Around the World by Train with Tony Robinson (PG) **10.30** Besieged Fortresses, Legendary Battles (PG) **11.30** The Normans (PG) **12.30** Blood of the Clans (M) **1.30** History's Raiders (PG) **2.30** Scorched Earth (PG) **3.30** The Fury and the Flames (PG) **4.30** Line of Fire (PG) **5.30** Lost Treasures of the Ancient World **6.30** Time Team **7.30** Great British History Hunters (PG) **8.30** Joan of Arc: God's Warrior (PG) **9.30** Legendary Castles (PG) **10.30** Zulu Wars (PG) **11.30** The Australian SAS: The Untold History (M) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Fishing Leopards (PG) **6.55** Life Below Zero (M) **7.45** Where the Wild Men Are (PG) **8.35** Wonders of the Solar System (PG) **9.40** Trust Me, I'm a Doctor (PG) **10.35** The Dog Rescuers (PG) **11.25** 24 Hours in A&E (M) **12.15** Seven Worlds, One Planet: The Making of (PG) **12.25** The Trials of Life (PG) **1.20** Wonders of the Solar System (PG) **2.20** Fishing Leopards (PG) **3.15** Mountains: Life Above the Clouds (PG) **4.10** Trust Me, I'm a Doctor (PG) **5.05** Life Below Zero (M) **5.55** Where The Wild Men Are (PG) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (PG) **8.30** Life Below Zero (M) **9.25** Where The Wild Men Are (PG) **10.20** The Trials of Life (PG) **11.15** Mountains: Life Above the Clouds (PG) **12.10am** Programmes continue

History: Great British History Hunters, 7.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Premier League, Leeds United v Chelsea, replay **8.00** Premier League, West Ham v Brighton Hove Albion, replay **10.00** Premier League, Newcastle United v Manchesty City, replay **Noon** Heartland Championship, South Canterbury v Thames Valley, highlights **12.15** Heartland Championship, Wairarapa Bush v North Otago, highlights **12.30** Farah Palmer Cup, Taranaki v Northland, replay **2.30** Farah Palmer Cup, Wellington v Bay of Plenty, replay **4.30** Farah Palmer Cup, North Harbour v Otago, highlights **5.00** Farah Palmer Cup, Tasman v Hawke's Bay, highlights **5.30** Farah Palmer Cup, highlights **6.00** Rugby Nation **6.30** Laurie O'Reilly Cup, Black Ferns v Australia, replay **8.30** The Crowd Goes Wild **9.30** National Provincial Championship, Counties Manukau v Waikato, replay **11.45** National Provincial Championship, Taranaki v Canterbury, highlights **12.00am** National Provincial Championship, Wellington v Northland, highlights **12.15** National Provincial Championship, North Harbour v Tasman, highlights **12.30** The Breakdown **1.30** National Provincial Championship, Taranaki v Canterbury, replay **3.30** National Provincial Championship, Wellington v Northland, replay **5.30** Rugby Nation

Sky Sport 2 SKY 052

6.00 ATP Masters 1000 Cincinnati, day 6, semi-final 2, replay **7.30** ATP Masters 1000 Cincinnati, day 6, highlights **8.30** ATP Masters 1000 Cincinnati Open, day 7, singles final, **live** **10.30** Tauihi Basketball Aotearoa, Mid-North Whai v Southern Hoiho, replay **12.30** Tauihi Basketball Aotearoa, Northern Kahu v Mainland Pouakai, replay **2.30** ATP Masters 1000 Cincinnati, day 7, singles final, replay **4.30** Premier League, West Ham v Brighton Hove Albion, replay **6.30** Premier League, Leeds United v Chelsea, replay **8.30** Premier League, Newcastle United v Manchesty City, replay **10.30** ATP Masters 1000 Cincinnati, day 7, singles final, replay **12.30am** ATP Masters 1000 Cincinnati, day 7, doubles final, replay **2.30** ATP 250 Winston-Salem Open, day 1, match of the day **4.00** The Breakdown **5.00** West Indies v Black Caps, 3rd ODI, highlights

Sky Sport 3 SKY 053

6.00 West Indies v Black Caps, 3rd ODI, from Kensington Oval, Bridgetown, **live** **2.00** Commonwealth Games, cricket, gold medal game **2.30** SailGP, Denmark, day 1, highlights **4.00** SailGP, Denmark, day 2, highlights **5.30** West Indies v Black Caps, 1st ODI, highlights **6.30** West Indies v Black Caps, 2nd ODI, highlights **7.30** West Indies v Black Caps, 3rd ODI, highlights **8.30** World Series of Darts, New South Wales Masters, day 2, **live** **12.00am** West Indies v Black Caps, 2nd ODI, replay

Drama: EVIL

Robert and Michelle King do like to ponder ethical and moral dilemmas – they were the basis of their breakout series *The Good Wife* and its follow-up, *The Good Fight* – so the next logical step is a series that explores the roots of, well, evil. The series' lead characters are a Mulder and Scully-style believer and non-believer: Mike Colter (*Luke Cage*) plays a former journalist studying to be a Catholic priest who investigates miracles and possessions for the church. Katja Herbers is a forensic psychologist hired to help him. "Glimmering beneath the show's pulp mythology is a moral seriousness," said the *New Yorker*. "It's Dostoyevsky, only funny and filthy."

TVNZ+

Documentary: UNTOLD: THE RISE AND FALL OF AND1

Young Instagrammers and influencers are more business savvy these days, and this story of how a bunch of young guys took on the billion-dollar basketball industry using videotapes for marketing is both celebratory and salutary.

NETFLIX

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**)
10.00 **Tipping Point** (G, R, **HD**, **C**) .
11.00 **The Chase** (G, R, **HD**, **C**)
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **HD**, **C**, **AD**) Marcus puts his foot in it, Ethan has a secret meeting, and Rishi feels uncomfortable.
1.00 **Hollyoaks** (PG, **HD**, **C**, **AD**) A surprise guest makes an appearance at DeMarcus' birthday party, and John Paul lashes out at his family when they urge him to apologise to his son.
1.30 **Fair Go** (R, **C**) Pippa Wetzell and Hadyn Jones present consumer affairs and investigations.
2.00 ■ **Ready Steady Cook** (G, **HD**, **C**)
3.00 **Tipping Point** (G, **HD**, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Neighbours** (G, **HD**, **C**) Amy is put in an impossible position, Paul and Terese wrestle with big decisions, and two former residents have their eye on Ramsay Street.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 **Eat Well for Less NZ** (PG, **C**, **AD**) Michael Van de Elzen and Ganesh Raj help Kiwi families shop better. Tonight, a millennial flat see each other as family and agree the best thing about lockdowns was their time together in the kitchen. Now they're returning to work, they are hoping to "adult" better. s3ep9
8.30 **Unbreakable** (PG, **C**, **AD**) Local series following remarkable individuals as they pursue their life goals. Tonight, Golriz gets some good news, and teenager Jayden attempts a five-day endurance event. s2ep4
9.30 **Coronation Street** (PG, **C**, **AD**)
10.30 **1 News** (**HD**, **C**)
11.00 **Shortland Street** (PG, R, **C**, **AD**)
11.30 **Sunday** (R, **C**)
12.30am ■ **Lodgers for Codgers** (M, R, **HD**, **C**, **AD**)
1.20 **Te Karere** (R)
1.45 **Infomercials**
5.35 – 6.00 Te Karere (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.40 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.55 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, R, **HD**, **C**)
7.30 **My Little Pony: Pony Life** (G, R, **HD**, **C**)
7.50 **Lego Monkie Kid** (G, R, **HD**, **C**, **AD**)
8.15 **The Adventures of Paddington** (G, R, **C**)
8.35 **Sesame Street** (G, R, **HD**, **C**)
9.00 **Bluey** (G, R, **HD**, **C**)
9.10 **Infomercials**
9.35 **Les Mills BodyCombat** (G, R, **HD**, **C**)
10.05 **Home and Away** (PG, R, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **Charmed** (M, **HD**, **C**)
Noon ■ **Love Knots** (2021, G, R, **HD**, **C**, **AD**) Brooke Williams.
1.45 **The Drew Barrymore Show** (PG, **HD**, **C**)
2.40 **Sabrina the Teenage Witch** (G, **C**)
3.30 **The Feed** (PG, **HD**, **C**)
5.00 **The Simpsons** (PG, R, **HD**, **C**, **AD**) s30ep22
5.30 **Friends** (G, R, **HD**, **C**) s9ep24
6.05 **The Big Bang Theory** (PG, R, **HD**, **C**, **AD**) s6ep20
6.30 **Home and Away** (PG, **C**) Ziggy and Remi go on a secret mission, Alf catches Marilyn in the act, and John's new neighbours aren't so new.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Dawn is living a lie, Desi lets go, and TK and Cece unite.
7.30 **MasterChef Australia: Fans & Favourites** (PG, **HD**, **C**, another episode screens tomorrow) For today's pressure test, Chocolate Queen Kirsten Tibballs presents her intricate cherry on top dessert.
8.40 **NCIS: Hawai'i** (M, **HD**, **C**, **AD**) Torres and Knight travel to Hawai'i when they learn a key witness in one of their old cases has turned up there with crucial evidence. s1ep18
9.35 **SEAL Team** (M, **HD**, **C**, **AD**) Bravo return to Afghanistan to continue the fight against the Taliban. s5ep7
10.30 **CSI: Crime Scene Investigation** (16, **C**) s5ep14
12.20am **Chapelwaite** (16, **HD**, **C**) s1ep7
1.20 **Emmerdale** (PG, R, **HD**, **C**, **AD**)
1.45 **Infomercials**
2.40 **Police Code Zero** (16, R, **HD**, **C**)
3.25 **Heroes** (M, R, **HD**, **C**) s2ep6
4.10 **2 Tunes**
4.35 **Neighbours** (PG, R, **HD**, **C**)
5.00 – 6.00 Infomercials

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **You Can't Say No** (2018, PG, **C**) Hamish Linklater, Marguerite Moreau.
3.00 **Outrageous Acts of Science** (PG, **C**)
4.00 **Bath Crashers** (G, **C**)
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**)
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **The Block NZ: Redemption** (PG, **C**, another episode screens tomorrow) The teams crack on with master bedrooms, ensuites and walk-in wardrobes.
8.40 **NCIS** (PG, **C**) NCIS investigates a ring of clever teenage partygoers when a string of break-ins takes place at Marine Base Quantico. s19ep19
9.35 **NCIS: Los Angeles** (M, **C**) Two men are blown up by their own explosives while attempting to break into a military base. s13ep20
10.30 **Newshub Late**
11.00 **The Hui** (**C**) With Mihingarangi Forbes.
11.35 **Newshub Nation** (R, **C**) With Simon Shepherd and Oriini Kaipara.
12.45am Infomercials
5.30 – 6.00 AM Early With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.05 **Jeopardy** (G, R)
9.30 **Addicted to Fishing** (PG, R, **C**)
10.00 **The Brokenwood Mysteries** (M, R, **C**)
Noon **Parenthood** (M)
1.00 **House** (M, **C**)
2.00 **The Late Show with Stephen Colbert** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
5.00 **WhichCar** (PG, R, **C**)
5.30 **Prime News**
6.00 **Storage Wars** (PG, R, **C**)
7.00 **Pawn Stars** (PG, R)
7.30 **American Pickers** (PG, R)
8.30 **The Gilded Age** (16, **C**) A development puts George's new train station in doubt.
9.40 **Mare of Easttown** (18, **C**) Phone records lead Mare and Colin to an unlikely suspect.
10.55 **The Breakdown** (G)
12.00am ■ **Succession** (16, **C**)
1.20 **The Late Show with Stephen Colbert** (PG)
2.30 – 6.00 Infomercials

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

Film: WUHAN WUHAN

New Zealand's geographical distance has often given us the edge during the pandemic, but what if you were at the epicentre? Canadian director Yung Chang captures the frantic scramble in Wuhan in early 2020 through the stories of medical professionals, patients and citizens. **RIALTO, 3.45pm**

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.00 **Tribe** (G, R)
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **He Kākano** (G, R)
10.30 **Toi Te Ora** (G, R)
11.00 **Chatham Islanders** (G, R)
11.05 **Te Ngākau Tapatahi** (G, R)
Noon **Te Ao Tapatahi**
12.30 ■ **Poi E** (2016, G, R) Documentary.
2.30 **Ako** (G, R)
3.05 **Kids' Programmes**
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R) Te Hui Ahurei o Ngā Uri a Atuamatua, from Rotorua.
6.30 **Te Ao Mārama**
7.00 **Giants** (G) The African community.
7.30 **David Rocco's Dolce South East Asia** (G) Bangkok.
8.00 **Moon Tide Fishing** (PG) Nore Martin and one of the Matau Bros travel to Groper Rock.
8.30 **China Wild** (G, R) Nature series.
9.30 **Wild Kai Legends** (M, R) With Tamati Rimene-Sproat.
10.00 **Michif Country** (G) Well-known Canadians explore their Michif roots. Tonight, Michelle Thrush.
10.30 **Piri's Tiki Tour** (PG, R)
11.00 – 11.30 Te Ao Mārama (R)

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Love It or List It** (PG, R)
11.00 **Love It or List It: Vancouver** (PG, R)
11.45 **Million Dollar Listing: NY** (PG, R)
1.00 **Tattoo Fixers** (M, R)
1.55 **Below Deck** (M, R)
2.55 **Love It or List It** (PG, R)
3.55 **Top Chef** (PG)
4.50 **Shark Tank** (PG, R)
5.45 **Million Dollar Listing: NY** (PG, R)
6.40 **Love It or List It: Vancouver** (PG)
7.40 **Rich Kids Go Skint Holidays** (M) 21-year-old Mel is accustomed to at least three five-star holidays a year.
8.40 **The Real Housewives of Beverly Hills** (M) Dorit throws a charity dinner.
9.40 **Below Deck Down Under** (M) Jason tries to find his footing with his new team.
10.40 **Killer Siblings** (16, R)
11.30 **Family Massacre** (16, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Trisha's Southern Kitchen**
8.00 **Jamie's Super Food** (G, R)
9.00 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (R)
10.55 **Salvage Dawgs** (G)
11.25 **Flea Market Flip** (G, R)
Noon **Ugly House to Lovely House** (PG, R)
1.00 **Alone at Home** (PG, R)
2.00 **Incredible Journeys** (PG, R)
3.00 **My Cat from Hell** (PG)
4.00 **Islands to Highlands** (G)
5.00 **Museum Mysteries** (PG)
6.00 **American Pickers** (PG)
6.55 **Extreme Animal Transport** (PG)
7.30 **It's Me or the Dog UK** (PG)
8.00 **Newshub Live**
8.30 **Luxury for Less** (PG)
9.30 **Escape to the Chateau: DIY**
10.30 **Extreme Animal Transport** (PG, R)
11.00 **It's Me or the Dog UK** (PG, R)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Ed Stafford: Left for Dead** (PG, R)
9.20 **Man vs. Wild** (PG, R)
10.10 **Naked and Afraid** (M, R)
11.00 **Alaskan Bush People** (PG, R)
11.45 **Tanked** (PG, R)
12.35 **Inside West Coast Customs** (PG, R)
1.20 **Kindig Customs** (PG, R)
2.10 **Street Outlaws: No Prep Kings** (M, R)
3.00 **Wheeler Dealers** (PG, R)
3.50 **Ed Stafford: Left for Dead** (PG, R)
4.50 **Alaskan Bush People** (PG, R)
5.40 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Alaska: Battle on the Bay** (PG)
8.25 **Edge of Alaska** (M)
9.20 **Deadliest Catch** (M)
10.15 **Alaskan Bush People** (PG)
11.10 **Tanked** (PG, R)
11.55 **Wheeler Dealers** (R)
12.40am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music** (M)
12.15 **Two and a Half Men** (M, R, **HD**, **C**) s11ep4
12.40 **Everybody Hates Chris** (PG, R, **HD**, **C**) s1ep1
1.00 **River Monsters** (PG, R, **HD**, **C**)
1.55 **Star Trek Discovery** (M, **HD**, **C**) s1ep7
2.45 **Hunting Aotearoa** (PG, R, **HD**)
3.15 **Heavy Rescue 401** (PG, R, **HD**)
4.05 **The Chase Australia** (G, **HD**, **C**)
4.55 **ABC World News** (PG)
5.15 **Abandoned Engineering** (G, R, **HD**, **C**)
6.10 **30 Rock** (PG, R, **HD**, **C**) s5ep11
6.35 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep5
7.05 **Everybody Hates Chris** (PG, R, **HD**, **C**)
7.30 **The Simpsons** (G, R, **HD**, **C**) s14ep19&20
8.30 ■ **David Brent: Life on the Road** (2016, 16, **HD**, **C**, **AD**) Ricky Gervais.
10.20 **Caprica** (M, **HD**) s1ep11
12.05am – 12.30 ABC World News (PG, R)

SKY PREMIERE SKY 030

7.05 **The Unholy** (2021, M) Jeffrey Dean Morgan
8.45 **Scream** (2022, 16) Neve Campbell, Courtney Cox
10.40 **New Year, New You** (2018, 16) Suki Waterhouse
12.05 **The Devil Has a Name** (2021, 16) Kate Bosworth
1.40 **Locked Down** (2021, M) Anne Hathaway, Chiwetel Ejiofor
3.35 **All My Life** (2020, M) Harry Shum Jr, Jessica Rothe
5.05 **Joe Bell** (2020, M) Mark Wahlberg, Connie Britton
6.40 **Chaos Walking** (2021, M) A woman crash-lands on a planet inhabited only by men. Tom Holland, Daisy Ridley
8.30 **Death of a Telemarketer** (2021, M) A smooth-talking telemarketer finds himself at the mercy of the man he tried to swindle. Lamorne Morris, Jackie Earle Haley, Haley Joel Osment
10.00 **Stillwater** (2021, M) Matt Damon, Abigail Breslin
12.20am Land (2021, M) **1.50** The Little Things (2021, M) **3.55** Dawn Raid (2020, M) **5.35** Secret Life of a Celebrity Surrogate (2020, M)

MOVIES CLASSICS SKY 034

7.15 **Bite the Bullet** (1975, PG) Gene Hackman
9.25 **Sex, Lies and Videotape** (1989, M) James Spader
11.05 **Alvarez Kelly** (1966, PG) William Holden, Richard Widmark
12.55 **Drugstore Cowboy** (1989, 16) Matt Dillon, Kelly Lynch
2.40 **Groundhog Day** (1993, PG) Bill Murray, Andie MacDowell
4.20 **The Witches of Eastwick** (1987, M) Jack Nicholson, Susan Sarandon
6.20 **The Exorcist: The Version You've Never Seen** (1973, 16) A mother enlists the help of the Catholic Church to save her daughter, who is thought to be possessed by the Devil. Linda Blair, Ellen Burstyn
8.30 **Bram Stoker's Dracula** (1992, M) A vampire travels to London to find a woman he believes is the reincarnation of his wife. Gary Oldman, Winona Ryder
10.35 **A Fish Called Wanda** (1988, M) John Cleese, Jamie Lee Curtis
12.20am Castle Keep (1969, M) **2.05** Dirty Harry (1971, 16) **3.45** The Dead Pool (1988, M) **5.15** Jubal (1956, PG)

RIALTO SKY 039

6.05 **Wild Mountain Thyme** (2020, PG) Emily Blunt, Jamie Dornan
7.50 **The Judgement** (2021, M) Fedja van Huet
10.05 **The Promise** (M) s1ep4
11.05 **North Hollywood** (2021, 16) Ryder McLaughlin, Vince Vaughn
12.40 **Brassic** (16) s2ep3&4
2.10 **Boys Cry** (2018, 16) Matteo Olivetti
3.45 **Wuhan Wuhan** (2021, M) Chinese documentary.
5.20 **Best Sellers** (2021, M) Michael Caine, Aubrey Plaza
7.00 **The Jump** (2020, M) Lithuanian documentary.
8.30 **The Promise** (M) Tony is arrested, but denies having anything to do with the girls' disappearances. s1ep5
9.30 **Lady Boss: The Jackie Collins Story** (2021, 16) UK documentary about author Jackie Collins and her literary empire.
11.05 **Here Before** (2021, M) Andrea Riseborough
12.30am Instinto (16) s1ep2 **2.00** Wuhan Wuhan (2021, M) **3.35** The Promise (M) s1ep5 **4.35** Boys Cry (2018, 16)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s5ep9 **6.50** Judge Judy (PG) **7.15** The Closer (M) s5ep2 **8.05** The Mysteries of Laura (M) s2ep1 **8.50** The Good Wife (M) s1ep20 **9.40** Covert Affairs (M) s2ep9 **10.30** Judge Judy (PG) **11.15** Ambulance (16) s7ep2 **12.15** Inside the Operating Theatre (M) s1ep15 **1.05** The Supervet: Specials (PG) **2.00** The Closer (M) s5ep2 **2.50** The Mysteries of Laura (M) s2ep1 **3.40** The Good Wife (M) s1ep20 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s5ep9 **6.30** Covert Affairs (M) s2ep9 **7.30** Frankie Drake Mysteries (M) s4ep9 **8.30** Vera (M) An extreme sports fanatic plunges from a Northumberland clifftop in a ball of flames. s3ep3 **10.15** The Good Wife (M) s1ep20 **11.15** Judge Judy (PG) **11.45** Frankie Drake Mysteries (M) s4ep9 **12.45am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.35** QI (M) **7.05** EastEnders (PG) **7.35** The Bill (M) **8.25** A Touch of Frost (M) s14ep1 **10.05** Father Brown (M) s3ep2 **10.55** Doc Martin (M) s2ep3 **11.45** Midsomer Murders (M) s1ep4 **1.35** The Bill (M) **2.25** New Tricks (M) s8ep1 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Jonathan Ross Show (M) s17ep6 **5.15** Who Do You Think You Are? (PG) **6.20** QI (PG) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** Heartbeat (PG) A search for stolen antiques turns dangerous. s18ep9 **9.30** Father Brown (PG) Bunty reunites with Father Brown to uncover a dark secret at the local girls' borstal. s9ep8 **10.25** Doc Martin (M) s5ep8 **11.20** Midsomer Murders (M) s1ep4 **1.10am** Programmes continue

SoHo SKY 010

6.25 I Hate Suzie (M) s1ep5 **7.05** Black Monday (16) s2ep6 **7.35** Mystery Road (16) s2ep3 **8.30** Last Week Tonight with John Oliver (M) s9ep21 **9.05** Chelsea Handler: Evolution (16) **10.10** What We Do in the Shadows (16) s4ep1 **10.40** House of the Dragon (18) s1ep1 **12.10** City on a Hill (16) s3ep3 **1.10** Mystery Road (16) s2ep3 **2.05** I Hate Suzie (M) s1ep5 **2.45** Last Week Tonight with John Oliver (M) s9ep21 **3.20** Black Monday (16) s2ep6 **3.50** The Deuce (18) s3ep6 **4.50** Shameless (18) s10ep7 **5.45** Mayans M.C. (16) s2ep2 **6.35** Billions (18) s5ep10 **7.30** The Undoing (18) s1ep5 **8.30** Fear the Walking Dead (18) s7ep16 **9.30** Irma Vep (16) A visit with René sheds light on Mira's newfound abilities. s1ep7 **10.30** Who Killed Garrett Phillips? (16) s1ep2 **12.10am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** The Great Hotel Escape (PG) **10.00** Selling Houses Australia (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** Grand Designs New Zealand (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Selling Houses Australia (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It UK (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Salvage Hunters (PG) **9.30** Salvage Hunters: The Restorers (PG) **10.30** Escape to the Country (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Your Worst Nightmare (M) **6.55** Predator at Large (M) **7.45** Dead Reckoning (M) **8.35** Deadline: Crime with Tamron Hall (M) **9.25** Nightmare Next Door (M) **10.20** Broken Trust (M) **11.15** The Perfect Murder (M) **12.10** Your Worst Nightmare (M) **1.05** Married with Secrets (M) **2.00** I'd Kill for You (M) **2.55** Deadly Recall (M) **3.50** Blood Relatives (M) **4.45** Your Worst Nightmare (M) **5.40** American Monster (M) **6.35** Evil Lives Here (M) **8.30** NY Post Investigates (M) **9.30** The Co-Ed Killer: Mind of a Monster (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.00 Secrets of the Museum **7.00** Put Some Colour in Your Life **8.00** ■ Shakespeare: The Truth Behind the Name (2021, G) **9.30** The Directors: Sam Pekinpah **10.15** The Directors: Frank Capra **11.00** The Great Pottery Throw Down **Noon** Off Camera **1.00** Mary Beard's Shock of the Nude (PG) **2.00** Secrets of the Museum **3.00** Put Some Colour in Your Life **4.00** ■ Our Time Machine (2019, G) **5.20** The Artist's Workshop **5.35** Put Some Colour in Your Life **6.00** The Big Book Club **7.00** Stars of the Silver Screen: Orson Welles **7.45** Boswell & Johnson's Scottish Journey **8.30** Landscape Artist of the Year **9.15** ■ At the Philosophers' School (2018, G) **11.00** Off Camera **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** World's Biggest Shipbuilders (PG) **9.25** Fast N' Loud (M) **10.20** Heavy Tow Truckers Down Under (M) **11.15** Gold Rush: Dave Turin's Lost Mine (PG) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** The Alaska Triangle (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush (M) **4.45** Alaska: The Last Frontier (M) **5.40** Aussie Mega Mechanics (PG) **6.35** Outback Opal Hunters (PG) **7.30** Aussie Gold Hunters (PG) **8.30** Strange Evidence (M) **9.30** Mystery at Blind Frog Ranch (M) **10.30** Contact (PG) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** César Millan: Better Human, Better Dog (PG) **7.30** First Alaskans (PG) **8.30** Running Wild with Bear Grylls: The Challenge (PG) **9.30** Primal Survivor: Mighty Mekong (PG) **10.30** Drain the Oceans Best ofs (PG) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (M) **1.30** Megastructures **2.30** Facing ... (M) **3.30** Original Sin (M) **4.30** César Millan: Better Human, Better Dog (PG) **5.30** First Alaskans (PG) **6.30** Running Wild with Bear Grylls: The Challenge (PG) **7.30** Last of the Giants: Wild Fish (PG) **8.30** Unknown Waters with Jeremy Wade (PG) **9.30** Wicked Tuna (PG) **10.30** Shark Attack Files (M) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 Legendary Castles (PG) **7.30** Zulu Wars (PG) **8.30** Time Team **9.30** Lost Treasures of the Ancient World **10.30** Time Team **11.30** Great British History Hunters (PG) **12.30** Joan of Arc: God's Warrior (PG) **1.30** History's Raiders (PG) **2.30** Scorched Earth (PG) **3.30** The Fury and the Flames (PG) **4.30** Line of Fire (PG) **5.30** Lost Treasures of the Ancient World **6.30** Time Team **7.30** Besieged Fortresses, Legendary Battles (PG) **8.30** Around the World by Train with Tony Robinson (PG) **9.30** Armada: The Untold Story (PG) **10.30** Chivalry and Betrayal (PG) **11.30** Secrets of the Railways (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Return of the Giant Killers (PG) **6.55** Life Below Zero (M) **7.45** Where the Wild Men Are (PG) **8.35** Wonders of the Solar System (PG) **9.40** Trust Me, I'm a Doctor (PG) **10.35** The Dog Rescuers s(PG) **11.25** 24 Hours in A&E (M) **12.15** The Trials of Life (PG) **1.10** Wonders of the Solar System (PG) **2.15** Return of the Giant Killers (PG) **3.10** Life in the Air (PG) **4.05** Trust Me, I'm a Doctor (PG) **5.05** Life Below Zero (M) **5.55** Where The Wild Men Are (PG) **6.50** The Dog Rescuers with Alan Davies (PG) **7.40** 24 Hours in A&E (PG) **8.30** Steve Backshall vs the Vertical Mile (PG) **9.30** Louis Theroux: Altered States (16) **10.40** The Trials of Life (PG) **11.35** Life in the Air (PG) **12.30am** Programmes continue

Vibe: Vera, 8.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 National Provincial Championship, Auckland v Bay of Plenty **6.15** NPC, Southland v Otago **6.30** NPC, Manawatu v Hawke's Bay **6.50** Premier League, Manchester United v Liverpool, **live** **9.00** The Crowd Goes Wild **10.00** NPC, Taranaki v Canterbury **Noon** Farah Palmer Cup, North Harbour v Otago **12.15** Farah Palmer Cup, Tasman v Hawke's Bay **12.30** Farah Palmer Cup, Canterbury v Manawatu **12.45** Farah Palmer Cup, Waikato v Auckland **1.00** Premier League, Manchester United v Liverpool **3.00** NPC, Counties Manukau v Waikato **3.15** NPC, Taranaki v Canterbury **3.30** NPC, Wellington v Northland **3.45** NPC, North Harbour v Tasman **4.00** Farah Palmer Cup, North Harbour v Otago **6.00** NPC, Auckland v Bay of Plenty **8.00** Sky Speed **8.30** Aotearoa Rugby Pod **9.00** Premier League, Manchester United v Liverpool **9.15** Laurie O'Reilly Cup, Black Ferns v Australia **9.30** The Back Page **10.30** National Provincial Championship, North Harbour v Tasman **12.30am** Aotearoa Rugby Pod **1.00** NPC, Auckland v Bay of Plenty **1.15** NPC, Southland v Otago **1.30** NPC, Manawatu v Hawke's Bay **1.50** Cycling, Vuelta a España, stage 4, Vitoria-Gasteiz to Laguardia, **live** **4.00** Heartland Championship, Wairarapa Bush v North Otago

Sky Sport 2 SKY 052

6.00 Sunday Night with Matty Johns **7.00** Premier League, Fulham v Brentford, replay **9.00** Premier League, Leicester City v Southampton, replay **11.00** Premier League, Leeds United v Chelsea, replay **1.00** Premier League, Tottenham Hotspur v Wolverhampton, replay **3.00** Premier League, AFC Bournemouth v Arsenal, replay **5.00** Premier League, Manchester United v Liverpool, replay **7.00** Rugby Nation **7.30** Tauihi Basketball Aotearoa, round 7 highlights **8.30** Farah Palmer Cup, Tasman v Hawke's Bay **9.00** Farah Palmer Cup, Waikato v Auckland **9.30** ATP 250 Winston-Salem Open, day 2, match of the day **11.00** The Crowd Goes Wild **12.00am** The Back Page **1.00** Farah Palmer Cup, North Harbour v Otago **1.30** Tauihi Basketball Aotearoa, Mid-North Whai v Southern Hoiho **3.30** Tauihi Basketball Aotearoa, Mid-North Whai v Mainland Pouakai **5.30** Rugby Nation

Sky Sport 3 SKY 053

8.00 West Indies v Black Caps, 3rd ODI, replay **4.00** Farah Palmer Cup, Waikato v Auckland, replay **6.00** West Indies v Black Caps, 1st ODI **7.00** West Indies v Black Caps, 2nd ODI **8.00** West Indies v Black Caps, 3rd ODI **9.00** Commonwealth Games, cricket, semi-final 2 **9.30** Commonwealth Games, cricket, bronze medal game **10.00** Commonwealth Games, cricket, gold medal game **10.30** 2021 Caribbean Premier League: semi-final 1; 11.00 Semi-final 2; 11.30 Final **12.00am** West Indies v Black Caps, 3rd ODI, replay

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**) Adil Ray hosts a UK quiz show in which contestants compete to work out words in grids and puzzlewords.
10.00 **Tipping Point** (G, R, **HD**, **C**) Ben Shephard hosts a UK quiz show.
11.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **C**, **AD**)
1.00 **Hollyoaks** (PG, **HD**, **C**, **AD**) All eyes are on Olivia when the McQueen family suspects that she is the blackmailer, and Charlie fears for DeMarcus when he starts carrying a weapon for protection.
2.00 **Coronation Street** (PG, R, **C**, **AD**)
3.00 **Tipping Point** (G, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Neighbours** (G, **HD**, **C**) Toadie reels from Amy's confession, the blows keep coming for Susan, and Chloe is in for the surprise of her life.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 ■ **Beat the Chasers** (G, **HD**, **C**) Bradley Walsh presents a UK quiz show in which the Chasers compete as a team, challenging contestants to play against them to win huge cash prizes (includes Lotto at 8.20pm).
8.30 ■ **George Clarke's Flipping Fast** (PG, **C**, **AD**) UK realty series in which George Clarke and property experts Scarlette and Stuart Douglas guide six novice teams as they develop properties with the aim of making the largest profit over 12 months. s1ep1
9.30 **Coronation Street** (PG, **C**, **AD**)
10.30 **1 News** (**HD**, **C**)
11.00 **Shortland Street** (PG, R, **C**, **AD**)
11.30 **Transplant** (PG, **C**) Canadian medical drama series about an ER doctor who fled Syria.
12.25am **Under the Dome** (M, **HD**, **C**) s2ep3
1.10 **Te Karere** (R)
1.35 **Infomercials**
5.35 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.45 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.55 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, R, **HD**, **C**)
7.30 **My Little Pony: Pony Life** (G, R, **HD**, **C**)
7.55 **Lego Monkie Kid** (G, R, **HD**, **C**, **AD**)
8.15 **The Adventures of Paddington** (G, R, **HD**, **C**)
8.35 **Sesame Street** (G, R, **HD**, **C**)
9.05 **Bluey** (G, R, **HD**, **C**)
9.10 **Infomercials**
9.40 **Les Mills BodyAttack** (G, R, **HD**, **C**)
10.05 **Home and Away** (PG, R, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **Charmed** (M, **C**)
Noon ■ **Together Forever Tea** (2021, PG, R, **HD**, **C**, **AD**) Kim Crossman, Jay Ryan.
1.45 **The Drew Barrymore Show** (PG, **HD**, **C**)
2.40 **Sabrina the Teenage Witch** (G, **HD**, **C**)
3.30 **The Feed** (PG, **HD**, **C**)
5.00 **The Simpsons** (G, R, **HD**, **C**, **AD**) s30ep23
5.30 **Friends** (G, R, **HD**, **C**) s10ep1
6.00 **The Big Bang Theory** (G, R, **HD**, **C**, **AD**) s6ep21
6.30 **Home and Away** (PG, **C**) Ziggy's van search goes off road, and Marilyn comes clean.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Desdemona blows up, TK faces backlash, and Dawn struggles to keep up appearances.
7.30 **MasterChef Australia: Fans & Favourites** (PG, **HD**, **C**, another episode screens tomorrow) In teams of two, contestants select two ingredients from two pantries, but can't see what their teammate is choosing.
8.40 **Taskmaster NZ** (16, **C**, **AD**) Jeremy Wells and Paul Williams set bizarre tasks for a group of comedians. s3ep8
9.40 **Guessable** (M, **HD**, **C**, **AD**) Sara Pascoe and team captains Alan Davies and Darren Harriott welcome Richard Madeley, Masie Adam, Bobby Mair and Zoe Lyons into the loft to play guessing games. s2ep10
10.40 ■ **Girls5eva** (M, R, **HD**, **C**, **AD**) s1ep7
11.55 **Have You Been Paying Attention?** (M, R, **C**)
12.50am **Wentworth** (16, R, **HD**, **C**)
1.45 **Emmerdale** (PG, R, **C**, **AD**)
2.10 **Infomercials**
3.05 **Police Code Zero** (16, R, **HD**, **C**)
3.50 **Heroes** (M, R, **HD**, **C**) s2ep7
4.35 **Neighbours** (PG, R, **HD**, **C**)
5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **Secrets of a Gold Digger Killer** (2021, M, **C**) Julie Benz, Eli Gabay, Patricia Harras.
2.55 **Outrageous Acts of Science** (PG, **C**)
3.55 **Bath Crashers** (G, **C**)
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**)
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **The Block NZ: Redemption** (PG, **C**, another episode screens tomorrow)
8.40 **David Lomas Investigates** (PG, **C**) Wairarapa farmer Rosie was adopted as a baby from a Romanian hospital and wants to find her birth parents.
9.35 **Million Dollar Murders** (16, **C**) Deb Wallace hosts an Australian series featuring unsolved crimes with a $1m reward. Tonight, in 1991, Penny Hill had just started a job as a nanny in Coolah, NSW, but three days later she was bashed and left to die on the side of the road. s1ep2
10.40 **Newshub Late**
11.10 **NRL Try Time** Lara Pitt showcases the best tries.
12.20am **Infomercials**
5.30 – 6.00 **AM Early** With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.05 **Jeopardy** (G, R)
9.30 **Addicted to Fishing** (PG, R, **C**)
10.00 **The Brokenwood Mysteries** (M, R, **C**)
Noon **Parenthood** (M)
1.00 **House** (M, **C**)
2.00 **The Late Show** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
4.55 **The Hui** (G, **C**)
5.30 **Prime News**
6.00 **Sky Speed** (G)
6.30 **Storage Wars** (PG, R, **C**)
7.00 **Pawn Stars** (PG, R)
7.30 **Traffic Cops** (PG, R, **C**)
8.30 **The Red Stag Timber Hunters Club** (M, **C**) Anto and Alex head to the West Coast for the red stag roar.
9.40 ■ **15 Minutes of Shame** (2021, M, **C**) Documentary examining public shaming in the internet age.
11.30 **The Late Show with Stephen Colbert** (PG)
12.30am – 6.00 **Infomercials**

Documentary: THE INVISIBLE PILOT

A crazy tale that is framed as a feat of derring-do by film-makers Phil Lott and Ari Mark. In the 1970s, Top Gun-trained pilot Gary Betzner was running his own flying and crop-dusting service in Arkansas up until he, apparently, took his own life by jumping off a bridge. Except that it was a scheme cooked up with his wife, Sally, after his arrest for smuggling marijuana and cocaine – and it only gets crazier from there, ending in the Iran-Contra affair. Sadly, Gary and Sally don't seem to have considered the effects of this deception on their children, Sara Lee and Travis, who also appear.

SOHO, 9.30pm and NEON

Documentary: 15 MINUTES OF SHAME

Monica Lewinsky produces and narrates this doco, describing herself as "patient zero" in the internet shaming age. She would know, and director Max Joseph assembles incidents of online hate, along with experts such as author Jon Ronson, who wrote the book *So You've Been Publicly Shamed*.

PRIME, 9.40pm

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **David Rocco's Dolce South East Asia** (G, R)
10.30 **Toi Te Ora** (G, R)
11.00 **Piri's Tiki Tour** (PG, R)
11.30 **Moon Tide Fishing** (PG, R)
Noon **Te Ao Tapatahi**
12.30 **Wild Wars Australia** (G, R)
1.30 **Tōku Reo** (G, R)
2.30 **Ako** (G, R)
3.05 **Kids' Programmes**
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R)
6.30 **Te Ao Mārama**
7.00 **Waiata Nation II** (G, R) Sianne attempts a more soulful style with her waiata, Whakarehu.
7.30 **Blue Water Empire** (M, R) Documentary exploring the concepts that shaped Torres Strait Islander culture and custom before white settlement.
8.30 **The Peacemaker** (1997, M, R) A US Army colonel and a government official must track down stolen Russian nuclear weapons before they're used by terrorists. George Clooney, Nicole Kidman.
10.40 **Sidewalk Karaoke** (G, R)
11.10 – 11.40 **Te Ao Mārama** (R)

Film: IN THE SHADOW OF 9/11

Leaving Neverland director Dan Reed spent many years on this shocking example of "counterterrorism over-reach" – a sting by the FBI to prove that a group of poor black men in Miami were terrorists. So absurd, British director Chris Morris based the movie *Four Lions* on it.
RIALTO, 8.30pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Love It or List It** (PG, R)
11.00 **Love It or List It: Vancouver** (PG, R)
11.50 **Million Dollar Listing: NY** (PG, R)
12.55 **Tattoo Fixers** (M, R)
1.50 **Below Deck** (M, R)
2.45 **Love It or List It** (PG, R)
3.45 **Top Chef** (PG)
4.40 **Shark Tank** (PG, R)
5.30 **Million Dollar Listing: NY** (PG, R)
6.30 **Love It or List It: Vancouver** (PG)
7.30 **Dog Rescuers** (PG)
8.30 **24 Hours in Emergency** 87-year-old Doreen is rushed to resus with a serious infection.
9.30 **911 Crisis Center** (M) Dispatcher Jackie helps rookie Hayley deal with carjackings and a possible overdose.
10.30 **Killer Siblings** (M, R)
11.30 **Family Massacre** (16, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Trisha's Southern Kitchen**
8.00 **Islands to Highlands** (G, R)
9.00 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
10.55 **Salvage Dawgs** (G)
11.25 **Flea Market Flip** (G, R)
Noon **Escape to the Chateau: DIY** (G, R)
1.00 **Luxury for Less** (PG, R)
2.00 **Extreme Animal Transport** (PG, R)
2.35 **It's Me or the Dog UK** (PG, R)
3.00 **My Cat from Hell** (PG)
4.00 **Giada in Italy** (G)
5.00 **Museum Mysteries** (PG)
6.00 **American Pickers** (PG)
6.55 **The Great Pottery Throw Down** (PG)
8.00 **Newshub Live**
8.30 **Where the Wild Men Are** (M)
9.30 **Idris Elba: No Limits** (PG)
10.30 **The Great Pottery Throw Down** (PG, R)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Alaska: Battle on the Bay** (PG, R)
9.20 **Edge of Alaska** (M, R)
10.10 **Deadliest Catch** (M, R)
11.00 **Alaskan Bush People** (PG, R)
11.50 **Tanked** (PG, R)
12.40 **Mysteries of the Deep** (PG, R)
1.30 **Expedition Unknown** (PG, R)
2.20 **NASA's Unexplained Files** (PG, R)
3.10 **Wheeler Dealers** (PG, R)
4.00 **Alaska: Battle on the Bay** (PG, R)
4.50 **Alaskan Bush People** (PG, R)
5.45 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Building off the Grid** (G)
8.25 **Building Alaska** (G) It's spring, and the race is on for three builders to construct homes in the wilderness.
9.20 **Homestead Rescue** (PG)
10.15 **Alaskan Bush People** (PG)
11.10 **Tanked** (PG, R)
12.00am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
11.55 **Extreme E: Electric Odyssey** (G, R)
12.25 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep5
12.45 **Everybody Hates Chris** (PG, R, **HD**, **C**)
1.10 **River Monsters** (PG, R, **HD**, **C**)
2.05 **Star Trek Discovery** (M, **HD**, **C**) s1ep8
2.50 **Hunting Aotearoa** (PG, R, **HD**)
3.15 **Heavy Rescue 401** (G, R, **HD**)
4.05 **The Chase Australia** (G, **HD**, **C**)
4.55 **ABC World News** (PG)
5.20 **Abandoned Engineering** (G, R, **HD**, **C**)
6.10 **30 Rock** (PG, R, **HD**, **C**) s5ep12
6.35 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep6
7.05 **Everybody Hates Chris** (PG, R, **HD**, **C**)
7.30 **The Simpsons** (PG, R, **HD**, **C**) s14ep21&22
8.30 **Police: Hour of Duty** (M, **HD**) s2ep2
9.30 **Disasters Engineered** (PG, **HD**, **C**) s2ep1
10.25 **Caprica** (16, **HD**) s1ep13
11.20 **Grimm** (M, **HD**)
12.55am – 1.15 ABC World News (PG, R)

SKY PREMIERE SKY 030

7.00 **Candyman** (2021, 16) Yahya Abdul-Mateen II
8.30 **Kimi** (2022, 16) Zoe Kravitz, Rita Wilson
9.58 **Survive the Night** (2019, 16) Bruce Willis
11.27 **Six Minutes to Midnight** (2021, M) Eddie Izzard
1.05 **Falling for Figaro** (2021, M) Danielle Macdonald, Hugh Skinner
2.50 **Alone** (2020, 16) Jules Willcox, Marc Menchaca
4.30 **The Nest** (2020, 16) Jude Law, Carrie Coon
6.15 **Licorice Pizza** (2021, M) In 1973, a 15-year-old actor strikes up a relationship with a woman in her twenties. Alana Haim, Cooper Hoffman, Sean Penn
8.30 **South of Heaven** (2021, 16) After his release from prison, a guy vows to give his dying fiancée the best year of her life. Jason Sudeikis, Evangeline Lilly
10.35 **Moonshot** (2022, M) Cole Sprouse, Zach Braff
12.20am Four Good Days (2019, M) **2.00** Misbehaviour (2020, M) **3.45** Licorice Pizza (2021, M) **5.55** Let Them All Talk (2020, M)

MOVIES CLASSICS SKY 034

6.55 **The Bodyguard** (1992, M) Kevin Costner, Whitney Houston
9.00 **The Exorcist: The Version You've Never Seen** (1973, 16) Linda Blair, Ellen Burstyn
11.08 **Carrie** (1976, 16) Sissy Spacek, John Travolta
12.43 **Rock'n'Roll High School** (1979, M) PJ Soles
2.13 **Young Winston** (1972, G) Simon Ward, Robert Shaw
4.30 **Pale Rider** (1985, PG) Clint Eastwood, Michael Moriarty
6.22 **Unforgiven** (1992, M) A retired gunslinger reluctantly takes on one last job with help from his old partner and a young wannabe. Clint Eastwood, Gene Hackman, Morgan Freeman
8.30 **The Key** (1958, PG) During WWII, successive tugboat captains become involved with a lonely widow. William Holden, Sophia Loren, Trevor Howard
10.35 **Captain Apache** (1971, PG) Lee Van Cleef, Carroll Baker
12.10am T-Men (1947, PG) **1.40** Magnum Force (1973, 16) **3.40** Hamburger Hill (1987, M) **5.30** The Man from Laramie (1955, PG)

RIALTO SKY 039

6.10 **The Jump** (2020, M) Lithuanian documentary.
7.40 **Best Sellers** (2021, M) Michael Caine, Aubrey Plaza
9.25 **Lady Boss: The Jackie Collins Story** (2021, 16) UK documentary.
11.00 **The Promise** (M) s1ep5
Noon **Brassic** (2020, 16) s2ep5&6
1.30 **School's Out** (2018, 16) Laurent Lafitte
3.10 **Signed, Theo Schoon** (2021, PG) NZ documentary.
4.55 **Eternal Beauty** (2019, M) Sally Hawkins
6.30 **When Hitler Stole Pink Rabbit** (2019, PG) Carla Juri, Oliver Masucci
8.30 **In the Shadow of 9/11** (2021, 16) US documentary about a group of Black men accused of assisting Al Qaeda in a plot to blow up US buildings.
10.10 **High Ground** (2020, 16) A young Aboriginal man teams up with an ex-soldier to track down his uncle. Simon Baker
11.55 **Roller Dreams** (2017, M) US documentary.
1.20am Instinto (18) s1ep3 **2.45** Daddy's Girl (2020, PG) **3.05** School's Out (2018, 16) **4.45** Signed, Theo Schoon (2021, PG)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s5ep10 **6.50** Judge Judy (PG) **7.15** The Closer (M) s5ep3 **8.05** The Mysteries of Laura (M) s2ep2 **8.55** The Good Wife (M) s1ep21 **9.45** Covert Affairs (M) s2ep10 **10.35** Judge Judy (PG) **11.25** Vera (M) s3ep3 **1.10** Frankie Drake Mysteries (M) s4ep9 **2.00** The Closer (M) s5ep3 **2.50** The Mysteries of Laura (M) s2ep2 **3.40** The Good Wife (M) s1ep21 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s5ep10 **6.30** Covert Affairs (M) s2ep10 **7.30** Hitmen: Reloaded (M) s2ep3&4 **8.30** Julia (M) Julia attempts to save it without actually knowing how she'll foot the bill. s1ep3 **9.30** Our Girl (16) s2ep1 **10.30** The Good Wife (M) s1ep21 **11.20** Judge Judy (PG) **11.50** Hitmen: Reloaded (M) s2ep3 **12.20am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.35** QI (M) **7.05** EastEnders (PG) **7.35** The Bill (M) **8.25** A Touch of Frost (M) s14ep2 **10.05** Father Brown (M) s3ep3 **10.55** Doc Martin (M) s2ep4 **11.45** Midsomer Murders (M) s1ep5 **1.35** The Bill (M) **2.25** New Tricks (M) s8ep2 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Jonathan Ross Show (PG) s17ep7 **5.15** Who Do You Think You Are? (PG) **6.20** QI (PG) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.30** Grantchester (PG) Geordie and Cathy's separation causes tension in Grantchester. s7ep2 **9.30** Holby City (M) Kian's big personality begin to grate on Jac, and Ange reveals a secret about Chloe. s21ep18 **10.35** Keeping Faith (M) s2ep6 **11.40** Midsomer Murders (M) s1ep5 **1.30am** Programmes continue

SoHo SKY 010

6.40 The Nevers (16) s1ep12 **7.45** Billions (18) s5ep10 **8.40** The Undoing (18) s1ep5 **9.40** Fear the Walking Dead (18) s7ep16 **10.30** Irma Vep (16) s1ep7 **11.30** The Nevers (16) s1ep12 **12.35** Billions (18) s5ep10 **1.30** Fear the Walking Dead (18) s7ep16 **2.20** The Undoing (18) s1ep5 **3.30** The Deuce (18) s3ep7 **4.30** Shameless (18) s10ep8 **5.30** Mayans M.C. (16) s2ep3 **6.25** House of the Dragon (18) s1ep1 **7.35** The Great (M) s1ep2 **8.30** The Rising (16) s1ep6 **9.30** The Invisible Pilot (16) In 1977, pilot Gary Betzner inexplicably jumps off a bridge to his death. s1ep1 **10.30** Real Time with Bill Maher (M) s20ep24 **11.30** What We Do in the Shadows (16) s4ep1 **12.00am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** Salvage Hunters: The Restorers (PG) **10.00** Salvage Hunters (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** Escape to the Country (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Salvage Hunters (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It UK (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Garden Rescue (PG) **9.30** Grow Your Own at Home with Alan Titchmarsh (PG) **10.00** Martha Knows Best (PG) **10.30** Paxman on the Queen's Children (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Your Worst Nightmare (M) **6.55** Dead Reckoning (M) **7.45** The Murder Tapes (M) **8.35** Secrets, Lies and Private Eyes (M) **9.25** Nightmare Next Door (M) **10.20** Broken Trust (M) **11.15** The Perfect Murder (M) **12.10** Your Worst Nightmare (M) **1.05** Married with Secrets (M) **2.00** I'd Kill for You (M) **2.55** Deadly Recall (M) **3.50** Blood Relatives (M) **4.45** Your Worst Nightmare (M) **5.40** Crime Scene Confidential (M) **6.35** Reasonable Doubt (M) **7.30** Evil Lives Here (M) **8.30** Dead Reckoning (M) **9.30** Deadline: Crime with Tamron Hall (M) **10.30** Crime Scene Confidential (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

7.00 Off Camera **8.00** Our Time Machine **9.20** The Artist's Workshop **9.35** Put Some Colour in Your Life **10.00** The Big Book Club **11.00** Stars of the Silver Screen **11.45** Boswell & Johnson's Scottish Journey **12.30** Landscape Artist of the Year **1.15** ■ At the Philosophers' School (2018, G) **3.00** Off Camera **4.00** Lang Lang: Goldberg Variations **5.00** Christian Thielemann Conducts Bruckner No. 2 **6.05** Salzburg 2020: Daniel Barenboim Plays Beethoven **7.30** Víkingur Olafsson & Christoph Eschenbach: Homage to Mozart **8.30** RCO: Fabio Luisi Conducts Rachmaninoff and Tchaikovsky **10.00** Berlin 2020: Beethoven Celebration **11.45** The Decisive Moment **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** World's Biggest Shipbuilders (PG) **9.25** Fast N' Loud (PG) **10.20** Strange Evidence (M) **11.15** Mystery at Blind Frog Ranch (M) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** The Alaska Triangle (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush (M) **4.45** Alaska: The Last Frontier (M) **5.40** Aussie Mega Mechanics (PG) **6.35** Dirty Jobs (M) **7.30** Heavy Tow Truckers Down Under (M) **8.30** Aussie Salvage Squad (PG) **9.30** Moonshiners (M) **10.30** Naked and Afraid XL (M) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** Running Wild with Bear Grylls: The Challenge (PG) **7.30** Last of the Giants: Wild Fish (PG) **8.30** Unknown Waters with Jeremy Wade (PG) **9.30** Wicked Tuna (PG) **10.30** Shark Attack Files (M) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (M) **1.30** Megastructures **2.30** Wicked Tuna (PG) **3.30** Ancient Americas (PG) **4.30** Lost Treasures of Egypt (PG) **5.30** Pompeii: Secrets of the Dead (PG) **6.30** Last of the Giants: Wild Fish (PG) **7.30** Seconds from Disaster (PG) **8.30** Air Crash Investigation: Special Report (M) **9.30** Inside (M) **10.30** César Millan: Better Human, Better Dog (PG) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 Armada: The Untold Story (PG) **7.30** Chivalry and Betrayal (PG) **8.30** Time Team **9.30** Lost Treasures of the Ancient World **10.30** Time Team **11.30** Besieged Fortresses, Legendary Battles (PG) **12.30** Around the World by Train with Tony Robinson (PG) **1.30** History's Raiders (M) **2.30** Scorched Earth (PG) **3.30** The Fury and the Flames (PG) **4.30** Line of Fire (PG) **5.30** Lost Treasures of the Ancient World **6.30** Time Team **7.30** The Abyss: The Rise & Fall of the Nazis (16) **8.40** Abandoned Engineering (PG) **9.35** Britain's Lost Battlefields (PG) **10.30** Britain's Most Historic Towns (PG) **11.30** Myth Hunters (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Super Powered Eagles (PG) **6.55** Life Below Zero (M) **7.45** Where the Wild Men Are (PG) **8.35** Wonders of the Solar System (PG) **9.40** Trust Me, I'm a Doctor (PG) **10.35** The Dog Rescuers (PG) **11.25** 24 Hours in A&E (M) **12.15** The Trials of Life (PG) **1.10** Wonders of the Solar System (PG) **2.15** Super Powered Eagles (PG) **3.10** Life in the Air (PG) **4.05** Trust Me, I'm a Doctor (PG) **5.00** Life Below Zero (M) **5.55** Where the Wild Men Are (PG) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (PG) **8.30** Animal Impossible (PG) **9.30** Nature's Great Events (PG) **10.30** The Trials of Life (PG) **11.25** Life in the Air (PG) **12.20am** Programmes continue

History: Britain's Most Historic Towns, 10.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 The Back Page **7.00** Sky Speed **7.30** Heartland Championship, South Canterbury v Thames Valley **7.45** Heartland Championship, Wairarapa Bush v North Otago **8.00** Aotearoa Rugby Pod **8.30** 1st XV Rugby, final, replay **10.00** The Back Page **11.00** Farah Palmer Cup, Tasman v Hawke's Bay**1.00** Farah Palmer Cup, Taranaki v Northland **1.15** Farah Palmer Cup, Wellington v Bay of Plenty **1.30** National Provincial Championship, Southland v Otago, replay **3.30** NPC, Manawatu v Hawke's Bay, replay **5.30** PFL Regular Season, play-off 3 **6.20** Farah Palmer Cup, North Harbour v Otago **6.40** Farah Palmer Cup, Waikato v Auckland, highlights **7.00** Aotearoa Rugby Pod **7.30** Once a Warrior with Monty Betham **8.00** The Ditch **8.30** Farah Palmer Cup, Canterbury v Manawatu **10.30** Aotearoa Rugby Pod **11.00** NPC, Counties Manukau v Waikato **1.00am** NPC, Taranaki v Canterbury **1.15** NPC, Wellington v Northland **1.30** NPC, North Harbour v Tasman **1.50** Cycling, Vuelta a España, stage 5, Irun to Bilbao, **live** **4.00** Heartland Championship

Sky Sport 2 SKY 052

6.00 Premier League, AFC Bournemouth v Arsenal, replay **8.00** ATP Masters 1000 Cincinnati Review **9.00** Aotearoa Rugby Pod **9.30** Premier League, Manchester United v Liverpool **11.30** National Provincial Championship, Auckland v Bay of Plenty **11.45** NPC, Manawatu v Hawke's Bay **Noon** Tauihi Basketball Aotearoa, round 7 **1.00** West Indies v Black Caps, 3rd ODI **2.00** AFL Weekly **2.30** AFL on the Couch **3.30** NRL Try Time **4.30** ATP Masters 1000 Cincinnati, day 7 **5.30** Golf, PGA Tour, BMW Championship, round 4 **6.00** Laurie O'Reilly Cup, Black Ferns v Australia **6.30** NPC, Auckland v Bay of Plenty **6.50** NPC, Manawatu v Hawke's Bay **7.10** PFL Regular Season, play-off 3 **8.00** Premier League Match of the Week **10.00** ATP 250 Winston-Salem Open, day 3, match of the day **11.30** Tauihi Basketball Aotearoa, round 7 highlights **12.30am** Premier League, Newcastle United v Manchester City **2.30** Aotearoa Rugby Pod **3.00** Cycling, Deutschland Tour, Prologue, **live** **5.00** The Back Page

Sky Sport 3 SKY 053

6.00am West Indies v Black Caps, 3rd ODI **8.00** 2021 Caribbean Premier League: semi-final 1; 8.30 Semi-final 2; 9.00 Final **9.30** SailGP, Denmark, day 2, replay **11.00** West Indies v Black Caps, 1st ODI **7.00** West Indies v Black Caps, 1st T20 **11.00** Sal's NBL, final, replay **1.00am** West Indies v Black Caps, 1st T20 **1.30** Farah Palmer Cup, Waikato v Auckland **1.45** Cricket, The 6ixty, Trinbago Knight Riders v Barbados Royals, **live** **4.15** The 6ixty, Trinbago Knight Riders v Guyana Amazon Warriors, **live**

Documentary: RUNNING WITH THE DEVIL: THE WILD WORLD OF JOHN MCAFEE

It seems it's the week for stranger-than-fiction stories about thieves and rogues. In fact, John McAfee is described as "the original computer genius gone rogue"; he was the inventor of the first anti-virus software brought to market, said to have made him a fortune of $100m. However, things get a little murky in the 90s when he cashed up and went to live in the Belizean jungle. Happily, he took a film crew with him, and the film-makers have used this unseen footage, plus interviews with friends and associates, to tell the story.
NETFLIX

Talk: THE JONATHAN ROSS SHOW

The hardest-working man in British showbusiness remains Graham Norton, who precedes Jonathan Ross at 8.35pm, but Ross returns for season 18 of his talk show with guests Joan Collins, Brian Cox and Rob Beckett and a performance from Duran Duran.
BBC UKTV, 9.35pm

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**) Adil Ray hosts a UK quiz show.
10.00 **Tipping Point** (G, R, **HD**, **C**) Ben Shephard hosts a UK quiz show.
11.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **C**, **AD**)
1.00 **Hollyoaks** (PG, **HD**, **C**, **AD**) The villagers find out that PC Saul Reeves has been stabbed, and Vicky makes a decision about the future of her relationship with Joseph.
2.00 **Coronation Street** (PG, R, **C**, **AD**)
3.00 **Tipping Point** (G, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Neighbours** (PG, **HD**, **C**) Susan puts her foot down, Chloe hopes lightning can strike twice, and Jane is encouraged not to give up on Clive.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 ■ **The Great Kiwi Bake Off** (PG, **C**, **AD**) Hayley Sproull and Pax Assadi host a baking competition series, with judges Peter Gordon and Jordan Rondel. Tonight, 10 amateur bakers arrive for cake week. s4ep1
9.00 ■ **Hard Quiz** (M, **HD**, **C**) Tom Gleeson presents an Australian quiz show that tests four contestants on their expert topics. Tonight, Kylie Minogue fan Erwin, Bathurst 1000 fan Gavin, The Office fan Cale, and cremation expert Christine.
9.35 **Coronation Street** (PG, **C**, **AD**)
10.35 **1 News** (**HD**, **C**)
11.05 **Shortland Street** (PG, R, **C**, **AD**) TK's day gets worse, Desi may have killed her best friendship, and Harper strives to find her zen.
11.35 **For Life** (M, **HD**, **C**) In order to get back his burner phone and maintain his lifeline to the outside world, Aaron is forced to defend Cassius Dawkins. s1ep8
12.30am **It's Your Fault I'm Fat** (G, R, **HD**, **C**, **AD**) s2ep10
1.15 **Te Karere** (R)
1.40 **Infomercials**
5.35 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.40 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.55 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, R, **HD**, **C**)
7.30 **My Little Pony: Pony Life** (G, R, **HD**, **C**)
7.50 ■ **Lego Monkie Kid** (G, R, **HD**, **C**, **AD**)
8.15 **The Adventures of Paddington** (G, R, **HD**, **C**)
8.35 **Sesame Street** (G, R, **HD**, **C**)
9.00 **Bluey** (G, R, **HD**, **C**)
9.10 **Infomercials**
9.35 **Les Mills Core** (G, R, **HD**, **C**)
10.05 **Home and Away** (PG, R, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **Charmed** (M, **HD**, **C**)
Noon ■ **Destination Love** (2021, G, R, **HD**, **C**, **AD**) Anna Hutchison.
1.45 **The Drew Barrymore Show** (PG, **HD**, **C**)
2.40 ■ **Sabrina the Teenage Witch** (G, **C**)
3.30 **The Feed** (PG, **HD**, **C**)
5.00 **The Simpsons** (PG, R, **C**, **AD**) s31ep1
5.30 **Friends** (G, R, **HD**, **C**) s10ep2
6.00 **The Big Bang Theory** (G, R, **HD**, **C**, **AD**) s6ep22
6.30 **Home and Away** (PG, **C**) Tane and Nikau are front page news, Ziggy and Remi are trapped, and Remi must face the music.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) TK's day gets worse, Desi may have killed her best friendship, and Harper strives to find her zen.
7.30 **MasterChef Australia: Fans & Favourites** (PG, **HD**, **C**) The more ingredients contestants purchase, the less time they have on the clock.
8.35 **Ten 7: Aotearoa** (PG, **C**) Local series about crime in Aotearoa.
9.05 ■ **Motorway Patrol** (PG, R, **HD**, **C**) Police discover a boot-load of stolen saws, there's a drunk driving menace in morning commuter traffic, and a speedster with weed.
9.35 **Filthy House S.O.S** (M, **HD**, **C**, **AD**) Richard Pearson and and Brennan Budden tackle some of Britain's filthiest and most cluttered homes.
10.35 **Ten 7: Aotearoa** (PG, R, **C**)
11.05 **CSI: Crime Scene Investigation** (16, **HD**, **C**) s5ep16
12.50am **Extant** (M, **HD**, **C**) s2ep5
1.35 **Emmerdale** (PG, R, **C**, **AD**)
2.00 **Infomercials**
3.00 **Police Code Zero** (16, R, **HD**, **C**)
3.50 **Heroes** (M, R, **HD**, **C**) s2ep8
4.35 **Neighbours** (PG, R, **HD**, **C**)
5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **A Lethal Lesson** (2021, M, **C**) Rhonda Dent.
2.55 **Outrageous Acts of Science** (PG, **C**)
3.55 **Bath Crashers** (G, **C**)
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**)
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **Comedians Giving Lectures NZ** (M, **C**) Becky Lucas hosts a series in which comedians deliver a "lecture". Tonight, Guy Montgomery, Ruby Esther, Brendon Green, and Guy Williams.
8.30 **Mean Mums** (M, **C**) Local comedy series. Tonight, when her son isn't invited to a classmate's birthday party, Jess decides to take matters into her own hands. s3ep2
9.00 **The Stand Up Sketch Show** (16, **C**) Comedians' routines are brought to life in sketch form.
9.30 ■ **Inside the Real Narcos** (16, R, **C**) A former special agent delves into the lives of the real narcos in Mexico, Colombia and Peru. s1ep1
10.25 **Newshub Late**
10.55 **NCIS** (M, R, **C**) s18ep16
11.55 **Infomercials**
5.30am – 6.00 AM Early With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.05 **Jeopardy** (G, R)
9.30 **Addicted to Fishing** (PG, R, **C**)
10.00 **The Brokenwood Mysteries** (M, R, **C**)
Noon **Parenthood** (M)
1.00 **House** (M, **C**)
2.00 **The Late Show** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
5.00 **Rural Delivery** (G, **C**)
5.30 **Prime News**
6.00 **Storage Wars** (PG, R, **C**)
7.00 **Pawn Stars** (PG, R)
7.30 ■ **Million Pound** (PG, **C**)
8.30 **FBI: Most Wanted** (M, **C**) After a double murder in a small town, the team goes after a vigilante.
9.30 **Bull** (M, **C**) A jockey is accused of arson against a stable owner who fired him.
10.30 **The Crowd Goes Wild** (PG)
11.00 **UFC on Sky** (M)
11.30 **The Late Show with Stephen Colbert** (PG)
12.30am – 6.00 **Infomercials**

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

Film: JULIE & JULIA

There have been fan re-edits of this film – quickly taken down – to remove all the Julie Powell (Amy Adams) segments, so delightful is Meryl Streep's impersonation of Julia Child. A companion piece, perhaps, to TV series *Julia* on Vibe (Wednesday) and Neon.
WHAKAATA MĀORI, 12.30pm

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **Waiata Nation II** (G, R)
10.30 **Toi Te Ora** (G, R)
11.00 **Blue Water Empire** (M, R)
Noon **Te Ao Tapatahi**
12.30 ■ **Julie & Julia** (2009, M, R) Meryl Streep.
2.40 **Ako** (G, R)
3.05 **Kids' Programmes**
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R)
6.30 **Te Ao Mārama**
7.00 **Fresh** (G) Pasifika show for young people.
7.30 **Funny Whare** (PG, R)
8.00 **Rags Are Riches** (PG) Tegan Yorwarth joins the crew at Savemart, the country's largest second-hand clothing retailer.
8.15 **Gowns to Geysers** (PG) Behind the scenes of Miss Rotorua.
8.30 **Hakapedia** (G) Haka fans compete against haka experts.
9.00 **Rage Against the Rangatahi** (PG, R) Bullying.
9.30 **Ahikāroa** (M, R) Kid is on cloud nine, but is soon sent back down to Earth.
10.00 **Mura o te Ahi** (PG, R)
10.30 **The Barber** (PG, R)
11.00 – 11.30 **Te Ao Mārama** (R)

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Love It or List It** (PG, R)
10.55 **Love It or List It: Vancouver** (PG, R)
11.50 **Killer Siblings** (M, R)
12.50 **Tattoo Fixers** (M, R)
1.50 **Below Deck** (M, R)
2.45 **Love It or List It** (PG, R)
3.45 **Top Chef** (PG)
4.40 **Shark Tank** (PG, R)
5.35 **Million Dollar Listing: NY** (PG, R)
6.30 **Love It or List It: Vancouver** (PG)
7.30 **Tattoo Fixers on Holiday** (M)
8.30 **Below Deck Mediterranean** (M) After recovering from the loss of their stabilizers, the crew contends with a complaining guest.
9.30 **A&E After Dark** (M) Some patients waiting to be seen on the night shift at Hull Royal Infirmary aren't prepared to wait quietly.
10.30 **Killer Siblings** (M, R)
11.30 **Family Massacre** (16, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Trisha's Southern Kitchen**
8.00 **Giada in Italy** (G, R)
9.05 **Mysteries at the Museum** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Salvage Dawgs** (G)
11.30 **Flea Market Flip** (G, R)
Noon **Idris Elba: No Limits** (PG, R)
1.00 **Where the Wild Men Are** (M, R)
2.00 **The Great Pottery Throw Down** (PG, R)
3.00 **My Cat from Hell** (PG)
4.00 **Rick Stein's Secret France** (G)
5.00 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
7.00 **Aussie Lobster Men** (PG)
8.00 **Newshub Live**
8.30 **Bite Club** (M) Australian crime drama series.
9.30 **Japan with Sue Perkins** (PG)
10.30 **Aussie Lobster Men** (R)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Building off the Grid** (G, R)
9.20 **Building Alaska** (G, R)
10.10 **Homestead Rescue** (PG, R)
11.00 **Alaskan Bush People** (PG, R)
11.50 **Tanked** (PG, R)
12.40 **Treasure Quest: Snake Island** (M, R)
1.30 **Bering Sea Gold** (M, R)
2.20 **Gem Hunt** (PG, R)
3.10 **Wheeler Dealers** (PG, R)
4.00 **Building off the Grid** (G, R)
4.50 **Alaskan Bush People** (PG, R)
5.40 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Inside West Coast Customs** (PG) Kid Rock brings in Waylon Jennings' Cadillac El Dorado.
8.25 **Kindig Customs** (PG)
9.20 **Street Outlaws: No Prep Kings** (M)
10.15 **Alaskan Bush People** (PG)
11.05 **Tanked** (PG, R)
11.55 **Wheeler Dealers** (PG, R)
12.45am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music** (M)
12.15 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep6
12.40 **Everybody Hates Chris** (PG, R, **HD**, **C**)
1.05 **River Monsters** (PG, R, **C**)
2.00 **Star Trek Discovery** (M, **HD**, **C**) s1ep9
2.50 **Hunting Aotearoa** (PG, R, **HD**)
3.15 **Heavy Rescue 401** (PG, R, **HD**)
4.05 **The Chase Aus** (G, **HD**, **C**)
4.55 **ABC World News** (PG)
5.20 **Abandoned Engineering** (G, R, **C**)
6.10 **30 Rock** (PG, R, **HD**, **C**) s5ep13
6.35 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep7
7.05 **Everybody Hates Chris** (PG, R, **HD**, **C**)
7.30 **The Simpsons** (PG, R, **HD**, **C**)
8.30 ■ **Top Gear** (M, **HD**, **C**) The team celebrate 100 years of the BBC with 1920s-style motorsport. s32ep5
9.40 ■ **Secrets of the Supercars** (PG, **HD**) s1ep1
10.35 **Caprica** (16, **HD**) s1ep14
11.25 **The Russell Howard Hour** (16, R, **HD**)
12.20am – 12.40 ABC World News (PG, R)

SKY PREMIERE SKY 030

7.50 **The Little Things** (2021, M) Denzel Washington
9.55 **The Conjuring 3: The Devil Made Me Do It** (2021, 16) Patrick Wilson, Vera Farmiga
11.45 **Those Who Wish Me Dead** (2021, 16) Angelina Jolie
1.27 **The Dry** (2020, 16) Eric Bana, Genevieve O'Reilly
3.25 **Every Breath You Take** (2021, 16) Casey Affleck, Sam Claflin
5.10 **Old** (2021, M) Gael Garcia Bernal, Vicky Krieps
7.00 **Kill Chain** (2019, 16) Nicolas Cage, Anabelle Acosta
8.30 **Venom: Let There Be Carnage** (2021, M) When a deranged killer also becomes host to an alien symbiote, Eddie Brock and Venom must put aside their differences to stop him. Tom Hardy, Woody Harrelson
10.10 **Fatale** (2020, 16) Hilary Swank, Michael Ealy
11.55 **Spiral: From the Book of Saw** (2021, 18) Chris Rock, Samuel L Jackson
1.30am The Body (2018, 16) **2.55** Gully (2021, 18) **4.20** Lake Placid: Legacy (2018, 16) **5.55** The Mistletoe Secret (2019, PG)

MOVIES CLASSICS SKY 034

7.15 **Unforgiven** (1992, M) Clint Eastwood, Gene Hackman
9.25 **The Enforcer** (1976, 16) Clint Eastwood, Tyne Daly
11.00 **Gilda** (1946, PG) Glenn Ford, Rita Hayworth
12.50 **Robinson Crusoe** (1954, G) Dan O'Herlihy
2.20 **The Freshman** (1990, PG) Marlon Brando, Matthew Broderick
4.05 **... and Justice for All** (1979, M) Al Pacino, Jack Warden
6.05 **Goodfellas** (1990, 16) A petty criminal climbs the ladder to become a gangster on the mean streets of New York. Robert De Niro, Ray Liotta
8.30 **Bye Bye Birdie** (1963, PG) A rock'n'roll star travels to a small Ohio town to make his "farewell" television performance and kiss his biggest fan before he is drafted. Dick Van Dyke, Janet Leigh
10.30 **Natural Born Killers** (1994, 18) Woody Harrelson, Juliet Lewis
12.30am Othello (1951, G) **2.05** The Night of the Generals (1967, PG) **4.30** Fail Safe (1964, PG)

RIALTO SKY 039

6.30 **Eternal Beauty** (2019, M) Sally Hawkins
8.05 **When Hitler Stole Pink Rabbit** (2019, PG) Carla Juri, Oliver Masucci
10.05 **In the Shadow of 9/11** (2021, 16) US documentary.
11.45 **High Ground** (2020, 16) Simon Baker
1.30 **Daddy's Girl** (2020, PG) William Davis, Ngapaki Moetara
1.50 **The Capote Tapes** (2019, 16) US documentary.
3.30 **Spinster** (2019, M) Chelsea Peretti
5.05 **Big Deal** (2021, M) Australian documentary.
6.50 **Never Too Late** (2020, M) James Cromwell, Jacki Weaver
8.30 **Rialto Documentary: Helmut Newton: The Bad and the Beautiful** (2020, M) German documentary about the great photographer.
10.05 **The World to Come** (2020, M) Vanessa Kirby
11.50 **You Don't Nomi** (2019, 18) US documentary.
1.20am Instinto (18) s1ep4 **2.45** The Capote Tapes (2019, 16) **4.25** Spinster (2019, M)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s5ep11 **6.45** Judge Judy (PG) **7.05** The Closer (M) s5ep4 **7.50** The Mysteries of Laura (M) s2ep3 **8.40** The Good Wife (M) s1ep22 **9.30** Covert Affairs (M) s2ep11 **10.15** Judge Judy (PG) **10.55** Julia (M) s1ep3 **11.55** Our Girl (16) s2ep1 **1.00** Hitmen: Reloaded (M) s2ep3&4 **2.00** The Closer (M) s5ep4 **2.50** The Mysteries of Laura (M) s2ep3 **3.40** The Good Wife (M) s1ep22 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s5ep11 **6.30** Covert Affairs (M) s2ep11 **7.30** Murdoch Mysteries (M) s14ep9 **8.30** Why Didn't They Ask Evans? (M) Ex-naval lieutenant Bobby Jones hears the last, cryptic words of a dying man. s1ep1 **9.30** The Inbetween (M) s1ep9 **10.30** s1ep22 **11.20** Judge Judy (PG) **11.50** Murdoch Mysteries (M) s14ep9 **12.50am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.35** QI (M) **7.05** EastEnders (PG) **7.35** The Bill (M) **8.25** A Touch of Frost (M) s14ep3 **10.05** Father Brown (M) s3ep4 **10.55** Doc Martin (M) s2ep5 **11.45** Midsomer Murders (M) s2ep1 **1.35** The Bill (M) **2.25** New Tricks (M) s8ep3 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Jonathan Ross Show (M) s17ep8 **5.15** Who Do You Think You Are? (PG) **6.20** QI (M) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** The Graham Norton Show (M) s29ep7 **9.35** The Jonathan Ross Show (PG) s18ep1 **10.30** Father Brown (PG) s9ep8 **11.25** Midsomer Murders (M) s2ep1 **1.15am** Programmes continue

SoHo SKY 010

6.20 What We Do in the Shadows (16) s4ep1 **6.50** Insecure (16) s4ep5 **7.25** House of the Dragon (18) s1ep1 **8.35** The Great (M) s1ep2 **9.30** The Rising (16) s1ep6 **10.15** The Invisible Pilot (16) s1ep1 **11.10** Real Time with Bill Maher (M) s20ep24 **12.10** Insecure (16) s4ep5 **12.45** House of the Dragon (18) s1ep1 **1.55** The Great (M) s1ep2 **2.50** The Rising (16) s1ep6 **3.35** The Deuce (18) s3ep8 **4.45** Shameless (18) s10ep9 **5.40** Mayans M.C. (16) s2ep4 **6.30** Irma Vep (16) s1ep7 **7.30** Dave (16) s1ep3 **8.00** The Rehearsal (16) s1ep3 **8.30** Rap Sh!t (16) s1ep5 **9.00** Insecure (16) s5ep7 **9.30** Ravi Patel's Pursuit of Happiness (M) Ravi travels to South Korea to see if workaholism is a mindset that can be changed. s1ep3 **10.30** The Midwich Cuckoos (16) s1ep7 **11.35** American Rust (16) s1ep10 **12.30am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** Grow Your Own at Home with Alan Titchmarsh (PG) **9.30** Martha Knows Best (PG) **10.00** Garden Rescue (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** Paxman on the Queen's Children (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Garden Rescue (PG) **5.40** Location Location (PG) **6.35** Love It or List It UK (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Restaurant: Impossible (PG) **9.30** Mystery Diners (PG) **10.30** Location Location Location Australia (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Your Worst Nightmare (M) **6.55** Crime Scene Confidential (M) **7.45** The Co-Ed Killer: Mind of a Monster (M) **9.25** Nightmare Next Door (M) **10.20** Broken Trust (M) **11.15** The Perfect Murder (M) **12.10** Your Worst Nightmare (M) **1.05** Married with Secrets (M) **2.00** I'd Kill for You (M) **2.55** Deadly Recall (M) **3.50** Blood Relatives (M) **4.45** Your Worst Nightmare (M) **5.40** Dead Reckoning (M) **6.35** Crime Scene Confidential (M) **7.30** Evil Lives Here (M) **8.30** The Murder Tapes (M) **9.30** Secrets, Lies and Private Eyes (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.00 Berlin 2020: Beethoven Celebration **7.45** The Decisive Moment **8.00** Lang Lang: Goldberg Variations **9.00** Christian Thielemann Conducts Bruckner No. 2 **10.05** Salzburg 2020: Daniel Barenboim Plays Beethoven **11.30** Víkingur Olafsson & Christoph Eschenbach: Homage to Mozart **12.30** RCO: Fabio Luisi Conducts Rachmaninoff and Tchaikovsky **2.00** Berlin 2020: Beethoven Celebration **3.45** The Decisive Moment **4.00** Talking Heads: Alan Bennett Monologues **4.35** ■ Pompeii: Sin City (2021, G) **5.55** Ida Lupino: Gentlemen and Miss Lupino **6.50** The Artist's Workshop **7.05** Put Some Colour in Your Life **7.30** Fake or Fortune? **8.30** Video Killed the Radio Star: Thin Lizzy **9.00** Beat the Drum for Music **9.30** Finding Your Roots **10.30** Cold War and Cinema **11.15** Rough Draft with Reza Aslan **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** World's Biggest Shipbuilders (PG) **9.25** Fast N' Loud (PG) **10.20** Heavy Tow Truckers Down Under (M) **11.15** Aussie Salvage Squad (PG) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** The Alaska Triangle (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush (M) **4.45** Alaska: The Last Frontier (M) **5.40** Aussie Mega Mechanics (PG) **6.35** Aussie Gold Hunters (PG) **8.30** Gold Rush: White Water (M) **9.30** Gold Rush: Dave Turin's Lost Mine (PG) **10.30** Alaskan Bush People (M) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** Last of the Giants: Wild Fish (PG) **7.30** Seconds from Disaster (PG) **8.30** Air Crash Investigation: Special Report (M) **9.30** Inside (M) **10.30** César Millan: Better Human, Better Dog (PG) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (M) **1.30** Megastructures **2.30** César Millan: Better Human, Better Dog (PG) **3.30** Aussie Snake Wranglers (PG) **4.30** Food Factory (PG) **5.30** Do or Die (PG) **6.30** Air Crash Investigation: Special Report (M) **7.30** Nazi Megastructures: America's War (PG) **8.30** Drain the Oceans Best ofs (PG) **9.30** Lost Treasures of Rome (PG) **10.30** Wicked Tuna (PG) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 Britain's Lost Battlefields (PG) **7.30** Britain's Most Historic Towns (PG) **8.30** Time Team **9.30** Lost Treasures of the Ancient World **10.30** Time Team **11.25** The Abyss: The Rise & Fall of the Nazis (16) **12.35** Abandoned Engineering (PG) **1.30** Fighters of World War II (PG) **2.30** Scorched Earth (PG) **3.30** Air Wars (PG) **4.30** Line of Fire (PG) **5.30** Lost Treasures of the Ancient World **6.30** Time Team **7.30** Abandoned Engineering (PG) **8.30** Moon Landing Live (PG) **10.30** Mystery of the Black Death (PG) **11.30** Myth Hunters (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 The Octopus in My House (PG) **6.55** Life Below Zero (M) **7.45** Where the Wild Men Are (PG) **8.35** Round Planet (PG) **9.35** Trust Me, I'm a Doctor (PG) **10.30** The Dog Rescuers (PG) **11.20** 24 Hours in A&E (M) **12.10** Seven Worlds, One Planet: The Making of (PG) **12.20** The Trials of Life (PG) **1.15** Round Planet (PG) **2.15** The Octopus in My House (PG) **3.10** Life in the Air (PG) **4.05** Trust Me, I'm a Doctor (PG) **5.00** Life Below Zero (M) **5.55** Where the Wild Men Are (PG) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (PG) **8.30** The Dog Rescuers (PG) **9.20** Frozen Planet (PG) **10.20** The Trials of Life (PG) **11.15** Life in the Air (PG) **12.10am** Programmes continue

SoHo: Rap Sh!t, 8.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Once a Warrior with Monty Betham **6.30** The Ditch **7.00** Laurie O'Reilly Cup, Black Ferns v Australia **9.00** Farah Palmer Cup, Taranaki v Northland **9.15** Farah Palmer Cup, Wellington v Bay of Plenty **9.30** NPC, Wellington v Northland **11.30** Farah Palmer Cup, Tasman v Hawke's Bay **11.45** Farah Palmer Cup, Canterbury v Manawatu **Noon** NPC, North Harbour v Tasman **2.00** Tauihi Basketball Aotearoa, round 7 **3.00** 1st XV Rugby, final **4.30** Farah Palmer Cup, Waikato v Auckland **6.30** UFC on Sky **7.00** Mainfreight Rugby **8.00** Inside Netball **8.30** The Crowd Goes Wild **9.00** NRL Premiership, Brisbane Broncos v Parramatta Eels, **live** **12.00am** UFC on Sky **12.30** Inside Netball **1.00** The Crowd Goes Wild **1.30** Farah Palmer Cup, North Harbour v Otago **1.50** Vuelta a España, stage 6, **live** **4.00** NPC, Auckland v Bay of Plenty

Sky Sport 2 SKY 052

6.00 1st XV Rugby, final **7.45** NPC, North Harbour v Tasman **8.00** Matty Johns Face to Face **8.30** Sailing to the Games **9.00** NRL 360 **10.00** Tauihi Basketball Aotearoa, round 7 **11.00** Premier League Match of the Week **1.00** PGA Tour, BMW Championship, round 4 **1.30** ATP Masters 1000 Cincinnati, day 7 **2.30** Vuelta a España, stage 5 **4.30** NRL 360 **5.30** Aotearoa Rugby Pod **6.00** ATP Masters 1000 Cincinnati Review **7.00** ATP 250 Winston-Salem Open, day 4 **8.30** The Ditch **9.00** ATP Uncovered **9.30** UFC on Sky **10.00** Once a Warrior with Monty Betham **10.30** 1st XV Rugby, final **11.00** ATP 250 Winston-Salem Open, day 4 **12.30am** Laurie O'Reilly Cup, Black Ferns v Australia **1.00** Deutschland Tour, stage 1, **live** **3.05** PFL Regular Season, play-off 3 **4.05** Premier League, Leeds United v Chelsea

Sky Sport 3 SKY 053

6.45 Cricket, The 6ixty, Barbados Royals v Guyana Amazon Warriors, **live** **9.15** Tauihi Basketball Aotearoa, Mid-North Whai v Tokomanawa Queens **11.15** The 6ixty, Trinbago Knight Riders v Barbados Royals **1.15** The 6ixty, Trinbago Knight Riders v Guyana Amazon Warriors **3.15** The 6ixty, Barbados Royals v Guyana Amazon Warriors **5.15** The 6ixty, Trinbago Knight Riders v Barbados Royals **5.30** The 6ixty, Trinbago Knight Riders v Guyana Amazon Warriors **5.45** The 6ixty, Barbados Royals v Guyana Amazon Warriors **6.00** West Indies v Black Caps, 2nd T20 **10.00** The 6ixty, Trinbago Knight Riders v Barbados Royals **10.15** The 6ixty, Trinbago Knight Riders v Guyana Amazon Warriors **10.30** The 6ixty, Barbados Royals v Guyana Amazon Warriors **10.45** West Indies v India: 1st ODI; 11.45 2nd ODI **12.45am** West Indies v Black Caps, 3rd ODI **1.45** The 6ixty, Barbados Royals v Trinbago Knight Riders, **live** **4.15** The 6ixty, Jamaica Tallawahs v St Kitts & Nevis Patriots, **live**

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**) Adil Ray hosts a UK quiz show.
10.00 **Tipping Point** (G, R, **HD**, **C**) Ben Shephard hosts a UK quiz show.
11.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **C**, **AD**)
1.00 **Hollyoaks** (PG, **HD**, **C**, **AD**) A shocking flashback reveals the truth behind the knife attack on Saul, and the Maaliks suggest another way for Misbah to help other people.
2.00 **Coronation Street** (PG, R, **C**, **AD**)
3.00 **Tipping Point** (G, **HD**, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Neighbours** (PG, **HD**, **C**) Nicollette and Jane fall back into old habits, Susan regrets her ultimatum, and Toadie proves his love with a bold choice.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 **The Repair Shop** (G, **HD**, **C**, **AD**) UK series in which expert craftspeople restore treasured items.
8.30 ■ **The Dog House** (G, **HD**, **C**, **AD**) UK series in which rescue dogs are paired with new owners. Tonight, Olivia the blind spaniel, Vinnie the Staffie, and a shy pooch called Cech are up for adoption.
9.30 **The World's Most Extraordinary Homes** (G, **HD**, **C**, **AD**) Piers Taylor and Caroline Quentin travel to India, where traditional architecture meets cutting-edge design in stunning family homes. Their first stop is the House Cast in Liquid Stone in Khopoli.
10.45 **1 News** (**HD**, **C**)
11.15 **Shortland Street** (PG, R, **C**, **AD**) Desi is rocked by a shock admission, and TK lays down the law.
11.45 **The Great British Sewing Bee** (G, R, **HD**, **C**, **AD**)
1.00am **Schitt's Creek** (M, R, **HD**, **C**, **AD**) s4ep12
1.45 **Te Karere** (R)
2.10 **Infomercials**
5.30 – 6.00 **Religious Programming**

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.45 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.55 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, R, **HD**, **C**)
7.30 **My Little Pony: Pony Life** (G, R, **HD**, **C**)
7.50 **Teen Titans Go!** (G, R, **HD**, **C**)
8.10 **The Adventures of Paddington** (G, R, **HD**, **C**)
8.35 **Sesame Street** (G, R, **HD**, **C**)
9.00 **Bluey** (G, R, **HD**, **C**)
9.10 **Infomercials**
9.35 **Les Mills Grit Cardio** (G, R, **HD**, **C**)
10.05 **Home and Away** (PG, R, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **Charmed** (M, **HD**, **C**)
Noon ■ **Written in the Stars** (2021, G, R, **HD**, **C**, **AD**) Kimberley Crossman.
1.45 **The Drew Barrymore Show** (PG, R, **HD**, **C**)
2.40 **A.P. Bio** (G, R, **HD**, **C**) s3ep2
3.30 **The Feed** (PG, **HD**, **C**)
5.00 **The Simpsons** (PG, R, **HD**, **C**, **AD**) s31ep2
5.30 **Friends** (G, R, **HD**, **C**) s10ep3
6.00 **The Big Bang Theory** (PG, R, **HD**, **C**, **AD**) s6ep23
6.30 **Home and Away** (PG, **C**) A bikie bust may lose Nikau his job, the pressure of court sends Rose packing, and Felicity gets her family back.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Desi is rocked by a shock admission, TK lays down the law, and Esther gets it all wrong.
7.30 **Travel Guides Australia** (G, R, **HD**, **C**, **AD**) The Aussie guides visit Wanaka.
8.35 **Have You Been Paying Attention?** (M, **C**) Hayley Sproull presents a topical comedy panel show, with regular panellists Urzila Carlson and Vaughan Smith.
9.35 **RuPaul's Drag Race Down Under** (16, **HD**, **C**, **AD**) The queens must impersonate celebrities in the legendary Snatch Game. s2ep4
10.45 **Ready to Mingle** (16, **HD**, **C**) UK reality show. Tonight, the pressure is on for all the guys, but how far are they willing to go to prove they are single?
11.45 **Alex Rider** (PG, **HD**, **C**) Determined to track down Blunt and warn him about Yassen's return, Alex puts himself on a collision course with the Department. s2ep2
12.40am **Evil** (16, **HD**, **C**) s2ep2
1.30 **Emmerdale** (PG, R, **C**, **AD**)
1.55 **Infomercials**
2.50 **Unreal** (16, **HD**, **C**) s3ep5
4.20 **The Bachelorette** (PG, R, **HD**, **C**) s16ep8
5.45 – 6.00 **2 Tunes**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **Dangerous Bestie** (2018, M, R, **C**) A woman reconnects with her old high school friend, but when her friend's boyfriend shows up, another motive is revealed. Rosslyn Greer, Jackie Moore, Brandon Howell.
3.00 **Outrageous Acts of Science** (PG, **C**) A world record truck jump, a 90-year-old gymnast, and a skydiver and wingsuit pilot who create a human flying carpet.
4.00 **Bath Crashers** (G, **C**)
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**)
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 ■ **Mission: Impossible II** (2000, M, R, **C**) Ethan Hunt is dispatched to Sydney to find and destroy a genetically engineered virus. Tom Cruise, Thandiwe Newton, Dougray Scott. **TV Films, page 69**
9.50 **Newshub Late**
10.20 **Tin Star** (16, R, **C**) s3ep5
11.25 **Pride at the Apollo** (16, R, **C**) An LGBTQ+ stand-up comedy special featuring sets from Tom Allen, Stephen K Amos, Jen Brister, Al Porter, Julian Clary, Suzi Ruffell and Gina Yashere.
12.30am – 6.00 **Infomercials**

PRIME FREEVIEW 10 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.05 **Jeopardy** (G, R)
9.30 **Addicted to Fishing** (PG, R, **C**)
10.00 **Ireland's Youngest Grandparents** (M, R, **C**)
Noon **Parenthood** (M)
1.00 **House** (M, **C**)
2.00 **The Late Show with Stephen Colbert** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
5.00 **Attitude** (PG, **C**)
5.30 **Prime News**
6.00 **Storage Wars** (PG, R, **C**)
7.00 **The Ditch** (G) With Chris Key and Savannah Tafau-Levy.
7.30 **National Provincial Championship Live** Waikato v Manawatu, live from FMG Stadium Waikato, Hamilton.
9.30 **NRL Premiership** (G) Penrith Panthers v NZ Warriors, from BlueBet Stadium, Penrith
11.30 **RAW** (PG)
12.30am **The Late Show with Stephen Colbert** (PG)
1.30 – 6.00 **Infomercials**

Factual: LOST FOR WORDS

According to this new series, more than 43% of Australian adults don't have the necessary literacy skills needed for everyday life, which seems extraordinary. The show is based on UK series *The Write Offs* and Jay Laga'aia – who describes himself as an "actor, educator and father of eight" – presents this Down Under version. Laga'aia and a literacy expert will work with eight adults, setting them lessons, field trips and tests. He says he joined the show so people would "see an ethnic face" and to spread the message that "the idea of not being able to read or write is not a disease, you can fix that problem".

LIVING, 8.30pm

Film: SAMARITAN

It's the return of Sly! The 76-year-old Stallone isn't pretending to be young in this new film; he may, or may not, be a superhero who disappeared after an epic battle 25 years ago. A youngster, played by *Euphoria*'s Javon Walton, begins to suspect the truth. Martin Starr and Pilou Asbæk also star.

AMAZON PRIME VIDEO

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.00 **Tribe** (G, R)
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **Lucky Dip** (G, R)
10.30 **Harakore** (G, R)
11.00 **Rage Against the Rangatahi** (PG, R)
11.30 **Rags Are Riches** (PG, R)
11.45 **Gowns to Geysers** (PG, R)
Noon **Te Ao Tapatahi**
12.30 **Only in Aotearoa** (PG, R)
1.00 **Nanakia** (PG, R)
1.30 **Tōku Reo** (G, R)
2.30 **Ako** (G, R)
3.05 **Kids' Programmes**
4.35 **Tribe** (G, R)
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R)
6.30 **Te Ao Mārama**
7.00 **Pio Terei Tonight** (G, R) Pio Terei and Nix Adams meet Dame Noeline Taurua, Laura Daniel and Troy Kingi.
8.00 **Moosemeat and Marmalade** (G, R) Two very different chefs explore contrasting cultures and traditions.
8.30 **Intrepid Journeys** (PG, R) Anika Moa is in Mexico and Guatemala.
9.30 **Moko** (G, R) Documentary about the origins of moko and its decline in visibility.
10.00 **The New Zealanders** (G, R)
11.00 – 11.30 **Te Ao Mārama** (R)

Film: THE BLUES BROTHERS

Possibly the first time that a movie has been created out of the liner notes of an album – the Blues Brothers' 1978 debut *Briefcase Full of Blues*. Even though they were a comedy act out of *Saturday Night Live*, Dan Aykroyd insisted on real-deal artists such as James Brown and Aretha Franklin. **BRAVO, 8.30pm**

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Love It or List It** (PG, R)
11.00 **Love It or List It: Vancouver** (PG, R)
11.55 **Killer Siblings** (M, R)
12.45 **Tattoo Fixers** (M, R)
1.40 **Below Deck** (M, R)
2.45 **Love It or List It** (PG, R)
3.45 **Top Chef** (PG)
4.40 **Shark Tank** (PG, R)
5.40 **Million Dollar Listing: NY** (PG, R)
6.35 **Love It or List It: Vancouver** (PG)
7.35 **An Unexpected Killer** (M, R) A mother with a bright future in show business is gunned down.
8.30 ■ **The Blues Brothers** (1980, M, **C**) After his release from prison, Jake Blues puts together his old band to save the Catholic home where he and his brother were raised. John Belushi, Dan Aykroyd.
11.15 **Killer Siblings** (M, R)
12.05am Family Massacre (16, R)
12.55 – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Trisha's Southern Kitchen** (G)
8.00 **Rick Stein's Secret France** (G, R)
9.05 **Mysteries at the Museum** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Salvage Dawgs** (G)
11.30 **Flea Market Flip** (G, R)
Noon **Japan with Sue Perkins** (PG, R)
1.05 **Bite Club** (M, R)
2.05 **Aussie Lobster Men** (PG, R)
3.05 **My Cat from Hell** (PG)
4.00 **Bobby Flay's Barbecue Addiction** (G)
5.00 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
7.00 **The Chase USA** (PG)
8.00 **Newshub Live**
8.30 **Strictly Come Dancing** (G) Musicals week.
9.55 **Celebrity IOU** (PG)
10.55 **The Chase USA** (PG, R)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Inside West Coast Customs** (PG, R)
9.20 **Kindig Customs** (PG, R)
10.10 **Street Outlaws: No Prep Kings** (M, R)
11.00 **Alaskan Bush People** (PG, R)
11.50 **Tanked** (PG, R)
12.40 **Turbo Pickers** (PG, R)
1.30 **Iron Resurrection** (PG, R)
2.20 **Texas Metal** (PG, R)
3.10 **Wheeler Dealers** (PG, R)
4.00 **Inside West Coast Customs** (PG, R)
4.55 **Alaskan Bush People** (PG, R)
5.45 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Mysteries of the Deep** (PG) Jeremy explores a 140-year-old wreck.
8.25 **Expedition Unknown** (PG)
9.20 **Nasa's Unexplained Files** (PG)
10.15 **Alaskan Bush People** (PG)
11.10 **Tanked** (R)
12.00am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music** (M)
12.10 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep7
12.30 **Everybody Hates Chris** (PG, R, **HD**, **C**)
12.55 **River Monsters** (PG, R, **HD**, **C**)
1.50 **Star Trek Discovery** (M, **HD**, **C**) s1ep10
2.40 **Hunting Aotearoa** (PG, R, **HD**)
3.10 **Heavy Rescue 401** (G, R, **HD**)
4.00 **The Chase Aus** (G, **HD**, **C**)
4.55 **ABC World News** (PG)
5.20 **Abandoned Engineering** (G, R, **HD**, **C**)
6.10 **30 Rock** (PG, R, **C**) s5ep14
6.35 **Two and a Half Men** (PG, R, **HD**, **C**) s11ep8
7.05 **Everybody Hates Chris** (PG, R, **HD**, **C**)
7.30 **The Simpsons** (G, R, **HD**, **C**) s15ep3&4
8.30 **Family Guy** (PG, R, **HD**, **C**, **AD**)
9.25 ■ **Disaster Movie** (2008, M, R, **HD**, **C**, **AD**) A group of twentysomethings experience a series of natural disasters. Matt Lanter.
11.05 **Caprica** (16, **HD**) s1ep15
12.00am Mr Robot (16, **HD**) s4ep7
1.50 – 2.10 ABC World News (PG, R)

SKY PREMIERE SKY 030

7.20 **I'm Just F*cking with You** (2018, 16) Keir O'Donnell
8.45 **The Space Between** (2021, M) Kelsey Grammar
10.25 **Words on Bathroom Walls** (2020, M) Charlie Plummer, Taylor Russell
12.15 **Unpregnant** (2020, M) Haley Lu Richardson
2.00 **Crisis** (2020, 16) Gary Oldman, Armie Hammer
3.57 **Kimi** (2022, 16) Zoe Kravitz, Rita Wilson
5.25 **The Fallout** (2021, 16) Jenna Ortega, Maddie Ziegler
7.00 **Nobody** (2021, 16) Bob Odenkirk, Connie Nielsen
8.30 **Belfast** (2021, M) A nine-year-old boy must chart a path towards adulthood through a world that has suddenly turned upside down. Jamie Dornan, Caitriona Balfe **TV Films, page 69**
10.10 **The French Dispatch** (2021, M) Owen Wilson
11.55 **The Courier** (2020, M) Benedict Cumberbatch
1.45am The Unholy (2021, M) **3.25** The Devil Has a Name (2021, 16) **5.05** Six Minutes to Midnight (2021, M)

MOVIES CLASSICS SKY 034

6.25 **Buck and the Preacher** (1972, M) Sidney Poitier
8.05 **A Night in Casablanca** (1946, G) Groucho Marx
9.30 **Night of the Creeps** (1986, 16) Jason Lively
11.05 **The House That Dripped Blood** (1971, M) Christopher Lee, Peter Cushing
12.45 **Anzio** (1968, PG) Robert Mitchum, Peter Falk
2.40 **Magnum Force** (1973, 16) Clint Eastwood, Hal Holbrook
4.45 **The Sailor Who Fell from Grace with the Sea** (1976, 18) Kris Kristofferson
6.30 **The Client** (1994, M) When a youngster witnesses the suicide of a mafia lawyer, the District Attorney sees an opportunity. Susan Sarandon, Tommy Lee Jones
8.30 **McLintock!** (1963, PG) McLintock uses his influence to try to keep the peace. John Wayne
10.35 **Valley Girl** (1983, 16) Deborah Foreman
12.15am The Harder They Come (1972, M) **1.55** The Manchurian Candidate (1962, PG) **4.00** The Big Gundown (1967, M) **5.30** China Girl (1987, 18)

RIALTO SKY 039

6.00 **Big Deal** (2021, M) Australian documentary.
7.45 **Never Too Late** (2020, M) James Cromwell
9.25 **Helmut Newton: The Bad and the Beautiful** (2020, M) German documentary.
11.00 **The World to Come** (2020, M) Vanessa Kirby
12.45 **I Am Greta** (2020, M) Swedish documentary.
2.25 **Beans** (2020, 16) Kiawentiio
3.55 **The Crimson Rivers: The Children's Crusade** (2018, 16) Olivier Marchal
5.35 **The Last Shift** (2020, M) Richard Jenkins
7.05 **Grain: The Analog Renaissance** (2021, M) US documentary.
8.30 **Shine** (1996, M) Based on the story of piano virtuoso David Helfgott, who spent years in institutions. Geoffrey Rush, Armin Mueller-Stahl
10.15 **Lansky** (2021, 16) Harvey Keitel
12.15am Aniara (2018, 18) **2.00** Spaceship Earth (2020, M) **3.55** Oranges and Lemons (2020, G) **4.10** Beans (2020, 16) **5.40** The Crimson Rivers: The Children's Crusade (2018, 16)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s5ep12 **6.50** Judge Judy (PG) **7.15** The Closer (M) s5ep5 **8.05** The Mysteries of Laura (M) s2ep4 **8.50** The Good Wife (M) s1ep22 **9.40** Covert Affairs (M) s2ep12 **10.30** Judge Judy (PG) **11.20** Murdoch Mysteries (M) s14ep9 **12.10** Why Didn't They Ask Evans (M) s1ep1 **1.10** The Inbetween (M) s1ep9 **2.00** The Closer (M) s5ep5 **2.50** The Mysteries of Laura (M) s2ep4 **3.40** The Good Wife (M) s1ep23 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s5ep12 **6.30** Covert Affairs (M) s2ep12 **7.30** Jamestown (16) s2ep4 **8.30** Medici: The Magnificent (16) s1ep3 **9.30** Outlander (18) World War II combat nurse Claire Randall is thrown back in time to 1743 Scotland. s1ep1 **10.35** Outlander (18) s1ep2 **11.35** The Good Wife (M) s1ep22 **12.25am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.35** QI (M) **7.10** EastEnders (PG) **7.40** The Bill (M) **8.30** A Touch of Frost (M) s15ep1 **10.05** Father Brown (M) s3ep5 **10.55** Doc Martin (M) s2ep6 **11.45** Midsomer Murders (M) s2ep2 **1.35** The Bill (M) **2.25** New Tricks (M) s8ep4 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Graham Norton Show (PG) s25ep1 **5.15** Who Do You Think You Are? (PG) **6.20** QI (M) **6.55** Richard Osman's House of Games Night (PG) s2ep1 **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** 8 Out of 10 Cats Does Countdown (M) **9.30** All Round to Mrs Brown's (M) s4ep2 **10.15** Hypothetical (M) s1ep8 **11.05** Midsomer Murders (M) s2ep2 **12.55am** Programmes continue

SoHo SKY 010

6.15 Irma Vep (16) s1ep7 **7.15** Dave (16) s1ep3 **7.45** The Rehearsal (16) s1ep3 **8.15** Rap Sh!t (16) s1ep5 **8.45** Insecure (16) s5ep7 **9.15** Ravi Patel's Pursuit of Happiness (M) s1ep3 **10.00** The Midwich Cuckoos (16) s1ep7 **11.05** American Rust (16) s1ep10 **Noon** Dave (16) s1ep3 **12.30** Insecure (16) s5ep7 **1.00** Rap Sh!t (16) s1ep5 **1.30** Insecure (16) s5ep7 **2.00** The Midwich Cuckoos (16) s1ep7 **3.05** American Rust (16) s1ep10 **4.15** Mr Inbetween (16) s2ep1 **4.40** Shameless (18) s10ep10 **5.40** Mayans M.C. (16) s2ep5 **6.40** Fear the Walking Dead (18) s7ep16 **7.30** ZeroZeroZero (18) s1ep5 **8.30** Mare of Easttown (18) Lori tries to get to the bottom of her son's outburst at school. s1ep5 **9.30** Landscapers (16) Lancing and Wilkie's focus moves to Christopher's past. s1ep3 **10.30** I May Destroy You (18) s1ep9 **11.00** Last Week Tonight with John Oliver (M) s9ep21 **11.35** The Rising (16) s1ep6 **12.30am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** Mystery Diners (PG) **10.00** Restaurant: Impossible (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** Location Location Location Australia (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Restaurant: Impossible (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It UK (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Lost for Words (PG) **9.30** Long Lost Family US (PG) **10.30** Location Location Location Australia (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Your Worst Nightmare (M) **6.55** Dark Waters: Murder in the Deep (M) **7.45** Reasonable Doubt (M) **8.35** Secrets, Lies and Private Eyes (M) **9.25** Nightmare Next Door (M) **10.20** Broken Trust (M) **11.15** The Perfect Murder (M) **12.10** Your Worst Nightmare (M) **1.05** Married with Secrets (M) **2.00** I'd Kill for You (M) **2.55** Deadly Recall (M) **3.50** Blood Relatives (M) **4.45** Six Degrees of Murder (M) **5.40** The Murder Tapes (M) **6.35** Secrets, Lies and Private Eyes (M) **7.30** Evil Lives Here (M) **8.30** Reasonable Doubt (M) **9.30** Crime Scene Confidential (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.30 Cold War and Cinema **7.15** Rough Draft with Reza Aslan **8.00** Talking Heads: Alan Bennett Monologues **8.35** ■ Pompeii: Sin City (2021, G) **9.55** Ida Lupino: Gentlemen and Miss Lupino **10.50** The Artist's Workshop **11.05** Put Some Colour in Your Life **11.30** Fake or Fortune? **12.30** Video Killed the Radio Star **1.00** Beat the Drum for Music **1.30** Finding Your Roots **2.30** Cold War and Cinema **3.15** Rough Draft with Reza Aslan **4.00** Artist to Icon **5.30** Immersive World **6.00** Nordic Pulse **7.00** Put Some Colour in Your Life **8.00** Sounds and Stone **8.45** Classic Literature and Cinema **9.35** French Riviera with Picasso and Man Ray **10.30** ■ Aggie (2020, G) **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Blowing Up History (PG) **7.45** Maine Cabin Masters (PG) **8.35** World's Biggest Shipbuilders (PG) **9.25** Fast N' Loud (PG) **10.20** Gold Rush: White Water (M) **11.15** Aussie Gold Hunters (PG) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** The Alaska Triangle (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush (M) **4.45** Gold Rush: Parker's Trail (PG) **5.40** Aussie Mega Mechanics (PG) **6.35** Heavy Tow Truckers Down Under (M) **7.30** Gold Rush: White Water (M) **8.30** Aussie Gold Hunters (PG) **9.30** Aussie Salvage Squad (PG) **10.30** Last Outpost (PG) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** Air Crash Investigation: Special Report (M) **7.30** Nazi Megastructures: America's War (PG) **8.30** Drain the Oceans Best ofs (PG) **9.30** Lost Treasures of Rome (PG) **10.30** Wicked Tuna (PG) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (M) **1.30** Megastructures **2.30** Situation Critical (M) **4.30** Inside Combat Rescue: Horrors of War (M) **5.30** Last of the Giants: Wild Fish (PG) **6.30** Drain the Oceans Best ofs (PG) **7.30** Shark Attack Files (M) **9.30** Air Crash Investigation: Special Report (M) **10.30** Air Crash Investigation (M) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

7.30 Mystery of the Black Death (PG) **8.30** Time Team **9.30** Lost Treasures of the Ancient World **10.30** Time Team **11.30** Abandoned Engineering (PG) **12.30** Moon Landing Live (PG) **2.30** Scorched Earth (PG) **3.30** Air Wars (PG) **4.30** Line of Fire (PG) **5.30** Lost Treasures of the Ancient World **6.30** Time Team **7.30** WWII: Witness to War (M) **8.30** Charles I: Killing a King (PG) **9.30** Treasures Decoded (PG) **10.30** Secrets in the Bones: Black Death Killer (PG) **11.30** Myth Hunters (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Weasels: Feisty and Fearless (PG) **6.55** Life Below Zero (M) **7.45** Where the Wild Men Are (PG) **8.35** Round Planet (PG) **9.30** Trust Me, I'm a Doctor (PG) **10.25** The Dog Rescuers (PG) **11.15** 24 Hours in A&E (PG) **12.05** Attenborough's Natural Curiosities (PG) **12.30** The Trials of Life (PG) **1.25** Round Planet (PG) **2.20** Weasels: Feisty and Fearless (PG) **3.15** Earth's Great Rivers (PG) **4.10** Trust Me, I'm a Doctor (PG) **5.05** Life Below Zero (M) **5.55** Where the Wild Men Are (PG) **6.50** The Dog Rescuers with Alan Davies (PG) **7.40** 24 Hours in A&E (PG) **8.30** Life in the Air (PG) **9.30** Diagnosis Detectives (PG) **10.35** Galapagos: Islands of Change (PG) **11.40** Earth's Great Rivers (PG) **12.35am** Programmes continue

Vibe: Outlander, 9.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Inside Netball **6.30** The Ditch **7.00** Once a Warrior with Monty Betham **7.30** The Crowd Goes Wild **8.00** UFC on Sky **8.30** ATP Uncovered **9.00** Laurie O'Reilly Cup, Black Ferns v Australia **11.00** Heartland Championship, Wairarapa Bush v North Otago **1.00** Mainfreight Rugby **2.00** Rugby Heaven **3.00** Heartland Championship, South Canterbury v Thames Valley **5.00** The Crowd Goes Wild **5.30** National Provincial Championship, Tasman v Canterbury, **live 7.30** National Provincial Championship, Waikato v Manawatu, **live 9.30** Rugby Heaven **10.30** NPC, Tasman v Canterbury **12.30am** Mainfreight Rugby **1.30** NPC, Waikato v Manawatu **1.50** Vuelta a España, stage 7, **live 4.00** NPC, Waikato v Manawatu

Sky Sport 2 SKY 052

6.00 Cycling, Vuelta a España, stage 5 **8.00** Mainfreight Rugby **9.00** Once a Warrior with Monty Betham **9.30** NRL, Broncos v Eels **11.30** The Crowd Goes Wild **Noon** UFC on Sky **12.30** The Late Show with Matty Johns **1.30** Inside Netball **2.00** Sailing to the Games **2.30** The Ditch **3.00** Mainfreight Rugby **4.00** The Crowd Goes Wild **4.30** The Late Show with Matty Johns **5.30** Rugby Heaven **6.30** UFC on Sky **7.00** World Series of Darts, New Zealand Masters, day 1, **live 11.00** ATP 250 Winston-Salem Open, day 5 **12.30am** NPC, Waikato v Manawatu **2.50** UCI Mountain Bike World Champs, **live 4.35** ATP 250 Winston-Salem Open, day 5

Sky Sport 3 SKY 053

6.45 Cricket, The 6ixty, Barbados Royals v Trinbago Knight Riders, **live 9.00** The 6ixty, Guyana Amazon Warriors v St Lucia Kings, **live 11.15** The 6ixty, Trinbago Knight Riders v Barbados Royals **11.30** The 6ixty, Trinbago Knight Riders v Guyana Amazon Warriors **11.45** The 6ixty, Barbados Royals v Guyana Amazon Warriors **Noon** The 6ixty, Barbados Royals v Trinbago Knight Riders **2.00** The 6ixty, Jamaica Tallawahs v St Kitts & Nevis Patriots **4.00** The 6ixty, Barbados Royals v Trinbago Knight Riders **6.00** Tauihi Basketball Aotearoa, 1st v 4th, **live 8.00** Tauihi Basketball Aotearoa, 2nd v 3rd, **live 10.00** The 6ixty, Barbados Royals v Trinbago Knight Riders **10.15** The 6ixty, Barbados Royals v Trinbago Knight Riders **10.30** The 6ixty, Jamaica Tallawahs v St Kitts & Nevis Patriots **10.45** The 6ixty, Guyana Amazon Warriors v St Lucia Kings **11.00** Tauihi Basketball Aotearoa, Mid-North Whai v Southern Hoiho **1.00am** The Crowd Goes Wild **1.30** The 6ixty, Guyana Amazon Warriors v St Lucia Kings **1.45** The 6ixty, Jamaica Tallawahs v Barbados Royals, **live 4.15** The 6ixty, Trinbago Knight Riders v Guyana Amazon Warriors, **live**

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SATURDAY

News and Weather 6.00, 8.00, 9.00, noon **6.00** RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **2.00** Worlds of Music with Trevor Reekie **3.00** RNZ Concert Afternoons **5.00** Inside Out with Nick Tipping **7.00** RNZ Concert Evenings **8.00 Music Alive** The Tudor Consort: The Patterns of Time – Tallis: Miserere nostri; Ockeghem: Kyrie from Missa Prolationum; Dufay: Vasilissa ergo Gaude; Brahms: Geistliches Lied Op 30; Reich: Clapping Music; Nystedt: Immortal Bach; Ockeghem: Sanctus from Missa prolationem; Josquin: Agnus Dei from Missa L'homme arme super voces musicales; Dufay: Nuper rosarum flores; Mouton: Nesciens mater virgo virum, The Tudor Consort/Michael Stewart (recorded in Wellington Cathedral of St. Paul) **9.30 Sound Lounge** Contemporary music **12.00am** Music Through the Night

SUNDAY

News and Weather 6.00, 8.00, 9.00, noon **6.00** Sanctuary **7.30** Hymns on Sunday with Robyn Jaquiery **8.00** Grace Notes **9.00** RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **3.00** The Musical Omnivore with David Morriss **5.00** New Horizons with William Dart **6.00 Opera on Sunday** WFMT Opera Series 2022: Mozart's The Marriage of Figaro – Christopher Maltman (Almaviva), Maria Bengtsson (Rosina), Ying Fang (Susanna), Luca Pisaroni (Figaro), Léa Desandre (Cherubino),

Maria Bengtsson, *Opera on Sunday*, 6.00pm.

Angelika Kirchschlager (Marcellina), Paris Opera Chorus and Orchestra/Gustavo Dudamel (recorded in Opéra Garnier, Paris) **9.00** Made in New Zealand **11.00 New Music Dreams** Ryan Smith explores ambient and drone music **12.00am** Music Through the Night

MONDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00 Onstage** BBC Proms 2022: Mozart Momentum 2, Christiane Karg (sop), Mahler Chamber Orchestra/Leif Ove Andsnes (pno-dir) (recorded in Royal Albert Hall, London) **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** NZSO: Frankenstein!! – L Mozart: Kindersinfonie (Toy Symphony); Stravinsky: Circus Polka: For a Young Elephant; Gruber HK: Aerial; Haydn: Symphony No 22 in E flat, The Philosopher; Gruber, HK: Frankenstein!!, New Zealand SO/HK Gruber & Håkan Hardenberger (recorded in Michael Fowler Centre, Wellington) **10.00** Day's End **12.00am** Music Through the Night

TUESDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** Michael Stewart Auckland Town Hall Organ recital – Dellow: Joie de vivre; Bach: Trio Sonata in E flat BWV525; Latry: Salve Regina; Couperin: Mass for the Parishes, excerpts; Radiohead arr Stewart: Pyramid Song; Franck: Grande Pièce symphonique in F# minor Op 17, Michael Stewart (organ) (recorded in Auckland Town Hall) **10.00** Day's End **12.00am** Music Through the Night

WEDNESDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00 Onstage** A showcase of live performances from Aotearoa and around the world **3.00** RNZ Concert Afternoons **7.00**

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SATURDAY

6.08 Storytime **6.55** News 2 Me **7.08** Country Life **8.10** Saturday Morning with Kim Hill **12.10 Māpuna with Julian Wilcox** Conversations with Māori throughout Aotearoa, from sports legends to business leaders, artists and community advocates **1.06** Music 101 with Charlotte Ryan **5.00** The World at Five **5.30 Tagata o te Moana** Pacific news, issues, information and music **6.06 Nashville Babylon** Mark Rogers presents Americana, alt country, folk, soul and blues **7.06 Saturday Night with Phil O'Brien** Requests, nostalgia and musical memories **12.04am** All Night Programme

SUNDAY

6.08 Storytime **7.10** Features Hour **8.06 Sunday Morning with Jim Mora** Including 9.06 Mediawatch **12.12 Standing Room Only with Lynn Freeman** Including 1.10 At the Movies 2.05 The Laugh Track **3.05** Classic Drama **4.06** The Arts Hour (BBC World Service) **5.00** The World at Five **5.10** Heart and Soul (BBC) **5.35 Te Manu Korihi** Māori news and issues **6.06 Māpuna with Julian Wilcox** Conversations with Māori throughout Aotearoa, from sports legends to business leaders, artists and community advocates **6.50** Voices **7.04 Smart Talk** Conversations recorded around Aotearoa and the world **8.06** The Sunday Night Retro Show with Phil O'Brien **10.00** News at Ten **10.15** Mediawatch **11.04** The Retro Cocktail Hour (KPR) **12.04am** All Night Programme

MONDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04 Nashville Babylon** Mark Rogers presents Americana, alt country, folk, soul and blues **12.04am** All Night Programme

TUESDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** Worlds of Music with Trevor Reekie **12.04am** All Night Programme

WEDNESDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04 Inside Out** Nick Tipping presents classic recordings and modern masterpieces from the world of jazz. **12.04am** All Night Programme

THURSDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** Music 101 Pocket Edition **12.04am** All Night Programme

FRIDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** The Mixtape **12.04am** All Night Programme

Heather du Plessis-Allan, Newstalk ZB, weekdays, 4.00pm.

MONIKA RITTERSHAUS

RNZ Concert Evenings **8.00 Music Alive** BBC Proms 2022: Semyon Bychkov and the Labèque Sisters – Anderson: Symphony No 2, Prague Panoramas; Martinu: Concerto for Two Pianos; Rachmaninov: Symphonic Dances Op 45, Katia Labèque, Marielle Labèque (pianos), BBC Symphony Orchestra/Semyon Bychkov (recorded in Royal Albert Hall, London) **10.00** Day's End **12.00am** Music Through the Night

THURSDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00 Onstage** A showcase of live performances from Aotearoa and around the world **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** APO: Russian Tales – Tchaikovsky: Marche Slave Op 31; Violin Concerto in D Op 35; Ysaye: Sonata in A minor for solo violin Op 27/2; Rimsky-Korsakov: Scheherazade Op 35, Arabella Steinbacher (violin), Auckland Phil/Xian Zhang (recorded in Auckland Town Hall) **10.00** Day's End **12.00am** Music Through the Night

FRIDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00 Onstage** A showcase of live performances **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** BBC Proms 2022: Gaming Prom: From 8-Bit to Infinity, Royal Philharmonic Orchestra/Robert Ames (recorded in Royal Albert Hall, London) **10.00** Day's End **12.00am** Music Through the Night

Newstalk ZB newstalkzb.co.nz

SATURDAY
6.00Jamie McKay 7.00 D'Arcy Waldegrave 9.00 Jack Tame Noon Sportstalk 3.00 Tim Roxborogh & Tim Beveridge 6.00 Roman Travers 12.00am Jim Snedden

SUNDAY
6.00 Peter Wolfkamp 9.00 Francesca Rudkin Noon Sportstalk 3.00 Tim Roxborogh & Tim Beveridge 6.00 Frank Ritchie & Jax van Buuren 7.30 John Cowan 8.00 Miles Davis 11.00 The Nutters Club 1.00am Roman Travers

MONDAY-FRIDAY
5.00 Kate Hawkesby 6.00 Mike Hosking 9.00 Kerre Woodham Noon Simon Barnett & James Daniels (Andrew Dickens on Monday) 4.00 Heather du Plessis-Allan 7.00 Sportstalk 8.00 Marcus Lush 12.00am Roman Travers/Tim Beveridge

Today FM todayfm.co.nz

SATURDAY
6.00 Nigel Yalden 9.00 WellBeings with Dominic Bowden Noon Robett Hollis 2.00 Sport with Marc Peard & John Day 6.00 Saturday Night Live

SUNDAY
6.00 Best of Tova & Lloyd Burr Live 7.00 Build & Design with Hamish Dodd & Stan Scott 9.00 Mel Homer Noon Buttabean Radio Show with Dave Letele & Nats Levi 2.00 Graeme Hill 7.00 Podcast Playout 8.00 Polly Gillespie

MONDAY-THURSDAY
5.00 Rachel Smalley 6.30 Tova O'Brien 9.00 Duncan Garner Noon Leah Panapa & Mark Richardson 4.00 Lloyd Burr 7.00 Graeme Hill (Wilhelmina Shrimpton on Monday) 8.00 Polly Gillespie

FRIDAY
As above until evening 7.00 Podcast Playout 8.00 Friday Night Nickson

Classical Home Listening

by ELIZABETH KERR

Katia and Marielle Labèque: justifiably world-famous.

Dazzling double act

The glamorous Labèque sisters are a Proms highlight.

It's the time of year when RNZ Concert listeners can enjoy a curated selection from the BBC Proms. There's now a full eight-week Proms season under way in London, after two years of disruptions, and RNZ is broadcasting some outstanding concerts from the Royal Albert Hall. My pick this week is Prom 26: Semyon Bychkov and the Labèques.

French piano duo Katia and Marielle Labèque toured New Zealand with the NZSO in 1984. Some may remember these marvellously glamorous sisters, then in their early thirties, their long flowing black hair and fashionable clothes bringing Parisian style to concert halls in Dunedin, Christchurch and Wellington. Their playing was memorably dazzling and almost impossibly synchronised.

In the intervening years, little seems to have changed, apart from their repertoire and reputation growing to international star status. The long black curls and designer outfits with glittery bits are now accompanied by stories of their remarkable renovated apartment in a palace in Rome. On radio, none of this will detract attention from their marvellous playing, now justifiably world-famous.

In this Proms concert, they'll play Czech composer Bohuslav Martinů's *Concerto for Two Pianos* with the BBC Symphony Orchestra under the baton of Semyon Bychkov, artistic director of the Czech Philharmonic and husband of Marielle Labèque. The programme includes the world premiere of British composer Julian Anderson's *Symphony No. 2, Prague Panoramas*.

Martinů's work features his characteristic syncopated rhythms and rich orchestral colours, the piano parts dramatic, sometimes percussive. The Labèque sisters, facing each other at two concert grands, pour out huge arpeggiated flourishes that ripple effortlessly up and down the keyboards. The second movement features the two pianos alone at first, then joined by a hushed and ominous orchestra, while the third movement is a high-speed jazzy romp full of excitement. It's perfect Proms repertoire and these musicians, their playing brilliantly woven together, are the ideal performers.

The concerto was written in 1943, while Martinů was living in the United States. The programme ends with a work by another composer in World War II exile in the US, Sergei Rachmaninoff. His *Symphonic Dances* (1940), full of nostalgia for Russia, was his final major composition. ▮

BBC Proms: Prom 26, from the Royal Albert Hall, London, featuring the BBC Symphony Orchestra, Semyon Bychkov (conductor), Katia and Marielle Labèque (pianos), with music by Julian Anderson, Bohuslav Martinů and Sergei Rachmaninoff. Broadcast on RNZ Concert on August 24.

MICHELE HEWITSON

Campaigning on the hoof

Despite having announced on this page a fortnight ago that I have retired from having excitements, I find myself concocting an excitement of sorts. There is nowt so contrary as folk.

Also, the winter drags on and there is nothing as boring as mud. So my latest plan to buck things up here in the quiet shire that is Masterton is to get a Shetland pony. I am going to name this pony Murray, and I am going to enter him into the upcoming Masterton mayoral race. Murray for Mayor! That has a nice ring to it, don't you think?

I am going to be Murray's campaign manager, a position for which I have absolutely no qualifications, but then I assume that Murray will have absolutely no qualifications for being a mayor.

We won't let this lack of qualifications stand in our way. We can jump hurdles. If they are very tiny hurdles. And as I'm the campaign manager, I'll just make stuff up, such as: Murray has a history of kicking asses.

Murray will reduce taxes on hay because he likes hay and doesn't like taxes. He is also all for penalising Shetland ponies that haven't worked for a year yet claim the carrot benefit.

I think Murray may have to have some media training. I have yet to meet the candidate, but I already know that he will possess a bad temper. I have a long-held theory that all Shetland ponies have bad tempers. Like most of my long-held theories on matters that matter not at all, this is based on slim to no evidence. But my theory is that all Shetland ponies are bad-tempered because they know they aren't real horses. They know they are toy versions of the real thing and the real horses laugh at them. Having horses laugh at you your entire life for being short would make anyone bad-tempered.

There will, of course, be the, ahem, neigh-sayers, but there is a precedent for a Shetland pony being a mayor. There is Patrick. Patrick has recently become the mayor of Cockington, a village in Devon. He wears, on the appropriate occasions, full mayoral regalia in which he looks very handsome and proud.

His elevation to the mayoralty has not been without scandal. Patrick, who is in the habit of going to the garden bar of his local public house to hold public meetings and indulge in a Guinness, has been banned from said garden bar after a complaint. It is unknown who made the complaint, but I suspect a rival, bad-tempered Shetland pony.

This is an outrage. But also an opportunity for readers of the *Times*, where I read about Patrick, to revel in truly terrible horse puns. A favourite: "The mayor won't be addressing the council today as he is a little hoarse."

"She turned to the sunlight, And shook her yellow head."

There will, of course, be the, ahem, neigh-sayers, but there is a precedent for a Shetland pony being a mayor.

There is some cheer in the mud. The daffodils are out. Daffodils make people come over all soppy. They, like the welcome swallows, are harbingers of spring, which must be just around that muddy corner.

AA Milne, who had a liking he ought to have resisted for both whimsy and doggerel, wrote about the daffodil: "She turned to the sunlight, And shook her yellow head, And whispered to her neighbour: 'Winter is dead.'" Which is so barf-inducing that it ought to be enough to put anyone off a daff.

But I quite like their cheerful nodding bonnets, which emerge when nothing much else is happening in the winter garden. Because they're cheap as chips, I plant another 50 every year and then forget where I've planted them. So they make for a nice surprise.

A nice surprise is as good as an excitement. Having a Shetland pony for mayor of Masterton would be both a surprise and an excitement. Don't forget to vote. Murray for Mayor! ▮

GREG DIXON

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